

Martlesham Monthly

JUNE 2025 • Produced and Distributed by Volunteers

www.martleshammonthly.com | 

Birchwood Primary School SUMMER FETE

Saturday 14th June 2025 11am - 3pm

On The Village Green, Martlesham Heath

*Duncans
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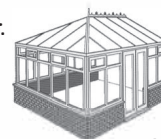


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Martlesham Monthly

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FRONT COVER

This month is Birchwood School's summer fete which will take place on The Green.

Look out for the Flypast, on its way to London to celebrate The King's Official Birthday.

Everyone Welcome !

Tree of the Month –June 2025



This magnificent cherry tree can be found in Hilton Road, Martlesham. The photo was taken in April when the tree bears beautiful blossom.

The tree is a favourite of the Dewey family who kindly brought the tree to the attention of the Tree Wardens. Mr Dewey believes it was planted when the houses were built in 1926.

The Tree Wardens have measured the trunk which is approximately 11 feet (335.28cm) in circumference. A very special tree!

If you would like to propose your favourite tree as 'Tree of the Month' please contact us at:

enquiries@martleshamcouncil.org.uk

Telephone 01473 612632

Online:

www.martleshammonthly.com
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Please email contributions to
martmonthly@btinternet.com

The copy deadline for issues is the 12th of the previous month.
Contributors are requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.

GIRLGUIDING

Currently we have 1 Rainbow Unit (ages 4 – 7), 1 Brownie Unit (ages 7-10) & 1 Guide Unit (ages 10-14) meeting on the Heath. If you are interested in joining as a young member, or helping as a volunteer, please contact www.girlguidingsuffolk.org.uk & select the "join" or "volunteer" buttons on the home page.

Come & join the fun & start your guiding adventure today!"

1st MARTLESHAM SCOUTS

We have Beavers (6-8) who meet each Tuesday, Cubs (8-10.5) each Monday, Scouts (10.5-14) each Thursday and Explorers (14-18) who meet the first Monday of each month. For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk. For becoming a helper or hiring the Scout HQ, please contact Lindsay lindsayfw@msn.com

POLICE

In case of emergencies please always call 999. In non-emergency situations call the new number 101. Email the Safer Neighbourhood Team woodbridge.snt@suffolk.police.uk

MOBILE LIBRARY TIMES

Tuesdays (Route 10)

Angela Close: 1.30-1.45pm
Bridge Farm Day Nursery 1.50-2.20pm
Falcon Mobile Home Park: 2.30-2.55pm
Douglas Bader: 3.00-4.15pm
June 3, 2025
July 1, 2025
July 29, 2025

Thursdays (Route 3)

Play2Day Nursery Gloster Road 10.10 - 10.40,
Douglas Bader: 10.50 - 11.50
June 19, 2025
July 17, 2025
August 14, 2025

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of volunteers funded entirely by donations who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact johnny.dixon@btinternet.com

Martlesham Council

Martlesham Council was saddened to receive resignations from two councillors last month.

Mike Irwin has been a councillor since 1991 and during this time has served as both chairman and vice chairman of the Council as well as chairman of the Brightwell Lakes Community Forum. Mike has overseen a wide variety of excellent projects during his time as a councillor, including Bright's Community Orchard and the Village Fete which are much appreciated and enjoyed by many residents. Mike's knowledge and experience will be greatly missed by all at the Council, as will the informative tours of the parish and guidance which he gave to many new councillors and staff over the years.

Dave Parsons was co-opted as a councillor in January 2024 and has co-ordinated the Council's speed watch and SIDS teams. Dave has served on the Development, Environment and Transport Committee and helped with the work of the Emergency Planning Group.

The Council would like to thank Mike and Dave for their dedicated service to the parish of Martlesham.

Become a councillor

The resignations of these two councillors means that the Council now only has 9 councillors, with 5 vacancies. If you are interested in becoming a councillor and would like to find out more, please get in touch with the Clerk using the contact details below.

Volunteering

If you are unable to commit to being a councillor, there are also a wide variety of volunteering opportunities available at the Council. Examples of volunteer work are nature enhancement and conservation work organised by the team at Portal Woods as well as the Council's Biodiversity Working Group and Recreation and Amenities Committee, opportunities to join the Council's speed watch and speed awareness teams, opportunities to help organise and support the village fete, keep the parish tidy, water and care for the trees in our community orchard, participate in emergency planning as a rest centre volunteer, and train as a volunteer playground inspector.

Please do get in touch if you can spare a few hours to help our local community. If you have any suggestions or ideas for

future Council projects, we would love to hear from you.

Forthcoming Meetings

All Council meetings are open to the public, who are welcome to ask questions or make comments to the Council during a public forum.

The full list of this month's meetings is as follows:

Wednesday 4th June -Parish Council
Wednesday 18th June-Development, Environment and Transport Committee
Before attending any meetings, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Councillors and staff can be contacted at the Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4BP.

Telephone 01473 612632. Please leave a message if no reply and we will get back to you as necessary.

Email enquiries@martleshamcouncil.org.uk

Please follow us on our Facebook page which is @martlesham Parish.

The full address is <https://www.facebook.com/martleshamParish>

Pop Up Shop

St Michael & All Angels Church
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**All are welcome to join us for
our church service at 10am
and/or tea and coffee at 11am**

Martlesham Village Fete Saturday 19th July 11.00 – 4.00

The Green Martlesham Heath

Plans are already well advanced for Martlesham's only fete for the whole community; charities, organisations and businesses. All of which combine to make Martlesham a great and varied place in which to live. A quick recap on what to expect:

- A full programme of entertainment to suit all tastes
- A fairground
- Sports and football skills and soft archery games
- Story teller, face painter and theatre activities
- Designated picnic area and open spaces to relax in and play with your family and friends
- Dog show
- Art exhibition
- Ice creams, cakes, food and refreshments
- An opportunity to meet the many volunteer organisations which look after our community and work to improve our environment
- A chance to find out about the work of local charities and show them your support
- Visit business stalls to treat yourself and stock up on gifts for your friends and family

In fact there is so much to do we suggest you take advantage of our picnic area and have a full day out at the fete We aren't finished yet, there is still over two months from the date of writing this article to the fete so who knows what extra attractions will be added before the big day. Come and find out! The fete is organised by a working group of Martlesham Council which can be contacted at mvfete@gmail.com if you have any questions or would like to book a stall or volunteer to help

MARTLESHAM HOUSEHOLDERS LTD

Please use the MHHL Website

On a regular basis we are asked questions about a whole host of different issues with regards to Martlesham Heath. About 90% of these queries could be resolved by simply looking at the MHHL website. A lot of effort has gone into this website, and you will find a lot of answers on the website.

The website includes information on the various covenants. Furthermore, you will find information about the policies including car parking, GDPR, Building Work, Fire Breaks, Trees, Drones & CCTVs etc. Additionally, you can find an interactive map of Martlesham Heath and much more information. Please refer to www.mhhl.co.uk

MHHL Fiftieth Anniversary

Martlesham Heath Householders Ltd (MHHL) was incorporated in June 1975, so this year MHHL is 50 years old.

Nowadays new developments regularly have management companies assigned to them and the residents have very little control, but in the case of Martlesham Heath the developers had the foresight to put that management in the hands of the residents, through membership of MHHL. This affords the members an exceptional degree of influence over the management of the land.

To date there has been 86 volunteer directors along with countless volunteers who have ensured the over 150 acres of open spaces and The Control Tower have been well maintained in the most cost effective and environmentally aware manner.

Well done to all the volunteers past and present.

Newly Acquired Land

The land next to the McCarthy and Stone retirement apartments on the bend on Eagle way has been transferred to MHHL. The future grass cutting and maintenance will now be carried out by MHHL.

Annual General Meeting

The Martlesham Heath Householders Limited AGM will take place on Wednesday 11th June 2025 at the Martlesham Heath Pavilion starting at 7.30pm.

All members/owners will receive the notice.

Please take time to read the notice and attend the meeting. It is an ideal time to ask questions and learn more about what is happening on Martlesham Heath.

Volunteers

This is a call to any residents who would like to volunteer a bit of time. It is important that a good base of volunteers is maintained. For anyone interested it is a good opportunity to see what goes on behind the scenes and have your say on a variety of issues that arise from time to time. Should you be interested please leave a voicemail on 01473 612207 or send an email to martleshamheathhouseholders@gmail.com

Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

MARTLESHAM IN BLOOM

Now we are in to summer it is the ideal time for you to plant out any tender plants such as crops like tomatoes and beans, and summer flowering annuals; they could be plants you have raised from seed yourself or those bought at garden centres or nurseries. They can be planted out in beds, borders, baskets, and window boxes whatever is appropriate to your location and the size the plant is going to grow!

When deciding what summer flowers to plant in your garden or outside space why not encourage pollinators to visit by growing flowers which they can access for pollen and nectar; this will help them as well as providing added interest in your garden. You can do this by aiming to have at least some single flowered plants i.e. those you can see the centre of, which are not double with lots of extra petals. If you can include a mixture of different flower

shapes that is even better because different pollinators will visit different flowers, for example moths, butterflies and some bumblebees have long tongues so will visit flowers such as Cerinthe (Honeywort), Fuchsia and Nasturtiums. Other pollinators, such as hoverflies, wasps, beetles, solitary bees and many bumble bees have short tongues; flowers such as Comfrey, Californian poppy, Cosmos, and single Dahlias have pollen and nectar that is accessible to them.

Having a mixture of flowers within your garden will provide a beautiful display for you and the pollinators to enjoy. Happy gardening!

For further information about Martlesham in Bloom please contact: martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on Tel. 01473 625196.

Become a councillor!

If you are passionate about your local community, Martlesham Council needs you.

Councillors make a huge difference to the quality of life of local people and how local issues are dealt with. We need people from all backgrounds and experiences who reflect the community they serve to get in touch.

Being a councillor requires commitment, but the role can be challenging and rewarding with flexibility around employment, studying or caring and other voluntary commitments. The amount of time you spend on your duties as a councillor is largely up to you and depends on the different roles of each councillor. Are you enthusiastic about planning, environmental issues, community amenities or finance?

One of our existing councillors shares their experience below:

'I have found being a councillor challenging, exciting and fulfilling. I work with a very diverse and interesting group of people and no two days (or meetings) have ever been the same.

I have been involved with a variety of projects including:

- *Putting together a biodiversity calendar and helping to deliver it to every resident.*
- *Installing swift boxes and a swift calling system*
- *Planting and watering new trees*
- *Visiting building sites, helping to respond to planning applications and attending meetings at East Suffolk Council*
- *Responding to consultations e.g. the A12 MRN improvement scheme*
- *Completing grant application forms*
- *Writing articles and taking photos for local magazines*
- *Attending courses and undertaking training to acquire new skills*
- *Helping to set the Council's financial budget and carrying out bank reconciliations*
- *Helping to design and then enable the transfer of a new carpark to the Council*
- *Helping to plan a volunteer event and manning the Council's stand at the village fete*
- *Writing reports and policies to support the work of the Parish Council and Community*
- *Working as part of a team to help to bring a wide variety of Council projects through to completion.'*

If any of these activities appeal to you, or if you have your own ideas for Council projects, please get in touch with us. We look forward to hearing from you!

enquiries@martleshamcouncil.org.uk

Telephone: - 01473 612632



KESGRAVE LIBRARY NEWS –

Sunday Crafts 10.00 – 12.00 noon – during June we will be making the following crafts:

Sunday 1st – Hopefully, the warm, sunny weather is with us now. Pop along and design a picnic basket this week.

Sunday 8th – Next Sunday is Father's Day – we are creating Father's Day ties to give to someone special. What pattern will you create?

Sunday 15th – This week we are making a weather picture and drawing all our favourite things it. I would draw a dog, books and chocolate 😊

Sunday 22nd – What is your favourite ice cream flavour. Create an ice cream bowl collage.

Sunday 29th – The 4th of July is American Independence Day. This week we are making firework pictures to celebrate.

Activities are free. Parents must stay with under eights.

Word Play Sessions – Every Thursday Morning. Trained staff run these free sessions.

Tot Rock – 9.45 – 10.15 am. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.15 am. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – Fridays 9.45 – 10.15 am. Fun stories, rhymes, and songs – this is a free activity. We hope to see you soon.

Lego Club – every Tuesday 3.30 – 4.30 pm. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Stay and play – Every Tuesday 10.00–11.00am. Bring your little ones to our Stay & Play group for a relaxed and informal opportunity to meet other parents and carers, share experiences and chat. These sessions are suitable for under 5s.

Reading Quest - volunteers needed. Are you interested in helping staff to run this year's challenge? If so, please phone on 01473 851374 and ask to speak to Maggie. To volunteer you need to be over 12 years of age.

Tel: 01473 626103

www.suffolklibraries.co.uk

MARTLESHAM PRESCHOOL

We had such a super Spring term, taking on lots of new experiences; French lessons, ballet lessons, gymnastics sessions, visits from the police service, dentist, church and parents coming in too.

As we move through Summer term we get even busier; ready to transition our older children to school. This means that in September we will have some spaces become available. We accept funding across all of our hours; 8am-4pm, Monday to Friday, term time. We accept children from age 2; however suggest you apply for your space much sooner to avoid disappointment.

If you would like to come and visit then please get in contact via either email, telephone or our website. We look forward to meeting you and welcoming you in to our Martlesham Preschool family.

martleshampreschool@outlook.com | 01473 625986 | www.martleshampreschool.co.uk



BRIGHT STARS

Bright Stars Activities sheets for preschool aged children.

Would you like to receive them?



At the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, we used to meet in St Michaels Church Centre, Martlesham Heath. The activity sheets usually include a story, song and a craft or game about a theme or a story from the Bible. After Easter was Ascension, when Jesus went to heaven, then came Pentecost, when God sent his Holy Spirit which looked like flames dancing above the heads of Jesus' friends. This was the theme of our sheets which included a song with actions and craft to make dancing flames that could be waved around.

If you have or look after a child/children of pre-school age, or slightly older and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact: Sonya & Maureen Burrows Tel.01473 625196

SCOUTS EARN TOP AWARDS

1st Martlesham Scouts were delighted to host Gary Burden, County Lead Volunteer, Suffolk Scouts and Chief Constable Rachel Kearton of Suffolk Police on Thursday evening for a Chief Scout's Gold Award Presentation.

Scouts Freddie, Harry, James and Oliver completed the award as members of 1st Martlesham Scouts and have now moved on to Spitfire Explorer Scout Unit, also based at Martlesham.

The Chief Scout's Gold Award is the highest award in Scouts section and the four Scouts had to complete nine challenges to achieve the top award. These include the Expedition Challenge award where the Scouts planned and led a 2 day expedition in the Deben countryside. The expedition gave them the opportunity to develop their team work, leadership and planning skills which are key skills that future employers will value. The young people also gained other key life skills in completing the Creative, Teamwork, Skills and World Challenge awards. Apart from the expedition which included hikes and overnight camp they enjoyed volunteering at events which benefitted the local community and environment.

The Scouts all 14, attend Kesgrave High School and their next goal is to achieve the Kings Scout Award.

If you want to help young people learn key life skills and have fun along the way please contact Suffolk scouts via contact@suffolkscouts.org.uk

Pictured (L-R)
Chief Constable Rachel Kearton, Suffolk Constabulary; Alistair Macleod; Freddie Clarke 1st Martlesham Scouts; Gary Burden, Suffolk Scouts; Oliver Reed; James Lee; Stuart Pearce, Harry Catchpole; Mike Ward, 1st Martlesham Scouts



Martlesham Conservation Group

We have a number of Nightingales out on the heath SSSI and in our woodland this year. They like the thicker more bushy vegetation, with the males giving vent to their complex and varied song from deep in a bush, which makes them difficult to see.

They can get very loud especially if adjacent males are competing against each other to defend their territory. They will often sing through the night and large parts of the day and can usually be heard singing through into early June but then go quiet. However it seems that this year their song has been a lot more difficult to hear, maybe the extensive period of dry weather has had an impact on them.

Listen out carefully before the first week of June as this could be your last chance to experience this wonderful birdsong until next year.

Other migrant birds that have been making themselves heard include the Whitethroat, Lesser Whitethroat, Garden Warbler and Blackcap. The Blackcap also has a rather beautiful song, but not as rich and varied as the Nightingale, and with less harsh notes. Last year we also had a cuckoo singing on the heath

but as of writing no cuckoo has been heard.

During walks around the heath we have come across two dead grass snakes. Please can we urge all you to take great care to look after our native reptiles, and if you are a dog owner please walk your dog on a lead. Our native reptiles are protected by law in Great Britain. It is illegal to deliberately kill, injure or sell/trade in them. They are all declining and need all the help they can get.

The spring butterflies such as the bright yellow Brimstone, Orange Tip, multi-coloured Peacock, Holly Blue, Small Copper, Green Hairstreak and Brown Argus have appeared on warm days. By June, these earlier spring species will disappear, then late spring and summer species appear. Look out for Common Blue, Meadow Brown, Gatekeeper, three types of Skipper, Silver Studded Blue, and Purple Hairstreak. June can be an especially good month for butterflies and in some very good years it may be possible to see about 18 species on a single day out on the heath if conditions are favourable.

June should also see the emergence of the adult Silver Studded Blue butterflies on the

heath; the caterpillars of these small blue butterflies use heather (and some other heathland plants) as their food plant but also involve small black ants in their life-cycle. Both need to be present for a successful colony. Later in June (probably in the fourth week) we will attempt to count these butterflies on the heath SSSI and Common, please get in touch if you would like to be involved. Numbers were low last year and so we may need to search hard.

Our practical work party for June will be on Sunday 1st June at 10am. Please meet on the Martlesham Heath SSSI by the bank that runs east-west just along from the signboard between "Heathfield" and "The Oaks". We will begin work on controlling invasive bracken that threatens to choke out the heather and acid grassland that is more beneficial for a wide range of wildlife.

Please contact me if you are interested in taking part in any of our work parties or wildlife surveys and please let us know if you have any interesting wildlife observations.

Phil Smith 01473625630
martleshamconservationgrp84@gmail.com

Suffolk Wildlife Trust. Woodbridge Wildlife Group

Many grateful thanks to those who supported our Plant Sale at Foxburrow Farm Nature Reserve, Melton on Sunday 4th May. It was a good afternoon, although a bit colder than some years, and we raised £1407 towards our conservation work for wildlife in Suffolk.

It was also great to be entertained by a pair of Grey Wagtails that flitted on the roof of the barn looking for insects for a second year.

On Saturday 14th June at 8am we have a Moth Trap event at Fen Meadow in Woodbridge. Just turn up at 8am to help empty the trap whilst we have an expert on hand to help us identify the moths.

We have some walks coming up in June in search of Nightjars and Glow Worms at our Blaxhall Heath nature reserve from 9-15pm to 10-30pm on the evening of Friday 20th June and repeated on the evening of Friday 27th June at the same time (both weather dependent). Meet at the Sandgalls car park (OS Grid Ref TM 382 559). Places are limited so advanced booking (ideally online) is essential.

Phil Smith 01473 625630

Portal Woodlands Conservation Group

In April, with the bluebells (*Hyacinthoides*) in their prime, our Volunteers put in a fantastic effort to clear half of the perimeter track. They also widened the track and cut back overhanging branches obstructing the way.

Our next work morning is Sunday, 22nd June, from 10:00 to noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome; no experience is needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone 01473 612632, visit our website:

www.martleshamparishcouncil.org.uk/what-we-do/portal-woodlands-working-group, or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman

Photo: S Corley



Martlesham Heath Open Gardens 2025

Saturday 7th June 2025, 1.00 to 5.00 pm

Come and enjoy an easy afternoon walk and discover hidden private gardens.

Open in aid of Martlesham Conservation Group, 1st Martlesham Scout Troop, and St. Elizabeth's Hospice.

There are many delights for gardeners, other highlights include a model railway and a Georgian Dolls' House.

£5.00 adults, accompanied under 11s free.

Tickets and route maps available on the day from 12 noon at the Martlesham Scout Hut, or may be pre-purchased on Thursday 5th June between 6.30 pm - 7.00 pm.

The Scout Hut is next to the church, opposite the car park by the Douglas Bader pub, in the village square.



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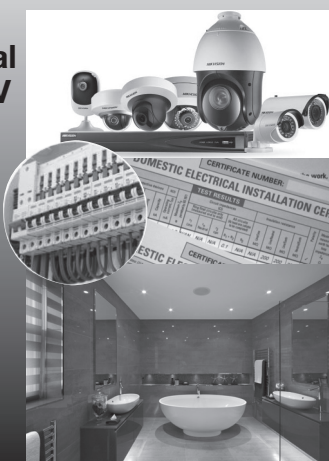
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MARTLESHAM HEATH AVIATION SOCIETY

On Friday 2nd May - we held our Annual Society meeting. basically a revue of where we are and a look to the future..I am pleased to report that the Society continues to be healthy, with plenty attending our monthly meetings, being very pleased with the talks we offer. Our cashflow is good - and we look forward to more Group and Sunday afternoon visitors this year.

The Control Tower has had a good deal of work over the winter . and has benefitted with a repaint - both inside (on the Stair case area) and outside. Also some of the displays have been refreshed. This has been particularly appreciated by visitors since the Museum opened on Sunday afternoons for the 2025 season.

We look forward to presenting outside talks - also attending the Martlesham Heath Village Fete on the Green.

Onto future talks:

On Friday 6th June Stuart Buxton presents his new talk : "How did strange roadside markers help us win the war?"

The story of how Britain supplied fuel to its wartime aerodromes, and many of the facilities are hidden in plain sight today, and are still feeding our vital infrastructure.

This aspect of World War II is little known.. Consider the amount of fuel required for all the Bomber Bases and others in East Anglia - especially when the RAF and USAAF were

mounting mass air raids on strategic enemy sites in Germany and elsewhere. The alternative was to only use fleets of Petrol Tankers - not a good idea on the many narrow country roads leading to the airfields.

The following talk on Friday 4th July features Ian Cameron - with "Experiences flying the Tornado in Combat".

Our meetings start at 7:30p.m. at The Martlesham Heath Community Centre, Felixstowe Road, Martlesham Heath, IP12 4PB

Entry is £5 for non-members, £3 for non-members. No need to book - just turn up

Finally a reminder that our Control Tower Museum is open on Sunday afternoons 2pm until 4:30pm. Located behind Parkers Place, off Eagle Way on Martlesham Heath IP5 3UZ. There is easy parking, and entry is FREE but we always welcome donations.

Badminton in Kesgrave

Woodbridge Badminton Club is currently running a summer badminton club on a pay-as-you-play basis at the Kesgrave Community Centre Sports Hall on Thursday evenings 8pm - 10pm running from 1st May until the end of August.

The cost is £6 per session. For latest details check out our website at <https://www.woodbridgebadminton.co.uk> or email jim.cavanagh955@gmail.com or ring Jim Cavanagh on 0780 323 2892.

Our league matches and junior sessions have finished for this season but will restart in the autumn. The junior section currently has a waiting list.

THE ORWELL SINGERS – SUMMER CONCERT – SATURDAY 28TH JUNE

The Orwell Singers will be holding their summer concert on Saturday June 28th at 7.30 pm to be held at St Andrew's Church, Rushmere St Andrew. The choir will be singing Songs for a Summer Evening ranging from Bach to The Beatles and from Gershwin to Bob Chilcott, under the expert baton of their Musical Director, Lindsay Gowers. All topped off with a summer cocktail and cream tea which will be served in the interval. Entry will be £10 cash on the door for adults, accompanied children will be free. There will also be a raffle. A donation from the proceeds will be made to the Suffolk based charity, Lighthouse Women's Aid. For further details of the concert, please contact d.sharman@btinternet.com or 07768 911512.

WOODBIDGE MEMORY CAFE

The Memory Cafe, which is run by the Rotary Clubs of Woodbridge and Woodbridge Deben, supported by Woodbridge Inner Wheel, takes place at Woodbridge Football Club on the last Wednesday of every month except December from 10.30 to 12.00.

We look forward to greeting sufferers from all forms of memory loss with their carers. We offer a welcoming environment with hot drinks and home made cakes, memorabilia and musical entertainment. It also provides an opportunity for carers to meet others and exchange views and information.

There is no charge and booking is not required. If you would like further information please contact Rotarian Martin Kenyon on 01394 386933.

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- ▶ Are you willing to **challenge** and ask questions?
- ▶ Are you open to **new ideas**, willing to learn and undertake training to understand the role?

We would love to hear from you, please contact **HR department, hr@gcetrust.org.uk**

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MARTLESHAM CLIMATE ACTION

Smart Meters; they don't spy on you!!

Smart energy meters: The Government wants us all to have smart meters, but misinformation about how they work and what value they bring is causing some resistance to adoption.

A smart electricity meter records energy supplied, and energy exported to the grid. It can record energy measurements as frequently as 30-minute intervals. It communicates the information automatically to a data collection company (DCC) to be passed to your energy supplier. The smart meter is installed in replacement for the old basic meter. If you also have a smart gas meter, it can also record gas consumption at 30-minute intervals, reporting via the electricity smart meter.

You may additionally be provided with an in-home display (IHD) which can display power and energy consumption, as well as an indication of cost*. Energy suppliers provide the facility to view your energy consumption (and export) and costs using a website and using an app on your smartphone, if you have one. Some suppliers provide the facility to download reported data for your own analysis, if you are so inclined.

What benefits does this set-up provide? Automatic reporting of energy use enables monthly accurate billing with no need to submit readings or have the uncertainty of estimated readings. The continuous flow of data enables you to view consumption and cost using the website or app, usually with a lag of a day or two. The 30-minute measurement intervals allow energy suppliers to offer a variety of multi-rate time-of-day tariffs that were not possible with the old meters. The single-rate tariff and Economy 7 tariff with a "cheap" overnight rate are still available, but there are also tariffs designed for electric vehicle owners, heat pump system owners and even dynamic

tariffs that follow market rates during each 30-minute period of the day. If you have a solar PV system, possibly with a home battery, you need a smart meter to take advantage of a "Smart Energy Generation" (SEG) export tariff where your energy company credits you for surplus solar energy that you export to the grid. Note: older PV systems attracted credit for "assumed" export under a Feed-in Tariff (FIT) scheme.

*I mentioned that the IHD provides an "indication" of energy costs. In practice, especially with smart time-of-day tariffs, the IHD does not have a view of the actual rates per time period which leads to lots of energy forum posts with people complaining that they are being mis-charged. They are not! The actual costs are shown on the website or app. You can just use the IHD to display power or energy. I have disconnected mine and use the website and app to monitor energy use and costs. For me, smart meters have been essential; if you haven't opted for one yet, have a look to see what they can do for you.

Phil Bull

Martlesham Repair and Climate Advice Hub

The next Repair Hub is Saturday 14 June, 10-12 in the Parish Room as usual. If you have items to repair, you can always take them to the Repair Shed off Sandy Lane. <https://suffolkrepairshed.org>

Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)
Website: www.martleshamclimateaction.onesuffolk.net
E-mail: martleshamclimateaction@btinternet.com
Bluesky: @martleshamca.bsky.social



MARTLESHAM HEATH PAVILION NEEDS YOU!

This lovely meeting room was first built in 1979 by local residents and it has been run ever since by a committed band of volunteers.

The current management team has years (decades) of devoted service among its members. However, we are all getting older and later this year, 3 members of our small group of 7 are retiring from their roles (they already retired from their paid jobs a long time ago). In order to keep this great facility going, we need younger people to get involved. We have two specific roles we need to recruit to:

- A vice chair to start now, with a view to taking over as chair from the end of this year
- A new treasurer who can take over from 1st September.

Maybe you have recently retired and could use your management skills or accountancy knowledge to benefit the local community. If these are not your skills, your help and involvement would still be valuable. Anyone who is keen to help keep the Pavilion open as a great facility for local residents is most welcome.

The committee's job is to manage the premises (we have the help of one member of staff who handles bookings and payments) and we have made many improvements including new play equipment, electronic key fobs for the front door, a new sports storage area, WiFi, CCTV, electronic bookings/invoicing, etc. We meet 4 times a year in the evening via Zoom plus an AGM in the Pavilion. Communications between meetings is normally via email.

Further information on the roles above and how to get in touch are at the top of our website: <https://martlesham.org.uk/pavilion> or you can email Prue: MHpavilion@icloud.com

13th MARTLESHAM HEATH CHESS TOURNAMENT

Date: Sunday 29th of June 2025

Venue: St Michael & All Angels Church, Martlesham Heath, IP5 3PL

Format: 8 Round Swiss Blitz Tournament

Sections: 1. OPEN (ECF Rated, All ages) 2. MINOR U18 (ECF Rated, Up to 18-year old on the day of the event, ECF Rating <U1300) £15 for adults, £10 juniors.

For details of the event and entry form, please see: <https://dagnechess.co.uk/>

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U3A EAST SUFFOLK:

Open Day to showcase opportunities for those in later life

East Suffolk u3a is holding its regular Open Day event on Friday 5th September at Kesgrave War Memorial Community Centre from 10.30 to 12.30.

This is an opportunity for members and potential members to find out what's on offer. Dozens of activity groups will be showcasing their interests with a view to recruiting others to join.

East Suffolk u3a, a members-run organisation, has more than 2,000 members locally and is all about helping older people to keep fit, make new friends and develop skills.

For those wanting to active, u3a offers walking, sport and physical activity groups. For those wanting to learn and share knowledge, there are geology, photography, foreign languages, arts, architecture and history study groups as well as dining opportunities and outside visits.

In every setting there's the chance to meet new people to share conversation, experience and ideas.

New members are welcome, with the expectation that they will contribute to the overall success of the group. Membership gives access to all the u3a's activities, subject to availability.

For more information, please see www.u3aeastsuffolk.org.uk or call the secretary on 0300 123 3913.

Speak Easy at Martlesham

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to practice speaking, to compete, and to evaluate.

We meet at Richard's Room in Martlesham, and we are also using Zoom to enable greater participation, including from abroad. We encourage new members to join us in the room, where we add the online audience giving us the experience of one meeting.

Guests are welcome to attend Speak Easy to see what we have to offer, and to take part if you would like. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout. We hope you will choose to become a member, whether to beat public speaking nerves, develop your abilities, enter competitions, or help us run the club!

Speak Easy meetings are held on alternate Thursdays. The next are 5th and 19th June. Join at 7:00pm for a 7:15pm start, finishing at 9:30pm.

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green:

Adam Green: vppr@speak-easy.org.uk
or www.speak-easy.org.uk or find us on Facebook: Speak Easy Martlesham

Martlesham Brass - 'Making Music Fun in East Anglia'

Please come along to hear Martlesham Brass Main Band perform a 'Music from the Musicals' concert in St Michael's Church Centre Martlesham Heath IP5 3PL on Sunday 8th June at 3.00pm. Tickets cost £5.00 each (primary school age children free) and are available to reserve by calling 07544 962205, by visiting www.martleshambrass.co.uk or on the door.

'Tea & Tunes' is on Saturday 14th June 10.00am to 12.00 noon, also in St Michael's Church Centre. This is a free concert highlighting the talents of our Preliminary and Beginner bands. Refreshments are available, and there will be a hamper raffle.

There is another chance to hear the Main Band playing at 'Suffolk Remembers' a St. Elizabeth Hospice event, on Friday 21st June 9.00pm in Spa Gardens Felixstowe.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - we currently operate a waiting list for our beginners band.

If you wish to hire the band to perform at an event, please contact our booking secretary by emailing booking@martleshambrass.co.uk

Liz Howard (Publicity Officer) publicity@martleshambrass.co.uk 07544 962205

Registered Charity No. 1100922. Visit our website www.martleshambrass.co.uk

MARTLESHAM BOWLS CLUB

Would you like to try playing bowls?

If so why not come to your local bowls club at Martlesham Recreation Ground. The club is holding an open day on Saturday 7th June between 10.00am and 4.00pm. All equipment will be supplied just bring a pair of flat-soled shoes.

This year sees the Potters Roadshow coming to the bowls club on Wednesday 18th June with the opportunity to see their full range of bowls equipment.

The club actively bowls in several local leagues and also encourages social bowling on Thursday and Saturday afternoons at 2.00pm. They would love to see some new faces. Why not come along and give it a try?

For more information please contact

Club Secretary, John Anderson 01473 808678 or 07547727439 Email: jt.anderson@tiscali.co.uk

DEBEN ROTARY COMMUNITY SERVICE AWARD

Every year the Rotary Club of Woodbridge Deben makes an award to a person or organisation who have been working to serve the community whilst sometimes not being recognised for their efforts. This could be in any form, supporting the elderly or disabled, the homeless or financially challenged or ecological projects being just a few of the many categories. The award is open to all persons or organisations in our catchment area, which is Woodbridge, Martlesham, Kesgrave, Melton, Bealings and Waldringfield. There is a shield and a cash sum of £350 towards the work they are doing. If you know of anyone you think may be eligible for this award please contact Rotarian Martin Kenyon on 01394 386933. The list of candidates will close on June 30th.

MARTLESHAM HEATH SURGERY Patient and Practice Group (PPG) News

The Martlesham Surgery PPG recently met and discussed with the Practice Manager a number of items.

The first of these being that some works will commence this year to reconfigure the surgery to improve the services available for patients. Firm dates for the works are yet to be confirmed. Whilst there will be some potential disruption caused by the work, the surgery will remain fully open.

There have also been a number of staff changes, resulting in more clinicians being available to patients. As part of the surgery being a Training Practice we are now seeing the benefit of having a range of extra clinicians being available. Currently this includes an additional two female GPs who are working on rotation between both Martlesham Heath and Kesgrave. Also, we currently have two male Registrars working at the surgery.

On another note, The Birches Medical Centre in Kesgrave has been rebranded as Embrace Medical Centre since the beginning of April 2025. Martlesham Heath Surgery and Embrace Medical Centre remain jointly owned by the Partners of both practices.

If you are interested in finding out more about the either PPG or are interested in joining please either email me at MartPPG@gmx.com or drop a note (with your name & contact details) into your surgery reception in an envelope marked for my attention (Tony Willmott, PPG Chair).

Tony Willmott - Chair, Martlesham Heath Surgery PPG

Thought for the month.

If you're a lover of musicals (or perhaps a footy fan of Liverpool FC) you'll know the song, "You'll never walk alone". Originally from the musical Carousel, of course. But another song from the same show is particularly relevant this month: "June is bustin' out all over."

The lyrics are full of the promise of summer, with some rather risqué references to love-making that add to the excitement. Not just humans but fish, sheep and even flowers, all carried away by the romance of summer. One line insists that "June is a love song, sweetly sung." And the chorus gets very excited, repeating over and over again: "Because it's June! June, June, June!"

Parts of the song might not be to everyone's taste, but if we could only capture its excitement! Perhaps we should. This year, June is bursting with special days in the church calendar. All of which really should fill us with excitement.

Among many saints' days and festivals, on 8th June we'll celebrate the day of Pentecost, sometimes called Whit Sunday. It marks the time when the Holy Spirit descended on the disciples after the risen Jesus had ascended into heaven. This gave them, and us, courage and strength to sing God's love song... as sweetly as we can! A week later, Trinity Sunday reminds us of the three persons of God: Father, Son and Holy Spirit. And how they are all part of the one loving God, who ensures that we never walk alone. Now, that's exciting!

Revd Heather Cooke

Martlesham with Brightwell

Gippeswyk Singers

The next concert which will take place at St Michael and All Angels church, Martlesham Heath on Saturday 7th June at 7.30 pm.

There will be an eclectic mix of folk songs, jazz songs and pieces written for choir and piano duet, accompanied by Sabine Sutton and Marina Korneva. You can look forward to music by Bob Chilcott, George Shearing and Alan Bullard. Tickets are £12 on the door or £10 in advance, available from ticketsource.co.uk/gippeswyk-singers. Profits from the concert will be donated to the charity PAPYRUS.

Gippeswyk Singers is an expanding chamber choir with approximately forty members led by our inspiring musical director, Janette Ruocco. We rehearse during term time and perform three times a year. Our repertoire includes a wide variety of religious and secular music, both classical and popular. Rehearsals take place on Monday evenings at 7.30pm at St. Michael's Church, Martlesham Heath, Ipswich.

MARTLESHAM LADIES CLUB

Our artistic china painting efforts at the April meeting were returned after glazing and firing and we were very pleased with the results. There are just two more meetings in June before we break for the summer. On 12th June Theresa Driver is coming to demonstrate her hand made jewellery and show us how to make it. The last meeting will be the AGM, all will be very welcome.

Meetings are held on alternate Thursday afternoons at 2.00pm in the Richard's Room. For more information contact June Peck tel 07867525422.



Christian Aid Week May 2025

Thank you!

This year Christian Aid week ran from 11-17th May and many volunteers throughout the country held events and collections to raise funds for people living in poverty throughout the world.

Here in Martlesham we had a display in The Runway, we invited people to donate by having donation envelopes available in our churches, and we delivered donation envelopes in a limited number of roads. We also had a fun quiz and set up an online e-envelope for donations.

Many thanks to everyone who responded to an envelope through the door or joined in our quiz, and made a donation. We are really grateful, as every donation is used to help our vulnerable neighbours worldwide

who are living in poverty in these difficult times.

However, the need is still urgent and it is not too late to donate.

Gifts can still be sent via our online e-envelope. Scan the QR code or visit <https://fundraise.christianaid.org.uk/envelope-2025/martlesham-benefice>

Postal donations (cheques) made out to 'Christian Aid' can be sent to: Christian Aid, 35-41 Lower Marsh, London, SE1 7RL.

On behalf of the poor and vulnerable people of the world, thank you.

Carolyn Smith



MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at our website - mchall.org.uk

You can check hire rates, if they're available and make an online booking request

Alternatively you can call our Booking Secretary on 01473 623 203. (Monday to Saturday 08:00 - 20:00).

If leaving a message, please speak slowly and repeat your telephone number.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively please contact the booking secretary:

Email: bookingsecmhp@gmail.com

Phone: 07873 557999

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655



THE CHURCH IN MARTLESHAM & BRIGHTWELL

RECTOR: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

CURATE: The Revd Rob Allinson rob@martleshamcofe.org.uk
07359 463312 (rest day Wednesday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035
Carolyn Smith 74 Heathfield, Martlesham Heath

CHILDREN & FAMILIES MINISTER: Emma Allinson emma@martleshamcofe.org.uk
07359 339452

ELDERS: Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
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Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's

Online
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for 'Martlesham Benefice'

Services for the Month

Sunday 1st June	St Michael's 9.30am Coffee and pastries 10am Breakfast Church St Mary's 11am Holy Communion	
Sunday 8th June	St Michael's 10am Holy Communion St John's 6.30pm BCP Evening Prayer	10am Holy Communion
Sunday 15th June	St John's 9am Holy Communion St Michael's 10am Morning Worship St Mary's 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
Sunday 22nd June	St Michael's 10am Holy Communion St John's 6.30pm BCP Evening Prayer	10am Holy Communion
Sunday 29th June	St Michael's 10.30am Benefice Holy Communion	10.30am Holy Communion

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services

Wednesday 11th and 25th June: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

June

- 5 for staff and volunteers at Martlesham Wilds
- 6 for servicemen and women
- 7 for all who are hungry today
- 8 Pentecost: give thanks for the work of the Holy Spirit**
- 9 for those at the Pop-Up Shop yesterday
- 10 for all newcomers to the area
- 11 for the residents of Whinfield & Whinfield Court
- 12 for MHHL directors and volunteers
- 13 for those struggling with debt
- 14 give thanks for our local green spaces
- 15 Trinity Sunday: praise Father, Son and Holy Spirit**
- 16 for pupils and students taking exams
- 17 for our local pre-schools and nurseries
- 18 for the residents of Woodside
- 19 for those struggling with their mental health
- 20 for refugees and asylum seekers

- 21 for the lonely
- 22 give thanks for our freedom in Christ**
- 23 for the work of the Mission to Seafarers
- 24 give thanks for our local libraries and volunteers
- 25 for the residents of York Road
- 26 for all affected by drink and drugs abuse
- 27 for shop owners and shop workers in The Square
- 28 for those with nowhere safe to sleep tonight
- 29 St Peter & St Paul: give thanks for their lives and example**
- 30 for safety and sportsmanship at Wimbledon

July

- 1 for all involved in producing our food
- 2 for the residents of Acorn Way
- 3 for those who clean our streets and empty our bins
- 4 for wisdom for journalists and broadcasters

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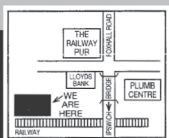
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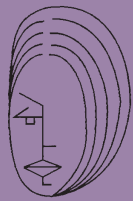
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