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OCTOBER 2025 • Produced and Distributed by Volunteers

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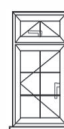


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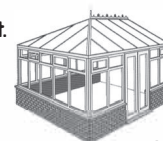
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Martlesham Monthly

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FRONT COVER

The 21 Young Hearts Café in Martlesham Heath opening.

This is a community-driven initiative with a powerful mission.

Founded by Sharon and Stuart Hobbs and inspired by their son Kyle, who has Down Syndrome, the café is designed to empower young adults with disabilities by offering meaningful employment and skill-building opportunities.



Online:

www.martleshammonthly.com
And on Facebook

Advertising

martleshamadverts@gmail.com

Collation and Assembly

Ken Davies (01473611109)

Distribution

Rob Webb
webbrn@btinternet.com

Editor

Gwynneth Johnson

Please email contributions to
martmonthly@btinternet.com

The copy deadline for issues is the 12th of the previous month. Contributors are requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.

Tree of the Month - Common Lime, *Tilia x europaea*

This magnificent row of limes can be found bordering St Mary's Church carpark in Martlesham.

The common lime is a natural hybrid between the small-leaved lime and the large-leaved lime. The bark is pale grey-brown and irregularly ridged. The fragrant clusters of yellowy-white flowers open in July, leaves are dark green, heart-shaped and flimsy. Once pollinated by insects, the flowers develop into round-oval fruits with a pointed tip. Lime honey is prized by beekeepers.

Thanks go to Tree Warden John Burges for championing these beautiful trees.

If you would like to propose a 'Tree of the Month', please get in touch with the Martlesham Tree Wardens by email: enquiries@martleshamcouncil.org.uk

GIRLGUIDING

Currently we have 1 Rainbow Unit (ages 4 – 7), 1 Brownie Unit (ages 7-10) & 1 Guide Unit (ages 10-14) meeting on the Heath.

If you are interested in joining as a young member, or helping as a volunteer, please contact www.girlguidingsuffolk.org.uk & select the "join" or "volunteer" buttons on the home page.

Come & join the fun & start your guiding adventure today!"

1st MARTLESHAM SCOUTS

We have Beavers (6-8) who meet each Tuesday, Cubs (8-10.5) each Monday, Scouts (10.5-14) each Thursday and Explorers (14-18) who meet the first Monday of each month. For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk. For becoming a helper or hiring the Scout HQ, please contact Lindsay lindsayfw@msn.com

POLICE

In case of emergencies please always call 999. In non-emergency situations call the new number 101. Email the Safer Neighbourhood Team woodbridge.snt@suffolk.police.uk

MOBILE LIBRARY TIMES

Tuesdays (Route 10)

Angela Close: 1.30-1.45pm
Bridge Farm Day Nursery 1.50-2.20pm
Falcon Mobile Home Park: 2.30-2.55pm
Douglas Bader: 3.00-4.15pm

October 21, 2025

November 18, 2025

Thursdays (Route 3)

Play2Day Nursery Gloster Road 10.10 - 10.40,
Douglas Bader: 10.50 - 11.50

October 9, 2025

November 6, 2025

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of volunteers funded entirely by donations who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance. For further details contact johnny.dixon@btinternet.com

Martlesham Council

Office Team News

We had the pleasure of welcoming Carina Wintrip to our team of Council Officers in August. Carina will be working alongside Lisa Burgess, Clerk/RFO, Sara Townsend-Cartwright, Planning and Project Officer and Rachel Crompton, Finance Officer.

We now have a full complement of Council Officers and are therefore extending the office opening hours. The Parish Council Office will be open between 9:00 until 15:00 (Monday – Friday, excluding bank holidays). If you have any queries or questions, please do not hesitate to contact the team.

Neighbourhood Watch

We have registered for a Martlesham wide Neighbourhood Watch Scheme, headed by the Parish Council, and are in the process of applying to highways for the use of their posts on which to display the scheme signs. We will keep you up to date with our progress via our website.

Nature For Us All Project Kronji's Piece, The Street, Martlesham

We are pleased to confirm that work on the 'Nature for us all' project has been full steam ahead over the summer months. By the time of going to print, we are hoping to be working on the additional features included in the plan.

This phase of the project, near to the carpark, includes an accessible path and seating area. Shallow swales provide surface water drainage tying in with future potential car park and track improvements; they also provide different conditions for wild plants. Soil from the works is being kept on site by creating low mounds that wrap around the seats and path and bring the grass, wildflowers, and insect life nearer to eye level. The existing wildflower and grass seeds in the soil will be allowed to grow. In the future some of the grass areas will be left uncut over the summer months, encouraging wildflowers and wildlife. Additional features will gradually be added after the hard landscaping and earthworks are completed, as the project progresses.

Forthcoming Parish Council Meetings

The next full Parish Council meeting will take place on Wednesday 1st October

Subsequent meetings are:

Development, Environment and Transport Committee: Wednesday 15th October

Finance and General Purposes Committee: Wednesday 22nd October

All Council meetings start at 19:30 and are open to the public, who are welcome to ask questions or make comments to the Council during a public forum.

Contacting the Council

Councillors and staff can be contacted at the Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4BP.

Telephone 01473 612632. Please leave a message if no reply and we will get back to you as necessary.

Email enquiries@martleshamcouncil.org.uk or clerk@martleshamcouncil.org.uk

Please also follow us on social media (Facebook, Instagram and LinkedIn).

Update from Jenny Riddell-Carpenter MP

Over the past few months, I've been working with colleagues in Parliament to take a closer look at how national policy reflects life in rural areas. Too often, decisions made in Westminster are shaped by the needs of towns and cities, and don't always reflect the reality of living in rural places like Suffolk Coastal.

To help change that, I've helped to establish - and now chair - a new group in Parliament: the Labour Rural Research Group. This group brings together Labour MPs who represent rural or semi-rural areas, and aims to ensure rural communities are properly understood and reflected in national policy. As I said in my recent East Anglian Daily Times opinion piece, successive governments – of all political persuasions, and for many decades – have had a 'rural blind spot' and they've failed to grasp the realities of rural Britain, and the challenges of delivering public services or driving investment into our rural communities.

Our first report, Understanding Rural Britain, published in August and available on my website, draws on the views and experiences of over 1,400 people living in rural parts of England, Scotland and Wales. It highlighted some important concerns - including the lack of opportunities for young people, and the sense that many feel they have to move away from rural areas in order to get on and succeed in life.

As someone who grew up here and moved away, only to return in my late 30s, this resonates with me deeply. I know we need to do more to create (and sustain) opportunities for young people in places like Suffolk Coastal and Suffolk as a whole.

Our next area of work will explore rural poverty and how we best tackle it, and I'll be working with local and national partners to make sure our experiences here in Suffolk Coastal are properly heard and understood.

As ever, if you need support, get in touch via the details below.

Email: jenny.riddellcarpenter.mp@parliament.uk

Telephone: 01394 330260

Website: www.jennyforsuffolkcoastal.org



MARTLESHAM POPPY APPEAL 2025

Thank you to all of our volunteers who helped with the Poppy Appeal last year.

As usual Tesco are kindly allowing us to collect at their Martlesham store and we are looking for any volunteers who are willing to give up some of their time, even if it is only a couple of hours, starting on Thursday 23rd October through to Tuesday 11th November. All help will be appreciated.

If you are interested, please contact me, Kim Wright, Martlesham RBL Poppy Appeal Organiser, via email kwandbw@gmail.com or via my mobile 07775 761340.

MARTLESHAM HEATH HOUSEHOLDERS LTD

The Annual Maintenance Charge

October means that you will have received the MHHL annual maintenance charge. The £45 charge is the same as last year and covers the year, 1 July 2025 to 30 June 2026. Please make your payment either on or before 1 October 2025. Remember that a surcharge of £10 will be charged on 1 December 2025 if no payment has been made. Your payments are vital and will go towards the ongoing work in the woods, the village greens, the SSSI area and ad hoc repairs and maintenance etc. A big thank you to all on Martlesham Heath for your continued support.

Fire Breaks

Now is the time to cut and maintain your three meter firebreak as we are now out of bird nesting season. Please ensure you or your contractors dispose of the waste responsibly. Recently there has been an increase in fly tipping of green waste around the village.

Selling Your Property?

A reminder for anyone selling or buying a property on Martlesham Heath that the rule of who is liable to pay the annual maintenance fee is as follows.

The person that owns the property at midnight on 1st October is responsible for paying the full annual maintenance fee. So, it will depend on your completion date. If the sale completes on 1st October or before the buyers pay the full charge. If the sale completes on 2 October or afterwards the sellers pay the full charge. MHHL does not get involved in splitting the charge between buyer and seller.

Please use the MHHL Website

On a regular basis we are asked questions about a whole host of different issues with regards to Martlesham Heath. About 90% of these queries could be resolved by simply looking at the MHHL website. A lot of effort has gone into this website, and you will find a lot of answers on the website.

The website includes information on the various covenants. Furthermore, you will find information about the policies including car parking, GDPR, Building Work, Fire Breaks, Trees, Drones & CCTVs etc. Additionally, you can find an interactive map of Martlesham Heath and much more information.

Please refer to www.mhhl.co.uk

Volunteers

This is a call to any residents who would like to volunteer a bit of time. It is important that a good base of volunteers is maintained.

For anyone interested it is a good opportunity to see what goes on behind the scenes and have your say on a variety of issues that arise from time to time.

Should you be interested please leave a voicemail on 01473 612207 or send an email to martleshamheathhouseholders@gmail.com

Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

Martlesham Brass 'Making Music Fun in East Anglia'

Martlesham Brass are looking forward to their 29th Birthday Concert on Saturday 11th October at 7pm in St Michael's Church Centre, Martlesham Heath.

Tickets are £5.00 (primary school age children free) & are available by calling 07544 962205, from our website (www.martleshambrass.co.uk) or on the door.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk (please note that we are currently operating a waiting list for our beginners band)

If you wish to hire the band to perform at an event, please contact our booking secretary by emailing booking@martleshambrass.co.uk

Liz Howard (Publicity Officer)

publicity@martleshambrass.co.uk 07544 962205

Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk

Martlesham in Bloom



Colour and creatures!

October is a wonderful time to enjoy autumn colour on deciduous trees, shrubs and some grasses and herbaceous plants too; in many ways it can be the most colourful time of year!

Thinking of future colour in your garden or outdoor space, October is an ideal month to plant many of the late winter and spring flowering bulbs such as snowdrops, crocus, daffodils, grape hyacinth, hyacinths, and native bluebells, plus Alliums for early summer. If you would like to grow tulips they are best planted in November to reduce the risk of the fungal disease tulip fire. Having a mixture of different species in borders, containers and/or baskets will help you have cheery colour throughout the seasons. Many of these flowers are also appreciated by bees and other pollinators, especially important during the early part of the year when early bees are on the wing and few flowers are out.

This is a great time of year to help garden wildlife, big and small. Fallen leaves can be left as mulch on bare areas of your borders to insulate and protect the ground, feed the soil and your plants as they break down, and provide a wonderful leaf litter habitat for a variety of mini beasts, which in turn feed other animals such as birds! If you have any twigs, branches, logs or pruning's these can be made into loose piles (avoid stacking piles up against tree or shrub trunks) or attractive sculptural features such as wigwam shaped structures, with smaller twigs and fallen leaves pushed into the middle - an opportunity to be creative! These will provide cosy, overwintering locations for various stages of insects and other invertebrates, plus larger wildlife such as newts, frogs and hedgehogs. Even small piles help.

If you have any logs from broadleaved trees (i.e. not conifers) that are at least as wide as an adult's arm you have an ideal opportunity to provide for stag beetles, whose larvae spend three to seven years at or below ground level feeding on decaying wood. They are nationally rare, found in southeast England including south east Suffolk. Partially bury logs upright in the soil in lines or groups, approximately 50cms deep.

All these features can add to the attractiveness and biodiversity of our gardens and outdoor spaces creating healthy, happy, rich garden ecosystems.

Have a colourful and creative October!

For further information about Martlesham in Bloom please contact: martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on Tel. 01473 625196.



Bright Stars Activities sheets for preschool aged children.

Would you like to receive them?

At the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or a story from the Bible.

We recently learnt about Noah and the ark, making our own ark and rainbow mobile. If you have or look after a child/children of pre-school age, or slightly older and would like to receive our activity sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact: Sonya & Maureen Burrows
Tel.01473 625196

Portal Woodlands Conservation Group

Our Volunteers enjoyed a well-deserved break in August. The dead branches of silver birch (*Betula pendula*) have encouraged the growth of striking birch polypore fungi (*Fomitopsis betulina*). We look forward to getting back to work, clearing up after recent stormy weather and school holiday activities.

Our next work morning is Sunday, 19th October, from 10:00 to noon, meeting at the Education Area.

New volunteers of all ages and abilities are always welcome; no experience is needed.

For further information, please contact us at pwcg.martlesham@gmail.com, phone 01473 612632, visit our website: www.martleshamparishcouncil.org.uk/what-we-do/portal-woodlands-working-group, or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman



New Season, New Sounds: Join Suffolk's County Music Groups!

Suffolk County Music Service has kicked off an exciting new season for young musicians across the county, with the revamped Suffolk Youth Jazz Programme now established at Martlesham Primary Academy, next to the Service's new home on Blacktiles Lane.

Young musicians keen to explore jazz can get involved at a special Jazz Come & Play Day on Sunday 12 October – the perfect chance to try out the programme in a fun, supportive setting – for Free!

Alongside this, the county's flagship ensembles – Suffolk Youth Orchestra, Suffolk Youth Wind Band, and Suffolk Young Strings – are also recruiting. Members enjoy weekly rehearsals, an Easter residential, and inspiring concerts at prestigious venues such as The Apex and Snape Maltings. Previous tours abroad have included Spain and France, with more adventures on the horizon.

For those still deciding, a further Free Come & Play Day on Saturday 25 October offers another opportunity to experience an ensemble before committing at Northgate Arts Centre, Ipswich.

Sign up now or find out more: <https://suffolkcountymusicservice.co.uk/take-part/county-music-groups/free-come-and-play-days-registration-form/>

Join us for a season of inspiration, creativity and top-quality music-making along with life-long friendships and memories. We can't wait to welcome you!

Follow us on our social media pages for more updates and find out how you can join in!

Facebook: @suffolkcountymusicserviceSCC

Instagram: @suffolkcountymusicservice

Gorseland Primary School - Reception New Starters – September 2026

If you have a child starting school in September 2026, we would like to warmly invite you to our Open Sessions. Mrs. Green, our Headteacher, would be delighted to meet you, welcome you to Gorseland Primary School and give you a tour of our school.

Tours are taking place at 9.30 a.m. on the following dates:

Thursday 9th October

Wednesday 22nd October

Thursday 6th November

Thursday 20th November

Friday 28th November

To book a visit, please contact the School Office on 01473 623790 or email office@gorseland.net confirming the date that you would like to visit.

We hope to see you soon and look forward to welcoming you to Gorseland Primary School.

Hedgehog Nursery at Gorseland Primary School – October 2025

Do you have a child aged 3-4 years old? Are you looking for high quality care and learning in a stimulating environment? Have you thought about the huge benefits of sending your child to a school Nursery?

Hedgehog Nursery is open Monday to Friday for 3 and 4 year olds during term time. We offer wrap around care from 7:30 to 18:00 with our breakfast and afterschool clubs.

Hedgehog Nursery is part of Gorseland Primary school and is led by a dedicated team of qualified and experienced staff. We are very lucky that we have the use of the school's fantastic facilities including our forest school, library, large sports hall and extensive grounds to explore. This makes our provision very special.

We provide a learning atmosphere where children can explore and investigate in a safe, stimulating and challenging environment. We capitalise on the children's interests to springboard them into learning experiences that extend what they can already do.

If you are 'curious' and have a 3 or 4 year old, please don't hesitate to book a tour of the Nursery, via the school's website, or contact the School Office instead on 01473 623790. We warmly welcome families from our community to come to see us in practice.

Changes at Martlesham Wilds

There are exciting things developing at Martlesham Wilds. We now have 5 new ponds around the nature reserve which are already filling with water and providing habitats and drinking water for many creatures – we know nature likes to move fast sometimes, but this has surprised us already.

We also have a new freshwater area down on the marshes for wading birds to rest, feed and potentially nest. These shallow areas are called 'Scrapes' and have been dug where water naturally puddles to improve the diversity of habitats down on the marshes. It's really interesting to see how the birds find these spaces immediately.



This image shows a very dry and featureless marsh, which has little use to wildlife. This is what the marsh has looked like for many years.

The second picture shows very simple changes, and work in progress, where the top layer is literally scraped away to create shallow freshwater areas to make more of a marshy area for wildlife.

The bottom picture shows how we hope this area would look in the future - a much more natural and exciting landscape for wildlife with scrapes, wet areas, and lots of muddy edges.

If you would like to visit the reserve and see these changes for yourself, make sure you check out the walks below, where our team of volunteers will show you around and introduce you or update you on the happenings at Martlesham Wilds. We hope to see you soon.

October

Mon 13 Discover changes, volunteer led walk 10am-12pm £5

November

Wed 12 Discover changes, volunteer led walk 10am-12pm £5

Sat 29 An introduction to Wading Birds, volunteer led walk 11am-1pm £5

Book at: www.martleshamwilds/events

Enquiries: martlesham.engagement@suffolkwildlifetrust.org



Photo credits J Ratcliff

Martlesham Conservation Group

Many thanks to all those who came along to our work parties on the heath SSSI over the summer when we cut some bracken that if left unchecked would submerge areas of heather and grassland.

Bracken does not support much wildlife whereas heather and grassland supports much more wildlife because of the range of plant species and structural diversity that can be used by invertebrates, birds and reptiles.

Heathland is an ancient habitat that has been managed for for thousands of years in this country and is now rare. It will transition towards woodland if it is not managed either by grazing with animals such as sheep, horses and rabbits or by more direct management using tools and machinery. As we do not have the option of using grazing animals on our local heaths due to the high level of public access, we have to use the second approach to try to maintain and expand the tracts of heather and open landscape that are characteristic of heathland.

As we move towards winter we can begin to remove more scrubby vegetation from

the heath SSSI. Our autumn and winter cycle of scrub clearance on the heath actually begins in October and extends through to late February.

We do not usually unde

rake scrub clearance in the spring and summer so as to avoid disturbance to nesting birds and heathland reptiles. Our work parties generally take place on the first Sunday of each month starting at 10am.

Our next work party will be on Sunday October 5th starting at 10am. Please meet at the south end of the Heath SSSI next to the bank that runs e

ast-west across the site, just along from the interpretive sign board between The Oaks and Heathfield.

We intend to remove gorse scrub from an area of more extensive heather, clip some older heather to encourage rejuvenation and then use the heather clippings to re-seed the areas of scraped bare ground created last winter.

In time new young heather will develop which may be useful for Silver Studded Blue butterflies. Later in the autumn, work parties will be on Sunday November 2nd

and Sunday December 7th, probably starting from the same location.

Please consider coming along and doing something practical to help the special wildlife that we are fortunate to have in our local area. We really could do with extra help because of the exceptional growth of vegetation we have experienced over last year. You will be very welcome. I am happy to discuss what would be involved. Please get in touch.

Phil Smith 01473 625630 e-mail: martleshamconservationgrp84@gmail.com





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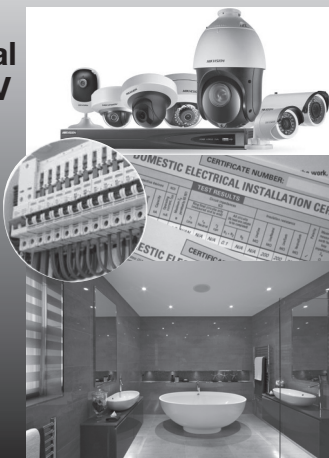
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MARTLESHAM HEATH AVIATION SOCIETY

On Friday 5th September Catherine Buchanan gave a fascinating talk – looking at some of the people involved in the formation of one of the first Royal Naval Air Stations – located at Harwich, and the close links to the Floatplane and Seaplane Research Establishment – eventually called the Marine Aircraft Experimental Establishment (MAEE), where the huge Felixstowe Docks is now.

The people in her story in the early days all suffered from the same problem – when (before and during the Great War) they signed up – the War Office did not really know what to do with them – some in fact ended up being involved in the ill-fated Gallipoli Peninsula Campaign, but our heroes eventually ending up in the Harwich /Felixstowe area.

Not having space to give Catherine's detailed story justice, I will just mention two.

Firstly, John Cyril Porte – who eventually was in charge of the MAEE. He had joined the Navy expecting to serve in the Submarine Service – until they found out he had suffered from T.B. – not good in a cramped submarine.

He took part in a 1911 Daily Mail Air Race around Britain but crashed his Deperdussin Monoplane after 400 yards.

In 1913 he went to the 'States, and met one of the preeminent Flying Boat designers of the period – Glen Curtis.

Back in the UK in 1914 he took command of the MAEE, and modified some of The Curtis designs, one being named The "Porte Baby" reconnaissance Flying Boat. He persuaded the British Government to buy many Curtis designed Flying Boats – however Curtis had promised to pay John a commission for every Flying Boat sold... this was discovered and John Cyril Porte

had to return the Commission earned and all charges were dropped. His career became somewhat blighted, which was why he was never given any honours for his undoubted good work at Felixstowe.

Catherine also mentioned Toronto born Theodore Douglas Hallam. After joining the Canadian Army in 1914 he arrived in Britain – ending up at "Bustard Camp" on Salisbury Plain – doing very little. He met Hugh Trenchard – eventually to become Chief of the Air Staff in the Royal Air Force – who put Hallam on a 6 week waiting list. This eventually led to Hallam arriving at Royal Navy Air Station Harwich, where he found his niche.

To combat the German U Boat menace in the North Sea, Hallam set up a search pattern of Flying Boats based around the North Hinder Light Vessel – eventually described as "The Spiders Web", which helped manage the situation.

He eventually became Station Commander of the RNAS Felixstowe War Flight, with 5 Curtis Flying Boats – which was subsumed into the Royal Air Force when that was formed on 1st April 1918

The Martlesham Heath Aviation Society's next Monthly Meeting takes place on Friday 3rd October at 7:30 p.m.

We welcome Richard Folkes M.B.E. He has had a sparkling Career – in the Military, much of it to do with Helicopters – he then worked for Westland/Augusta... If that was not enough – The title of his talk "Camera – Action -behind the Scenes" will tell us about how he managed helicopter scenes in The Bond Film "Skyfall" and then set up the arrival of "The Queen" by parachute at the 2012 London Olympics. Doubtless details of his earlier adventures will also come to light!

Tickets for this fascinating talk are £3 for Society members - £5 for others. Just come along on the night and Pay at the Door.

If this is not enough – we are staging – for the first time, a Film Afternoon.

This is at 2:30pm on SATURDAY 18th October

We are delighted to show the latest Tim Curtis Film "Fire over Shingle Street" – a documentary all about an alleged German Invasion attempt at the small Suffolk coastal hamlet.

There are conflicting stories about what happened. Following the film is a discussion by James Hayward – author of the "The Bodies on the Beach" published in 2001, and Henry Creagh, both have done further research on the topic. Perhaps now – we will find out the truth!

Tickets must be purchased in advance £6 members, £8 non-members.

They will be snapped up..... so do not delay in applying.

Ticket enquiries contact: Howard on 074 234 047 04 ,
or Martyn on 079 695 976 04 or email:
martyn.mhas@gmail.com

Both Events take place at:
The Martlesham Heath Community Centre,
Felixstowe Road,
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Folkes Helicopter - as used in his film work



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Martlesham Climate Action

Battery electric vehicles (BEVs) are more affordable as the '75' registration arrives.

Market data shows that 30% of used BEVs cost below £20,000 and 3–5-year-old ones can cost less than their Internal Combustion Engine or ICE equivalent. A new Government subsidy scheme has been announced, and suppliers are offering deals on a range of new less expensive models.

Misinformation about BEVs persists: the Carbonbrief.org website is an excellent, evidence-based source of factual information. See <https://interactive.carbonbrief.org/factcheck/electric-vehicles/>.

Batteries are proving very durable; cars have a long warranty on the drivetrain and traction battery of typically 8 years or 100,000-150,000 miles. The AA say that for real world driving "range anxiety" is now "a thing of the past". Most daily journeys are well within the range of a BEV. For a longer trip, you'll probably need to stop before the car does, so plan comfort breaks at locations with 'rapid chargers'. It's possible to add 150+ miles of charge while you drink a coffee. Car satnavs usually have route planners that can include charging stops, or you can use a smartphone app.

If you have off-road parking and can install a home charger, an EV energy tariff makes "fuel" costs very cheap. "Destination" chargers are available at many locations where you'd park for a while. Public rapid chargers can be relatively expensive, so if you'd do most charging this way "fuel" costs could be similar to an ICE car, though the other benefits of electric driving remain.

I've had a BEV for over three years and, like most owners, won't return to a combustion engine. It's smooth and quiet. One-pedal driving uses regenerative braking, so I rarely touch the brake pedal. There are no oily bits to service, so replacing a couple of cabin air filters at three years is all that has been needed. 88% of charging has been at home, costing about 2p per mile on an EV tariff. For daily driving I plug in about once a week and have 140-250 miles of charge available of a morning. For occasional road trips, a charge to 100% offers over 300 miles on my long-range vehicle, reducing to around 250 miles in winter. I've yet to have a problem keeping the car adequately charged on road trips and holidays.

The Electric Vehicle Database (website: ev-database.org/uk/) lists details of 772 EV models available in the UK (at time of writing). Try a test drive and you might be pleasantly surprised!

Phil Bull

Myths about on heat pumps and solar panels

It never ceases to amaze and frustrate me the lengths that the fossil fuel lobbies will go to get misinformation out there often aided and abetted by certain parts of media. In my opinion they are firmly on the wrong side of history.

As mentioned above, the carbonbrief.org site has evidenced based facts to counter the misinformation and downright lies peddled by some sections of the media. Have a look at:

<https://interactive.carbonbrief.org/factcheck/solar/index.html>

<https://www.carbonbrief.org/factcheck-18-misleading-myths-about-heat-pumps/>

Martlesham Repair and Climate Advice Hub

The next Repair Hub is 10-12, on Saturday October 11th in the Parish Room as usual. If you have items to repair, you can always take them to the Repair Shed off Sandy Lane. See <https://suffolkrepaired.org>

Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)
Website:

www.martleshamclimateaction.onesuffolk.net

E-mail:

martleshamclimateaction@btinternet.com

Bluesky: @martleshamca.bsky.social



MARTLESHAM HEATH PAVILION

Vice Chair Person (Supported)

We're Looking for: A Vice Chair person: within a year take over the role as Chair person.

Key Responsibilities:

- Assist in overseeing Pavilion matters with a supportive committee.
- Support and deputise for the Chair person and eventually take over the role (fully supported).

What We're Looking For:

- Good communication and organisational skills.
- A passion for community involvement.
- A few hours a week - an average of 3-4 hours.
- Reasonable IT skills, as we do most of our routine work electronically.

Interested or just want to know more? We'd love to hear from you!
Contact: Aldwyn Jones – The current Chair, at chairmhpc@gmail.com for an informal chat.



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Gippeswyk Singers

Gippeswyk Singers rehearse and perform at St Michael's Church, Martlesham Heath.

We are a friendly chamber choir and we enjoy singing a variety of genres of music under the direction of Janette Ruocco and accompanied by Sabine Sutton.

Our repertoire includes classical, madrigals, carols, folk and spirituals.

This term we are rehearsing for our Christmas concert, **An Afternoon with Antonio Vivaldi**.

The concert is on Saturday 6th December at 4pm.

Concert tickets are available from ticketsource.co.uk/gippeswyk-singers

www.gippeswysingers.co.uk

Suffolk Wildlife Trust - Woodbridge Wildlife Group

We have several events coming up. There is no need to book, come along and enjoy.

AUTUMN TALK

"Ospreys in Suffolk" by Tim Mackrill from the Roy Dennis Foundation

Joint event with Suffolk Bird Group

Thursday 16th October at 7.30pm

in Woodbridge Community Hall

Admission £4 per person. Free for under 25s.

QUIZ EVENING

Thursday 20th November at 7pm for 7.30pm start

in Woodbridge Community Hall

Admission £6 per person

Come and join us, as a team of 4-6 or as an individual, for a fun-filled evening with questions on wildlife and general knowledge.

WINTER TALK

"Insects of Suffolk" by Dr Ross Piper

Thursday 18th December at 7.30pm

in Woodbridge Community Hall Admission £4 per person. Free for under 25s.

Phil Smith - Chairman Woodbridge Wildlife Group of Suffolk Wildlife Trust

LADIES ON THE GREEN

An update to our very successful Afternoon Tea held back in August, is that we were able to send a cheque for £201.00 to 'Breast Cancer Now', with very many thanks to our generous members who were able to make this possible.

Our September meeting featured a very interesting talk on 'The Blood Runners', a volunteer organization that provides a vital courier service for blood products. And our competition was an unusual glass object. The Walking Group and Lunch Club once more combined for a visit to the newly refurbished Black Tiles Pub.

At our October 17th meeting we will find out the origin and traditions of the Pearly Kings and Queens of London, from the Pearly King of Streatham no less !!! The Coffee Morning Club will meet at 10am on 22nd October, venue tba. A very informal gathering this, if you are free and fancy a coffee, come and meet up for a chat.

Theatre Club.....By the time you read this we'll have hopefully made our first of many theatre visits together. The idea of this club is to support our many local drama groups and to take advantage of the National Theatre and film screenings at local cinemas.

Looking forward to our November meeting, we will welcome Sandra Gold-Wood who will tell us the stories behind 'The Canary Girls' who worked in munitions during the war, particularly those filling shells and cartridges. The competition is a yellow item.

At this time we are very close to our limit of members, but please if you are interested in joining us please give us a call. We meet usually on the third Friday of the month, in the Martlesham Heath Pavilion, The Drift, Martlesham Heath, IP5 3PL 1.45pm to 4.15

Contact : Rosemary on 07512 776232 or June on 07594 189100 for more information.

BADMINTON IN KESGRAVE

Woodbridge Badminton Club has now returned to Kesgrave High School for the winter season (September-April). Adult club nights are on Wednesday evenings at 7:30pm, league matches will be on Thursday evenings for those feeling competitive, and Junior club is on Monday nights.

The good news for the club, but not-so-good-news for prospective joiners is that at the time of writing the Junior club is already full and the Adult club is also getting very busy. So, if you are interested in joining it is important to contact us via email jim.cavanagh955@gmail.com or ring Jim Cavanagh on 0780 323 2892 before you come along. You may be able to come any try us out for a £6 guest fee, refundable against the annual membership if you join for the season.

We welcome a range of abilities but unfortunately not adult beginners. For latest details check out our website at <https://www.woodbridgebadminton.co.uk>.

MARTLESHAM HEATH SURGERY

Patient and Practice Group (PPG) News

As autumn begins, we thought we would share some useful information on getting a BloodTest and receiving the results. Blood Tests are not routinely offered at the surgery for most patients, only patients who are unable to attend another location are generally able to book to have a blood test at the surgery. Adult Blood Tests and 11-16 years of age Blood Tests are provided at either Ipswich Hospital or ESNEFT Phlebotomy Clinic at Ravenswood Health Centre (Ipswich).

Children's Blood Tests are only provided at Ipswich Hospital, the surgery is unable to provide Children's Blood Test services.

If you are requested to get a Blood Test by a clinician at the surgery, the hospital or by another NHS clinician you will typically be asked to book online via www.swiftqueue.co.uk/userlogin.php You can use your NHS (App) Login Details to access this service.

If you are unable to book online you can call 0300 303 5299 If you cannot find a suitable appointment online or by the booking service, because you have been told to get it urgently and there are no dates available. You can request the surgery to book you an appointment as they have a surgery access route with short notice appointments via swiftqueue. This should only be used in cases of difficulty.

You can only book a Blood Test once you have been asked to book a Blood Test by your clinician, as if the request has not been made you will not be able to receive the blood test on arrival at the test centre. Once you have had your blood test, you will usually only be contacted if there is a cause for concern with your results. It's generally a case of "no news is good news", although if you want to find your results you can either look at you NHS App or call the surgery after 2pm a week or later after your blood test appointment.

If you'd like to find out more about the Patient Participation Group (PPG) or are interested in joining, we'd love to hear from you. Please email me at MartPPG@gmx.com, or leave your name and contact details at reception in an envelope marked for my attention.

Thank you for your continued support.

Tony Willmott

Chair, Martlesham Heath Surgery PPG

Light the Night Gala

A CHARITY EVENT TO CELEBRATE OUR LOCAL EB FIGHTER, DARCIÉ

Join us for a memorable night out all while supporting our local community member Darcie who is currently battling Epidermolysis Bullosa (JEB)

Friday, 7th November 6:00-10:00 PM

Seckford Hall Woodbridge IP13 6NU

The evening will consist of

- Dinner & Gourmet Cake
- Cash Bar (welcome drink provided for VIP tickets)
- DJ and Group Line Dancing Class
- Silent Auction
- Photo Booth
- Candlelit Vigil
- Various Vendor Stalls

To learn more about Darcie, details for the event, or to purchase tickets, scan the QR code or visit tr.ee/LightTheNightForDarcie

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DARCIE is a charity registered in England and Wales (1094808) and Scotland (SC039954). Company limited by guarantee registered in England and Wales (1126206).

ARMY

Thought for the month.

I always think of October as the longest and darkest month of the year.

Firstly, my birthday is in October, and I don't like being reminded I'm getting older. But also, it's the time of the year when sunrise is about 7.30am and sunset is about 5pm. So, if you're working a 9-5 job you wake up in darkness and by the time you get home there is little daylight left.

At least in November we get Bonfire Night and fireworks! In November we start to plan Christmas, the children start to get excited, Christmas lists are made and plans drawn up for who will be spending Christmas day with whom, and so on. But in October, it's too soon to start thinking about all that Christmas stuff. It's just a long month of gradually getting colder and darker (and older if it's your birthday as well).

In 1650 the English theologian and historian, Thomas Fuller, penned the phrase "It is always darkest just before the day dawneth". Whilst not a passage directly from the Bible, Fuller, a priest within the Church of England, summarised much of the good news that we read in the Bible. In Daniel and the Lion's Den, it was during the 'first light of dawn' that the king discovered Daniel was saved. In Matthew 14, it was in the disciples 'darkest hour' that Jesus calms the storm.

The Bible also tells us in John 8:12 that 'Jesus is the light of the world', this doesn't mean a physical light, rather a spiritual one. October is literally a darker month as we get less sunlight, however spiritual darkness is around us all the time and has little to do with the big ball of fire at the centre of our galaxy. Jesus who is the Son (not sun, just a little play on words for you there) of God offers a spiritual light unlike anything else that can be found in this world. If you find yourself in spiritual darkness this October, have a look at Jesus, he has overcome the darkness and offers his light to all.

Rev. Rob Allinson

Curate at Martlesham with Brightwell.

Operation Christmas Child 2025

This year The Runway coffee shop is again collecting shoeboxes full of gifts for children across the world who would otherwise not receive a gift at Christmas.

If you would like to take part, simply pack a wrapped shoebox with gifts such as stationery, hygiene items such as soap and toothbrushes, or hats, scarves and gloves. We are also encouraged to include small toys and items that children will especially love, such as cuddly toys, deflated footballs with a pump, or a small doll, in your shoebox. Shoeboxes, or gifts towards a shoebox can be brought to St Michael's church next to the Green, or the Runway coffee shop, which is at the back of the church. Please note that food items, toothpaste and any lotions or liquids cannot be included.

You can also pack a shoebox online. Please go to <https://shoeboxonline.samaritans-purse.org.uk/> and they will take you through the process. This is a really worthwhile project to support and brings great joy to the children who receive these gifts.

Please note the last day for bringing gifts or shoeboxes will be Saturday 15th November in the Runway or Sunday 17th November in church. The Runway is open every morning, from Tuesday to Saturday from 9.00 am to 12.00 midday.

Rev. Christine Pinder Tel: 07555 748345

Pop Up Shop

St Michael & All Angels Church
The Green, Martlesham Heath

Every 2nd & 4th Sunday of the month
11.30am- 12pm

**Finding food bills a challenge?
Come and fill one of our carrier bags for
£2**



Oct 12 & 26

Nov 9 & 23

Dec 7 & 21

(please note change to date
to 1st and 3rd Sunday of the month, for
December only)

**All are welcome to join us for our church
service at 10am**



THE ORWELL SINGERS - COME AND SING CHRISTMAS WORKSHOP

For sopranos and altos, please come
and join us for a fun afternoon of
Christmas songs from classical to
modern.

The workshop is going to be held at St
Michael and All Angels Church, Martlesham
Heath, IP5 3PL, on Saturday 8th November,
doors open 1.00 pm for 1.30 to 4.30 pm.
Admission £10 including light refreshments.

For further details please contact
d.sharman@btinternet.com.
www.theorwellsingers.co.uk

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at
our website - mchall.org.uk

You can check hire rates, if they're available
and make an online booking request

Alternatively you can call our Booking
Secretary on 01473 623 203. (Monday to
Saturday 08:00 - 20:00).

If leaving a message, please speak slowly
and repeat your telephone number.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location
for children's parties at the weekend.

You can check availability and book the
Pavilion online at:

martlesham.org.uk/pavilion

Alternatively please contact the booking
secretary:

Email: bookingsecmhp@gmail.com

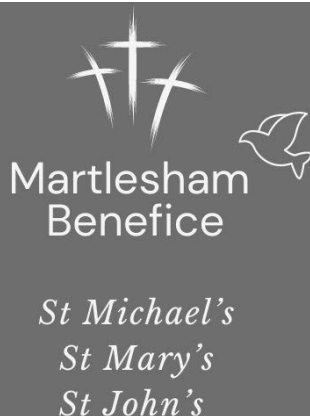
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MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for
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*For any queries or bookings please
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THE CHURCH IN MARTLESHAM & BRIGHTWELL

RECTOR: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

CURATE: The Revd Rob Allinson rob@martleshamcofe.org.uk
07359 463312 (rest day Wednesday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035
Carolyn Smith 74 Heathfield, Martlesham Heath

CHILDREN & FAMILIES MINISTER: Emma Allinson emma@martleshamcofe.org.uk
07359 339452

ELDERS: Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month		Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 5th October	St Mary's	11am Harvest Service	
Sunday 12th October	St Michael's St John's	10am Holy Communion 6.30pm BCP Evensong	10am Holy Communion
Sunday 19th October	St John's St Michael's St Mary's	9am Holy Communion 10am Morning Worship 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
Sunday 26th October	St Michael's St John's	10am Holy Communion 3pm BCP Evensong	10am Holy Communion

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services	Every Monday: 8.30am Morning Prayer at St Mary's Wednesday 8th and 22nd October: 10am Holy Communion at St Michael's
-------------------------	---

Prayer Diary Please include the following as an addition to your daily prayers:

October

5 give thanks for the bounty of God's provision
6 that we may make time to listen to God
7 for all suffering because of conflict
8 for the residents of Carlford Close
9 for all attending the toddler group
10 for the safety and well-being of our police
11 give thanks for friends and family
12 for the work of the pop-up shop
13 for the homegroups meeting this week
14 for those worried about winter bills
15 for the residents of Carol Avenue
16 for those who are lonely
17 for those who are searching
18 for a resolution to the war in the Middle East
19 give thanks for God's love for each of us
20 for understanding between different faiths

21 for those who dread the darker evenings
22 for the residents of Chandos Court
23 give thanks for the beauty of autumn colours
24 for all about to begin half-term
25 for all children to have a loving home
26 that all may hear the good news of Jesus
27 for all who suffer persecution for their faith
28 give thanks for all who work in healthcare
29 for the residents of Chandos Drive
30 for the work of The Runway
31 that we may be carriers of Christ's light

November

1 give thanks that we have freedom to worship
2 for all who mourn the passing of loved ones
3 for the prayer meeting at St Mary's
4 for the work of the fire service

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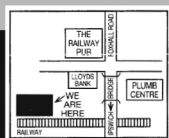
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