

martlesham monthly

JANUARY 2022

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martlesham monthly

JANUARY 2022

Martlesham Monthly wishes everyone a Happy New Year.

At the time of printing, there are new announcements being made about the Omicron variation of the coronavirus, so please check any dates or times of anything printed in light of the current guidelines.

Thank you to Prue Denton for the front cover photo

GIRLGUIDING MARTLESHAM

Currently we have

2 Brownie Packs (ages 7-10), 2 Guide Units (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on martleshamguides@gmail.com or www.girlguiding.org.uk/get-involved (HQ).

Come join the fun & start your Guiding adventure today!

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact

Timandra Howell

martleshamscoutswaitinglist@outlook.com.

Becoming a helper or hiring of the Scout HQ please contact

Lindsay Macleod 07828559026

Lindsayfw@msn.com

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Picture from Ron Webb, celebrating the reopening of the Harry Higgins playground

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.30–1.45pm
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COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon
johnny.dixon@btinternet.com

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In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM PARISH COUNCIL

To all our parishioners, we send our best wishes for the New Year.

FREE 2022 Calendar

If you haven't already received your free 'Rewild your Garden' calendar it won't be long before it comes through your letterbox. Keep it close by for monthly inspiration on how you can support and enjoy wildlife in your garden, patio or balcony. Made possible with funds from ESC's Community Partnership, the calendar is part of Martlesham Climate Action's work on increasing biodiversity in the parish.

Winter Megabash on Martlesham Common Local Nature Reserve

Saturday 22nd January 2022 10am to 3.30pm

Join the Greenways Project and other groups to help maintain this Local Nature Reserve – including scrub clearing and a bonfire (wind direction permitting!). Please bring your own food and drink.

Meet in the Community Hall car park, off Felixstowe Road, Martlesham.

For more info contact Greenways on 01473 433995/07736 826076 or james.baker@ipswich.gov.uk.

Resignation of Ros Jones Parish Councillor

From the start of her two and half years as a Parish Councillor Ros Jones took an active part in Parish Council (PC) business. She brought a wealth of skills and knowledge to the PC and helped with a variety of projects. Whilst a councillor she set up Martlesham Traffic Watch an independent fact-finding group run by volunteers which aims to provide information to improve the traffic issues effecting Martlesham and during lockdown she supported local litter pickers and formed the Martlesham Wombles. The PC thanks Ros for her valuable contribution to the parish and is delighted that she will be continuing her work with the Martlesham Wombles, Martlesham Traffic Watch and watering the new trees that make up Forbes Spinney on Recreation Ground in Old Martlesham. We wish her and her family all the very best for the future.

John Forbes former Parish Councillor and Martlesham Tree Warden

It was with great sadness that the PC learnt of the death of John Forbes, a retired and long-standing Parish Councillor, who died peacefully at Ipswich Hospital on 15th November, aged 86.

The PC recognised John's active involvement

in the community with a presentation at the PC meeting in February 2020, and more recently, with the planting out of Forbes Spinney on the Recreation Ground. John played a significant role in looking after the parish of Martlesham and he will be greatly missed.

Planning issues

McCarthy Stone application - DC/21/3305/FUL Land to the east and south of The Square, Martlesham Heath.

East Suffolk Council (ESC) granted planning permission for the McCarthy Stone development on 18th November 2021. The PC's response can be viewed on ESC's planning portal, reference DC/21/3305/FUL.

Following the site of the proposed flats and access road being fenced off (which was done without prior warning to local businesses, the surgery or PC) the Parish Council has pressed ESC to put in place the Construction Management Plan as required by Condition 42 of the Planning Conditions. Until the Construction Management Plan has been submitted and approved (which would allow development to start) the Parish Council feels it has been unnecessary to close the site at this early stage.

Land Off, Black Tiles Lane application - DC/21/2571/VOC - Variation of Condition (s) 1, 2, 3, 4, 5, 7, 8, 10, 11, 12, 14, 15, 17, 19, 22, 23, 25 and 26 of Planning Permission DC/16/1992/FUL – Proposed development to provide 47 dwellings, access, School car park, landscape/wildlife corridors. open space and landscaping.

At the time of writing the Parish Council is considering its response to this planning application.

ESC's draft Cycling and Walking Strategy Consultation (deadline 5pm on Monday 10th January 2022)

The Parish Council is currently considering its response to this consultation. For more information and to submit a response you can visit: www.eastsuffolk.gov.uk/planning-policy-consultations

For full details on planning applications & to see our comments, please go to <https://publicaccess.eastsuffolk.gov.uk/online-applications/> and type in the reference.

Speed Reduction Campaign

Many of you will have seen the Parish Council's Speed Indicator sign at various places around the Parish. Its main job is to

remind people of the speed limit and encourage safer driving. The sign also records the speed of each vehicle and time of day and produces reports on traffic volumes and speeds. Have a look at the Parish Council's website and Facebook page for summaries of the data.

As we enter 2022 how about a New Year's resolution to drive within the limits? This will help encourage more people to do the same.

Parish Tree Planting

Trees and hedgerows are some of the most powerful tools we have in the fight against climate change. We can all help to make a difference by planting a tree, whether in a pot on our doorsteps, a hedge in our gardens, or as part of a community planting event. During National Tree Week, the UK's largest annual tree celebration, which last year ran from Saturday 27th November to Sunday 5th December in 2021, people across the country planted trees to mark the start of the winter tree planting season. On 24th November, our two Parish Council tree wardens took delivery of their pre-ordered subsidised tree and hedgerow packs supplied, thanks to a partnership between the Suffolk Tree Warden Network, The Woodland Trust and Suffolk County Council. Included were boxes of biodegradable mulch mats and pegs for each tree, made possible by a generous donation to the Suffolk Tree Warden Network by The Sicon Foundation (Bury St Edmunds).

The trees were delivered to Martlesham by Tom Ridgeon (Suffolk County Council and The Woodland Trust), Gary Battell (Woodland Advisor, Suffolk County Council) and Jonny Ball (The Woodland Trust) in two vans, and included wild cherries, hawthorn, field maple, guelder rose, crab apple, dog rose, hawthorn and oaks amongst others.

Despite cold and windy conditions, on Sunday 28th November, the tree wardens, with the help of Parish Councillors and members of the Martlesham Climate Action Group, planted a new stretch of hedging in a Martlesham small holding helping to make our Parish more wildlife friendly and climate resilient. Many thanks to all who gave their time to help make this possible.

If you are a landowner, small holder, farmer or Martlesham resident with room for trees or hedging, contact the Parish Council tree wardens via the Parish Council for details about how you can be included in next year's tree order and volunteer planting team.

A Thank You to Responsible Dog Owners

A big thank you to all those who make the effort to clean up after their dog, your efforts help make Martlesham a lovely parish to live and work and is much appreciated.

Graffiti on Trim Trail equipment, bus shelters and road signs

Unfortunately, at the beginning of December some of the gym equipment on the Trim Trail by the Centenary Playspace was sprayed with graffiti. The graffiti 'tag' identified on the gym equipment was also found on bus shelters and street signs on Eagle Way. This was reported to the Police and to the Communities Officer at ESC. If you have any information relating to this graffiti or would like to report any anti-social behaviour, please contact the Police online at www.suffolk.police.uk/contact-us/report-something or www.eastsuffolk.gov.uk/community/anti-social-behaviour. Or you can telephone Suffolk Police on 101 or in an Emergency: 999.

Forthcoming Meetings

Please note that the following Parish Council meetings will be held in St Michael's Church Centre, The Drift, Martlesham Heath, IP5 3PL

Parish Council – Wednesday 12th January
Recreation & Amenities Committee –
Wednesday 19th January

All meetings start at 7.30pm and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

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Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

FROM YOUR CONSERVATIVE DISTRICT COUNCILLOR FOR MARTLESHAM, BRIGHTWELL, FOXHALL AND PURDIS FARM. CHRIS BLUNDELL. JANUARY 2022.

Planning Matters. During the last few weeks, I have had many e-mails and phone calls about the introduction of the fenced off car park at Martlesham Square. This has caused great upset and consternation to our residents and visitors to the shops, doctor's surgery, the church and the green. Possibly the greatest concern was the loss of the reserved parking spaces for persons with disabilities to park close to the surgery.

The immediate response has been from persons who believe that the fence was erected by the applicant to build the retirement apartments, namely McCarthy & Stone. However, this is not the case since the developer does not in fact own the land at the time of writing this article.

It is common practice for developers to make initial agreements with the current land owners to purchase the land if planning permission to build can be obtained first. If the planning permission is not obtained then the developer would lose a lot of money and as you would expect no developer is going to take that risk. So, the current owners arranged for the land that was up for sale to be defined by sealing off the main area, namely the eastern car parking space adjacent to Martlesham Square.

For many years we have taken for granted that we had the right to use the car parks with no charge. This was in the gift of the land owners who, in effect, have been very generous to us. From time to time the freedom to use the car parks was abused by some persons parking what appeared to be abandoned vehicles for long periods. To avoid any one parking on the land while the agreement with the applicant to purchase the land was in force it was necessary to define the land with no vehicles or apparatus parked on the land. At the time of writing this (9th Dec 2021) I was recently advised by ESC Planners that the area is not yet owned by McCarthy & Stone so they are not to blame for the fencing off of the parking area.

Outline planning permission was granted earlier in 2021 to McCarthy & Stone to build the apartments and at the present time they are currently submitting details for approval to ESC of all the building and management plans. If approval can be completed fairly soon the developers are hoping to start working on the site early in 2022 with a view to completion towards the end of that year or possibly in early 2023.

The Runway Area. The developer, McCarthy & Stone who has agreed to purchase this area also, propose to turn this land into use as a new car park that will be eventually handed over to Martlesham Parish Council. The latest plan for this area that I have seen suggests that there may be up to fifty parking spaces available that will also include parking spaces for persons with disabilities in order to park close to the surgery. Subsequent maintenance cost will be covered to some extent by an initial grant to MPC from the developers.

Community Partnership.

The local Community Partnership has been considering road safety for walkers and cyclists and many good suggestions have come forward from our participants. Unfortunately, quite a number of the suggestions are outside the remit of a district council. Such items as new and clear signage, improved walkways, more clearly defined road markings and above all speeding. What we have been able to do is to supply funding so that interested teams can purchase 'Speed Indicating Devices' (SIDs). These are proving quite useful when used correctly and safely with a number of speedsters being made aware of their dangerous driving.

The local partnership is also considering supplying all primary school children in the area with high visibility jackets so that when walking or cycling to and from school and in other places their presence will be more clearly seen by other road and walkway users.

Finally. I would like to wish all our readers a happy new year and a safe, healthy and prosperous 2022.

If you wish to have further information on any of the foregoing topics or any other district council matters, please contact me by email at chris.blundell@eastsuffolk.gov.uk. Otherwise by phone on 01473 622716.

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MARTLESHAM HEATH DEVELOPMENT

Mushroom management

While fungi flourish around Martlesham, it's the other sort of mushroom management I'm talking about: the breakdown in communication that leaves people feeling they're being treated like mushrooms. To paraphrase the Oxford Dictionary, being kept in the dark and periodically fed something that feels – well – more like manure.

That seems to have become the norm among bigger organisations whose actions impact our lives.

Take the company that inherited responsibilities from Bradford Property Trust, the developers of Martlesham Heath. Alongside the job of policing the clauses included in the deeds of every property, they acquired several parcels of land. These were auctioned off without many – if any – villagers being either aware or having the opportunity to buy them, either for themselves or for the community. The result? A buyer who trashed one piece of land and inappropriately fenced in another. And more recently, the closure of a well-used car park most of us thought was public property.

Others deserve similar mention - East Suffolk Council, Suffolk County Council and our local police commissioner. All seem to want to stand apart from our community while visiting things upon us rather than to actively communicate. Yes – our ES Council sends us a glossy newsletter every year, highlighting its “successes” and there's an update on how Council Tax is spent. But it seems designed more to keep residents at a safe distance than to actively engage.

Two examples highlight what's missing.

Many of us attended McCarthy & Stone's open-house to find out about plans for our village centre. Some commented on the planning application. Has there been any attempt to tell us how the application has progressed, have we received feedback on our comments, or about the outcome? I haven't seen anything.

Then there's the proposal for a paved and lit cycleway be constructed across the A12 behind Cooper's Road and through our woods. MHHL alerted us to the proposal in December's Martlesham Monthly but there has been nothing from the Council.

There are exceptions. Our Parish Council, MHHL and one of our councillors, Chris Blundell, are all trying hard. But Chris Blundell is a councillor, not the Council.

But as someone who spent a career helping organisations shape their messages and get them across, I believe others are falling well short.

Come on you guys! If you want us on your side, communicate with us and take note of our response. Mushroom management is for mushrooms...

Vivienne Maunder

Lancaster Drive, Martlesham Heath.

Closed Car Park

I am writing this moan before Xmas, so apologies if by the time you read it, it's old news and has been overtaken by events. .

No-one disagrees that providing housing for the elderly is an important issue and we on Martlesham Heath, from the very start, have been well served by our hugely successful sheltered housing community, Bader Court, situated around the Village Green, Church and Pub - couldn't be better! However Suffolk District Council have decided that one of our car parks is the ideal place for another to be built by McCarthy and Stone.

McCarthy and Stone have seen fit to erect a barrier and close said car park, which incidentally is the closest access to the doctors surgery and shops on Martlesham Square for our elderly and disabled residents. Plus the overflow affects parking for users of community facilities such as the Pavilion and Church. So the ridiculous irony is that McCarthy and Stone are, from the get go, impinging on the lives of the residents of Martlesham Heath, primarily the elderly, by their action. All this without apparently - and I quote from the Parish Council's webpage - **a 'Construction Management Plan' (as required by Condition 42 of the Planning Conditions) and without any prior warning to the businesses, doctors surgery and indeed even our own Parish Council.**

The other knock on effect of the remaining car parks being much fuller than usual is that cars are parking on Eagle Way (including some large coaches ?) making turning out of Farriers Close trickier than usual. As we as residents and our representatives do not appear to have any say in how our lovely village is used and abused, surely it would have helped future community relations if McCarthy and Stone had provided the replacement parking area and access first, before prematurely erecting their barrier thus removing an important resource from the Village.

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**9 & 23 January
13 & 27 February
13 & 27 March**



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MARTLESHAM HEATH PAVILION – HARRY HIGGINGS PLAY PARK

We are delighted to report that the 'new' Harry Higgins Play Park is now open. We hope you will agree it was worth the wait!

Prue Denton assisted by Andrea Wedgwood have been working on this project for over 18 months and there's no better reward for them than to see and hear so many happy children having fun in it. It's also a great place for adults to meet for a chat. Thank you for all the lovely messages we've received since it opened.

Could you help us by volunteering?

Before giving tributes to all those who helped achieve this, it's a good opportunity to ask if anyone would enjoy being part of the team which looks after the Pavilion. We are a small group of volunteers and many different skills are needed. During the past two years, we've lost some long-standing members who will be much missed.

It would be fantastic to welcome a few new people willing to join us. As you can see, it is very rewarding to witness the benefits to our local community. If you would like to know more, please contact me on chairmhpc@gmail.com.

Appreciation

We would like to thank all those who contributed their ideas, time and skills to our play park project.

Firstly, to Prue Denton (for so ably managing the project, securing the budget, developing ideas; as well as overseeing the new installation); Andrea Wedgwood (for her enthusiastic commitment and experience which was invaluable); Andrew Gaskin (for his IT skills at the start); Jodie and Kevin from Wicksteed Leisure Ltd who supplied and installed the new equipment; Joshua Cox of SCL Landscape Management (for refurbishing the car and ongoing grounds maintenance) and not forgetting members of the Pavilion Management Committee, especially Rob and Caroline Webb for their super grass watering system.

Nothing would have happened without funding, so we are most grateful to Martlesham Parish Council, the Pavilion Management Committee, East Suffolk District Cllr. Edward Thompson, SCC ex-Cllr. Patricia O'Brien and Tesco at Martlesham Heath, for their financial support plus all the individual donations made via Just Giving. Thank you all so much.

Our thanks to everyone who has helped with this project. It's also worth mentioning that Martlesham Parish Council continues to help with playground maintenance and weekly safety inspections.

Alwyn Jones Chairman of Martlesham Heath Pavilion Committee

HEDGEHOG NURSERY AT GORSELAND PRIMARY SCHOOL



Happy New Year!

We opened the new term with our thinking caps on to make special wishes and hopes for the New Year ahead. We made marks onto our special stars and hung them onto our New Year tree.

Now that the winter months are upon us, we are looking forward to researching all things 'cold', what is ice? Can you make it? Are there animals that prefer the cold to hot weather? We can't wait to make these discoveries.

Our weekly music sessions are going really well. We are singing and playing instruments alongside familiar songs and rhymes but also learning many new ones! We really are a musical bunch.

Hedgehogs Nursery is part of Gorseland Primary school and is led by a qualified teacher who is supported by highly qualified and experienced staff. It is great that we can enjoy all of the school's facilities including our forest school, large sports hall and extensive grounds to explore. In Hedgehogs, we are continuously free flowing within the indoor and outdoor environment. Our skilled staff ensure that, through warm and nurturing encounters, the children practice new skills, rehearse old skills, get challenged appropriately, all in the moment.

If you have a child starting Reception next year, please remember to apply for your school place by 15th January, 2022.

We offer wrap around care from 7:30 to 18:00 with our breakfast and afterschool clubs. Hedgehogs Nursery is open Monday to Friday for 3 and 4 year olds. If you are looking for a Nursery, please don't hesitate to get in touch with the School Office on 01473 623790 for further details.

Birchwood Primary School

Year 6 Micro Egg Business

Following the loss of eggs from our stall outside Birchwood Primary School, we have been overwhelmed by the response to our Social Media Post. Thank you all so much, it really means a lot to the children and staff that there is so much support for our venture.

We have accepted the kind donation from McColls of £10 as this will easily cover the loss. To everyone else who has offered donations of money, cameras etc. we say thank you very much but the Chicken Project has to be self-supporting. Luckily our chickens are laying lots of eggs, so the business is thriving at the moment. The children have to learn that in business you have good days and bad days, and that day was a very bad day until all you generous people came up with so many offers of help.

We have had some anonymous donations put into the trust box on the egg stall, again a massive thank you. We are truly grateful and thank you all. The best way you can help us is to buy the eggs when the stall is out. As well as Chicken eggs we sell Bantam eggs – these are unique and cannot be purchased at many supermarkets. They are delicious little treasures.

The Chicken Micro Business at Birchwood Primary is completely run by Year 6. They look after the chickens daily. This job is done by The Chicken Monitors. We have a Business Manager- their job is to collect all the data and create spread sheets ready for all the class, so in their Maths lesson they will work out income and expenditure. We have a Branding Manager who leads a team who develop designs for egg boxes etc. The whole project is "Living Education" and crosses into many parts of the curriculum.

Thank you to our caring community.

Paul Firman MBE

Local Authority Governor

For The Partnership of Birchwood & Holbrook

BRIGHT STARS



Bright Stars normally runs free fun Activity Sessions for Pre-school aged children with their parents, grandparents, friends, family and/or carers at St Michael's Church Centre, Martlesham Heath, on the 2nd and 4th Monday mornings of each month during term time. They usually involve singing, games, making crafts to take home and telling stories from the Bible.

Unfortunately, we are not meeting in person at present due to the coronavirus pandemic. Instead, we are sending out activity sheets by email and/or post for the children to enjoy doing with their family and/or carers.

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

Happy New Year to everyone from Bright Stars.

If you would like further information, please contact: Sonya & Maureen Burrows Tel.01473 625196



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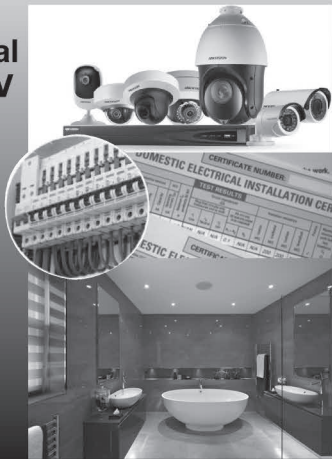


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MARTLESHAM COMMUNITY RESPONDERS

Martlesham Community Responders are a small group of volunteers who are trained to provide local emergency support to the East of England Ambulance Service. We are trained in First Aid and resuscitation, and living locally we can provide an initial response to many emergency 999 calls for the Martlesham area, and we can then assist the ambulance crew after their arrival.

There are dozens of Community First Responder (CFR) groups across Suffolk, and as volunteers we only respond to calls from Ambulance control to help patients in an emergency at the discretion of the Ambulance Service, depending on the individual circumstances of each call.

As we are a small team, we are not able to be on call all of the time, but working in conjunction with the BT Adastral Park Ambulance team, we do endeavour to be available as much of the time as possible. If anyone would be interested in helping us by joining the team and training as a CFR, then please take a look at <https://www.eastamb.nhs.uk/join-the-team/community-first-responders> or contact me at johnny.dixon@btinternet.com



Martlesham Heath Baby and Toddler Group meets every Wednesday and Friday at Martlesham Heath Pavilion Session time is 10.30 – 12.00 (term-time only)

We have play time, along with song time with instruments, before providing a drink for the children, and tea or coffee for the parent/carers.

**Session prices are £3.00 for the first child and £1 for any additional children
£5 capped fee for Childminders**

Sessions have to be pre-booked as we are limited on attendees, so please follow our Facebook page. We are only taking bookings one week in advance and to book you need to message the Facebook page directly. Please email for more information.

**Find us on Facebook
email: MHBTG@outlook.com**

The extraordinary aviation history of Martlesham Heath from the Great War to the jet age, local wartime exploits, and other general Aviation topics, are covered at our monthly meetings. The 1st Friday of the month at The Community Centre, Felixstowe Road IP12 4PB @ 7:30 p.m. (subject to any Govt restrictions)

General contact details:
Howard: 01473 274300.
Website: www.mhas.org.uk
Control Tower Museum:
Call 077 077 11104
mhasmuseum@mhas.org.uk



Visit our Control Tower Museum, behind Parkers Place, off Eagle Way, IP5 3UZ. In normal times open Sundays 2-5 pm, from early April to the end of October. To find out more about the local story just turn up, - easy parking.



We have an enthusiastic and friendly team of volunteers keeping the Museum and Society running. Why not get involved?



East Anglia's Children's Hospices (EACH) cares for children and young people with life-threatening conditions across East Anglia and supports their family. EACH is a life-line for families at an unimaginably difficult time. Help us be there for future generations, helping every child make the most of life – no matter how short.

www.each.org.uk



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BIRCHWOOD PRIMARY SCHOOL



During the Autumn Term, Birchwood Primary School were lucky enough to have a visit from Mr George Paul, and his groom Cate, together with his two Suffolk Punches. Tilly and her foal, Prince Philip, were impeccably behaved as the children, class by class, asked many questions and were allowed to stroke the horses. The foal was named Prince Philip as he was born on the day of the Duke of Edinburgh's funeral, and Princess Anne, on behalf of Buckingham Palace and as Patron of the Suffolk Horse Society, gave permission for the name to be used.

KESGRAVE LIBRARY NEWS

Happy New Year – I hope you all had a restful and enjoyable Christmas.

Sunday Crafts – Sunday crafts are on between 10.00 a.m. and 12.00 noon. In January we are making -

Sunday 2nd – Pop along and create a melting snowman craft and decorate.

Sunday 9th – It's cold outside! Warm up by making a decorative hot chocolate mug.

Sunday 16th – Design a snow scene in a globe. What will you include in yours?

Sunday 23rd – Have you ever tried to ice skate? This week we are designing a pair of ice skates.

Saturday 30th – This week we are making cheerful penguins.

Activities are free. Parents must stay with under eights.

Covid -19 Self-Test (Rapid Antigen Tests) – Did you know that your local library is a collection point for these tests? Please just pop along and ask staff for however many boxes you or your family require.

Word Play Sessions – These sessions are now back in the library every week on a Thursday.

Tot Rock – 9.45 – 10.15 a.m.

Baby Bounce – 10.30 – 11.00 a.m.

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – Fun stories, rhymes and songs every Friday 9.45 – 10.15 a.m. in the library. No need to book – just pop along.

Lego Club – every Tuesday 3.30 – 4.30 p.m. Free play with each child been given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Book Club – Thursday 13th January 7.00 p.m. If you would like to join, please either pop along or give the staff a ring. The group is currently reading *The Lost Man* by Jane Harper. The library supplies the titles being read.

Jumpstart January – The library is hoping to put on a range of activities including a drop-in Wellbeing Event – date to be confirmed, as well as a wellbeing display of both adult and children's titles which can be borrowed and wellbeing craft for children which can be collected and completed at home. Please look out for posters advertising this.

Home Library Service – If you would like to access the library but are unable to visit us, Kesgrave runs two home library routes where volunteers come out with a selection of books to your homes. We follow all the Covid guidelines to ensure both your and the volunteers safety. To access this service please ring the library or log on the Suffolk Libraries website and complete the online form.

100 Club – Our Community Group has a 100 Club, to help with fund-raising specifically for Kesgrave Library and we have nearly 70 people who have signed up. For just £1.00 per month, you could enter and have a chance of winning a cash prize knowing you are supporting your local library. Please speak to staff for details .

Opening Hours -

Monday 9.00–12.00 noon

Tuesday 9.00–12.00 noon/2.30–5.00 pm

Wednesday 2.30 – 6.00 pm

Thursday 2.30 – 8.00 pm

Friday 9.00–12.00 noon/2.30–6.00 pm

Saturday 10.00–5.00 pm

Sunday 10.00–3.00 pm

Tel: 01473 626103

www.suffolklibraries.co.uk



Girlguiding Martlesham District would like to wish all their members & volunteers, a safe & very Happy 2022.

Thank you for all the fun & laughter in 2021 & here's to all the new adventures & challenges to come.

We still have spaces available at Guides (for young women aged 10-14) & Rangers (young women aged 14-18), come & join the fun & make some new friends.

If you are aged 18+ & have been thinking about putting something back into the local community, why not volunteer with us & help our young members horizons grow?

For more information contact us on martleshamguides@gmail.com .

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

Martlesham Brass Would like to wish you all a Happy & Healthy New Year.

We hope that you were able to hear Martlesham Brass over the Christmas period - our players were raising funds for our nominated charities, which were The Bumblebee Children's Charity, St Elizabeth Hospice & Lighthouse (Women's Aid). We will report the amount raised next month.

Our beginners band is now operating again, so if you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk.

Please note that we operate a waiting list for new members.

Liz Howard. (Publicity Officer)

e_m_howard@talk21.com

01473 625617.

Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk



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BRIGHTS ORCHARD

Community Orchard Working Group

On Tuesday 25th January 2022 we will be planting ten more fruit trees in the orchard (weather permitting), if you would like to help with planting or would like to join our rota of volunteers with watering these trees this coming summer (there is a water supply with watering cans on site) it would be very much appreciated.

If you would like to help with either of the above, please let us know via Martlesham Parish Council as follows: -

Email – enquiries@martleshamcouncil.org.uk

Phone – 01473 612632

MARTLESHAM CONSERVATION GROUP



Many thanks to all those who came along to our AGM on Friday 26th November on Zoom. The Chairman reviewed the activities of the group over the last year. The treasurer reviewed the finances of the group, which are in a good position. The existing committee was re-elected for the forthcoming year and subscriptions were held at the current level.

After the formal business had taken place, some of the wildlife surveys that had been undertaken by the group were discussed in more detail, including butterflies, and birds in the wood to the south of the green, and on the SSSI. In 2021 the number of Silver Studded Blue butterflies that were recorded on the Martlesham Heath SSSI was very low. The reasons behind this low level are not clear but climate and weather patterns combined with habitat conditions play a large part.

Our thanks go again to Martlesham Parish Council for continuing to support our work and to all those who have supported us over the year, particularly our band of enthusiastic volunteers. We would also like to thank East Suffolk Council Community Partnership Environmental Grant scheme for the grant they gave the group. We have at last been able to purchase a new brushcutter for use on our work parties. Our new brushcutter arrived mid-November and we were able to make good use of it on our work party in early December. Hopefully we have many years use of it to come.

We are planning a Megabash on the Martlesham Heath SSSI with the Greenways project team on Saturday 19th February anytime from 10am to 3.30pm. Please consider joining us for scrub clearance (may be with bonfire) and help conserve this important wildlife reserve. Meet on the Heath - follow the path that leads from the gate opposite the windsock on Eagle Way.

Similarly, the Greenways team are also running a Winter Megabash on the Martlesham Common Local Nature Reserve on Saturday 22nd January from 10am to 3.30pm. More info from Greenways 01473 433995/07736 826076 or james.baker@ipswich.gov.uk.

Please get in touch with your wildlife observations or if you are interested in our work parties or surveys, via the phone number below or via our e-mail We could do with some extra active members to start the New Year..

Phil Smith 01473 625630 martleshamconservationgrp84@gmail.com



Hire

Martlesham Community Hall and the Richards Room are modern community hire venues located in Felixstowe Road, behind the Tesco superstore. We have plenty of free parking, buses stop at Tesco and we're on a cycle route.

Check out our facilities & book: mchall.org.uk
Or call 01473 623203

Volunteer

We're a charity relying on volunteer effort to keep costs down, so we can offer affordable hire venues to the community.

We're keen to recruit some volunteers to help spread the workload. Perhaps this is you? We'd particularly like to recruit people with building services or similar practical skills/experience, to help maintain and develop our venues.

Interested in finding out more? Please contact Ian Read (Chairman) on 01473 622721.

PORTAL WOODLANDS CONSERVATION GROUP

At our November work morning, we planted a varied selection of tree saplings and shrubs that people in the local area had kindly donated over the past couple of years. Most of the plants were oaks, so that gave us the opportunity to restart a project which was a vision of Peter Izzard, one of the Group's founders, sadly no longer with us. His vision was to create an "Avenue of Oaks" along the perimeter track. We welcome more donations of wildlife-friendly plants suitable for hedging.

As we move into the New Year, we hope that you get a chance to get out into the woods to enjoy the natural world. If you do, please let us know if you see any interesting flora and fauna. Whatever you do, we wish you a healthy and happy 2022.

Our January work morning is Saturday 15th, from 10:00 to Noon, meeting at the Education Area. Please bring your own gloves, refreshments and, if possible, tools. Please visit <https://pwcg.onesuffolk.net/volunteer-work-mornings/> for full details of how we are operating our volunteer work mornings in these uncertain times.

New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman

Martlesham Climate Action

Martlesham Repair and Climate Advice Hubs, Saturday 8th January, 10 - 12 St Michael's Church

A reminder that our Repair Hub runs on the second Saturday of the month in St Michael's church 10-12am. Next one is 8th January. Bring along things for free help and advice on repair (donations welcome to cover the cost of the hall). Don't bin it, repair and re-use it! This includes clothes, appliances, toys, furniture etc. The Climate Advice Hub is also now running monthly alongside the Repair Hub where you can get free advice on how to 'do your bit' to reduce your carbon footprint. The Runway Café is open as usual for coffees, teas, cakes etc. Come along and see what's going on!

Email: martleshamrepairhub@gmail.com

Free Heat Loss Inspection for your home.

We have access to a FLIR thermal imaging camera, so if you want to have a look around your house to see where you might be leaking heat, get in touch and I'll pop round with the camera. Email me at martleshamclimateaction@btinternet.com

Climate Change Jottings - Article 2: Can your energy choices help save our civilisation?

This is the next article in a series that look at how we can all reduce our carbon footprint based on a series of articles by John Hall former CEO of Essex Wildlife Trust who was awarded an MBE for services to the environment.

The carbon emissions that an average Martlesham resident are responsible for are over 10 tonnes per year. Last month we looked at food choices, which can reduce your carbon footprint by about 1.5 tonnes – a good start.

Energy is the big one. Over 25% of the average person's carbon emissions result from their need for energy in the home – electricity for power; gas or oil for heating, for hot water, for cooking etc – so more than 2 tonnes of your carbon emissions.

Good national progress has been made to reduce emissions from UK electricity generation by phasing out coal power stations and increasing renewables by solar and wind generation. However, your electricity supply still relies heavily on gas power stations, so your choices are important.

The easiest choice you can make is to switch to a provider which offers electricity from renewables like Ecotricity, Good Energy and Green Energy UK (GEUK) - so worth getting a quote. GEUK also offer 100% biogas (sourced from bio-digesters on farms). If you switch, this could reduce your carbon footprint by about 1 tonne. There are other providers who claim

their electricity comes from renewables. However, some rely on carbon offsetting through REGO certificates (Renewable Energy Guarantees of Origin), which they purchase, rather than obtaining their energy from renewable sources – worth checking.

If you have a poorly insulated or draughty home, the best thing you can do is to improve the insulation of your loft, your walls internally or externally, or improve your windows with double or triple glazing. Some grants may be available to help you (see our website for details in East Suffolk). The pay back through reduced heating costs is usually well within 8 years and you will reduce your carbon footprint by about 0.5 to 0.8 tonnes and raise the EPC (Energy Performance Certificate) of your home.

The pay back on installing solar panels may be longer, typically up to 10 years on an investment of £5000+. Many will not be able to afford this, although there are grants to help those on low incomes but solar remains a good investment, particularly if you include ways of utilising the surplus electricity on those bright sunny days. For example, some Martlesham residents use a Solar iBoost that uses the surplus to heat hot water. Some residents also put surplus solar into their electric car. A storage battery is another option. These steps will reduce your carbon footprint by 0.8 to 1.3 tonnes. Have a look at some resident case studies on our web site (martleshamclimateaction.onesuffolk.net). I also have 2 solar water panels on my roof feeding solar energy directly into the hot water tank. These are more efficient than something like iBoost and the 2 panels produce up to 2.5kW on a sunny day directly heating my hot water.

So, will that provide enough energy to discard your gas/oil boiler? No, because your biggest demand for heating will be in winter when solar is at its lowest. Most UK homes are heated by gas and legislation will ban new gas boilers in the next 5 years. An air source heat pump will be the replacement for many of us – a "reverse fridge" which extracts energy from the air outside and uses this to heat your home. A heat pump system plumbed into your existing central heating pipes cost £8000 to £12000 at the moment and is much more expensive than a new gas boiler, but there are grants and you should achieve pay back in about 8 years, particularly if your home is well insulated. A heat pump will cut your carbon footprint by



MARTLESHAM IN BLOOM

New Year in your Garden

Hope you had a good Christmas break and are looking forward to a new gardening year.

If you have any unplanted bulbs it is not too late to pot them up or put them in the garden (as long as they are not soft), most will probably just flower a bit later than their usual time. There will be ready planted bulbs of many varieties for sale in nurseries and garden centres which you can make up into bowls for indoor colour or plant out into your garden.

Winter flowering shrubs and early flowering bulbs will be a good source of nectar for early bumble bees and other insects. If the weather is not too cold and we have a sunny spell you may see a butterfly venturing out that has been hibernating as an adult.

Birds will be making use of your garden even if most berries have been eaten. Shrubs and trees can provide good roosting places as well as places where birds can forage for insects; they will also be enjoying any food you provide on bird tables and in feeders.

For further information please contact:
martleshaminbloom@gmail.com
or J Maureen Burrows (Secretary) on
01473 625196.

about 0.8 tonnes. Have a look at Phil Wallace's case study on our website for real world experience of doing this. You might also consider a 'hybrid' system: I have a 6kW air-air heat pump that heats downstairs consuming around 1.5-2 kW courtesy of the efficiency gain you get on heat pumps. This enables me to avoid putting on our gas central heating until mid evening saving around 30% of my total gas consumption. It does cooling as well: great in the summer and free with my solar panels!

There are of course other simple choices such as lowering your thermostat by 1 or 2 degrees in winter; steaming rather than roasting; LED lighting etc but these have less impact than the major choices given above but still make a significant contribution to reducing your carbon footprint. We are all going to have to embrace such choices in the next 10 years if we are to reduce the serious impacts of global temperature rise and help make a stable society in the future for our children and grandchildren.

Dave Green, co-chair Martlesham Climate Action
(a Parish Council working group)
Website:
www.martleshamclimateaction.onesuffolk.net
E-mail: martleshamclimateaction@btinternet.com
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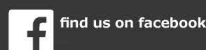
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Birchwood Primary School

At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.

- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

Valiant Road, Martlesham Heath, Ipswich, IP5 3SP

Telephone (01473) 610701

Email admin@birchwood.suffolk.sch.uk

Website www.birchwoodprimary.co.uk



MARTLESHAM HEATH AVIATION SOCIETY

Our monthly meeting on Friday, 3th December featured an illustrated talk entitled, "Fifteen Years of Bush Flying in Africa." by Mr Peter Empson. Peter is an evangelist who spent 15 years flying a light 'plane in Africa. He was accompanied by his wife Cynthia and she also spoke about her work helping him, which often entailed radio instructions as he attempted to find primitive airstrips way out in the bush, perhaps to pick up a casualty and fly them in his single engine Auster to the nearest hospital. This was in the days before GPS of course. Just relying on maps, a compass and stop watch.

Peter is an entertaining speaker with a fascinating story and our currently much reduced audience had several questions for him.

A vote of thanks was given by our president, Mr Richard Barker.

Our next meeting will (hopefully!) be held as usual in the Martlesham Community Centre, IP12 4PB on Friday 7th January. All meetings start at 7.30pm with a tea/coffee break. Non-members are welcome for a payment of just £4 at the door.

The subject is "The Kassel Raid." and this is the title of a new book by our speaker for the evening, Mr Eric Ratcliffe. The damage caused was great but American losses in their B24 'Liberator' bombers was also horrendous. It promises to be a very interesting evening by a speaker who lives near Tibbenham, where some of the bombers took off from.

Alan Powell 01473 622458.

www.mhas.org.uk

CODING FOR CODGERS

After a considerable break, the Codgers have started to meet again in the Runway Cafe at 10am on Fridays.

We started off in 2016 playing with computers and building several simple projects - such as traffic lights and various other flashing lights.

Since then we have discussed long distance walking, model aircraft, steam trains, sudoku problems and many other topics of interest..

The main reason for gathering is for the excellent coffee and cakes at the Runway Cafe and for a social chat.

Do come and join us some Friday. If you enjoy yourself you may even come back again!

For more information, contact Ken@Odam.org

SPEAK EASY MARTLESHAM

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to speak, and to evaluate.

We currently review whether to meet on-line only, or whether we can meet in person too - on a meeting-by-meeting basis. We hope to meet in the Richard's Room in Martlesham, and use hybrid meetings as much as is safe and possible over winter. Please check in advance how our evenings will run before you join us.

Guests are welcome to attend Speak Easy to see what we have to offer, and to take part if you would like. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout.

We hope you will choose to become a member, whether to improve confidence with public speaking, develop your abilities, enter competitions, or help us run the club!

Speak Easy meetings are held on alternate Thursdays. Our next meetings are 9th December, and 6th and 20th January

Join at 7:00pm for a 7:15pm start and finishing at 9:30pm

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green:

Adam Green: vppr@speak-easy.org.uk or www.speak-easy.org.uk
or find us on Facebook: Speak Easy Martlesham

U3A EAST SUFFOLK SPEAKERS TELL TALES OF LOCAL BROADCASTING, DANCING WITH THE BLUEBELL GIRLS AND THE HEROICS OF FLYING

East Suffolk u3a's 2021/22 speaker programme recommences in January, with talks ranging from local broadcasting to life on tour, from high kicks to heroics in the air.

Talks are open to all members, and guests are invited to come along and sample the benefits of joining u3a.

Thursday 6 January 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL

Broadcasting: emergency calls and listener calls. Presented by Rachel Sloane

Thursday 13 January 2.00 to 4.00

Market Hall, 29 High Street, Saxmundham IP17 1AF

Tales of a European Tour Manager: a light-hearted look at the life and work. Presented by Cherry Mullins

Monday 17 January 10.30 to 12.30

Woodbridge Football Club, 17 Fynn Road, Woodbridge IP12 4LS

My Life as a Bluebell Girl: from Ipswich to Tokyo, resulting in a job with the world famous Bluebell Girls of Paris. Presented by Jane Hoggar

Monday 31 January 2.00 to 4.00

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

On a Wing and a Prayer: the hazards of flying and stories of how crippled aircraft have managed to return safely. Presented by Bob Collis

While all necessary guidance is taken into account and precautions followed, we strongly advise members to check on the u3a East Suffolk website to avoid unnecessary journeys should meetings need to be cancelled or postponed.

East Suffolk u3a offers its members the choice of 160+ different interest groups to enjoy. Membership is open to everyone who is no longer in full-time work.

If you are interested in joining, please visit the website:

www.u3aeastsuffolk.org.uk, call 01473 401878 or email membership@u3aeastsuffolk.org.uk.

New Beginnings

I know it's corny and everyone goes on about a new year being a time for new beginnings, but life continues doesn't it?

And yet, in another way, every day is a new beginning. There's a great verse in the bible which says that God's loyalty to us and his love for us can't run out, or dry up because they're created new every morning. Each day is a new start for us and for God. I have to admit, I do love change and I've been fortunate that the jobs I've held have never been predictable, each day has been different with different encounters and that suits me.

As I retire this year, I'm looking forward to the new daily experiences which will come along and combine to influence the future.

And so, as we begin this new year, my prayer for you is that you will experience the love of God, fresh and new every morning, holding your hand as you face the joys and the challenges 2022 will bring.

*Rev Margaret Rittman
Martlesham with Brightwell.*

MARTLESHAM LADIES CLUB

A Happy and Healthy New Year to Everyone!

The afternoon meetings have been very well attended. I think we are all thankful we don't have to turn out on these cold winter evenings.

The first meeting in 2022 is planned for 13th January when a speaker from the Lighthouse Appeal will tell us about their charitable work with women, young adults and children who are affected by domestic violence and abuse. On 27th January Ann Wilding is giving a talk entitled 'Verse or Worse'

Looking further ahead, on 10th February there will be a Jewellery Workshop run by Theresa Driver. There will be an opportunity to make or buy the jewellery.

Meetings are held at 2 30pm in the Richards Room. For more details contact June Peck 01473 790126.

WOODBIDGE LIBRARY

Please note that the library will be closed on the following days in January:

Saturday 1st January 2022 (New Year's Day)
Monday 3rd January 2022 (Bank Holiday)

Book Group, Writers' Group, Work Well for help with job applications, Creative writing group, Play reading group, and much more

New Street Woodbridge IP12 1DT
01394 330855

Check out <https://www.suffolklibraries.co.uk/> Whats On

Opening Hours:
Mon: 10am - 4pm
Tue: 9am - 7:30pm
Wed: 9am - 5:30pm
Thu: 9am - 5:30pm
Fri: 9am - 7pm
Sat: 9am - 5pm
Sun: 10am - 4pm

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com
phone: 07732 199712

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

HEADWAY SUFFOLK DEMENTIA GROUP - MARTLESHAM

Local charity Headway Suffolk runs a monthly social support group for people living with dementia in Martlesham.

The group takes part in a variety of stimulating and engaging activities, such as indoor games, cognitive exercises, discussions and social interaction. The person with dementia must be accompanied by a carer.

It costs £7 per person, which includes a fish and chips lunch and refreshments.

Date/Time: 4th Thursday of the month, from 11.45am - 3.15pm

Venue: St Michael's Church Centre, The Drift, Martlesham IP5 3PL

The next date the group meet is on Thursday 27 January 2022.

Further details: www.headwaysuffolk.org.uk/dementiamartlesham

HAPPIER NEW YEAR

Hopefully we'll see the back of COVID-19 in 2022!

However, at the time of writing the Government has just made face coverings mandatory (though with some exemptions) for most public venues, including community hire venues like ours.

It's difficult to say if and when any further restrictions will be imposed. We'll our best to keep the Community Hall and Richards Room open as normal for hire, as far as possible over the winter period. i.e. as long as a reasonable number of hirers are still willing and able to use the venues. If you attend one of the groups and classes held by our regular hirers, please check with them directly about their plans for the new year.

For up-to-date details please visit our website - mchall.org.uk and check out the COVID-19 latest on our front page and in our news posts.

Now is a good time to book the Community Hall or Richards Room for that spring or summer event you're planning. If you're interested in making a booking or just checking availability on our online calendars - go to mchall.org.uk/booking for a simple '1-2-3' checking and booking request process. There's details and photos of the venues on the website. Alternatively you can call our Bookings Secretary on 01473 623203.

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THE CHURCH IN MARTLESHAM & BRIGHTWELL

RECTOR: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTERS: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)
The Revd Margaret Rittman Woodlea, The Street, Martlesham
07914 771061 (working days: Sunday, Wednesday, Thursday)

READERS: Malcolm Rittman Woodlea, The Street, Martlesham
Carolyn Smith 74 Heathfield, Martlesham Heath

ELDERS: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (evening only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 2nd January	St Michael's 10am Holy Communion with Junior Church	10am Holy Communion
Sunday 9th January	St Michael's 10am Morning Worship St Mary's 11am Holy Communion St John's 3pm BCP Evening Prayer	10am Morning Worship
Sunday 16th January	St Michael's 10am Holy Communion	10am Holy Communion 7pm Zoom Reflecting with God
Sunday 23rd January	St Michael's 10am Morning Worship St Mary's 11am Holy Communion St John's 3pm BCP Evening Prayer	10am Morning Worship
Sunday 30th January	St Michael's 10am Morning Worship	10am Morning Worship

A warm welcome awaits you at all our services in our church buildings and online.

It would be helpful if you could contact Toby by the Saturday before for Zoom codes.

In the event of changes to Covid-19 restrictions find up to date service information on our Facebook page.

Midweek Services

Wednesday 12th and 26th: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

January

- | | |
|--|--|
| <p>5 the residents of Hilton Road
6 the wisdom to recognise the power of Christ in our lives
7 that all orphans around the world receive support
8 all teachers and all who work in schools and nurseries
9 give thanks for the cleansing power of the Holy Spirit
10 give thanks for those administering Covid vaccinations
11 for all who feel lonely or depressed at this time
12 for all involved in Lunch Clubs
13 for the residents of Holfen Close
14 for those experiencing the loss of a loved one
15 that governments will make wise decisions for all
16 that we may be receptive to Jesus' teaching
17 for all who suffer from discrimination
18 give thanks for authors of stories and books for children
19 pray for the residents of Holly End
20 for all healthcare workers
21 help us all to care for the natural world</p> | <p>22 for those who administer justice
23 for all involved in the Pop Up Shop at St Michael's today
24 that we may forgive others and be forgiven ourselves
25 for the gift of poetry
26 for the residents of Horseman Court
27 remember all victims on United Nations Holocaust
Memorial Day
28 for all who work for the Social Care of others
29 give thanks for the joy given and received in storytelling
30 take time to reflect and pray for our neighbours
31 for the eradication of Leprosy around the world</p> <p>February</p> <p>1 for all in China
2 for the restoration of wetlands around the world
3 for the residents of Hunters Ride
4 for all those involved in the treatment of Cancer diseases</p> |
|--|--|

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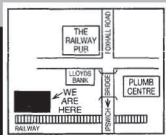
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VOLUNTEER

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We are a friendly local charity based in Martlesham Heath providing advice and support to people with disabilities, their families and carers and changing the lives of people in crisis across East Suffolk.

We offer fantastic volunteering opportunities:

- **Listening Service** – Are you a good listener concerned about people's well-being? Help us tackle loneliness and isolation!
- **Benefits Advisor** – Would you like to gain knowledge and experience in the welfare benefits system? Help us complete forms for clients, enabling them to access much-needed financial support!
- **Admin Support** – Do you enjoy general admin duties? Help us ensure the smooth running of our office!
- **Charity Development** – Are you good with social media/internet/other promotional projects? Help us reach new clients and improve their lives with our help!

Contact us, we'd love to meet you!

FULL training and support will be given, so experience is not always necessary. Listening Service and Charity Development can be done remotely.



01394 387070

dagna.dawe@daseastsuffolk.org
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