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APRIL 2018

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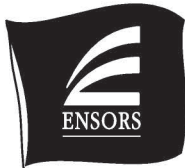
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# martlesham monthly

**APRIL 2018**

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## THIS MONTH'S PHOTOGRAPH

Our cover photo this month is of one of the many kittens rehomed last year by the RSPCA Suffolk East & Ipswich Branch in Martlesham.

As kitten season approaches once again, staff and volunteers will be working to find the right homes for kittens in the Branch's care as well as all the other animals for adoption at the Animal Centre on Mill Lane.

You can find out more about your local RSPCA in the feature article inside.

## 1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact Timandra Howell [martleshamscouts.thowell@yahoo.com](mailto:martleshamscouts.thowell@yahoo.com), becoming a helper or hiring of the Scout HQ please contact

Rachel Pennick 01473 610437

## GIRLGUIDING MARTLESHAM

For all **NEW** enquiries to join Guiding as a young member or adult volunteer, please visit [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested) or call 0800 1 69 59 01.

For general enquiries about Guiding in Martlesham, please contact Hannah Panting

([hannahpanting@hotmail.com](mailto:hannahpanting@hotmail.com))

Martlesham District Commissioner

Or Chris Cooper Martlesham District Wait

List Coordinator 01473 626024,

## MOBILE LIBRARY TIMES

**Tuesdays** Angela close: 1.35–1.50pm  
Redwold Close: 1.55–2.10pm  
Falcon Mobile Home Park: 2.20–2.50pm  
Douglas Bader: 3.00–4.30p 23  
17 April, 15 May, 12 June,

### Thursdays:

Douglas Bader: 10.15–11.45am  
5 April, 3 May, 31 May, 28 June,

## POLICE

In case of emergencies please always call 999.

In non-emergency situations call the new number 101.

E-mail: the Safer Neighbourhood Team  
[Woodbridge.snt@suffolk.pnn.police.uk](mailto:Woodbridge.snt@suffolk.pnn.police.uk)

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## COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon  
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### Collation and Assembly:

Ken Davies (01473 611109)

### Distribution:

Rob Webb (01473 625786)

**Latest copy date is the  
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Please e-mail contributions to :

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Or deliver your copy to

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In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

### DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

## MARTLESHAM MONTHLY ONLINE

**[www.martlesham.org.uk](http://www.martlesham.org.uk)**



# MARTLESHAM PARISH COUNCIL

## STILL SEEKING A PARISH COUNCILLOR

- Are you over 18?
- Do you live within 3 miles of the Parish or work in it?
- Are you on the Electoral Roll?
- Are you interested in helping to improve the quality of life of your community?
- Do you want to be involved in making important decisions in your community?

### If you answer yes to these questions, your parish needs YOU!

Martlesham Parish Council has many functions and powers which can affect the quality of life of your community. We look after open spaces, footpaths, play areas, bus shelters, litter and dog dirt bins; organise practical working parties; respond to planning applications and consultations; liaise with the principal authorities to raise matters of local concern such as traffic issues & getting about the Martlesham Retail Park, and work with local organisations. Don't worry you don't have to get involved in everything or be an expert.

If you think you could be a councillor, please contact the Clerk for more information and also to check whether you are eligible. Please come along to a meeting and find out what we're like – we'd love to meet you!

### Volunteer Opportunity - Public Transport Representative

The Council is seeking an enthusiastic user (or users) of public transport who would be willing to give up some of their time to act as a public transport representative. We envisage that the volunteer (s) would act as a focus for seeking service improvements for Martlesham and represent the parish's interests when shared services are under discussion. If you are interested, please contact the Clerk for more details.

### Martlesham Neighbourhood Plan

You may be wondering what has happened to this?! The last few months the Plan has been with an Examiner verifying whether it meets all the necessary criteria. Although the process isn't quite finished at the time of writing, we are getting nearer to the time of the Referendum which is likely to take place at the end of May. Look out next month for more details and please turn out to vote. The Martlesham Neighbourhood Plan will be the end result of several years of consultation and hard work by a number of dedicated volunteers in our community representing what you have said you want to see for Martlesham up to 2031.

## Money to Play With – What Do You Want?

Martlesham Parish Council, Martlesham Heath Householders and Suffolk Coastal District Council are working together on a project for sports facilities in Martlesham. There is still time to let us know what you think by completing the survey at <https://www.surveymonkey.co.uk/r/martlesham>.

Closing date is Friday 6th April 2018. There is more information on our website.

### Forthcoming meetings:

Parish Council – Wednesday 04 April 2018

Development Plans Committee – Wednesday 11 April 2018

Annual Parish Council meeting – Wednesday 02 May 2018

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

### Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632

e-mail: [clerk@martleshamcouncil.org.uk](mailto:clerk@martleshamcouncil.org.uk)

website: <http://martlesham.onesuffolk.net> for latest news & events

Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

## ANNUAL MEETING OF THE PARISH

**Wednesday 25th April 2018, 7.30pm, Parish Room, Felixstowe Road, Martlesham**

The Martlesham Parish Council Chairman, Mike Irwin, welcomes all members of the parish to this meeting which gives parishioners an opportunity to hear about and discuss what is going on in Martlesham. There are annual reports on the activities of the Council and its committees and also on village organisations. The parish extends from the southern edge of Martlesham Heath right up to Seckford Hall Road and California and east to Martlesham Creek & the River Deben.

The Council presents its grant cheques for 2018/19 which have been awarded to Greenways Countryside Project, Martlesham Conservation Group, Martlesham in Bloom and The Saplings. We did not receive many grant applications last year so all who applied were successful; the grant application process starts again in the autumn – details will be in the newsletters and on our website from the start of September.

All welcome. Stay, chat and enjoy light refreshments!

*For further information please contact the Parish Council Clerk, Susan Robertson, on 01473 612632 or via [clerk@martleshamcouncil.org.uk](mailto:clerk@martleshamcouncil.org.uk).*



## GARDEN WASTE SCHEME

**Local people can now sign up to the new Garden Waste Collection Scheme being provided by Suffolk Coastal District Council.**

Suffolk Coastal District Council is introducing a £43 a year charge for collecting garden waste this financial year (2018/19).

The scheme is optional, with the first paid-for collections scheduled to start from the beginning of May 2018.

It's quick and easy to sign up, either:

- \* Go online at: [my.eastsuffolk.gov.uk/MyServices](http://my.eastsuffolk.gov.uk/MyServices). You will need to register, or login to, your My Eastsuffolk account and then complete the form for garden waste
- \* Call Customer Services on 01394 383789, and choosing option '0'.
- \* Or, pop in to see our Customer Service staff in the Customer Service Centre in Felixstowe and Woodbridge Libraries.

You will need a debit or credit card to pay. The fee for one bin is £43 for a year (the equivalent of paying about £1.65 per fortnightly collection). You can place your order now and don't forget to say 'YES' to the upgrade.



## CHRIS BLUNDELL'S DISTRICT COUNCIL REPORT FOR APRIL 2018

**New Wards.** The main item concerning all local district councillors is the proposed new wardings that are currently being proposed for the new East Suffolk Council when it comes into being on the 2nd May 2019. The two councils of Waveney and SCDC will shortly be meeting at High Lodge, Darsham to learn of the preferred proposals. The latest proposal for Martlesham is that Martlesham will remain a two member ward but will be expected to include the parishes of Waldringfield, Newbourne, Bealings and Playford. I stress that this is only the latest proposal and may be modified still further by the Local Government Boundary Commission for England when it determines the final set of boundaries.

**Brown Bins for Green Waste.** As you may already have learned from the press and other places that for this coming financial year (2018/19) SCDC are having to charge for the emptying of Brown Bins. The initial charge is £43 for a 240 litre bin. This has to be paid at the beginning of the financial year to SCDC. Most households were issued originally with a 140 litre bin, householders will be able to upgrade the size of their bins from 140 litres to 240 litres upon request to SCDC at no extra cost. Application has to be made direct at any time direct to SCDC for the personal collection to begin.

Payment may be made through setting up an account with SCDC or through the information outlets at both the Woodbridge and Felixstowe Libraries. After registration the collection service will begin on 1st May 2018.

If you would like to discuss these or any other matters with me I can be contacted on 01473 622716 or by email at [www.chris.blundell@eastsuffolk.gov.uk](mailto:www.chris.blundell@eastsuffolk.gov.uk)

*Chris Blundell. SCDC District Councillor (Martlesham Ward)*

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## MARTLESHAM VILLAGE FETE

**Saturday 14<sup>th</sup> July 2018**

Welcome to our latest update.

We have been working on the entertainment and amusements as well as on the stalls. It looks like we have a great programme taking shape with music and dance displays, and possibly more, from local performers. Charities will be well represented with fund raising activities and many local groups will be showing off their interesting work. We will also be having arts and crafts on display...the list goes on.

There will be three closely linked venues, Martlesham Heath Green, The Pavilion and St. Michael's Church Centre, all of which are being offered free of charge, so thank you to those sponsors. "Old Martlesham will not be forgotten as we will run a veteran bus supplied by the transport museum to and from the venues

Make sure you keep the date free in your diary.

What's in a name? We have been asked why it is Martlesham Fete, not "Village Day" as it was years ago. Our thinking is that "Village Day" was a well organised and highly popular event but that it got too big for Martlesham and many local residents felt crowded out and some outsiders made a nuisance of themselves. So we are pressing the reset button to achieve an event by and for the village

We are also pleased to announce we now have a presence on the Martlesham Parish Council website go to <http://martlesham.onesuffolk.net/welcome-to-martlesham-parish-council/> and follow the tabs, or



## MARTLESHAM BOWLS CLUB

The outdoor season at Martlesham Bowls Club starts on Saturday 21st April. The Green is all prepared and looking good, hopefully the weather will be kind to us!

We welcome players old and new, with or without experience. If you are interested in finding out more about us or thinking of joining our bowls club you can visit the website [www.martleshambowls.com](http://www.martleshambowls.com), telephone the Secretary on 01473 622598 or email [mary.drake@talktalk.net](mailto:mary.drake@talktalk.net)

## MARTLESHAM HISTORY SOCIETY

Monday 9th April 2018

### A -Z of Curious Suffolk - Sarah Doig

An alphabetical cornucopia of strange, spooky and mysterious facts about the county, come along and out more !

All meetings are held in the Pavilion, Martlesham Heath, Ipswich IP5 and commence at 7.30 pm.

Admission fee is £2.50 and meetings are open to all.

## FOOTSTEPS – WALKING WITH YOU,

Footsteps—Walking With You is a new charity being set up locally to provide professional, affordable counselling for 11 – 25 year olds and their families within Suffolk.

We've been working hard over the last few months and we're delighted to say that we now have charitable status.

Our next fund-raising event is our multi-cultural banquet, postponed from the Autumn. The new date is Saturday 12th May from 6.00pm to 8.00pm at St. Michael's church.

Come and enjoy good food and great company while raising money for a good cause. Tickets are £10, and under 18s are free. Please email us at [info@footstepswy@gmail.co.uk](mailto:info@footstepswy@gmail.co.uk).

At the moment we are looking for suitable premises to work from. If you know of anywhere that might be suitable for counselling we'd be really pleased to hear from you.



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## HEDGEHOG NURSERY AT GORSELAND PRIMARY SCHOOL



At the beginning of March, it was magical to see so much snow!  
At Hedgehog Nursery, we wrapped up warm and enjoyed

playing and exploring in the snow. We made igloos, transported the snow, made snow castles and some of us were snow angels!

The children have thoroughly enjoyed storytelling as part of our Traditional Tales topic. We have read the stories of 'We're Going on a Bear Hunt', 'The Three Little Pigs', 'The Three Billy Goats Gruff', 'The Gingerbread Man' and 'The Enormous Turnip'. We have also been busy making cards for our Mummies and thinking about 3 things that make our Mummies special. The children's drawings of their Mums are lovely!

We also had a successful walk to Duncan's Bakery to buy a gingerbread man biscuit. We found signs from school to the bakery that gave us points for discussion - what can we see around us? What is this used for? etc.

If you have a child turning 3 and would like to attend one of our Open Mornings, please contact the School Office to book your slot.

**Wednesday 25th April 0915-1015 Thursday 26th April 1400-1500**

Mrs. J. Florey  
Nursery Lead Teacher

Hedgehog Nursery is open Monday-Friday, 07.30-18.00 for 3 and 4 year olds. If you would like more information please visit [www.gorseland.net](http://www.gorseland.net) or alternatively contact the School Office 01473 623790.

## MARTLESHAM PLAYSCHOOL

Last term at Martlesham Playschool we were busy making Valentine's Day framed pictures raising funds to enhance our new book area with comfy seating, thank you to all parents and carers for your support.

We learnt about Chinese New Year, making lanterns and dragons. The children took part in a sponsored bounce, we are hoping to use funds raised to improve our outdoor area. And we were busy making Mother's Day treats for the children to bring home.

We have made significant changes to our room adding development areas, focussing our involvement on making sure that these new areas promote learning to give children the best possible start and opportunity to learn. These new areas explore creativity, encourage personal growth and a keen interest in the world around us. We are planning on developing more key areas in our outside environment such as new maths resources and a new cosy area.

We held two open days in March and prospective parents and children were able to join in cake decorating and making tissue paper flowers.

If you were unable to join us at our open days please contact us for a visit. We are on Facebook (Martlesham and Kesgrave playschools). Contact us for a chat about how we can offer 15 or 30 hours funded childcare, on 01473 625986 where we offer term time and all year round spaces. Spaces are available from September.



## GORSELAND PRIMARY SCHOOL POP UP CIRCUS

**Thursday 24th May 2018**

This year the Circus as we know it is 250 years old - in the late 1700's Englishman Philip Astley started performing his trick riding show in a circular arena, later adding acrobats, tightrope walkers, jugglers and a clown to fill in the pauses between acts, and so the modern circus was born. And with The Greatest Showman a huge hit in the cinema at the moment, what better time could there be for Gorseland Primary School to have its very own Big Top, right in the school grounds?

All 500 Gorseland pupils will have the opportunity to take part in Circus Workshops in the Big Top to help build confidence and learn new skills, and the Pop Up Circus visit will be topped off with three shows open to the general public on Thursday 24th May, from 4pm onwards. Each show is 45 minutes long with Aerial Feats, Juggling, Clowning, Magic and more. Ticket sales for these shows fund the workshops for the children.

Local estate agents Austwick Berry are also proud to be sponsoring the event, and there will be hot food, candy floss, popcorn, facepainting and more to make this a real family event.

Headteacher Darron Jackson comments "We are very excited to have a circus in our school - it's right after the SATs finish, so what a fantastic opportunity to reward the children for all their hard work, learn some new skills and bring together the local community. Having a Big Top in the school playground is the sort of experience the children will remember forever."

Tickets are available now for £6 each from the Gorseland Pop Up Circus Facebook Page



## Summer at Bright Stars

**Fun Activity Sessions for Pre-school aged Children**

10.30 am to 12.00 noon

2nd and 4th Mondays of each month  
during term times

at St Michael's Church Centre, Martlesham Heath IP5 3PL

Youngsters of 0 to 5 years old, would you like a fun start to your week this summer term?

If so, come along to Bright Stars with your parents, grandparents, friends, family and/or carers. These mornings are free and usually involve singing, games, making crafts to take home and telling stories from the Bible for the first half hour. We then have refreshments when the adults can chat and the children can play until approximately 12noon.

During the Spring Term activities included making 'Helpful Hangers' (which involved drawing round hands and feet!) and Easter crafts, plus had fun with other activities included singing with actions and joining in with percussion instruments.

You are welcome to come along to any of our mornings, just turn up, no need to let us know in advance. We look forward to seeing you!

The Summer Term 2018 session dates are:

April 23rd  
May 14th  
HALF TERM  
June 11th  
June 25th  
July 9th  
July 23rd

If you would like further information please contact:

Sonya & Maureen Burrows  
Tel.01473 625196

## QUIZ AT SECKFORD GOLF CLUB

Friday 20th April 2018 from 6.30

In aid of Ipswich Academy - Maths and Science Enrichment

Tables of 4 - £15 per person

Includes hot buffet (choice of mains inc vegetarian)

Questions and bookings  
[jane.dryden@btinternet.com](mailto:jane.dryden@btinternet.com)



## SUFFOLK WILDLIFE TRUST

On Thursday 19th April at 7.30pm we have a talk, which poses an intriguing question entitled "Can Fish Suffer ? Pain Stress and Fear in Fish and Aquatic Invertebrates" by Peter Southgate, in the Woodbridge Community Hall. Admission is £3.00.

All are welcome to any of our talks, you do not need to be a member.

Looking ahead into May we have our Plant Sale on Sunday 6th May at 2pm at Foxburrow farm. We will be selling a wide range of plants and other items with refreshments and cakes available in the barn. Please come along and help support the work of Suffolk Wildlife Trust.

We have a Spring Nature Walk around our Captain's Wood nature reserve on Saturday 12th May at 2pm.

Please meet at the reserve car park, OS grid reference TM 421 531 and postcode IP12 2BE. It is possible we will see a range of wildlife including Bluebells, Deer, Hares and a range of birds.

Phil Smith 01473 625630

## KESGRAVE AMATEUR THEATRE SOCIETY

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### Cheshire Cats,

a comedy by Gail Young at the Aldeburgh Jubilee Hall on

Thursday 26th April to Saturday 28th April at 7.45pm.

This touching comedy follows the story of a group of women as they attempt to speedwalk their way to fund-raising success in the London Moonwalk in their decorated bras and posh new trainers, but the sixth member of the team doesn't seem to meet the physical criteria!

Cheshire Cats is a cross between a girls' night out and a real mission to support a cause close to many hearts, with plenty of laughs and tears along the way.

Tickets are £12 each and are available from [www.aldeburghjubileehall.co.uk](http://www.aldeburghjubileehall.co.uk).

All profits from this production will be donated to Ipswich Hospital Blossom Appeal which is hoping to build a £2.5 million Breast Care Centre.

This amateur production of "Cheshire Cats" is presented by special arrangement with SAMUEL FRENCH, LTD.

## MARTLESHAM CONSERVATION GROUP

Our heath on the western side of the village is an example of dry lowland heath (a rare type of habitat across Europe and the world), which should ideally be dominated by heathers with a mix of other low growing plants including fine grasses. Over this last winter a considerable amount of work has taken place on the heath to restore several areas to more favourable conditions. This work will allow the heath to provide a better habitat for the many animal and plant species characteristic of lowland heath. The heavier work involving mechanised equipment, undertaken by contractors, was scheduled to take place on cold dry days when possible so as to avoid churning up the ground so that footpaths were not too badly affected. The major work on scrub clearance on the SSSI has been organised to take place over the winter period, because of the need to avoid disturbing nesting birds and other wildlife such as reptiles during the rest of the year.

Members of the public, especially dog walkers can make a valuable contribution to the recovery of our heathland and its associated wildlife by sticking to the main paths. It may be tempting to wander freely across the open areas, particularly the ones that have been recently cleared, however these are just the areas that would be colonised by ground nesting birds and reptiles if the disturbance level could be kept low. So if you walk across the heath please stick to the main paths, and if you are a dog walker please persuade your dog to stick to the main paths too. Please don't be tempted to take short cuts across the open areas, especially the newly created ones. The group has also filled in some holes along the main pathways on the heath. Please can dog owners deter their dogs from re-digging or making new holes so as to avoid creating further trip hazards for all members of the public.

Many thanks go to all those volunteers who participated in the Megabash that took place in February and in recent work parties. More scrub was cleared from areas of heather which should prove beneficial for a range of wildlife.

Our work party in April will be on Sunday 8th April at 10 am. Please meet on the heath SSSI on the bank that runs east-west. We will aim to create areas of bare ground which may help to improve the ant population, and provide hotspots for reptiles and butterflies.

Phil Smith 01473 625630

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## MARTLESHAM IN BLOOM

**Martlesham Common Local Nature Reserve –  
Wildlife survey of flora and fauna**



It is now spring and a good time to visit the Martlesham Common Local Nature Reserve and see what birds and other flora and fauna are there. There soon may be some early spring visitors such as nightingales, chiffchaff or willow warblers, as well as resident species being more visible and singing.

The many wild flowers and other plants will also be growing and hopefully some will be flowering and there may be an early butterfly to see.

Whatever you see on the Common we would be interested to know as part of the ongoing survey of its flora and fauna. This survey has been under way since March 2017 and already the results so far show that Martlesham Common has a wide diversity of flora and fauna and is therefore an important place for wildlife as well as being an attractive and interesting area for residents.

Martlesham Common is the area of land between the A12, Mill Heath, Felixstowe Road and Tesco and is now designated as a Local Nature Reserve as well as a County Wildlife Site.

If you or anyone you know is interested in helping with this survey by recording what you see when you visit the area, which can be daily, weekly, monthly or whenever you are walking across the Common, or would like to let us know what you have already seen, please contact the Secretary below.

Thank you to all those who have been involved so far and sent us records of what they have seen.

If you would like to help in any way or for further information please contact:

Email – [martleshaminbloom@gmail.com](mailto:martleshaminbloom@gmail.com)

or J Maureen Burrows (Secretary) on 01473 625196.





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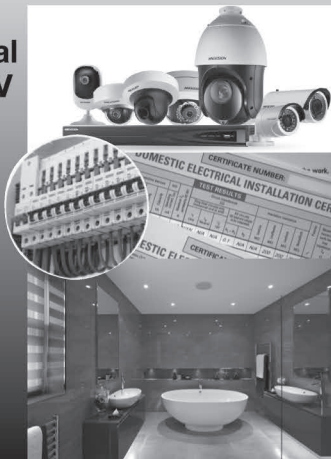


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# DOUGLAS BADER

Hello neighbours. Myself and the team here at the Douglas Bader hope you all have had a fantastic month, trade for us is still going extremely well and we continue to thank our regulars and new users for their continued support. So another month's upon us, and here's what's happening at the Douglas Bader.

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## MARTLESHAM CARPET BOWLS

There is not much to report this month, we are winding down to the end of the Winter League only 2 matches left to play. We are currently in 4th position but as I said last month there are several other Clubs similarly placed but with games in hand. As so many others we fell foul of the snow resulting in a cancellation of a match but were able to reinstate it for the following week and were pleased with a win 8 - 2 against Bramford.

In club competitions we have new Pairs Champions, Peter Mullet and Gary Clarke beat Christine Rowland and Sheila Beer in a closely fought final. The Triples Competition will be held on 27th. March and the Fours at the end of April

The Date of the AGM is the 1st. May at 2pm if time allows followed by the usual Bowls afternoon..

Plans for the Dinner are now well in hand and we hope to see as many of you as possible on the 5th the meal followed as usual by a quiz and a draw. the very generous prizes being supplied by the Club.

Judith Longman

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## PORTAL WOODLANDS CONSERVATION GROUP

February's Working Party was well attended considering the seasonal weather conditions; thank you to everyone who made it out. The Volunteers concentrated on clearing and cutting back the hedges along the edge of the woodlands by the A1214 main road. This is done to encourage thicker plant growth which will provide prime nesting sites for the local birdlife as they start breeding over the next few months.

In late February/early March (at the time of writing this article), Suffolk was in the icy grip of the 'Beast from the East' and 'Storm Emma' with snow laying heavily on the ground during the first day of meteorological Spring. In these cruel conditions we should try to remember the nature on our doorsteps and supply some clean water and a few seeds to keep the birds going while their normal food and drinking sites are frozen over or buried in snow.

The Portal Woodlands Conservation Group AGM is on Monday 9th April and all are welcome to come and see what we do, and congratulate this year's young winner of the Nature Explorers Award. Additionally, would any nominations to stand for the Committee please be submitted via the Group's email by 5th April.

The Group is dedicated to conserving the woodlands, encouraging the local wildlife and preserving historical sites of interest as well as inspiring people to enjoy the nature surrounding them. Everybody is welcome to join this friendly group. Training and tools are provided.

### Dates for the Diary

Portal Woodlands Conservation Group AGM Monday 9th April, 7pm, Martlesham Parish Room.

Volunteer Work Morning (all ages) Sunday 15th April, 10am - Noon.

Meet at the Education Area. Tools, training and light refreshments provided. All ages welcome - no need to book.

Nature Explorers (11-18 year olds) Saturday 19th May, 9am - 11am. Please book a place via our email below.

Nature Watch Club (5-11 year olds)

Saturday 28th April, 9am - 11am. Subject: Small Mammals, including trapping.

Please book a place via our email below.

New volunteers of all ages and abilities are always welcome. No experience needed.

For further information, please contact us at [pwcg.martlesham@gmail.com](mailto:pwcg.martlesham@gmail.com), phone: 01473 612632 or go over to our website: [pwcg.onesuffolk.net](http://pwcg.onesuffolk.net) or join our members' Facebook Group by messaging Duncan Sweeting.

Sam Cork, Nature Explorer and Young Volunteer



Snowy Portal Woods - Photo P. Davies.JPG

## DEBEN ROTARY SEEKS YOUNG LEADERS

The Rotary Club of Woodbridge Deben is seeking a young person between the ages of 18 and 26 who would be interested in being sponsored to attend a national youth leadership training scheme. The East Anglian course, called RYLA, will be run at Graffham Water between September 1st and 8th this year.

RYLA, the Rotary Young Leadership Awards scheme, is now in its 23rd year and is a 7 day intensive fully residential course run by professional tutors, instructors and lecturers, designed to develop qualities of self-confidence, leadership, teamwork and communication.

The development of leadership skills is achieved through a range of physical activities, team building exercises and business projects.

Candidates receive a certificate of attendance, valued by many employers and a certificate of Continuous Professional Development detailing the week and hours spent on each discipline.

Rotarian Jamie Abbott, a young member of Deben Rotary, attended RYLA last year and said "RYLA was an invaluable opportunity to be challenged mentally and practically. I developed my public speaking and presentation skills, and improved my team leadership skills both in the classroom and during adventure training"

The photo shows Jamie and several other attendees at last year's RYLA course.

The course is open to young people from any background, either in employment or job-seeking. If you are interested in this opportunity, or are an employer who has an employee you think may benefit from it, please contact our Community and Youth Services Chairman, Rotarian Monty Guest on [rmguest74@gmail.com](mailto:rmguest74@gmail.com) or 01473 625838 or check our web-site [www.deberotary.org.uk](http://www.deberotary.org.uk) to arrange an interview.





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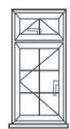
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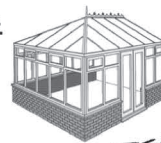
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## THE 'WOOLLY WONDERS

We are a group of sociable knitters. The 'Woolly Wonders' continue to enjoy meeting in the Runway cafe every Thursday 10-am to 12noon.

Recently we have been supporting the St Elizabeth Hospice by knitting farm animals to be sold at farm shops, Hadleigh and Suffolk Shows in aid of Hospice funds. Meanwhile, our own projects continue.

It'd be good to see some new faces - don't be shy- do come and join us -any Thursday.

*Photo by Margaret Rittman*

## MARTLESHAM LADIES CLUB

Our Bring and Buy Evening, held during February, raised £80.00 for our chosen charity – Global Development Delay. Unfortunately our meeting on 1st March had to be cancelled due to the snow, but we hope to rearrange it at a later date.

There are two meetings arranged for this month. On 12th April Sheila Dix is coming to tell us about the Working Life of a Shepherdess and hopes to bring one of her lambs with her. Then on 26th April there will be another fashion show presented by the Edinburgh Woollen Mill. Light refreshments will be provided.

Looking ahead to May – on 10th May – on 10th May David Empson will tell us 'What Grandma and Grandpa did in the Great War'

All ladies are welcome to join us to enjoy interesting evenings in friendly company. Meetings are held on alternate Thursday evenings at 7 15pm in the Richards Room.

For further information contact Doreen Boar 01473 622768.

## GOLDEN GIRLS

We are a group of ladies who live alone and we meet for friendship and mutual support.

Our coffee mornings are held on the second Thursday morning of each month at 11.00am. At St Michael's Church Centre. We frequently go out for lunch and shopping after the Coffee Morning and visit theatres, cinemas etc..

Our next meeting will be on Thursday 12th April when we will be going to the Douglas Bader for lunch after the meeting.

*For more information contact Ann Price on 01473 620832*

## YOUR LOCAL COUNTRY MARKET

### Country Market cooks keep traditions alive!



The word marmalade comes from the Portuguese word for quince paste and a box of this delightfully named "marmaladoo" was given to Henry VIII in 1524, perhaps to make him feel better after he'd had a jousting accident wearing a brand new set of armour. The suit was made to his own design but he'd forgotten to lower his visor in a pre-breakfast jousting contest against Charles Brandon, Duke of Suffolk, and he fell off his horse. "Here, rub this on", someone said, but Anne Boleyn spread the paste on to a piece of toast and gave it to the hungry but uninjured king. Unfortunately, the love of marmalade was not enough to prevent Henry having her beheaded in 1536 after she had failed to produce a son and heir.

Meanwhile the recipe evolved over the next 200 years and by 1714 a receipt for a preserve using whole oranges was published. The natural setting agent pectin found in the bitter lumpy Seville oranges makes the translucent jelly form after cooking. The Scots took to this pretty preserve for their breakfasts: after rejecting it in porridge, they enjoyed it spooned on top of a pale yellow fatty dairy substance smeared onto hot baked bread.

According to legend, a Spanish ship laden with Seville oranges took shelter in the port of Dundee in 1797 and enterprising locals made marmalade with the fruit. Local shop-keepers James and Janet Keiller are credited with adding the characteristic slivers of peel.

Her Majesty, Queen Elizabeth, enjoys marmalade on toast served with Darjeeling tea for her breakfast. Now you know - keep the tradition of marmalade-making alive, spoil yourself and choose your favourite preserve from the selection at your local Country Market.

Various jams, chutneys and other delicious treats are available at modest prices along with cakes and savouries, gorgeous hats, gloves and scarves, crafty bags, baby quilts, bunting, cards, beads, knitwear, crochet delights and lovely wooden bowls all hand-made by our clever local Country Marketeers.

Come and see for yourself every Tuesday morning, 9-11:15, in the Martlesham Heath Pavilion. "You're welcome!"

## MARTLESHAM HOLIDAY AT HOME 2018

Martlesham Holiday at Home 2018 is taking place from Monday 11th June to Sunday 17th June.

Holiday at Home is a holiday with a difference; a week of activities organised specially for the over 55's who live in Martlesham and the surrounding areas. An interesting programme has been arranged to include entertainments and outings plus lots of tea and cake. It is a wonderful opportunity to meet others and you are welcome to come to just one event or as many as interest you.

Programmes and booking forms will be available from mid April in the Runway Café or foyer of St Michael's Church, Martlesham Heath and at Martlesham Post Office, Blacktiles Lane, Martlesham.

For more information contact Hazel on 07896 728332.



## KESGRAVE LIBRARY NEWS

**Sunday Crafts (10 – 12 noon)** – The following craft activities will be taking place during April:

Sunday 1st – CLOSED

Sunday 8th – It's time for April showers and rainbows! Pop along and make your own rainbow cloud;

Sunday 15th – Spring is finally here! Create a bouquet of flowers to brighten up your home;

Sunday 22nd – The 25th of April is World Penguin Day. Make a 3d penguin sitting on its own mini ice flow!

Sunday 29th – If you look carefully you may be able to see caterpillars on leaves and trees. Design your own pom-pom caterpillar to take home.

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

**Free BookStart Sessions** – every Thursday including all School Holidays.

These are free activities for pre-school children and their parents or carers. Why not come along and join Maggie every Thursday for songs, rhymes and stories?

Tot Rock - action rhymes, songs and stories for toddlers - 9.45am – 10.15 am.

BabyBounce – songs and rhymes for babies – 10.30am – 11.00am.

**Free Story Time Sessions** – every Friday 9.45 – 10.15 a.m. including School Holidays. This session combines stories and rhymes. All welcome. Why not pop along?

### Other Library Events for April 2018

Lego Club Re-Launch - Every Tuesday afternoon (Term Time) 3.45 – 4.45 p.m. We now have a volunteer who will lead this activity and each week will be a different theme. What will you design? Parents must stay with under 8s.

Lego Afternoons – Wednesday 11th and Thursday 12th April 2.30 – 4.30 p.m. Do you love creating Lego models? Why not pop along on one of these days and help create a Lego village for the library to display? You can build anything that you may find in a real village for example a house, church, castle, car, tractor or a farm. We will have volunteers who can help and refreshments which are free. Parents must stay with under eights.

Kesgrave Library, Kinsey House, Kays Close, Kesgrave will be open:

Tuesday 9am to 12 noon & 2.30pm to 5pm

Wednesday 2.30pm to 6pm

Thursday 2.30pm to 8pm

Friday 9am to 12 noon

Saturday 10am to 5 pm

Sunday 10am to 3pm

## U3A IN EAST SUFFOLK HAS HAD TO STAY INDOORS RECENTLY!

Well the snow certainly made life interesting for everyone, not just U3A members, in early March!! We hope that April brings some sunny compensation and lives are back on track with gardens, walks and outdoor activities. There are some interesting talks coming in our four campuses and there will be a warm welcome to members and prospective members this Spring. All details on membership are available on our website [www.u3aeastsuffolk.org.uk](http://www.u3aeastsuffolk.org.uk). If you don't have internet access our Secretary can answer any questions you may have by telephoning 03001233913.

Campus talk dates for Spring 2018

FELIXSTOWE Thursday 03 May 2018 - 10.30am at the Salvation Army Hall, Junction of Ranelagh Road and Cobbold Road, Felixstowe, IP11 7EL.

The Way Holidays Used To Be by Richard Mann

SAXMUNDHAM Thursday 12th April 2018 - 2.00 pm at Market Hall, 29 High Street, Saxmundham, IP17 1AF. An Introduction to Gemstones by Jason Middleton

Thursday 10th May 2018 - 2.00 pm Music Hall Memories by Bryan Thurlow

KESGRAVE Monday 30th April 2018 - 2.00 pm at Kesgrave Community Centre, Twelve Acres Approach, Bell Lane, Kesgrave, IP5 1JF. Green Man – an Alternative to Eternity by Roger Green

WOODBIDGE Friday 27th April - 10.30 am at Woodbridge Community Hall, Station Road, Woodbridge, IP12 4AU. Suffolk Estuaries and Scandinavian Ships by Paul Constantine

*Please remember that visitors are welcome at one of our talks before becoming U3A members. Campus co-ordinators will be glad to give you joining details on the day.*

## BENTWATERS COLD WAR MUSEUM

The Bentwaters Cold War Museum will be opening its doors for 2018 on Sunday 1st April to welcome visitors to a unique ex-military Command Post on a former United States Air Force (USAF) airbase that closed in 1993.

Run by volunteers from the Bentwaters Aviation Society, the building is a large bunker made available to the public to view following 3 years of work to renovate and refurbish and opened in 2007.

In pride of place is the newest exhibit, the A-10 Warthog, which was renovated and unveiled last year in the presence of many veterans who had flown and operated the aircraft. Described by Major General Radcliffe, the last wing commander at the bases, as "better than when it came out of the factory!", the A-10 was a familiar sight over East Anglia when 120 operated from the bases. Other airframes on display include an ex Falklands RAF F-4 Phantom and an RAF Harrier set in a camouflage backdrop.

The building was used to control operations in the event of war and included the "War Operations Room" and "Battle Cabin" which have been restored to original condition.

Other parts of the building have been turned into exhibition rooms, covering the history of RAF Bentwaters from W.W.II until base closure when the Cold War ended. Included in this are histories of the units that operated from the airfield, particularly the 81st Fighter Wing, along with displays about the other airfield which was part of the "twin base" complex - RAF Woodbridge.

Of particular interest to families is a detailed timeline display of the Cold War which has proven of great help to those studying this period at school.

Further exhibition rooms feature information on the "Special Operations/Rescue Squadrons" that were based at RAF Woodbridge, and also the "Aggressor" Squadron based at Bentwaters.

For our younger visitors we have an alien hunt inside the museum. It is free of charge and it recognises that the world famous Rendlesham UFO incident is part of the base's history.

There is plenty of car parking space and the museum is suitable for all ages and has the added benefit of being an ideal all weather visitor attraction.

There is a café and shop offering light refreshments and souvenirs and card payment facilities.

The museum is open on the 1st and 3rd Sundays of each month and Bank Holiday Sundays & Mondays, from April until October.

*Further information for the museum can be found at [www.bcwm.org.uk](http://www.bcwm.org.uk)*



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## RSPCA Suffolk East & Ipswich Branch

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The RSPCA Suffolk East & Ipswich Branch exists to help animals in need in our local area through rehoming, rehabilitation and veterinary care. We run the Animal Centre in Martlesham, a veterinary clinic in Ipswich and raise funds through three shops (Reynolds Road and Tacket Street in Ipswich and Hamilton Road in Felixstowe).

### All Creatures Great & Small



Each animal has a story, like Blue, a gentle Lurcher who came into our care when his owners were unable to keep him.

We work to find all animals - great and small - their 'forever home'.

They are the reason for what we do and we couldn't do it without the generosity and dedication of our supporters, staff and volunteers.

To find out more about the Branch and animals ready for adoption please visit

[www.ipswich-rspca.org.uk](http://www.ipswich-rspca.org.uk)

### A Safe Haven

Each year, our Safe Haven scheme brings in vital funds to help us continue the work of our rehoming centre and clinic.

Through the scheme, you can sponsor a dog kennel, cat, rabbit or ferret pen or critters' corner (where our small furry and feathered friends stay), helping provide a safe place for abandoned, mistreated and unwanted animals. Our Safe Haven supporters don't help just one animal, they are sponsors of the lives of all who pass through our Animal Centre every year and we say a BIG thank you to them.



If you'd like to find out how to become a Safe Haven sponsor, please visit [www.ipswich-rspca.org.uk/safe-haven](http://www.ipswich-rspca.org.uk/safe-haven)



## MOTHERS UNION

On Wednesday April 4th at 2.30pm

Carolyn Smith will talk about Easter as a time of reflection and thanksgiving.

On Wednesday May 2nd at 2.30pm

The Deanery Festival Service will take place with Cathy Bourner telling us about her Faith Journey.

The above meetings will be held in

St Michael's and All Angels Church Centre.

**As always everyone is most welcome**

## SUFFOLK CONSTABULARY MALE VOICE CHOIR

### 50<sup>TH</sup> ANNIVERSARY CONCERT

**SATURDAY 14<sup>TH</sup> APRIL**

On Saturday 14<sup>th</sup> April to mark their 50<sup>th</sup> Anniversary, the Suffolk Constabulary Male Voice Choir are performing a charity concert in aid of East Anglia's Children's Hospices at St John The Baptist Church, Cauldwell Hall Road, Ipswich, commencing at 7.30pm.

They will be joined in the concert by their friends from the Essex Police Choir, the Hertfordshire Constabulary Choir and the St Edmundsbury Male Voice Choir. The concert is being compered by Rachel Sloane and Jeffries of Bacton has kindly provided sponsorship.

Tickets are now on sale. Tickets purchased before the day cost £8.00 each. Subject to availability tickets costing £10.00 each can be purchased on the door.

For further information and to order tickets telephone 01449 672600.

## MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

*For any queries or bookings please contact 01473 623655.*

## A Tranquil Heart Makes for a Healthy Body

A little while ago I had a minor car accident and suffered mild whiplash. It's so debilitating when you injure a fairly inconspicuous part of your body. I couldn't wash or comb my hair, fasten back zips or lift a kettle or teapot (that was the worst bit!) and I've never before even thought about how heavy my head is!!

You begin to realise how important it is that every part of your body works well.

I always find it interesting that St Paul likened the church to a body. Some jobs are upfront and obvious but most of the work is done behind the scenes, without fuss or publicity. The church is a community, and like our own community there are people who are upfront with the work they do and others who keep things positive, simply by the way they help others, look out for others and generally get on with life in a way that benefits others.

When St Paul wrote to the people of Corinth he said 'God's purpose was that the body should not be divided but rather that all of its parts should feel the same concern for each other. If one part of the body suffers, all the other parts share its suffering. If one part is praised, all the others share in its happiness.'

We often look at the world and feel overwhelmed by the needs we hear about - but we can make a difference. I believe that by doing our bit for the body of our community we can make a change which will send out ripples to the rest of the world.

*Rev Margaret Rittman  
Martlesham with Brightwell.*

## CHRISTIAN AID WEEK 13-19 MAY 2018

There has been much discussion in the news recently about certain charity staff working in disaster areas and their inexcusable behaviour. These revelations may have affected how you feel about giving to charities that work abroad, and seeing Christian Aid's name mentioned in these articles may have deeply worried you. If so please continue to read this -

Christian Aid have responded to the press criticism with an open letter which you can read here:

<https://www.christianaid.org.uk/about-us/accountability-and-transparency/open-letter>

They say it is very important that any abuse of vulnerable people is condemned, investigated, and rooted out. All Christian Aid workers are governed by a strict code of

conduct and are held to account for their behaviour at all times, and any breaches are reported to the Charity Commission and dealt with fully.

So if you are thinking about not giving to our Christian Aid house to house collection this year, please read the open letter and reconsider your decision. People are still being affected by poverty and disaster and they still desperately need our help. If we turn away they may have no other place to turn.

By giving life-saving help to people in need, in the place where they are, they are enabled to stay in their homes and support themselves. Please give generously when your local volunteer drops the red envelope through your door next month.

Thank you. Carolyn Smith 01473 625630

## THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

**[martlesham.org.uk/pavilion](http://martlesham.org.uk/pavilion)**

Alternatively, please contact the booking secretary:

**email: [bookingsecmhp@gmail.com](mailto:bookingsecmhp@gmail.com)**

## MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back (please speak slowly and repeat the number)

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**ASSOCIATE MINISTER:** The Revd Margaret Rittman Woodlea The Street Martlesham  
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Malcolm Rittman, Woodlea, The Street, Martlesham

**ELDERS:** John Mellen 2 The Avenue Falcon Park Martlesham 01473 805989  
Margaret Rollins 9 Angela Close, Martlesham 01473 623868  
Simon Smith 11 Squires Lane Martlesham Heath 01473 612410 (evening only)  
Liz Welham 23 Deben Avenue Martlesham Heath 01473 622709  
Lynn Wilder Kenton Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Brightwell St John's
<b>Sunday 1st April</b> <i>Easter Sunday</i>	9.45am All Age Holy Communion	11am Holy Communion (Prayer Book)	8am Holy Communion
<b>Sunday 8th April</b>	9.45am Holy Communion with Junior Church	11am Morning Worship	6.30pm Evensong
<b>Sunday 15th April</b>	9am Breakfast@9	11am Holy Communion	8am Holy Communion
<b>Sunday 22nd April</b>	9.45am Holy Communion with Junior Church	11am Morning Prayer	6.30pm Evensong
<b>Sunday 29th April</b>	10.30am Benefice Service		
<b>Midweek Services</b>	Holy Communion each Wednesday at 10am in St. Michael's. <b>A warm welcome awaits you at all our services</b>		

**Prayer Diary** Please include the following as an addition to your daily prayers:

April	20 For all children's activities at St Michael's
5 For children on School Holidays	21 For all prison officers
6 Pray for "Friends on Friday"	22 For those who work on a Sunday
7 Guide us on our Faith journey.	23 For nurses and doctors
8 For babies and all new life	24 Pray for wisdom for our Parish Councillors
9 Pray for all mothers on this Lady Day	25 Residents of Post Office Lane
10 For all members of Mothers' Union	26 Give thanks for all saints on St Philip & St James' Day
11 Residents of Pine Bank	27 For all hospital staff
12 Give thanks for the bible	28 For all young footballers who play in Martlesham
13 Pray for all those who advertise in Mart. Monthly	29 For God's grace we give thanks
14 For all attending the Men's Breakfast	30 For peace in our world
15 For all attending church services	May
16 Pray for ambulance drivers and similar	1 For nations to agree
17 For all who attend U3A	2 Residents of Private Road
18 Residents of Portal Avenue	3 Give thanks for our Ministry Team
19 For members of Martlesham Brass	4 Give thanks for our families



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DATE: Thursday 19th April 2018

TIME: Anytime between 9:30am and 12pm

VENUE: Kesgrave Community Centre  
Bowls Pavilion, Twelve Acre Approach, Ipswich IP5 1JF

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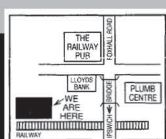
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Afternoon tea is served from 3pm Monday to Saturday, and from 2pm-4pm on Sunday.

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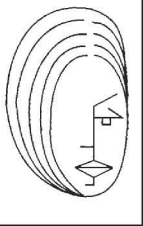
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