

martlesham monthly

JULY 2023

Produced and Distributed by Volunteers

www.martleshammonthly.com | 

WELCOME
TO **Martlesham Village Fete**

OPEN

15th July 2023

11am to 4pm

Food from.. The Douglas Bader
Admirals Fish Shop
The Runway
some of the Stalls
+The Ice Cream Van

All Details
Also
Programme Of The Day
To Be Found
In The July Issue
* Martlesham Monthly *



Music - Entertainment-
Sports -Stalls
&
Funfair



Prize Giving
Photographic Competition
Theme
"A Postcard From Martlesham"



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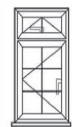
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Ofsted 'Good'
August 2022



martlesham monthly

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Front cover photo

We are looking forward to the Martlesham Village Fete on the 15th July.

Look inside for the double page spread with the full details

Photographic Competition, local societies and stalls, 'Animal World' Something for all ages.

Tree of the Month

July 2023

This glorious horse chestnut tree (Aesculus hippocastanum) can be found in Top Street next to the public footpath near the mini roundabout.

This photograph was taken in late May when it unfailingly brings pleasure to many as it carries thousands of tall panicles (candles) of white flowers and is renowned in the area for its architectural beauty. This tree is also special as it was planted in 1939 to celebrate the marriage of Cllr O'Brien Baker's parents.



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And on Facebook

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Contributors are requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.

GIRLGUIDING

Currently we have 2 Brownie Packs (ages 7-10), 2 Guide Units (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish. If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on martleshamguides@gmail.com or www.girlguiding.org.uk/get-involved (HQ). Come and join the fun & start your Guiding adventure today!

1st MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk For becoming a helper or hiring the Scout HQ, please contact Lindsay Macleod lindsayfw@msn.com

MOBILE LIBRARY TIMES

Tuesdays

Angela Close: 1.30-1.45pm
Bridge Farm Day Nursery 1.50-2.20pm
Falcon Mobile Home Park: 2.30-2.55pm
Douglas Bader: 3.00-4.30pm
4 July, 1 August, 29 August

Thursdays

Douglas Bader: 10.30-12noon
20 July, 17 August, 14 September,
<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

Joining

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September 10 & 24



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Martlesham Council

Nature and Biodiversity Update

Five years ago, the UK government's 25 Year Environmental Improvement Plan (25YEP) set out a vision to help the natural world retain and regain good health. The apex goal is to improve nature, including the target to restore or create more than 500,000 hectares of wildlife-rich habitats outside the protected site network. To make further progress it will implement the Environment Act 2021, including rolling out Local Nature Recovery Strategies.

Martlesham Council is delighted to be participating in an inter-parish Green Infrastructure Workshop alongside the parishes of Brightwell, Foxhall and Purdis Farm, Hemley, Kesgrave, Newbourne, Rushmere St Andrew and Waldringfield. This will be facilitated by Professor Peter Hobson, Biodiversity, Conservation and Sustainability Co-director, Writtle University College. Professor Hobson has run workshops of this kind for Essex County Council and has recently been giving a series of talks for the Woodbridge Climate Action Centre. The date has been confirmed for 30th August and it is hoped that forty stakeholders will attend. The project has received a grant from East Suffolk Council's Greenprint Forum and it will also be supported by participating Parish and Town Councils. We hope the outcome will be a comprehensive and co-ordinated plan to embody this area's Nature Recovery Strategy. Representatives for Martlesham Council will be Cllrs Jane Hall and Paul Whitby who chair the Council's Development, Environment and Transport Committee and Climate Action Group.

Residents may recall that four swift boxes funded by the AONB were successfully installed under the eaves of the Parish Rooms in April 2021. Swifts start to arrive back from their long tour of central Africa in May. We think that breeding adults return first and go straight back to where they bred last year. Younger, non-breeding swifts follow later searching for future nesting sites. Seeing swifts flying past or circling at box height is good news; swifts flying past and calling is better and swifts flying at boxes then peeling away at the last moment is great. Do keep an eye out if you happen to be walking past. Over 200 nest boxes were used by swifts last year in Suffolk which is an increase from 2021. House sparrows and starlings were also reported using the boxes and in 2022, one of our own boxes provided a nesting site for a family of blue tits. Swift conservation helps other species too!

Period for the Exercise of Public Rights: Accounts for Year Ended 31 March 2023

The Council has signed off its income & expenditure account for financial year 2022/23 and completed its Annual Governance and Accountability Return

(AGAR).

Each year the Council's AGAR also needs to be reviewed by an external auditor. The unaudited AGAR is published on our website and could still be subject to change following the external auditor's review. Any person interested has the right to inspect and make copies of the accounting records for the financial year to which the audit relates and all books, deeds, contracts, bills, vouchers, receipts and other documents relating to those records must be made available for inspection by any person interested. For the year ended 31 March 2023, these documents will be available on reasonable notice by application to our Responsible Financial Officer, please use contact details below, **commencing on 19 June 2023 and ending on 28 July 2023.**

Local government electors and their representatives also have the opportunity to question the external auditor about the accounting records and the right to make an objection. For full details of your rights, please visit our website or contact us direct.

Play inspectors needed

If you regularly visit any of the play areas we manage; Harry Higgins Play Park, Centenary Playspace, Jubilee Playspace, Kronjis Piece Play Area on the Recreation Ground or the bike trails please consider becoming a play inspector. Training and support is available from the Council and our experienced and friendly volunteer inspectors. Use the enquiries email, enquiries@martleshamcouncil.org.uk if you would like to know more. No previous experience is needed.

Solar panels for the Council Office

Martlesham Council has decided to go ahead with the installation of 24 solar panels on the roof which covers its office, the Parish Room and the Richards Room. A 10.66kw battery will store excess energy to be used to for evening meetings and functions.

Forthcoming meetings

Parish Council - Wednesday 5th July 2023
Recreation and Amenities Committee -

Wednesday 12th July 2023

Please note that Parish Council meetings will be held in the **Parish Room, Felixstowe Road, Martlesham, IP12 4PB**. All meetings start at **7.30pm** and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 - please leave a message if no reply and we will get back to you as necessary

e-mail: enquiries@martleshamcouncil.org.uk
website: <http://martlesham.onesuffolk.net>



Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

Dear Martlesham residents

Our parish is a great place to live and work. Martlesham Council and local volunteer groups are full of people working hard to protect and enhance our good quality of life through looking after our open spaces, recreational amenities and street furniture, and making their voice heard on planning and highways issues.

However, following the May election, we are left with only 9 parish councillors out of a possible 14 which means less people to share the workload and be involved with decision making. We are looking for people who care about the parish and can give up some time to work with others to make decisions in formal meetings but also to work in small groups to see projects through.

The council has a thriving climate action group who get involved in many different projects, such as the biodiversity calendar for residents completed in December 2021 as well as the delivery of a successful climate summit and our ever popular Martlesham Repair Hub. The group has even appeared on local TV and radio programs!

There are opportunities to design and influence facilities such as the bike trails, organise attractions for the fete, to plant trees and get involved in many aspects of conservation work such as gorse clearance and litter picking. There are numerous opportunities to make a difference, to have fun and keep fit and healthy while doing so.

We'd love to welcome new members with different skills, backgrounds, views and ideas for future projects to our team of councillors and hear what you have to say! You don't need any prior knowledge about parish councils; training is available if you need it.

Come along to one of our meetings to meet councillors, ring the Clerk on 01473 612632 or email enquiries@martleshamcouncil.org.uk to find out more. We'd love to hear from you!

***Yours faithfully
Martlesham Council***

MARTLESHAM HEATH SURGERY - PPG NEWS

The Martlesham Heath Surgery Practice and Patient Group (PPG) recently met for our May meeting. This was the first of our early evening meetings, aimed at attracting new members to the PPG.

The PPG discussed several different items with input from both the patient members and the Practice Manager, including:

- Plans to increase the amount of useable clinical space at the surgery are progressing, with quotes received and approval for these now being sought.
- The surgery will be offering card payment for chargeable services such as; surgery dispensed prescriptions, letters, medical certificates, private work, etc.
- The surgery is exploring offering delivery services for surgery dispensed medication.
- Current trainee GPs will finish their rotation at the end of July, with a new rotation commencing in August.
- A new patient leaflet is currently being finalised, delayed by the pandemic and changes within our surgery.

If you are interested in finding out more about the PPG please either email me at MartPPG@gmx.com or drop a note (with your name & contact details) into the surgery reception in an envelope marked for my attention (Tony Willmott, PPG Chair).

Tony Willmott - Chair, Martlesham Heath Surgery PPG

MARTLESHAM CLIMATE ACTION

Martlesham Repair and Climate Advice Hub - Now at the Parish room (next to the Community Centre)

The next Repair Hub will be on Saturday 8th July from 10-12. Note that the Hub is on holiday in August! The Climate Advice hub will be there as usual with advice on how you can do your bit to reduce your own carbon emissions and reduce your energy bills.

We are still looking for anyone to help organise the monthly Repair Hubs. You don't need to be a repairer. If you are interested, please contact us at martleshamrepairhub@gmail.com.

e-coli in Martlesham Creek - Further update

Following on from my letter and meeting with Dr Coffey regarding public safety issues as a result of Martlesham Creek being so contaminated with pathogens like e-coli, I have received an update. No progress yet on actual warning signs so be very careful with hygiene down there but encouraging:

Dr Coffey wrote to the Health and Wellbeing Team at Suffolk County Council. However, we still haven't heard back. Dr Coffey is following this matter closely and we will be in touch as soon as we hear back. Her letter emphasised the importance of placing signage at Martlesham Creek to deter people. She stressed the particular harm it could cause to young people as it is not a designated bathing site and is not regularly inspected by the EA. She was very clear in making a point of how important this is in preventing unsafe and perilous behaviour.

Heat pump efficiency and misinformation

Replacing a fossil fuel based heating and hot water system driven by gas or oil-fired boilers with an air-source heat pump is one of the best things you can do to significantly reduce your carbon emissions. Unfortunately, there is quite a lobby trying to rubbish heat pumps. The one that got me most annoyed recently

was from a 'journalist' writing in a well-known daily newspaper basically saying that a unit of gas burnt in a home boiler is better than a unit of gas burnt in a gas fired power station generating electricity. This completely misses the whole point of heat pumps: they are very efficient. Over the winter, my Mitsubishi heat pump averaged around 300% and, with a buffer tank installed, a Martlesham resident with the same heat pump averaged 400%. This means that for every unit of electricity consumed, the heat pump delivers at least 3 units of heat to radiators and/or a hot water cylinder. Even if the National Grid generated all its electricity supplied to us using gas fired power stations, a heat pump would still be responsible for less carbon emissions than a gas fired boiler. Further, the grid is rapidly decarbonising with renewables so gas fired power stations are actually currently responsible for about 50% of our electricity.

In a climate emergency, it is depressing to see various fossil fuel lobbies deliberately misleading us.

If your fossil fuelled boiler is getting old and you are considering replacing it, come and have a look at a recent heat pump installation in Martlesham by e-mailing martleshamclimateaction@btinternet.com

I replaced my gas boiler with a heat pump last October and can talk you through the process and advantages/disadvantages. I can also supply real world efficiency data from this last winter from my system if you are really interested!

Hope to see you at the village fete on Saturday, 15th July.

Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)

Website: www.martleshamclimateaction.onesuffolk.net

E-mail: martleshamclimateaction@btinternet.com

Twitter: @martleshamclim

District Council Election Results

At the election Edward Thompson and Mark Packard (both Like Dems) were duly elected.

A big thank you to everyone who voted for us, we will do our best to represent all of you. We will keep you updated on a regular basis about what is happening at the District Council.

As of May 24 a new group has been formed to run the Council. There are a total of 55 District Councillors and this group is made up of 11 Liberal Democrats, 16 Greens and 1 independent. This is a major shift in power locally and will result in a change in direction at the council.

East Suffolk Council is responsible for Rubbish Collection, Recycling Centres, Council Tax Collection, Housing and Planning. The most important change at the moment is that on July 1 rubbish collection will be run by a separate entity set up by the Council, taking over from Norse, which was a private company. This change was planned before we were elected.

You can contact Mark and Edward as follows:

Mark Packard

Email: mark.packard@eastsuffolk.gov.uk

Mobile Number : 07823 588645

Edward Thompson

Email: edward.thompson@eastsuffolk.gov.uk

Mobile Number: 07975 516592



Party, Party!

Are you thinking about having a BIG party? How about holding your party at Martlesham Community Hall or our Richards Room. We have a number of weekend booking slots available for your celebration.

Both the Community Hall and the Richards Room have been recently refurbished and both have Wi-Fi Internet access, a PA system and projector for you to use, at no extra cost. The Community Hall has kitchen and bar areas with serving hatches into the main hall. The Richards Room has a small kitchen area. You can check out the details on our website: mchall.org.uk



MARTLESHAM VILLAGE FETE

SATURDAY 15th JULY • 11AM - 4PM • THE GREEN

This year's fete offers a full programme of entertainment throughout the day; bringing the community together and celebrating the fantastic work of local groups, organisations and charities. With entertainment, various activities to try your hand at, exhibitions, a funfair and delicious food to sample, it offers fun for all the family!

On the stage

- | | |
|-------|--|
| 12.00 | Elvis songs with John Studd |
| 12.30 | Kesgrave Singers (inside the church) |
| 1.00 | Jazz |
| 2.00 | Photography Competition Prize Presentation |
| 2.30 | Sammy Jane |
| 3.00 | Martlesham Brass |

Plus Kesgrave Karate display at 1pm

Our Animal World

A special new attraction this year provides an opportunity for all, young and old, to enjoy a close-up experience with a wide range of animals. See ouranimalworld.com for more.



Plus...

Children's Fun Fair from Loads of Fun
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Art Exhibition in The Pavilion





Stalls

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Martlesham Heath Householders • Birchwood Primary • MH Aviation Society
Woolly Wonders • HomeStart • Electric Bikes
Plus local small businesses, youth groups and local organisations

"A Postcard from Martlesham"

Come and view entries for this year's photography competition at the Photo Competition Gazebo, with prizes presented on the stage at 2pm.

Eco Zone

Our own Martlesham Climate Action Group alongside Transition Woodbridge and others join us to advise and encourage us to combat the climate emergency on a personal level. Come along to find out about carbon reduction options, the Repair Hub, re-wilding and creating a wildlife friendly village.

Food & drink

The Runway Café • Church Centre • Admirals Fish and Chips • Roberto's Ice Creams
Homemade goodies at stalls • Or bring along your own picnic and enjoy it in the picnic area



St John's Ambulance



At Photo Competition Gazebo



Church Centre & Douglas Bader

Getting there

We encourage you to come by foot or by bike. If circumstances dictate you must use a car, please share lifts if possible, or consider one driver dropping off passengers and then returning home with the car and walking/cycling back to the fete. Due to the ongoing building works being carried out only very limited car parking is available.

Vehicular access to the Green will be for stallholders only. Please follow guidance from stewards.

With special thanks to

MHHL for use of the Green • St. Michael's Church • The Pavilion Management Committee
Kesgrave Army Cadets • St. John's Ambulance • Douglas Bader • Traders in The Square

The fete has been organised by a working party of Martlesham Parish Council



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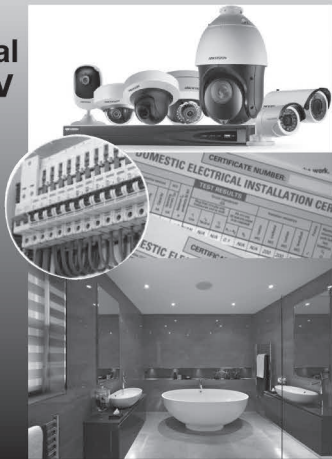


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MARTLESHAM CONSERVATION GROUP

Many thanks to those who came out on our work party and helped to cut and clear bracken on the heath SSSI. The area had small plants of heather coming through. Hopefully checking the growth of bracken will allow the heather to establish more extensively. Our long term aim is to increase the area of heather and reduce the area of bracken because heather supports a much wider diversity of wildlife than bracken and is particularly good for invertebrates, including the nationally rare Silver Studded Blue butterfly. They are not on the wing for long so early July may give the best chance to see them until next year. They may be seen around the clumps of heather next to the paths towards the southern end of the publicly accessible part of the heath SSSI.

We have two native species of snake present on the heath, the adder and the grass snake as well as two other native species of reptile the slow worm and the common lizard. These reptiles are cold blooded animals and consequently need to bask sometimes in sunny spots usually close to cover of some sort so that they can easily disappear if disturbed. Alternatively in hotter weather they may seek shade in order to lower their body temperature. If you come across one unexpectedly and you are concerned it is best to step back and let the animal get out of your way of its own accord. It may take a few minutes if the animal is cold. You should never try to pick one up or attempt to harm them. Adders are venomous. For further information consult the ARC (Amphibian and Reptile Conservation) website <http://www.arc-trust.org> has lots of useful subjects such as identification, conservation and FAQs.

Our work party in July will take part on Sunday 2nd July at 10 am. Please meet on the Heath SSSI on the bank that runs east-west across the site. We will aim to cut some more bracken and promote the growth of heather. No special skills are needed. Please consider coming along and giving us a hand.

The Heath SSSI is a very good site for butterflies. As well as the Silver Studded Blue butterfly other species that may be seen through July include the Meadow Brown, the Ringlet, the Purple Hairstreak, Large, Small, and Essex skippers, Small Tortoiseshell, Peacock, Painted Lady, Red Admiral, Large, Small, and Green Veined White and several others. Please take some time to take a look. You may even find some of these species in your garden.

Phil Smith 01473 625630
martleshamconservationgrp84@gmail.com

MARTLESHAM WILDS

It is really exciting to be invited to write a monthly update about Martlesham Wilds - Martlesham's new, 289 acre nature reserve at the edge of Martlesham Creek. As the Engagement Officer for Martlesham Wilds, I hope I have met many of your readers and I hope to meet many more in the coming months, either on a led-walk at the reserve, or out and about at other events.

While the farmer is still farming the land until the Autumn, we are concentrating efforts on firstly, letting people know about the new reserve, and also, fundraising to pay back the £1 million that we borrowed to buy it! So far, we have raised an amazing 54% of the funds and we have until October to raise the rest. We are astounded by the generosity of local people, businesses, and our members, who have really shown us how much the idea of saving this space for nature, has really captured hearts and minds.

We have been bowled over by such incredible fund-raising efforts locally. Martlesham Primary Academy have made us their charity of the year; local children have run a bake-sale; a chess tournament has been organised, and one incredible member even run a marathon - all raising valuable funds to help secure this reserve. However, we still have a way to go! If you would like to help us save this space for nature to recover and thrive, please do look us up at www.suffolkwildlifetrust.org/martlesham-wilds or even better, if you would like to find out more, come and join us on a Discovery Walk, bookable on line at www.suffolkwildlifetrust.org/events or contact TeamWilder@suffolkwildlifetrust.org We would love to hear from you!

Family sessions bookable on-line for the Summer holidays are:

Family Discovery morning Mon 31 July 10am

Let's get active and explore Thurs 10 Aug, 10am

Family Discovery afternoon Thurs 17 Aug, 2pm

What makes a nature reserve? Wed 23 10am

Charlie Zakss



PORTAL WOODLANDS CONSERVATION GROUP



In May, our Volunteers laid wood chippings on the worst worn and churned up parts of the woodland paths. A small team remodelled part of the 'moat' around the northern revetment to discourage bikers from riding on the revetment and damaging it. For this reason, and for the safety of walkers, we ask that cyclists stay on the concrete path. Bluebells (*Hyacinthoides*) were still showing well and an unusual spider, the woodlouse spider (*Dysdera crocata*) was spotted.

Our next Volunteer work morning is Saturday 15th July from 10:00 to Noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman



BRIGHT STARS

Bright Stars Activities sheets for preschool aged children.

Would you like to receive them?

Due to various circumstances, at the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or story from the Bible. We heard last time about Captain Cornelius who was an important soldier from Rome. He saw an angel who told him to invite Peter, a disciple of Jesus, to stay with him. Peter was told by God it did not matter where you come from or what colour your skin was as God loves everybody the same. They then travelled to Captain Cornelius's home where Peter told the Captain's family and friends all about Jesus.

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact:

Sonya & Maureen Burrows Tel.01473 625196

KESGRAVE LIBRARY NEWS – July 2023

Summer Reading Challenge

Saturday 15th July – Sunday 3rd September.

This year's theme is **Ready, Set, Read** is all about reading and sport.

Kesgrave Library is running the following sessions throughout the challenge:

Monday 9.30 – 12.00 p.m.

Tuesday 2.30 – 5.00 p.m.

Wednesday 2.30 – 5.30 p.m.

Thursday 2.30 – 5.30 p.m.

Friday 9.30 – 12.00 p.m.

Saturday 2.30 – 4.30 p.m.

Sunday 10.00 – 1.00 p.m.

This is a free activity and open to all ages from pre-school upwards. Children will need their own library card, which can be issued before the challenge begins. Please speak to staff. Adults will need to bring ID to act as guarantor.

To finish the challenge each child needs to read 6 books of their choice, at least one of which needs to be non-fiction. There are prizes and stickers throughout the challenge to motivate our young readers to finish, as well as competitions to enter.

We are launching the challenge on Saturday 15th July at 2.30 p.m. and this year we will be holding a finisher's presentation on Sunday 10th September. Details will be given out on completion of the challenge.

Summer Reading Challenge Draw – Throughout the Summer Reading Challenge, the Kesgrave Library Friend's Group are fundraising for the Library by running a draw. Tickets will cost 30p each or 5 for £1.00.

Maggie Lusher

Kesgrave Library Manager

Tel: 01473 626103 www.suffolklibraries.co.uk

Speak Easy at Martlesham

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to practice speaking, to compete, and to evaluate.

We meet at Richard's Room in Martlesham, and we are also using our to enable greater participation, including from abroad. We encourage new members to join us in the room, where we add the online audience giving us the experience of one meeting.

Guests are welcome to join Speak Easy to see what we have to offer, and to take part if you would like. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout.

We hope you will choose to become a member, whether to beat public speaking nerves, develop your abilities, enter competitions, or help us run the club!

Speak Easy meetings are held on alternate Thursdays. The next are 8th and 22nd June, and 6th and 20th July Join at 7:00pm for a 7:15pm start and finishing at 9:30pm

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green:Adam Green:

vprr@speak-easy.org.uk

or www.speak-easy.org.uk

or find us on Facebook: Speak Easy Martlesham

Badminton Summer Club in Kesgrave

Woodbridge Badminton Club is currently running its summer club at the Kesgrave Community Centre Sports Hall.

This runs on Friday evenings from 7:30pm to 9:30pm on a pay-as-you-play basis (£6/night) until the end of August.

We welcome a range of abilities but unfortunately not complete beginners.

You can find out more online at <https://www.woodbridgebadminton.co.uk> or email contact@woodbridgebadminton.co.uk or ring Jim Cavanagh on 01728 723 900.

U3A Walking Netball Group

are looking for new players! We are a friendly group of over 55s who enjoy playing this sport. Walking Netball is a gentler form of the game you may have played at school, with no running or jumping. It is a very sociable way of keeping fit and having fun. There is no upper age limit and all ages and abilities are very welcome. All equipment is provided.

We meet once a fortnight on a Thursday morning at 11.15. Venue is Ipswich School Sports Centre, The Street, Rushmere.

Postcode IP5 1DE. Sessions last one hour and there is an opportunity to stay at the end for a hot drink and a chat. There is plenty of parking on site. Cost is £5 per session – come along for a free trial session.

For more information contact Angela Bell on 07747670262.

MARTLESHAM IN BLOOM

The Wild for Wildlife event held at Martlesham Recreation Ground and Kronji's Piece in conjunction with Suffolk Wildlife Trust on 21st of May was a lovely bright morning.

Volunteers and those who came created a stag beetle stack near the play area with Charlie Zakss from Suffolk Wildlife Trust. It consisted of a number of logs buried upright in a large hole so that only about half is visible above ground. We are very lucky to have stag beetles in the area. They are Britain's largest beetle and if you are lucky, you may spot the adults out between May and August. They lay their eggs in decaying wood in which the larvae live for up to six years before pupating and turning into adults. As well as looking round the area at some of the different wildflowers, buzzards, swifts, and oystercatchers were seen and great tits, nightingales and sparrows were heard; these were marked on a map of the Recreation Ground.

The Recreation Ground is just upriver from Martlesham Wilds and forms part of a wildlife corridor, this area of natural habitat enables the wildlife to spread into neighbouring areas. Thank you to everyone who came on the morning.

The good news is that our gardens however small can help create wildlife corridors which in turn connect other areas of natural habitat which is vital in helping our wildlife. Writing this at the end of May it has been lovely to see the areas of grass with wildflowers left to grow long in gardens and on verges - like natural informal borders! If you have an area of long grass why not leave at least some of it long throughout the rest of summer to continue providing habitat for insects, interest for you and help your garden become part of our local wildlife corridors. Do remember to grow many different types of plants and flowers to encourage bees, hoverflies, butterflies, moths, beetles, and other insects to visit your garden.

For further information about Martlesham in Bloom please contact:
martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on Tel. 01473 625196



MARTLESHAM LADIES CLUB

We concluded a successful season with our AGM at the end of June and will now take a two month summer break. There have been some interesting speakers at our fortnightly meetings. These included talks on fire safety, prison visiting, coping with dementia and recognising and avoiding scams. There were visits from Slimming World and a Ukulele band. We had an enjoyable coach trip to a local Garden Centre and played 'Bag Beetle' one afternoon. The Social Secretaries are already busy planning next year's programme with another coach trip and cream tea mentioned!

Meetings are held on alternate Thursday afternoons at 2 30pm in the Richards Room. To find out how to join our friendly club in September contact June Peck Tel 01473 790126

DEBEN ROTARY NEWS

One of our members, Rotarian Ian O'Brien Baker, recently had the distinction of completing 50 years as a Rotary member. At our recent Club Assembly this was recognised when Ian was presented with a Rotary Long Service certificate in the presence of District Governor Ian Elliot and Deben president Simon Smith.

Our annual Charity Golf Day takes place this year on 18th August at St.Audrys Golf Club. As in previous years the format is teams of four playing 18 holes Greensomes. The entry fee is £25 per player to include bacon butties on arrival, with the proceeds being shared by Just 42 and the End Polio Now campaign. Closing date for entries is 11th August. Further details can be obtained from Ivor Guppy on 07790 438836 or at guppy952@btinternet.com Entry forms can be downloaded from the Deben Rotary website www.debenrotary.org.uk

MARTLESHAM WI

There was a good turnout from members at our June meeting despite the hot weather. We were fortunate to have a speaker called Wendy Smith who is a line judge at Wimbledon.

Wendy wondered how long line judges would be needed with the advances in modern technology when she told us that this year will be the 39th year she has officiated at Wimbledon! Wendy explained how she goes to Ralph Lauren on Savile Row to be measured for her Wimbledon uniform. All the line judges are also graded to determine what line they are allowed to judge and Wendy talked about the technique she uses to check a fast serve is within the lines. Every day the line judges are assessed for their competency to help decide who will get to judge in the finals, matches they all, of course, would like to officiate at.

We heard about players including Andy Murray, who only likes to serve with the ball he won his previous point with and about some players who will only take balls from the left or right of the court. Wendy spoke highly of the 300 ball girls and boys, all from local schools who start their training in January every year.

Our competition this month, was titled 'something with strawberries' and the winning entry was delicious shortbread with strawberries on top, which we all enjoyed eating. Martlesham WI meet on the third Friday of the Month at the Pavilion by the Green, doors open at 1:45 for a 2.00pm start and the meeting ends at 4pm. Our next meeting is on 21st July.

If you would like further information, please contact Valerie Jones valeriejones53@hotmail.co.uk

MARTLESHAM HEATH AVIATION SOCIETY

On Friday 2nd June – Paul Ross, in a fascinating talk, gave us "The Silver City Story" – about an independent airline that set up just after World War 2, that initially started off flying short hops from the south coast from Kent to the other side of the Channel, and later from Southampton to the Cherbourg Peninsula.

Our Control Tower Museum continues to attract a steady stream of visitors – including some from far afield. Recently we welcomed 4 of the sons of United States Army Air Force Pilot Bill Crump – who in World War 2 smuggled a young Coyote (which he called "Jeep") into Britain. He took Jeep in his P47 *Thunderbolt* fighter bomber on a few combat missions.

Sadly, Jeep died whilst here, run over by a real Jeep. He is now buried in the grounds of Playford Hall.

To find out more about this and the many other stories about the Martlesham Heath airfield – visit our Museum, open Sunday afternoons.

On Friday 7th July at 7:30pm we welcome Clive Denney and his wife Linda. In this re-scheduled illustrated talk "A Tigers Tale" we will hear the story of how they rebuilt and renovated a classic De Havilland *Tiger Moth*. This talk takes place at The Martlesham Heath Community Centre, Felixstowe Road, Martlesham Heath IP12 4 PB. Admission is £5 for non-members, £3 for members. You can, if you wish, join the Society on the night.

Lastly – we are still taking Bookings on a Sunday 6th August Coach Trip to *An Air Carnival*, at the fascinating *Shuttleworth Collection* in Bedfordshire.

To find out more look at our website www.mhas.org.uk or call Howard King on 01473 274300. Also visit our Facebook Page via a link from our website homepage.

MARTLESHAM BRASS
'MAKING MUSIC FUN IN EAST ANGLIA

Martlesham Brass Main Band are taking part in Ipswich Music Day on Sunday 2nd July at 2.00pm in St Margaret's Church.

The Intermediate Band are really looking forward to the Martlesham Village Fete on Saturday 15th July - you can catch them on The Green from 3.00pm.

The following day, Sunday 16th July, the Main Band will be in The Arboretum, Christchurch Park, Ipswich between 2.30pm & 4.30pm as part of the Brass on the Grass series of concerts. You can just drop by to listen for a few minutes or spend all afternoon in the lovely surroundings of Christchurch Park.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - please note we operate a waiting list for new members

Liz Howard (Publicity Officer)
publicity@martleshambrass.co.uk 07544 962205 Registered Charity No.1100922.
Visit our website www.martleshambrass.co.uk

ST ELIZABETH HOSPICE USED STAMPS AND FOREIGN/OLD BRITISH COINS APPEAL.

Our local hospice in Foxhall Road, Ipswich is an amazing charity which provides services free of charge, as well as offering practical advice and family support. The hospice services cost around £12.9 million a year to run, and the charity needs to raise 70% of the funds through the generosity of the community, its retail shops and many fundraising events.

One way of fund-raising is the collection of used stamps – both British and foreign. The stamps are sorted by dedicated volunteers and sold by internet auction, ending up in stamp collections around the world. For instance, an old Mercury stamp collector's album was recently sold separately at auction and raised £18. Old British coins, and foreign coins left over from your holidays abroad can also be sold. The hospice makes around £3000 per year from the sale of these used stamps and coins.

So if you've been having a clear out recently and have discovered a collection of unwanted used stamps or foreign coins please drop them through my door (just remember please to leave a 1cm border around the stamps to avoid damage to the perforations). And if you can't get to me the hospice shop in Gloster Road, Martlesham Heath and the library at Kesgrave are also collection points for your stamps and coins.

Thank you so much for your continued support,
Bev Read. 15 Demesne Gardens Martlesham Heath.

OUR CHRISTIAN AID WEEK 2023 TOTAL

Thank you to everyone who made a donation this year either in a red envelope or online, and to all the volunteers who delivered envelopes. Our red envelope collection totalled £395 (£464.90 with gift aid) – a good amount for a delivery-only collection on a limited number of roads – and our e-envelope total is currently £665 (£820 including gift aid). This gives a grand total of £1,284 so far, but there's still time to add to that! You can give online at <https://envelope.christianaid.org.uk/martlesham-benefice> or directly to Christian Aid on their website or over the phone by calling 08080 006 006. The need worldwide just seems to be growing every day, and making a donation is a wonderful way of sharing love with our vulnerable neighbours living in poverty. On behalf of the poor and vulnerable people of the world, thank you.

Carolyn Smith

THE ORWELL SINGERS
SUMMER CONCERT

Saturday 1st July
7.30 pm

St Michael & All Angel's Church,
Martlesham Heath, IP5 3PL,

with Musical Director, Lindsay Gowers,
and accompanist, Ian Ray.
Entrance will be £9 for adults and free
for accompanied children, cash
payable on the door.

Refreshments will be served in the
interval.

Quiet Garden Days at Dairy Farm
Brightwell

The Quiet Garden Movement flows from the example of Jesus's withdrawal to natural places to pray and his invitation, 'Come with me by yourselves to a quiet place and get some rest' (Mark's Gospel 6.31).

Slow down. Take time out. Breathe deeply.

Quiet Gardens provide hospitality and a safe, quiet space for coming home to yourself, for spiritual contemplation and reflection. If this is something that would appeal to you the following dates are available to book:

Thursday June 29th,

Thursday July 27th,

Thursday August 24th

and Thursday September 21st 2023

A light lunch is provided with the day running from 10am to 3pm. Booking is essential as numbers are very limited. The garden has many

steps and slopes, but plenty of seats.

To book: email
dairyfarmquietgarden@gmail.com
or speak to Bob James on 07921919651

MARTLESHAM COMMUNITY HALL
AND RICHARDS ROOM

You can find out about our venues
at our website - mchall.org.uk
You can check hire rates, if they're
available and make an online
booking request

Alternatively you can call our Booking
Secretary on 01473 623 203. If leaving a
message, please speak slowly and repeat

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great
location for children's parties at the
weekend.

You can check availability and book the
Pavilion online at:

martlesham.org.uk/pavilion

Alternatively please contact the booking
secretary:

Email: bookingsecmhp@gmail.com

Phone: 07732 199712

MARTLESHAM VILLAGE HALL
TOP STREET

Although we have regular bookings for
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*For any queries or bookings please
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READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035
Carolyn Smith 74 Heathfield, Martlesham Heath

ELDERS: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 2nd July	St Michael's 9.30am Coffee and pastries 10am Breakfast Church St Mary's 11am Holy Communion	5pm Zoom After Hours
Sunday 9th July	St Michael's 10am Holy Communion with Junior Church St John's 6.30pm BCP Evening Prayer	10am Holy Communion
Sunday 16th July	St Michael's 10am Morning Worship St Mary's 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
Sunday 23rd July	St Michael's 10am Holy Communion St John's 6.30pm BCP Evening Prayer	10am Holy Communion
Sunday 30th July	St John's 10.30am Benefice Holy Communion outdoors	

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services Wednesday 12th and 26th October: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

July

5 the residents of Bradford Court
6 for all working for peace and reconciliation
7 for those in a precarious financial position
8 give thanks for those who care for us
9 give thanks that God is always with us
10 greater understanding between those of opposing views
11 for midwives and new parents
12 for the residents of Broomfield & Broomfield Mews
13 give thanks for all volunteering with Home Start
14 for all in Ipswich hospital, patients and staff
15 for community enjoyment at Martlesham Village Fete
16 give thanks for those who helped us come to faith
17 for all grieving the loss of a loved one
18 for trust and friendship between people of different faiths
19 the residents of Buckingham Close
20 for MP's as parliament enters summer recess
21 for pupils and staff at the end of school term

22 for those campaigning for justice for the oppressed
23 for all who cannot worship openly today
24 parents anxious about finances during the school holidays
25 St James' Day: pray for ourselves & our pilgrimage journey
26 the residents of Burgess Place
27 the Childrens' Society's work with young homeless people
28 give thanks for medical advances & the researchers responsible
29 inner peace for those struggling with poor mental health
30 that we may worship God together in spirit and truth
31 for all who feel lonely in this holiday season

August

1 give thanks for entertainment and art that give us joy
2 the residents of California
3 for our Parish Councillors and Parish Council staff
4 for all young people waiting for exam results

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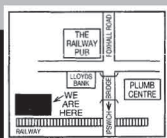
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