

martlesham monthly

JANUARY 2023

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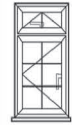


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martlesham monthly

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The cover picture shows
Martlesham Creek

—photographed by Alan Powell.

GIRLGUIDING MARTLESHAM

Currently we have

2 Brownie Packs (ages 7-10), 2 Guide
Units (ages 10-14) & 1 Ranger Unit (ages
14-18) meeting around the Parish.

If you are interested in joining as a
young member, or helping as a
volunteer, please contact Jo on
martleshamguides@gmail.com or
www.girlguiding.org.uk/get-involved
(HQ).

Come join the fun & start your Guiding
adventure today!

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the
groups please contact
membership@martleshamscouts.org.uk
Becoming a helper or hiring of the Scout
HQ please contact
Lindsay Macleod
Lindsayfw@msn.com

SCOUT CHRISTMAS POST

We were delighted with the amount of cards posted.

In total 2060 were delivered in Martlesham with £830 going directly to
1st Martlesham Scouts.

A sincere thank you to everyone who posted cards and hosted the boxes
including BT, Black Tiles Post Office, The Runway Cafe and Duncan's
Butchers & Bakery, enabling us to raise this magnificent total.

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.30–1.45pm
Bridge Farm Day nursery 1.50–2.20pm
Falcon Mobile Home Park: 2.30–
2.55pm
Douglas Bader: 3.00–4.30pm
17 January, 14 February, 14 March

Thursdays:

Douglas Bader: 10.15–11.45am
[https://www.suffolklibraries.co.uk/
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service/](https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/)
2023: 5 January, 2 February, 2 March

Joining

If you live in Suffolk or a neighbouring
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In non-emergency situations call the new
number 101.

E-mail: the Safer Neighbourhood Team
Woodbridge.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are
a group of 3 volunteers (funded entirely
by donations) who are trained to provide
first aid and resuscitation skills.

We provide a first response to many 999
calls received by the East of England
Ambulance Service Trust within
Martlesham, Martlesham Heath,
Waldringfield, Newbourne and Brightwell,
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emergency ambulance.

For further details contact Johnny Dixon
johnny.dixon@btinternet.com

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And on Facebook

In order to standardise the publication of
telephone numbers, all contributors are asked to
include their STD code with their telephone
number. Contributors are also requested to limit
their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are
those of the contributors and are not necessarily
supported by the editor.

MARTLESHAM COUNCIL

Happy New Year!

Celebrating our volunteers – a special evening

Fifty of Martlesham Council's volunteer helpers were welcomed to a "thank you" event at the Parish Rooms on 30th November.

Our Chairman thanked them for all their essential work in making Martlesham a great place to live and thanked their families and friends for supporting them as they volunteered.

A light hearted quiz introduced them to the full range of council activities and an excellent range of refreshments were served. The event concluded with a fascinating talk on the new "Martlesham Wilds" nature reserve by Charlie Zakss from the Suffolk Wildlife Trust, who was presented with a cheque for £1,000 towards the establishment of the reserve, one of the many grants the parish council makes to support local groups.

While we were pleased to welcome fifty volunteers the overall total is nearly one hundred, so if you would like to join a large group of people working for the good of the community do contact us.

Martlesham Common Local Nature Reserve

**Megabash on Saturday 21st January
10am – 3.30pm,**

It's that time of year when the Greenways Project invite you to join them on Martlesham Common to help with some practical work. This year the focus is on opening up some of the paths by clearing away the encroaching gorse and a litter pick along the border with Tesco. Please meet at the Community Hall car park off Felixstowe Road and come prepared for some messy work!

Planning - Energy projects in Suffolk

Eurolink Interconnector

National Grid Ventures (NGV) part of National Grid is bringing forward proposals for a multi-purpose interconnector (MPI) called 'Eurolink'.

Eurolink could supply up to 1.8 GW of electricity. Electricity interconnectors run under sea, underground, or via overhead

cabling, and connect the electricity systems of two countries. They allow the trading and sharing of 'green' electricity and Eurolink will deliver a new electricity link between Great Britain and the Netherlands.

Sealink Interconnector

Sealink is a proposed new 2 GW subsea high voltage direct current (HVDC) electricity connection, approximately 140km in length and predominately offshore.

It includes HVDC convertor stations and high voltage current (HVAC) connections on to the electricity transmission system. The link will be between Suffolk and Kent. The purpose is to take the power brought in by East Anglia One North (EA1N) and East Anglia Two (EA2), Nautilus*, Eurolink, and Sizewell from Suffolk down to Kent to distribute within the Thames Valley where it is needed.

*It is proposed that the Nautilus interconnector will connect 1.4 GW of offshore wind in the UK to Belgium.

There are currently five offshore wind energy projects and interconnectors that are widely believed to be planned to connect with the National Grid substation at Friston to form an energy hub.

With the addition of the Sizewell C Nuclear Power Station, this will potentially be the largest complex of energy infrastructure in the UK.

Play time! - managing play areas

Recently the Recreation and Amenities Committee (R&AC) agreed to the final touches to the Jubilee Play Space improvements; this included new metal 'bow top' fencing - a replacement to the existing wooden fencing that surrounds the equipment which has been prone to vandalism in recent years, and improved safety surfacing under the climbing arch and the multi activity unit.

As well as these improvements, work behind the scenes goes on throughout the year to keep the play areas we manage (Kronj's Piece Play Area – situated on the Recreation Ground, Old Martlesham, the Centenary Play Space, the Jubilee Playspace, and the Harry Higgins Play Park) safe places for children to enjoy.

Each year a rota is compiled scheduling weekly inspections undertaken by wonderful volunteers (we can't thank them enough!!)

who report back on things that need to be monitored, fixed, or improved. These reports are filed and the works undertaken recorded and presented to the R&AC to scrutinise at its meetings.

Martlesham Council is fortunate in having a land maintenance contractor who is experienced in managing play areas and is able to deal with most of the work that arises from the inspections.

If you would like to help with inspecting our play areas and/or the Trim Trail and bike trails, please do not hesitate to get in touch with the Clerk (contact details below) and we will add you to the rota!

Forthcoming meetings

Parish Council – Wednesday 11th January 2023

Recreation & Amenities Committee –
Wednesday 18th January 2023

Please note that Parish Council meetings will be held in the Parish Room, Felixstowe Road, Martlesham, IP12 4PB. All meetings start at 7.30pm and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail: enquiries@martleshamcouncil.org.uk

website: <http://martlesham.onesuffolk.net>

Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

FROM YOUR CONSERVATIVE DISTRICT COUNCILLOR FOR MARTLESHAM, BRIGHTWELL, FOXHALL AND PURDIS FARM. CHRIS BLUNDELL.

Levelling Up. In April 2022, the Government launched the UK Shared Prosperity Fund (UKSPF) to support the levelling up agenda. The primary goal of the UKSPF is to build 'pride in place' and increase life chances across the UK. East Suffolk Council has been allocated £2.75m to invest across two-and-half years (2022/2023-2024/2025) in initiatives that will address inequality and contribute to levelling-up. Additionally, East Suffolk Council has also been allocated a further £1.129m from the Government under the Rural England Prosperity Fund (REPF), which is part of the UKSPF and aims to support small business and community infrastructure in rural areas.

The East Suffolk Council's investment plan contains a number of key programs based on new and existing schemes to be delivered either locally or collaboratively with other local authorities in Suffolk. These include a three-year program offering grants to improve High Streets and Town centres across the district, a business support program providing free advice and a small grant scheme to support business growth, a local economy and community skills program and voluntary skills provision supporting vulnerable young people to transition into education, employment and training.

All programs are expected to be completed by 2025.

Network of Warm Rooms. A network of Warm Rooms has opened across East Suffolk to provide a safe, welcoming space for anyone struggling with heating costs during the colder winter months. Locations include everything from community halls and churches to leisure centres and pubs, each providing a warm space, hot drinks and an opportunity to connect with other members of the local community.

The Network of 30 Warm Rooms has been part-funded by the government through the UKSPF, with more than £70,000 set aside from East Suffolk Council's wider 'Ease the Squeeze' program of advice and support around the rising cost of living. A number of additional rooms are also being funded from Community Partnership Budgets, with grants provided to cover heating, lighting and basic refreshments for a minimum of three warm rooms in each CP area. Several venues are planning free, independently funded activities, ranging from books and games to film showings, allowing people to not only stay warm but also connect with others in the community, reducing isolation and loneliness. Help and advice will also be available.

Cycling and Walking Strategy. A new planning document has been officially adopted to enhance the district's cycling and walking network. After gaining cabinet approval in October and following the prescribed 'call-in' period, the new East Suffolk Council Cycling and Walking Strategy will now be implemented to ensure that communities have access to high quality infrastructure across the district.

Hundreds of New Trees to be Planted. Hundreds of trees are set to be planted in Felixstowe as part of a biodiversity boosting initiative. A total of 30 standard trees and 300whips will take root beside the public car park in Golf Road in an effort to enhance the landscape and encourage natural growth. A Suffolk-wide program will see 7,526 trees planted across the county this winter, following a successful joint bid to the Government's Local Authority Treescape Fund (LATF) from Suffolk County, Babergh, East Suffolk, West Suffolk and Ipswich Councils.

The new trees will be a variety of species, mainly bearing fruits and berries edible to wildlife and will be regularly watered and surveyed to monitor improvements in biodiversity.

The Local Community Partnership. Road safety continues to be a priority utilising £1,500 of CP funding.

Five primary schools engaged, using their junior road safety officers to educate peers in assemblies and other lessons. During Road Safety week, Bike-ability support was launched. Within four days of launching, requests for another 140 spaces were received. Officers from Suffolk Constabulary attended Community Speed Watch sessions and visited schools, while our own Communities Officers also visited Suffolk Rural (formally Otley College) to speak with students about using roads safely. Roadside Banners were also displayed at nine sites across the CP area, targeting busier roads including those in rural areas. Grundisburgh and Broke Hall joined.

To all our readers, have a Great New Year.

If you wish to have further information on any of the foregoing topics or any other district council matters, please contact me by email at chris.blundell@eastssuffolk.gov.uk. Otherwise by phone on 01473 622716.

Martlesham Heath Householders Ltd

Christmas and New Year

The directors and volunteers hope that everyone had a festive Christmas and hope that you have a happy and prosperous New Year.

Gorse Cutting and Fire Breaks

The volunteer directors have been looking into the management of gorse across the village as over the years this has become higher, thicker and can pose a fire risk. We have already consulted and taken advice from the Fire Brigade regarding our gorse management and fire break policy. Large areas of gorse behind Broomfield and the Oaks have already been cut back. Next on our list is the area of gorse between Parkers Place and Demesne Gardens. We have scheduled the contractors to carry out a gorse cutting exercise over this winter and before the bird nesting season starts in February. Where the gorse is growing on MHHL land. In general, you may cut a fire break of 3m to the rear of your properties, and with our prior written permission this can be extended up to 6m and reduce the height of the gorse within this 6m. Before doing so, please write to us to confirm for our records your intentions for your property so that we may advise the SSSI Team where applicable.

Manor Road Clock

We have identified a solution to repair the clock and future proof it. We are still hopeful that we can get the clock running again first quarter 2023.

New Citizens Advice Service

We would like to remind MHHL residents that our remit is to manage large parts of the public open space on the Heath. Recently residents have raised issues with us concerning anti-social behaviour, drains, flooding and other private property matters.

Much as we like to know what is going on in Martlesham Heath and empathise with the frustration this may cause residents it is not something we can help with. These matters should be referred to the appropriate Local Authorities, Anglian Water and other utility companies who are far better placed to deal with these issues.

If in doubt, please make use of the new Citizens Advice Service coming to Martlesham in January to find out /...

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.../ Marthesham Heath Householders Ltd New Citizens Advice Service cont.

who is best placed to resolve these issues.

The service will take place on the third Tuesday of every month and will start on **Tuesday 17th January 2023 from 9am-12 noon.**

Venue: Martlesham Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge, Suffolk IP12 4PB

Dog Bins

Thank-you to most dog owners who clear up their dogs' waste and use one of the many bins.

There are times however when some of the dog bins are not emptied and they become full. You can report them to East Suffolk Council but whilst the bins are full can we please ask dog owners not to leave their bagged dog waste on the ground next to the bin. This is unsightly and bags can become damaged. Often there is an alternate bin nearby or you can put it in with the general waste.

If this is not possible, please take dog waste home and put it in your general waste.

Annual Megabash

The annual Megabash will be taking place in February as usual and this is a shout out for volunteers to get involved. Please let us know if you are interested and we will send further details.

Daffodil and Tree Planting

Planting out the daffodil bulbs took place in October along Eagle Way. However, the tree planting scheduled for November has been postponed due to supply issues with the tree saplings. These will now be planted next year

Contact and further information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd

by leaving a voicemail on

01473 612207

or by email to

<mailto:martleshamheathhouseholders@gmail.com>

or by post to

Martlesham Heath Householders Ltd,
PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

PORTAL WOODLANDS CONSERVATION GROUP

On a damp November morning our Volunteers did a great job repairing several dead hedges, creating valuable wildlife habitats. With the return of the rain, the pond is almost full again and looking in good shape. We wish all our Volunteers, supporters and visitors a very Happy New Year!

Our next Volunteer work morning is Saturday 21st January from 10:00 to Noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.



Stephen Corley, Chairman Photo Dead hedge P Davies.

MARTLESHAM CONSERVATION GROUP

Many thanks to all those who came along to our AGM on Wednesday 23rd November on Zoom. The Chairman reviewed the activities of the group over the last year. The treasurer reviewed the finances of the group, which are in a good position. The existing committee was re-elected for the forthcoming year and subscriptions were held at the current level. After the formal business had taken place, some of the wildlife surveys that had been undertaken by the group were discussed in more detail, including butterflies, and birds in the wood to the south of the green, and on the SSSI. In 2022 the number of Silver Studded Blue butterflies that were recorded on the Martlesham Heath SSSI was again very low but at least a slight increase on the previous year. Our thanks go again to Martlesham Parish Council for continuing to support our work and to all those who have supported us over the year, particularly our band of enthusiastic volunteers. We would also like to thank East Suffolk Council Community Partnership Environmental Grant scheme; the new brushcutter purchased from their grant has been used over the last year to good effect on multiple work parties.

Our first work party of the new year will take place on Sunday January 8th at 10am on the Martlesham Heath SSSI. Please contact me directly for the exact location. It is likely to be near the bonfire site towards the northern end of the site, but the weather may well have a bearing on the exact location.

We are planning a Megabash on the Martlesham Heath SSSI with the Greenways project team on **Saturday 18th February from 10am to 3.30pm.**

Please consider joining us for scrub clearance (hopefully with a bonfire) and help conserve this important wildlife reserve. Meet on the Heath - follow the path that leads from the gate opposite the windsock on Eagle Way. You can come for as little or long as you please all tools will be provided.

Please get in touch with your wildlife observations or if you are interested in our work parties or surveys, via the phone number below or via our e-mail We could do with some extra active members to start the New Year..

Phil Smith 01473 625630 martleshamconservationgrp84@gmail.com

BRIGHTS ORCHARD

Located between Gorseland CP School and The Control Tower
(Community Orchard Working Group)

On **Tuesday 24th January 2023** we will be planting ten more fruit trees in the orchard including medlars, quinces and damsons, (weather permitting). If you would like to help with planting or would like to join our rota of volunteers with watering these trees this spring and summer (there is a water supply with watering cans on site) it would be very much appreciated. We look forward to hearing from you.

The Community Orchard Working Group would like to give a big thank you to all the volunteers and the Gorseland School Eco-warriors for watering the orchard trees last year; all of the trees are in good condition ready for this year's growing season.

Plaques have been put in by all of the trees so you can see what type of tree they are.

If you would like to help with either of the above or would like any information about Brights Orchard, please contact us on martleshaminbloom@gmail.com or via Martlesham Parish Council as follows: -

Email – enquiries@martleshamcouncil.org.uk

Phone – 01473 612632



MARTLESHAM IN BLOOM

During January's short days there are some splashes of colour to look out for in gardens, with bulbs such as snowdrops, winter aconites and crocus popping their heads up whatever the weather! If you don't have any, pots of them already in growth are available from nurseries and garden centres to buy and plant out, or keep as they are and enjoy. They will be welcomed by any early pollinating insects out on the wing.

This is an ideal time to look ahead and think about what you might like to grow from seed this year, with seeds of ornamentals and produce available to buy in many locations ready for sowing at the appropriate time.

Do you grow any of your own fruit or vegetables? If not, why not give it a try this year with a container of beans, a tub of tomato plants or cress in a pot indoors on the windowsill perhaps? Outside fruit and vegetables can look lovely mixed in with other plants in your garden or courtyard, providing flowers for pollinating insects such as bees as well as fresh food for you.

**Best wishes
for a happy gardening year ahead!**

For further information please contact:
martleshaminbloom@gmail.com or
J Maureen Burrows (Secretary)
on 01473 625196

KESGRAVE LIBRARY NEWS

The staff at Kesgrave Library would like to wish you a Happy New Year. We look forward to seeing you all soon.

Sunday Crafts 10.00 – 12.00 noon – the following crafts are running during January:

Sunday 1st – New Year's Day - Closed

Sunday 8th – Design, cut and colour in a paper snowflake. What pattern will you create?

Sunday 15th – It's the Chinese New Year on the 22nd of January. To celebrate we are making the animal of the year, a rabbit.

Sunday 22nd – It's Burns night on the 25th of January. Make your own kilt to celebrate.

Sunday 29th – Yesterday was International Lego Day. Today we are getting out all the Lego. Why not pop along and make something amazing?

Activities are free. Parents must stay with under eights.

Word Play Sessions – These free sessions are run by trained staff every Thursday morning.

There are no sessions on Thursday 26th January due to staff training.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.45 a.m. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – 9.45 – 10.15 a.m. Fun stories, rhymes, and songs every Friday in the library. No need to book – just pop along.

Lego Club – every Tuesday 3.30 – 4.30 p.m. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Afternoon Book Club – Thursday 5th January 2.45 – 4.30 p.m. They are currently reading The Joy and Light Bus Company by Alexander McCall Smith.

Evening Book Group – Thursday 26th January 7.00 – 8.00 p.m. The group are currently reading Big Sky by Kate Atkinson.

If you are interested in joining, please contact staff. The library supplies copies of the titles being read.

Warm Space – Kesgrave Library is a designated warm space throughout the winter, offering hot drinks and a safe, welcoming area to pop along to and spend some time:

Monday & Tuesday 9.30 – 11.30 a.m.

Wednesday & Friday 2.30 – 4.00 p.m.

Saturday 10.00 – 12.00 noon

Kindness Rail - We have a kindness rail available with coats, hats, scarves etc. for customers to come in and help themselves to.

If you are having a sort out and have any good quality outdoor clothes whether adults or children's, please pop them along to the library.

We also have a small hygiene bank with donations including Tena and Molicare products. Please pop in and have a look at the rail or speak to staff.

Donations for the hygiene bank would also be welcomed – thank you.

Home Library Service – If you would like to access the library but are unable to visit us, Kesgrave runs four home library routes where volunteers come out with a selection of books to your homes. To access this service, whether you are house bound or recovering from an operation, please ring the library or log on the Suffolk Libraries website and complete the online form.

Knit and Natter – every second and fourth Thursday 2.30 – 4.30 p.m. . Tea/coffee and biscuits are provided. Donations towards the cost would be welcomed.

Cancer Support Group 10.30 – 11.30 a.m. –third Monday morning each month .Our volunteer who helps run these sessions, is available to help on any aspect that may be worrying you, whether you are currently suffering from cancer or a carer in need of advice.

Book Donations – We are still looking for good quality book donations, mainly fiction – adult or children. Please speak to staff if you are interested in donating some items to us. Thank you to everyone who has already donated items to the library.

Opening Hours -

Monday 9.00–12.00 noon
Tuesday 9.00–12.00 noon/2.30–5.00 pm
Wednesday 2.30 – 6.00 pm
Thursday 2.30 – 8.00 pm
Friday 9.00–12.00 noon/2.30–6.00 pm
Saturday 10.00–5.00 pm
Sunday 10.00–3.00 pm

Tel: 01473 626103

www.suffolklibraries.co.uk

WICKHAM MARKET FLOWER CLUB

Held in Wickham Market Village Hall

Our next meeting is

Thursday 26th January,

7pm start.

The Speaker will be Sheila Pipe from
"Calendars Florists".

We welcome new members to our friendly club. no experience necessary, just a love of beautiful flowers and good company. Your first visit is free and membership after then is a very modest £27 for 10 meetings over the year.





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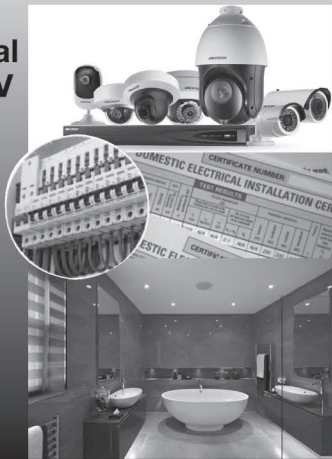


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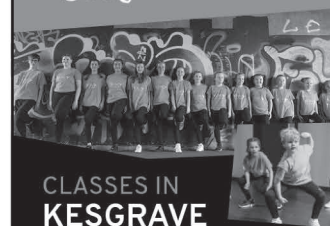


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MARTLESHAM COMMUNITY RESPONDERS

Martlesham Community Responders are a small group of volunteers who are trained to provide local emergency support to the East of England Ambulance Service. We are trained in First Aid and resuscitation, and living locally we can provide an initial response to many emergency 999 calls for the Martlesham area, and we can then assist the ambulance crew after their arrival.

There are dozens of Community First Responder (CFR) groups across Suffolk, and as volunteers we only respond to calls from Ambulance control to help patients in an emergency at the discretion of the Ambulance Service, depending on the individual circumstances of each call.

As we are a small team, we are not able to be on call all of the time, but working in conjunction with the BT Adastral Park Ambulance team, we do endeavour to be available as much of the time as possible. If anyone would be interested in helping us by joining the team and training as a CFR, then please take a look at <https://www.eastamb.nhs.uk/join-the-team/community-first-responders> or contact me at johnny.dixon@btinternet.com



Martlesham Heath Baby and Toddler Group meets every Wednesday and Friday at Martlesham Heath Pavilion Session time is 9.30 – 11.15 (term-time only)

We have play time, along with song time with instruments, before providing a drink for the children, and tea or coffee for the parent/carers.

**Session prices are £1.50 per family/care group
£5 capped fee for Childminders**

Sessions have to be pre-booked as we are limited on attendees, so please follow our Facebook page. We are only taking bookings one week in advance and to book you need to message the Facebook page directly. Please email for more information.

**Find us on Facebook
email: MHBTG@outlook.com**

Can you help? We are currently looking for volunteers, please contact us for further details.

The extraordinary aviation history of Martlesham Heath from the Great War to the jet age, local wartime exploits, and other general Aviation topics, are covered at our monthly meetings. The 1st Friday of the month at The Community Centre, Felixstowe Road IP12 4PB @ 7:30 p.m. (subject to any Govt restrictions)

General contact details:
Howard: 01473 274300.
Website: www.mhas.org.uk
Control Tower Museum:
Call 077 077 11104
mhasmuseum@mhas.org.uk



Visit our Control Tower Museum, behind Parkers Place, off Eagle Way, IP5 3UZ. In normal times open Sundays 2-5 pm, from early April to the end of October. To find out more about the local story just turn up, - easy parking.



We have an enthusiastic and friendly team of volunteers keeping the Museum and Society running. Why not get involved?



East Anglia's Children's Hospices (EACH) cares for children and young people with life-threatening conditions across East Anglia and supports their family. EACH is a life-line for families at an unimaginably difficult time. Help us be there for future generations, helping every child make the most of life – no matter how short.

www.each.org.uk



Registered charity no. 1069284

HEDGEHOG NURSERY

Can you believe we are in January! Happy New Year to you all!

We welcomed our new families and friends and have been busy getting to know them. To begin the year, we all thought about what we hope and wish for ourselves and our families and started a new year wish tree that we can add to as the new year progresses.

We are hoping that the cold weather will bring us some snow, as we 'jump aboard' an aeroplane to visit the Arctic and Antarctica to look at the different kinds of animals that live there! Did you know that polar bears and penguins never meet!

In Hedgehogs, we are continuously free flowing within the indoor and outdoor environment. Our highly skilled staff ensure that, through warm and nurturing encounters, the children practise new skills, rehearse old skills, get challenged appropriately, all in the moment.

Inspiring curiosity, developing shared thinking and promoting positive interactions are just a few of the qualities that our Nursery have. If you would like to find out more about Hedgehog Nursery or to arrange a visit, please contact the School Office on 01473 623790 and you will be warmly welcomed!

Reception New Starters – September 2023

If you have a child born between 01/09/2018 and 31/08/2019, please remember to apply for their school place online on Suffolk County Council's School Places webpage. The deadline for applications is 15th January, 2023.



Activities sheets for preschool aged children.

Would you like to receive them?

Due to various circumstances, at the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or story from the Bible.

Last term we heard about Mary and Joseph who each had a message from an angel telling them that the baby they were going to have would be God's own son, Jesus. He was born in Bethlehem and visited by shepherds who saw him lying in a manger in a stable.

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

Best wishes for the New Year from Bright Stars. If you would like further information, please contact:

Sonya & Maureen Burrows Tel.01473 625196

WOODBIDGE LIBRARY JANUARY 2023

Opening Hours:

Mon: 10am - 4pm

Tue: 9am - 7:30pm

Wed: 9am - 5:30pm

Thu: 9am - 5:30pm

Fri: 9am - 7pm

Sat: 9am - 5pm

Sun: 10am - 4pm

Please note the following changes to our opening times due to New Year:

New Year's Day Sunday 1st January - closed.

Bank Holiday Monday 2nd January - closed.

The Friends of Woodbridge Library

If you're enthusiastic about libraries, would enjoy helping to organise library events and are willing to help with our fundraising activities, please ask a member of staff for more details.

Suffolk Libraries and Friends Charity Goodies

Show support for your local library with a Friends bookmark for £1 - which is magnetic, so you won't lose your page. Also available is a Suffolk Libraries "I'm a Borrower" tote bags for £3.50, or for £5 you can receive both the tote bag and as much fiction as you can fit inside!

Citizens Advice - Every Monday 10am - 12pm at the library

Free, confidential and impartial advice to everybody regardless of race, gender, sexuality, or disability. No booking necessary.

Open Space - Every Wednesday 1:30pm - 3:30pm

An informal drop-in for anybody interested in their mental health and wellbeing, as well as families and carers. It is run in partnership with Suffolk Mind. Discussions and activities are built from suggestions from the group. For further information please don't hesitate to contact Woodbridge Library on 01394 330855.

Knitting Group - Every Friday 2pm - 4p

For all types of knitters from expert to beginners, sewing to crochet, come and share your

knowledge or pick up some tips.

Toddle Talk - Thursdays at 10am - 11am

Baby signing classes for babies/toddlers and their carers (4 months-3 years old)

For more information please visit www.toddletalk.co.uk/book-online

Woodbridge Board Gamers - Saturday 7th January from 1pm-5pm

Come along to play modern strategy board games, both simple and complex, with a range provided that's suitable for all age groups. This is an open doors group where all are welcome

Woodbridge Writers Group - 4th and 18th January (First and Third Wednesday of Every Month) 10am - 12pm Join our friendly group for reciprocal feedback, encouragement, and support regarding anything you're writing or have written. A group of like-minded writers will be meeting in the Meeting Room.

For more information, E-mail: jane@bakwon.com

Books, Banter and Biscuits' Book Group -

Thursday 12th January 2pm - 4pm Meeting on the second Thursday of every month. They will be discussing The Spy and the Traitor by Ben McIntyre

Write Now Writing Group - Tuesday 10th January 2pm - 4pm Are you interested in writing short stories and poetry? Looking to share your work with others and get peer support, exchange ideas and more? We would be delighted for you to join us for our friendly and informal monthly writing group! Everyone can write - all abilities are welcome. Bring your work or come along and listen to others share their words.

For more information and to confirm your attendance, email jeannie@butterwicks.com.

Music to Enliven January - Tuesday 17th January 12.45pm for approx. 45 mins Woodbridge Library hosts free lunchtime music sessions. In January our performers will be a much-loved local duo of Sylvia Fairley and Val Shelley who will be making their post-Covid comeback.

More at www.suffolklibraries Tel 01394 330855

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Registered charity number 1186279



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5:30 or 7:15 P.M.	9:30 A.M.	9:30 A.M.	8:30 or 10 A.M.
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MARTLESHAM CLIMATE ACTION

Martlesham Repair and Climate Advice Hub – Now at the Parish room (next to the Community Centre)

The next Repair and Climate Advice hub will be on Saturday 14th January from 10-12 and the second Saturday of the month during the year. Note that this will now be held in the Parish room next to Martlesham Community Centre to save money and offer better parking on Saturday morning especially if you have a bulky item to fix.

The Climate Advice hub will be there as usual with advice on how you can do your bit to reduce your carbon emissions and reduce your energy bills (what's not to like!). As a new year's resolution perhaps consider taking personal action as we all need to play our part in getting to 'net zero'. All the scientific evidence shows we are not cutting emissions fast enough and are heading for around an average of 2.6 degrees of warming over the next few decades with very serious consequences for our current way of life. If you can't get along to the hub, have a look on our website for tips on no cost, low cost and technology-based solutions to reduce your carbon footprint.

Note also that the Repair Hub's big brother is up and running for larger repairs. See <https://suffolkrepairshed.org/get-it-repaired/>. It is based on the industrial estate at Martlesham Creek and is open Tuesday evenings 7-9 or Friday mornings 10.30 – 12.30. Other times are by arrangement.

Email: martleshamrepairhub@gmail.com

Free infrared camera visit and news of free householder energy audit.

As advertised in last month's article, I can come round with my own infrared camera and have a look for cold spots inside and/or hotspots from outside your house or flat to see if you are pouring money away through obvious heat losses. Note this is not a professional heat loss survey; just my camera and me so is no substitute for a proper survey but it might give you some idea as a 'quick look'. If you are interested, please contact via the e-mail below.

Groundwork East have announced a free householder energy survey. They have produced the excellent advice leaflets available at our monthly Climate Advice Hub and are also on our website, but they are now extending this with a FREE energy audit. Contact dominic.simpson@groundwork.org.uk or call on 01473 350370. You can also take the online survey at www.surveymonkey.co.uk/r/SuffolkHomeEnergyAudit

Solar Together

I have seen some chatter on social media (Nextdoor) about the latest Suffolk County Council managed 'Solar Together' offers on solar PV panels with an optional battery. My advice on this is always to get several quotes to ensure you are getting value for money as SCC go with the lowest bid, but many installers don't bid. Also note that you then contract with the winning bidder; SCC are just acting as 'middleman'. Solar PV panels save around 1 tonne of carbon per year and are a very good investment. If you are also considering a battery, it is worth checking that it can charge not only from the solar panels but also from the grid. This enables you to fill up the battery at night with cheap rate electricity (if you have an economy 7 like tariff) if the weather looks cloudy for the following day and use it to power some of your house demand during the more expensive electricity periods during the day. This is called 'load shifting' and is a useful trick to reduce your energy bills.

Another New Year

As previously reported, we are looking for new volunteers to help boost our community-based efforts to mitigate and slow the effects of and help nature adaption to climate change. If you have an interest in the issue, knowledge or experience you can share both with helping residents reduce their carbon footprints and increase local biodiversity through rewilding gardens, helping with nature projects etc, get in touch!

It is never too late to start acting and if it all seems too huge an issue for individuals to have an impact, remember if we all start, it will make a huge difference!

Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)

Website: www.martleshamclimateaction.onesuffolk.net

E-mail: martleshamclimateaction@btinternet.com

Twitter: @martleshamclim1

Kesgrave Community & Conference Centre

Happy 2023 from the team at KWMCC

Happy New Year to our lovely locals and customers – we hope the year ahead brings you happiness and health. We have some great events coming up in January which we would like to share with you all. On Sunday January 15th, we will be hosting our second 'KWMCC Big Clear Out' indoor tabletop sale. Entry is free so do come along for a bargain browse. Seller tables are £10 if you are looking to sell some of your wares. Please contact our Event Coordinator, Fiona direct on 07739848910. On Friday 27th January 9:30-12:00, please join us in our Ropes Hall for KWMCC's Dementia Awareness Information Sharing event. We aim to bring local services and groups together in one place so that you and your loved ones get a chance to gain knowledge and understanding of the help that is available to you. An event where we can help to point you in the right direction, where individuals can feel involved, understood, and get the help that they need.

Are you looking to get active this year? Join one of our KWMCC classes! Yoga takes place every Monday at 11:00 while Pilates is every Tuesday at 11:00 at the centre. Sessions are £6.50 if paid monthly in advance or £7.50 on the day. Manon also runs a beginner's Pilates class on Wednesdays from 18:00 – 19:00 and for intermediate abilities, 20:15-21:15. Please contact Manon on 07773456078 to book in. We also hold 'Active Adults' classes for ages 50+ at KWMCC. A Bodyweight class for more active individuals takes place every Monday at 9:30AM or our gentler, Chair based exercise class, suitable for all abilities, runs Monday weekly at 10:45AM. Both classes involve working on mobility, balance, cardio and strengthening with dumbbells, resistance bands or small bottles of water acting as weights, if you would prefer. Marion who runs these sessions, will support you to work to your own ability and take rests whenever you would like. Sessions cost just £4 but are payable monthly in advance. Please note, there are no refunds for missed sessions.

For use of our function rooms or KWMCC bookings: Please email reservations@kwmcc.co.uk or call 01473 612648. Kesgrave Community & Conference Centre, Twelve Acre Approach, IP51JF. Registered Charity Number 1186279

Are you practising yoga safely?

A daily yoga practice has great benefits for the mind and body. Stretching to release tension, strengthening muscles to aid good posture, deepening your breathing to calm your thoughts. And recent initiatives such as the MacMillan 15 minutes a day campaign are a great way of establishing yoga as part of your daily routine.

There are many resources online to help you with your daily practice and to encourage you to develop your yoga. Some types of yoga suit people better than others and it's sometimes difficult to work out what would be best for you.

I've been teaching yoga for over 40 years and I believe that everybody can benefit from practising yoga! I teach gentle chair yoga, I work with groups of people who have been involved in yoga for as long as I have and I also coach individuals to attain some of the more advanced yoga postures such as arm balances and Chakrasana, the Wheel.

During the winter months I'm offering half hour one to one yoga sessions at the Woodbridge Complementary Health Centre in Sandy Lane, Martlesham. These shorter sessions are intended to help you practise your yoga safely, develop a plan that works for you, ask me for advice or help you to achieve postures you may be struggling with. Alternatively come along and learn some breathing and techniques, which you can put into practice yourself. The sessions are £25 for 30 minutes and you can book a one-off appointment or several if you would like. Call the centre on 01394 388234 for more information.

I also offer a full hour of one to one yoga at the centre, online using Zoom and at the Natural Health Centre in Woodbridge Thoroughfare. And if you are looking for a regular yoga class these take place in Woodbridge, Melton and also online. We'll be starting our Spring block of sessions on 3 January 2023.

Do get in touch and find out how yoga can help you!

*Izzy Ixer MCMI, BWY Dip www.izzyyoga.co.uk izzy@bluepebblecoaching.co.uk
01473 625115 and leave me a message*

SPEAK EASY AT MARTLESHAM

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to speak, and to evaluate.

We meet at Richard's Room in Martlesham, and we are also using our Zoom format to enable greater participation, including from abroad. We encourage new members to join us in the room, where we add the online audience giving us the experience of one meeting.

Guests are welcome to join Speak Easy to see what we have to offer, and to take part if you would like. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout.

We hope you will choose to become a member, whether to beat public speaking nerves, develop your abilities, enter competitions, or help us run the club!

- Speak Easy meetings are held on alternate Thursdays.
- Visit our facebook page to get notified about our new year dates
- Join at 7:00pm for a 7:15pm start and finishing at 9:30pm

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green:

Adam Green: vppr@speak-easy.org.uk

or www.speak-easy.org.uk

or find us on Facebook: Speak Easy Martlesham

DEBEN ROTARY

Memory Cafe –We look forward to greeting friends old and new to our next session on Wednesday 25th January at 10.30 am at Woodbridge Football Club.

WOODBIDGE GARDENING GROUP

Our AGM will be held on 10th January at 7.30 at The Quay Church Woodbridge. More details www.woodbridgehs.org.uk

U3A EAST SUFFOLK IS OFF TO A FLYING START IN 2023

Following its break over the festive season, East Suffolk u3a restarts its New Year in January with speaker meetings and interest groups meeting up.

The New Year is a time for renewal and looking forward, and u3a welcomes anyone retired or semi-retired and seeking something new and/or interesting. Fees are extremely modest, and membership offers the opportunity to learn new skills, make new friends and fill life with stimulation and companionship.

East Suffolk u3a has a strong local following and offers a choice of more than 150 activity groups, including discussing the arts, history, science, learning a new foreign language, walking, quizzing, dining out, short breaks and more.

Local speaker meetings include:

Thursday 5 January 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL

Living with the paranormal: a light hearted but startling and thought-provoking talk, about realizing the speaker was "different" and what occurred afterwards. Presented by Judith Hood

Thursday 12 January 2.00 to 4.00

The Fromus Centre, Street Farm Road, Saxmundham IP17 1AL

Crystals & Minerals: a talk from the owner of Fossils Galore, who is a paleontologist with over 15 years' experience and more than 50 important discoveries to his name. Fossils Galore is a not-for-profit social enterprise which aims to teach us what is under our feet. Presented by Jamie Jordan

Monday 16 January 10.30 to 12.30

Woodbridge Football Club, 17 Fynn Road, Woodbridge IP12 4LS

Exploring East Anglia by bus pass: how to access many local sites of historical interest whilst travelling for free. Presented by Pip Wright

Monday 30 January 2.00 to 4.00

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

My life as a Hi-De-Hi! Yellowcoat: the Webb twins are remembered as the twin Yellowcoats in the long-running TV series. This illustrated talk explored their early careers and time at Maplin's holiday camp. Presented by David Webb

See the

website: www.u3aeastsuffolk.org.uk for more information or call the membership secretary on 0300 123 3913



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Birchwood Primary School



At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.

- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

Valiant Road, Martlesham Heath, Ipswich, IP5 3SP

Telephone (01473) 610701

Email admin@birchwood.suffolk.sch.uk

Website www.birchwoodprimary.co.uk



MARTLESHAM LADIES CLUB

This year our chosen charity has been the Lighthouse Women's Community and at our 1st December meeting we presented them with a cheque for £500.00 which we had raised throughout 2022. We also gave them several large bags containing toiletries and other gifts for the women and toys, books and games for the children.



The first meeting planned for 2023 is on 12th January when Lisa from Slimming World will give a talk. This will be very appropriate and will help us lose the extra pounds we have gained over Christmas. On 26th January we will be entertained by a Ukulele Band which promises to be a fun evening.

Looking ahead to next month – on 9th February we will play Bag Beetle. This is a Beetle Drive with a difference!

Meetings are held on alternate Thursday afternoons at 2 30pm in the Richards Room. To find out more contact June Peck 01473 7901256

A Happy and Peaceful New Year to all our members, past and present

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

Martlesham Brass would like to wish you all a Happy & Healthy New Year.

We hope that you were able to hear Martlesham Brass over the Christmas period - our players were raising funds for our nominated charities, which were St Elizabeth Hospice, Suffolk Accident Rescue Service (SARS) and East Anglian Air Ambulance We will report the amount raised next month.

Looking forward into February, we have a concert on Sunday 5th February 2023 - there will be more details next month.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - please note we operate a waiting list for new members.

Liz Howard (Publicity Officer) publicity@martleshambrass.co.uk 07544 962205
Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk

SUFFOLK TANGO

"Argentine Tango for Beginners"

As the New Year dawns and Christmas and the Strictly Season fade into the past, what better time to spice up the winter evenings by exploring Argentine Tango, with its evocative music, and its mixture of elegant and playful moves.

Our aim is to give you the ingredients you need to be able to join in Social Tango Dances, locally and anywhere in the world! Suffolk Tango is excited to be able to offer you the chance to join our weekly "New Beginners' Course", starting on Thursday, 12th January, 6.30 -7.30pm at the Martlesham Community Hall, Old Felixstowe Rd, Martlesham, IP12 4PB.

We welcome total novices, people with other dance experience or those who want to revise the basics. The fee for each lesson will be £7, payable on the day, and this will entitle class members to stay to watch, or join in, with the Improvers' Class/Practice Session which follows.

This will be an opportunity to meet, chat and dance with the local Tango Community. It's not essential to come with a partner, but nice if you can.

To find out more about this fabulous dance, check out our website - suffolktango.org.uk - where you will find an introduction to Argentine Tango as well as details about our venues, activities and mailing lists.

You can also find us on Facebook. If you have any questions or would like to register your interest, please contact Julia by email: contact@Suffolktango.org.uk

MARTLESHAM HEATH AVIATION SOCIETY

The Speaker for our Friday 2nd December Meeting was changed at short notice. We were delighted to welcome back Howard Cook – with his talk "Stars in Uniform", some we knew something about – some we didn't.

True to the title we were treated to a fascinating evening looking at images of people we have seen on The Small and large (Cinema) screen, learning about their military histories.

For instance we were not aware that John Pertwee (Worzel Gummage, Doctor Who, The Navy Lark etc) was a sailor in the Royal Navy – who was due to sail on HMS Hood – missed her sailing on her last tragic voyage, when she was sunk by The German Battleship Bismarck with just 3 British survivors.

Or that Sabu (Dastagar) seen in "The Thief of Baghdad" and "Black Narcissus" etc was a Gunner on USAAF B24 Liberator Bombers (flying at least 24 missions in the Pacific War), and was presented with a D.F.C.

Finally, (not to let too many cats out of bags) – you may be surprised to learn that Honor Blackman (Cathy Gale in The Avengers), and Pussy Galore in the Bond Film "Goldfinger") was a despatch rider on motor bikes for some time.

Howard's talk – even though unexpected by many in the audience – was a classic. It is not surprising that, with his friendly and humorous approach, he often presents this talk on Cruise ships. The large amount of research he has done was obvious and illustrates why – when we see many actors and actresses on screen or wherever – they often had lived, away from the cameras, exciting and often frightening lives elsewhere.

Martyn Cook, our Chairman, gave the vote of Thanks – and we went home looking forward to next years talks.

On Friday 6th January Adrian Blease presents "Above the Law", who, with illustrations – talks about his time as a Police Helicopter Pilot, for Suffolk Constabulary, and The National Police Air Service.

On Friday 3rd February Mick Meras gives "World War 2 North Sea Air Sea Rescue" – with much of the story linked to RAF Martlesham Heath.

Talks start at 7:30 in the Martlesham Heath Community Centre, Felixstowe Road, Martlesham Heath IP12 4PB

Our Martlesham Heath Control Tower Museum is now closed on Sunday afternoons until 2nd April. We do however welcome pre-booked school Groups and other small groups for guided tours. To find out more contact Ian Lisseman, Museum Manager on 01473 611665, e-mail illisseman@btinternet.com

For more information e-mail Alan Powell on 01473 622458 www.mhas.org.uk

Happy New Year, and welcome to 2023!

I wonder what your thoughts are as we begin a new year? It's a transitional time as we leave behind the old year and look ahead to a new one. Sometimes that seems exciting as we look ahead to celebrations, new challenges, or even summer holidays that are already booked. But at other times the future can leave us feeling apprehensive or scared, as we face the prospect of difficulties ahead.

We have just celebrated Christmas and for me the message that has shone through the Christmas story this year was the message that the angels brought. "Don't be afraid!" I suspect most of us would be afraid if a host of angels suddenly appeared in front of us, so the message was no doubt needed! And many of us today have our own reasons why we are afraid. We may have personal circumstances that keep us awake at night, we might be anxious about the cost of living, heating our houses or job security, or we might be worried about global issues. But the message is still the same, "don't be afraid"!

And the reason that we don't need to be afraid is still the same as it was 2000 years ago too. A saviour has been born, and he will bring peace to those who seek it, and that is truly good news! I know countless people who can testify to experiencing the peace of God, even in the midst of difficult circumstances. So, as we begin this new year, can I encourage you in the middle of the storms of life, to remember the words of the angels, "do not be afraid", and to find in Jesus the peace that passes all understanding.

Revd Christine Pinder

As I write this report for our local magazine, we will have had our Christmas event.

This year we decided to have lunch together. It was arranged to have fish and chips from our local "chippy", followed by ice cream. Entertainment and carol singing to follow and of course our monthly raffle.

Mothers Union is a Christian charity, part of the Church of England. We support marriage and family life. A big part of our activity is raising funds to help those people who have met with adversity.

We help with literacy and survivors of gender based violence. Of course we don't do this sterling work from Martlesham, but we are part of a worldwide charity with our head quarters in London.

At present we are helping the people of South Sudan. I am sure you have all seen pictures on your TV of the recent conflict.

Like so many groups we have lost lots of members for various reasons including the pandemic.

We would really welcome new members. We meet on the first Wednesday of each month at 2.30 at St Michael's church centre.

January will be our AGM followed by a short worship. The following months we either have a speaker or we have discussions or even play games!

Most of our members are ladies but we welcome men to come along too.

Why not give us a try!

Any questions or queries can be made to Mary Stalley our secretary

Telephone number 01473 623752



POP UP SHOP St Michael & All Angels Church

**The Green,
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**Every 2nd & 4th Sunday
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1- 1.30pm

Finding food bills a challenge?

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January 8 & 22

February 12 & 26

March 12 & 26



A HUGE thank you to everyone who contributed to the shoebox collection again this Christmas.

We collected a grand total of 87 shoeboxes, most of which have gone to Ukraine and to neighbouring countries which are supporting Ukrainian refugees.

It's heart-warming to think of all those children opening their boxes with delight, and knowing that despite everything they are not forgotten at Christmas time.

Your generosity is very much appreciated by everyone involved in the collection.

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

**You can find out about our venues
at our website—mchall.org.uk.**

You can check hire rates, if they're available and make an online booking request.

Alternatively you can call our Booking Secretary on 01473 623203.

If leaving a message, please speak slowly and repeat your telephone number.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com

phone: 07732 199712

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

*For any queries or bookings please
contact 01473 623655.*

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RECTOR: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035
Carolyn Smith 74 Heathfield, Martlesham Heath

ELDERS: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 1st January	St Michael's 10.30am Benefice Holy Communion	10am Holy Communion 5pm Zoom After Hours
Sunday 8th January	St Michael's 10am Holy Communion with Junior Church St John's 6.30pm BCP Evening Prayer	10am Holy Communion
Sunday 15th January	St Michael's 10am Morning Worship St Mary's 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
Sunday 22nd January	St Michael's 10am Holy Communion St John's 6.30pm BCP Evening Prayer	10am Holy Communion
Sunday 29th January	St Mary's 10.30am Benefice Holy Communion	

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services Wednesday 11th and 25th January: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

January

5 For children and grandchildren
6 For persecuted Christians
7 For church music & singers
8 Remember God always cares for us
9 For sufferers from depression
10 For the Runway Coffee Shop
11 For the residents of The Street
12 For families with problems
13 For hospices & hospice staff
14 For prisoners & victims of crime
15 We must care for one another
16 For grandchildren & godchildren
17 For everyone with financial problems
18 For the residents of Thirling Court
19 For solution to industrial disputes
20 For our armed forces

21 For priests and preachers
22 Give thanks for the Bible
23 For teachers & teaching assistants
24 For peace between nations
25 For the residents of Three Stiles Lane
26 For love and compassion
27 For the persecuted
28 For those waiting for surgery
29 For Christian friends
30 For patience & time to listen
31 For brothers and sisters

February

1 For the residents of Top Street
2 For fair distribution of food
3 For art and literature
4 For humour and laughter

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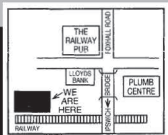
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