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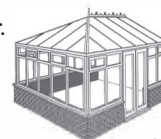


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Martlesham Monthly

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FRONT COVER

A swan on Martlesham Creek from Chris Rodgers.

Online:

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And on Facebook

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Please email contributions to
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The copy deadline for issues is the 12th of the previous month. Contributors are requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.

Tree of the Month – Eucalyptus, *Eucalyptus gunnii*

This magnificent eucalyptus tree can be seen to the rear of Westland, Martlesham Heath on the edge of the western corridor. At approximately 25m tall, it is a notable feature of the area, providing a habitat for many different birds and mammals.

Eucalyptus gunnii, commonly known as cider gum, is a species of large evergreen tree native to the island of Tasmania, Australia. Of note are the elliptic or egg-shaped grey to bluish-green leaves which are fragrant and give off essential oils when they are creased or burned, a favourite with florists and flower arrangers. Many thanks to a local resident for bringing this wonderful tree to the attention of the Tree Wardens.



GIRLGUIDING

Currently we have 1 Rainbow Unit (ages 4 – 7), 1 Brownie Unit (ages 7-10) & 1 Guide Unit (ages 10-14) meeting on the Heath.

If you are interested in joining as a young member, or helping as a volunteer, please contact www.girlguidingsuffolk.org.uk & select the "join" or "volunteer" buttons on the home page.

Come & join the fun & start your guiding adventure today!"

1st MARTLESHAM SCOUTS

We have Beavers (6-8) who meet each Tuesday, Cubs (8-10.5) each Monday, Scouts (10.5-14) each Thursday and Explorers (14-18) who meet the first Monday of each month. For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk. For becoming a helper or hiring the Scout HQ, please contact Lindsay lindsayfw@msn.com.

POLICE

In case of emergencies please always call 999. In non-emergency situations call the new number 101. Email the Safer Neighbourhood Team woodbridge.snt@suffolk.police.uk

MOBILE LIBRARY TIMES

Tuesdays (Route 10)

Angela Close: 1.30-1.45pm
Bridge Farm Day Nursery 1.50-2.20pm
Falcon Mobile Home Park: 2.30-2.55pm
Douglas Bader: 3.00-4.15pm
May 6th 2025
June 3, 2025

Thursdays (Route 3)

Play2Day Nursery Gloster Road 10.10 - 10.40,
Douglas Bader: 10.50 - 11.50
May 22, 2025
June 19, 2025

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of volunteers funded entirely by donations who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact johnny.dixon@btinternet.com

Martlesham Council

Annual Parish Meeting

Thank you to all our residents who attended this year's Annual Parish Meeting at the end of March. Grant cheques from the Parish Council were presented to Martlesham Conservation Group, Headway Suffolk, the Greenways Project, Suffolk Wildlife Trust, Martlesham Bowls Club and Martlesham Heath Aviation Society. Those present at the meeting heard informative reports from some of these organisations as well as the Council. After the meeting, there was an opportunity to enjoy refreshments and a chance to talk to councillors and council volunteers. The Clerk Lisa Burgess provided an inspiring display of the Council's work which was appreciated by all attendees. Congratulations to all those who helped to make the evening such a great success.

Martlesham Council approves a new policy and an Emergency Plan

At its April meeting the Parish Council approved a Parish Biodiversity Policy aimed at working towards conserving and enhancing the biodiversity of the Council's area and guiding our future biodiversity action planning.

The Council also approved a Community Emergency Plan aimed at enhancing the resilience of Martlesham Parish in the event of an emergency and reducing the impact of any incident on our community.

Both documents will be posted on to our website where there is a wealth of information for residents to view relating to Council activities.

Proposed Neighbourhood Watch Scheme

Martlesham Council would like to hear from any residents who might be interested in joining a Neighbourhood Watch scheme and Police Connect. Further details can be obtained from the Council.

Diamond Jubilee Bike Trail Update

Following damage to this facility, reinstatement works have now been completed, and the bike trails are open for use. Reinstatement has cost a considerable amount of money. The Council would be grateful if all users would please respect the design and refrain from altering it in any way so that it remains safe for all to use.

Forthcoming Meetings

All Council meetings are open to the public, who are welcome to ask questions or make comments to the Council during a public forum.

The full list of this month's meetings is as follows:

Wednesday May 7th _ Annual Meeting of the Parish Council

Wednesday May 14th _ Recreation and Amenities Committee

Wednesday May 28th _ Finance and General Purposes Committee

Before attending any meetings, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Councillors and staff can be contacted at the Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4BP. Telephone 01473 612632. Please leave a message if no reply and we will get back to you as necessary. Email enquiries@martleshamcouncil.org.uk Please follow us on our Facebook page which is @martlesham Parish. The full address is <https://www.facebook.com/martleshamParish>

Pop Up Shop

St Michael & All Angels Church
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**All are welcome to join us for our
church service at 10am
and/or tea and coffee at 11am**

Martlesham Village Fete

Saturday 19th July 11.00 – 4.00

The Green Martlesham Heath

Plans are going well and we have stalls already booked which include charities which do a lot of good work in Martlesham and the surrounding districts. We will also welcome exhibitors from local businesses which will provide ideal purchases for yourself or delightful gifts for friends and family. A third group of stalls will be from those organisations which make Martlesham a great place to live in, as they provide facilities and services for us all and work towards safeguarding our environment.

Stalls are still being booked so this can only give a flavour of what to expect. If you are interested in having a stall to publicise your business, crafts or activities please contact the organisers as below.

Continuing to highlight the special attractions we have for children, here are details of one that also welcomes us "grown ups" to take part in its activities.

The Actor's Training Academy (also known as TATA) writes that it provides a high quality, fun and inclusive actor training for ages two plus - from storytelling at an early age to learning the fundamentals of acting to devising from industry professionals TATA caters for all. The Actors Training Academy will be available to chat to, book a trial and see what they get up to in their company from tots to adults. tataUK.co.uk

The fete is organised by a working group of Martlesham Council which can be contacted at mvfete@gmail.com if you have any questions or would like to book a stall or volunteer to help

MARTLESHAM HOUSEHOLDERS LTD

Please use the MHHL Website

On a regular basis we are asked questions about a whole host of different issues with regards to Martlesham Heath. About 90% of these queries could be resolved by simply looking at the MHHL website. A lot of effort has gone into this website, and you will find a lot of answers on the website. The website includes information on the various covenants. Furthermore, you will find information about the policies including car parking, GDPR, Building Work, Fire Breaks, Trees, Drones & CCTVs etc. Additionally, you can find an interactive map of Martlesham Heath and much more information. Please refer to www.mhhl.co.uk

Tree Policy

Martlesham Heath Householders Limited (MHHL) is responsible for maintaining many trees throughout Martlesham Heath village and has four primary aims with regards to the management and maintenance of its tree stock as follows:

1. Reduce, and maintain at as lower level as reasonably possible, the risk from the existing tree stock to persons and property
2. Preserve the existing tree stock
3. Enhance the existing tree stock
4. Comply with legal obligations

Intervention will only be undertaken when there is a genuine and justifiable benefit to be gained from an arboricultural perspective that complies with one or more of the four primary aims.

Competent and qualified arboriculturalists undertake regular systematic inspections and report their findings to MHHL, including the specification and priority of any works required. The trees on MHHL land are divided into two zones. Zone one (high use) is where there is frequent public access to trees and Zone

two (lower use) is where trees are not subject to frequent public access. Where any potentially actionable health and safety defects are identified, the arboriculturalist will consider the severity of the defect, the location of the tree and the hazard consequences of the defect. They will then ascribe a priority of response to address the matter of concern. Health and safety and legal obligations are always going to be MHHL's highest priority thus ensuring the safety of all those who enjoy the woods. Please refer to www.mhhl.co.uk

Annual General Meeting

The Martlesham Heath Householders Limited AGM will take place on Wednesday 11th June 2025 at the Martlesham Heath Pavilion starting at 7.30pm. All members/owners will receive the notice. Please take time to read the notice and attend the meeting. It is an ideal time to ask questions and learn more about what is happening on Martlesham Heath.

Volunteers

This is a call to any residents who would like to volunteer a bit of time. It is important that a good base of volunteers is maintained. For anyone interested it is a good opportunity to see what goes on behind the scenes and have your say on a variety of issues that arise from time to time. Should you be interested please leave a voicemail on 01473 612207 or send an email to martleshamheathhouseholders@gmail.com

Contact and further information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

Martlesham in Bloom



Summer weather, sunny and dry, came earlier than usual in March and April, meaning lots of shrubs and trees have already or are already flowering.

Some native plants such as bluebells have also come into bud and started flowering early in places. Remember to water any herbaceous plants, shrubs and trees which you have in containers particularly if the weather stays warm and dry. Now will also be a good time to give them a feed with fertilizer to help them grow as many will have put on leaf, started to grow and either be flowering or developing flower buds.

If May continues to be dry and warm many annual plants that you have sown and are growing on maybe getting bigger, seedlings can be planted up into bigger pots undercover to encourage them to grow ready for planting out later. Be careful of planting these out too soon into the garden because there may possibly be a few cold nights when they will suffer if left outside unprotected. It is

worth hardening them off first by putting them out during the day and either bringing them in at night, putting them under protection, or covering them with horticultural fleece at night and doing this for a couple of weeks so they get used to conditions ready to put out in the garden end of May early June. If you do plant them out be prepared to protect them at night in situ whenever it is cold.

Lots of seeds can be sown in May to give you a succession of flowers for you to enjoy and to ensure that there is a good supply of nectar and pollen for the insects over the coming months. Cosmos, borage, nasturtiums, night-scented stocks, candytuft and nigella can all be sown where you want them to grow and flower, either the open ground or in containers. Another sowing of all the bean family now can help with a succession of flowers for bees to pollinate and therefore food for you.

For further information about Martlesham in Bloom please contact: martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on Tel. 01473 625196

Martlesham Heath

Open Gardens 2025

Saturday 7th June 2025, 1.00 to 5.00 pm

Come and enjoy an easy afternoon walk and discover hidden private gardens, open in aid of Martlesham Conservation Group, 1st Martlesham Scout Troop, and St. Elizabeth's Hospice. There are many delights for gardeners, other highlights include a model railway and a Georgian Dolls' House.

£5.00 adults, accompanied under 11s free.

Tickets and route maps available on the day from 12 noon at the Martlesham Scout Hut, or may be pre-purchased on Thursday 5th June between 6.30 pm - 7.00 pm. The Scout Hut is next to the church, opposite the car park by the Douglas Barder pub, in the village square.

BRIGHT STARS



Bright Stars Activities sheets for preschool aged children.

Would you like to receive them?

At the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, we used to meet in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or a story from the Bible.

Before Easter we looked at the Easter story, including palm fronds to make for Palm Sunday and Easter cards to colour celebrating new life at Easter.

If you have or look after a child/children of pre-school age, or slightly older and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact:

Sonya & Maureen Burrows Tel.01473 625196

HEDGEHOG NURSERY

Do you have a child aged 3-4 years old? Are you looking for high quality care and learning in a stimulating environment? Have you thought about the huge benefits of sending your child to a school Nursery?

Hedgehog Nursery is open Monday to Friday for 3 and 4 year olds during term time. We offer wrap around care from 7:30 to 18:00 with our breakfast and afterschool clubs.

Hedgehog Nursery is part of Gorseland Primary school and is led by a dedicated team of qualified and experienced staff. We are very lucky that we have the use of the school's fantastic facilities including our forest school, library, large sports hall and extensive grounds to explore. This makes our provision very special. We provide a learning atmosphere where children can explore and investigate in a safe, stimulating and challenging environment. We capitalise on the children's interests to springboard them into learning experiences that extend what they can already do.

If you are 'curious' and have a 3 or 4 year old, please don't hesitate to book a tour of the Nursery, via the school's website, or contact the school office instead on 01473 623790. We warmly welcome families from our community to come to see us in practice.

KESGRAVE LIBRARY NEWS –

Sunday Crafts 10.00 – 12.00 noon – during May we will be making the following crafts:

Sunday 4th – Today is Star War's Day. Pop along to create a Star Wars vehicle.

Sunday 11th – This week we are creating popsicle frogs. Hop along to the library to take part!

Sunday 18th – The 20th of May is World Bee Day – make a bee to celebrate this amazing insect.

Sunday 25th – Yesterday was Elmer the Elephant Day. Make an Elmer to take home.

Activities are free. Parents must stay with under eights.

Word Play Sessions – Every Thursday Morning. Trained staff run these free sessions.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.15 a.m. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – Fridays 9.45 – 10.15 a.m. Fun stories, rhymes, and songs – this is a free activity. We hope to see you soon.

Lego Club – every Tuesday 3.30 – 4.30 p.m.

Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Stay and play – Every Tuesday 10.00 – 11.00 a.m.

Bring your little ones to our Stay & Play group for a relaxed and informal opportunity to meet other parents and carers, share experiences and chat.

Our Stay & Play groups are a chance for parents to socialise and give their babies and young children a fun, interactive play session that engages their senses and helps their development. These sessions are suitable for under 5s.

This event is part of our Me Myself and Baby perinatal support service. The aim of the project is to help reduce isolation and improve emotional wellbeing for new parent.

Morning Book Group – Tuesday 6th May 10.00 a.m. at the library. The group are discussing Lessons in Chemistry by Bonnie Garmus.

Afternoon Book Group – Thursday 1st May at 2.45pm. They are currently reading Love Is Blind by William Boyd.

Evening Book Group – Thursday 29th May 7.00 – 8.00 p.m. The group are currently reading The Four Winds by Kristin Hannah.

If you are interested in joining any of the above book groups, please contact library staff on 01473 851374. The library supplies copies of the titles being read.

Wednesday 28th May am. – we are hoping to have Pennikity Pots at the library on the above date. Keep an eye out for posts on Facebook and posters in the library on how to book a space.

Recycle Your Ink Cartridges – Did you know that Kesgrave Library is a drop off point for printer ink cartridges, whether used or out of date (apart from laser printer cartridges). Every donation of a used cartridge helps the library to raise funds.

Printing and Photocopying – You can print and photocopy at your local library. We can print A4 colour and black and white, as well as photocopy in A4 and A3.

We are also able to scan to email and enlarge and reduce documents.

Home Library Service – If you would like to access the library but are unable to visit us, Kesgrave runs three home library routes, where volunteers come out with a selection of books to your homes. To access this service, whether you are house bound, recovering from an operation, receiving treatment for an illness, or enquiring for a relative/friend or someone you care for, please ring the library 01473 851374 or log onto the Suffolk Libraries website and complete the online form.

Book Donations – We are still looking for good quality book donations, mainly fiction – adult or children to fundraise for the library. Please speak to staff if you are interested in donating some items to us.

Thank you to everyone who has already donated items to the library.

Tel: 01473 626103 www.suffolklibraries.co.uk

Birchwood Primary School PTFA

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At approximately 12.30pm there will be a large fly past

Kesgrave Library Opening Hours:

Bank Holiday Closure – the library will be closed on the following dates Monday 5th and Monday 26th May.

Opening Hours –

Monday 9.00–12.00 noon
Tuesday 9.00–12.00 noon/2.30–5.00 pm
Wednesday 2.30 – 6.00 pm
Thursday 2.30 – 8.00 pm
Friday 9.00–12.00 noon/2.30–6.00 pm
Saturday 10.00–5.00 pm
Sunday 10.00–3.00 pm

MARTLESHAM WILDS

Spring is coming, blossom is looking glorious in our hedgerows and the dawn chorus is hotting up as bird breeding season gets going! At Martlesham Wilds the beautiful songs of skylarks and woodlarks can be heard all the time. The woodlarks Latin name is *Lullula arborea*, as the song is often described as a "lu-lu-lu". The Skylark has a stunning melodious warble, performed during a high, hovering flight. Can you recognise both songs as you walk?

It is especially important at this time of year to be aware of the disturbance dogs can cause to both of these, and other, ground nesting birds – birds may abandon their nests if they are feeling unsafe - so please do help us to look after our wildlife by keeping dogs on leads on our reserves, and helping to spread the word.

We are waiting to see what bursts into flower this year in the ex-arable fields. Before the knapweed appeared last year, there was a wonderful array of arable wild-flowers, and we wonder if this year will be any different. We will be starting flora surveys soon to continue with the monitoring of how the site changes and develops. Watch this space!

You may have seen a new bridge just off the footpath next to the grazing marshes. This has been put in for the new King Charles III Coast Path. There is no access across it yet, but it is coming soon and we hope the path will be open this year.

Join the team at Martlesham Wilds to find out more – bookable on line at www.suffolkwildlifetrust.org/martleshamwilds

Thurs 1st May 10-12pm 'It all begins with Soils' – discover how important the soil is to wildlife.

Weds 21st May 2-4pm 'Sounds and Sights of Spring' - the title says it all!

We look forward to seeing you soon!



Woodlark by Stefan Johansson

Skylark by Amy Lewis

Portal Woodlands Conservation Group

In March, our Volunteers carried on clearing the paths and brambles around the fuel tanks. They also gave Peter's Gate a coat of paint. Spring has brought out lovely displays of daffodils (*Narcissus*), sweet violet (*Viola odorata*) and lesser celandine (*Ficaria verna*).

Our next work morning is Saturday, 17th May, from 10:00 to noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome; no experience is needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone 01473 612632, visit our Pwebsite: Photowww.martleshamparishcouncil.org.uk/what-we-do/portal-woodlands-working-group, or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman





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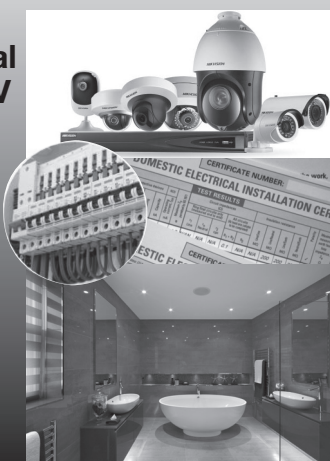
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Unit N Bristol Court, Betts Avenue, Martlesham Heath Business Park, Ipswich, Suffolk IP5 3RY

info@debencarpetsandflooring.co.uk

[DebenCarpetsAndFlooring](https://www.facebook.com/DebenCarpetsAndFlooring)

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MARTLESHAM HEATH AVIATION SOCIETY

Yet another very well attended monthly meeting.

Pieter Shipster gave a wonderful talk on the Schneider Trophy and had prepared a wonderful amount of information on the subject both verbal and visual which took place between 1913 and 1931 complete with some relevant news reel clips of the trophy races. The Schneider Trophy is close to RAF Martlesham Heath and to the then, Felixstowe Naval Air Service which is now of course Felixstowe Docks.

This was not a race, it was a time trial by each plane and was open to float and seaplanes only. Countries included the USA, Italy, France, Britain and even Switzerland during one year. The event was later held every two years and there were rules regarding the planes. The winner of the competition was presented with the trophy and held it for the two years. The rules stipified that should a country win the trophy on three consecutives occasions then that country would be allowed to hold the trophy for good.

Britain won the competition in 1927 by Flt Lt Sidney Webster an RAF Martlesham pilot and, at that time a player and captain of the Ipswich Town Football Club (an amateur club at that time) flying a Supermarine S5 designed by RJ Mitchell with a Rolls Royce engine. In 1929 Britain again won the competition this time by Flt Lt Richard Waghorn, yet another RAF Martlesham pilot, in a Supermarine Rolls Royce engined S6 and in 1931 Flt Lt John Boothman yet another RAF Martlesham pilot completed the hatrick in a Rolls Royce engined Supermarine S.6B. The trophy now belonged to the Britain and is on display in the Science Museum London, but it could have been very different. The Air Ministry decided not to fund the 1931 British contingent. Thankfully Lady Lucy Houston who wanted Britain to win the trophy provided the £100,000 which allowed the British team to take part.

Future Meetings:

Friday 2nd May the Society has its AGM reviewing where we are and what is to come. This will be completed with some fascinating stories and videos. Entry is FREE.

Friday 6th June we look forward to Stuart Buxton telling us about "The Secret pipelines" that helped us win the war in East Anglia during World War 2.

Friday 4th July we welcome Ian Cameron with experiences of flying the Tornado in combat.

The meetings take place at The Martlesham Heath Community Centre, Felixstowe Road, IP5 3RF starting at 7:30pm.

Entry, apart from our Friday 2nd May is £3 for members, £5 for non-members. Pay at the door.

On Wednesday 13th August we have a "Car Share" visit to The Great War Huts Experience at Hawkstead, south of Bury St Edmunds.

To book a space call Howard 01473 274300.

Finally a reminder that our Control Tower Museum is now open on

Sunday afternoons 2pm until 4:30pm.

Located behind Parkers Place, off Eagle Way on Martlesham Heath IP5 3UZ.

There is easy parking, and entry is FREE but we always welcome donations.

Suffolk Wildlife Trust Woodbridge Wildlife Group

PLANT SALE Sunday 4th May 2pm

at Foxburrow Farm Nature Reserve
Plant sale, with books, refreshments and more.

Just turn up!

Phil Smith 01473 625630 e-mail:
swtwoodbridge@outlook.com

WOODBIDGE MEMORY CAFE

The Memory Cafe, which is run by the Rotary Clubs of Woodbridge and Woodbridge Deben, supported by Woodbridge Inner Wheel, takes place at Woodbridge Football Club on the last Wednesday of every month except December from 10.30 to 12.00.

We look forward to greeting sufferers from all forms of memory loss with their carers. We offer a welcoming environment with hot drinks and home made cakes, memorabilia and musical entertainment. It also provides an opportunity for carers to meet others and exchange views and information.

There is no charge and booking is not required. If you would like further information please contact Rotarian Martin Kenyon on 01394 386933.

COULD YOU VOLUNTEER AND BECOME A SCHOOL GOVERNOR OR TRUSTEE?

- ▶ Do you care about **improving children's education** and want to contribute to your local community?
- ▶ Do you want to work as part of **a team** and value contributions made by others?
- ▶ Are you willing to **challenge** and ask questions?
- ▶ Are you open to **new ideas**, willing to learn and undertake training to understand the role?

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HR department, hr@gcetrust.org.uk

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Badminton in Kesgrave

Woodbridge Badminton Club will be running a summer badminton club on a pay-as-you-play basis at the Kesgrave Community Centre Sports Hall on Thursday evenings 8pm - 10pm starting on 1st May and running until the end of August.

The cost is expected to be £6 per session. For latest details check out our website at <https://www.woodbridgebadminton.co.uk> or email jim.cavanagh955@gmail.com or ring Jim Cavanagh on 0780 323 2892.

In the meantime we have been playing at Kesgrave High School for the winter season (September-April).

We welcome a range of abilities but unfortunately not complete beginners at the adult club. The league is just drawing to a close as I write this and all our teams have had a respectable year and should stay in the same divisions next year. We are always keen to get new league players to help us improve though!

Kesgrave Tennis Club

All ages & abilities are welcome at Kesgrave Tennis Club (located at the Community Centre sports area).

Come and try an Adult club session - Wednesdays 7-10pm all year round. Or come to our FREE OF CHARGE OPEN DAY ON SATURDAY 31ST MAY 10AM - 3PM - there'll be different activities running, with our coach, for juniors, adults & families.

We've an amazing offer running at the moment of HALF PRICE MEMBERSHIP FOR NEW JUNIOR MEMBERS - ONLY £25

.Head Coach, Matthew Last has sessions for juniors - youth (red, orange & green ball) & teen players; & for adults - clinics, cardio, pair & play, Tennis Xpress, team training. Open to members & non-members.

MARTLESHAM HEATH PAVILION NEEDS YOU!

This lovely meeting room was first built in 1979 by local residents and it has been run ever since by a committed band of volunteers.

The current management team has years (decades) of devoted service among its members. However, we are all getting older and later this year, 3 members of our small group of 7 are retiring from their roles (they already retired from their paid jobs a long time ago).

In order to keep this great facility going, we need younger people to get involved. We have two specific roles we need to recruit to:

- A vice chair to start now, with a view to taking over as chair from the end of this year
- A new treasurer who can take over from 1st September.

Maybe you have recently retired and could use your management skills or accountancy knowledge to benefit the local community. If these are not your skills, your help and involvement would still be valuable. Anyone who is keen to help keep the Pavilion open as a great facility for local residents is most welcome.

The committee's job is to manage the premises (we have the help of one member of staff who handles bookings and payments) and we have made many improvements including new play equipment, electronic key fobs for the front door, a new sports storage area, WiFi, CCTV, electronic bookings/invoicing, etc. We meet 4 times a year in the evening via Zoom plus an AGM in the Pavilion. Communications between meetings is normally via email.

Further information on the roles above and how to get in touch are at the top of our website: <https://martlesham.org.uk/pavilion> or you can email Prue: MHPavilion@icloud.com



In club news the floodlit leagues are still finishing up at time of writing, although most of our teams have already played all their matches.

The Winter League has finished however - well done to all 4 teams (3 ladies, 1 men's). The ladies first team, captained by Annie Brown, narrowly missed out on retaining their Div 1 winning position of the last two seasons, coming third this time, with the top 3 teams scoring 33,32,31 points

respectively.

The ladies second team came 3rd in Div 5, a fab effort.

Please contact us at secretarykctc@outlook.com,

see our website <https://clubspark.lta.org.uk/KesgraveTennisClub> or look at our Facebook page for more details; or for information on membership, play sessions, or group or individual coaching (open to non-members too)

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U3A EAST SUFFOLK: friends and fun in later life

Older people looking to keep fit, make new friends and develop skills, are invited to join East Suffolk u3a. It's a members-run organisation, catering primarily for the retired or semi-retired. A key part of its offering is a programme of speaker meetings. They are held on weekdays in Woodbridge, Kesgrave, Felixstowe and Saxmundham. Full details are available on the u3a East Suffolk website:

www.u3aeastsuffolk.org.uk.

Upcoming talks include the story of the wartime rescue of Norway's gold bullion, submarine accidents, the toxic legacy of arsenic, John Betjeman as well as the story of Trinity House. Details of locations and timings are on the website.

For those wanting to keep fit and active, u3a offers walking, sport and physical activity groups. For those wanting to learn and share, there are geology, photography, foreign languages, architecture and history study groups as well as dining opportunities and outside visits.

In every setting there's the chance to meet new people to share conversation, experience and ideas.

New members are welcome, with the expectation that they will contribute to the success of the group. Membership gives access to all the u3a's activities, subject to availability.

For more information, see the website or come along to the AGM on Monday 9th June at 2.00 at Kesgrave War Memorial Community Centre on 12 Acre Approach, Kesgrave.

Full up to date information is available on the u3a website: www.u3aeastsuffolk.org.uk. For more information, please see the website or call the secretary on 0300 123 3913.

Speak Easy at Martlesham

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to practice speaking, to compete, and to evaluate. We meet at Richard's Room in Martlesham, and we are also using Zoom to enable greater participation, including from abroad. We encourage new members to join us in the room, where we add the online audience giving us the experience of one meeting.

Guests are welcome to attend Speak Easy to see what we have to offer, and to take part if you would like. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout.

Speak Easy meetings are held on alternate Thursdays. The next are 8th and 22nd May iJoin at 7:00pm for a 7:15pm start, finishing at 9:15pm

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green: vp@peak-easy.org.uk or www.speak-easy.org.uk or Facebook: Speakeasy Martlesham

Ladies on the Green - Next meeting: 16 May 2025,

We are pleased to announce that the initial meeting of this new afternoon ladies club on Martlesham Heath was a huge success. Would you like to make new friends, hear interesting speakers, join a walking & lunch group, book swap, plus refreshments, raffles and competitions - and of course - have a good natter. If so, we'd love your company. We meet usually on the third Friday of the month, in the Martlesham Heath Pavilion, The Drift, Martlesham Heath, IP5 3PL 1.45pm to 4.15

Contact : Rosemary on 07512 776232 or June on 07594 189100 for more information..

Martlesham Brass - 'Making Music Fun in East Anglia'

May is a quiet month for Martlesham Brass - a chance to catch our breath before the rush of summer events!

The first of these events is a 'Music from the Musicals' concert by the Main Band in St Michael's Church Centre Martlesham Heath IP5 3PL on Sunday 8th June at 3.00pm. Tickets cost £5.00 each (primary school age children free) and are available to reserve by calling 07544 962205, by visiting www.martleshambrass.co.uk or on the door.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - we currently operate a waiting list for our beginners band.

If you wish to hire the band to perform at an event, please contact our booking secretary by emailing booking@martleshambrass.co.uk

Liz Howard (Publicity Officer) publicity@martleshambrass.co.uk 07544 962205
Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk

MARTLESHAM BOWLS CLUB

Would you like to try playing bowls?

If so why not come to your local bowls club at Martlesham Recreation Ground. The club is holding an open day on Saturday 7th June between 10.00am and 4.00pm. All equipment will be supplied just bring a pair of flat-soled shoes.

This year sees the Potters Roadshow coming to the bowls club on Wednesday 18th June with the opportunity to see their full range of bowls equipment.

The club actively bowls in several local leagues and also encourages social bowling on Thursday and Saturday afternoons at 2.00pm. They would love to see some new faces. Why not come along and give it a try?

For more information please contact

Club Secretary, John Anderson 01473 808678 or 07547727439 Email: jt.anderson@tiscali.co.uk

Martlesham Ladies Club

At our March meeting Sheila Dix, a local shepherdess, brought a little black Suffolk lamb with her and we all nursed him and gave him his bottle.

There are three meetings planned for this month. On 1st May there is a talk about security at Sizewell power station and the rise of the armed police.

On 15th May there will be a talk about the Life of Sue Ryder and 29th May will be our summer outing when we will visit a Cambridge garden centre.

There will be more details of this later.

Looking further ahead, on 12th June Teresa Driver will demonstrate how she makes her beautiful jewellery.

Meetings are held on alternate Thursday afternoons at 2.00pm in the Richard's Room.

For more information contact June Peck tel. 07867525422.





Christian Aid Week

11-17th May

Thought for the month.

I'll start this month with an admission.

I find these articles quite difficult to write. What to write about? How many words? Then self-doubt kicks in and I ask... Does anyone read it? Do people have pre-conceived idea about what is written and just skip it?

Many years ago, I worked at Blockbuster Video in Loughborough. It was one of the biggest stores in the country, we had literally thousands of films all neatly arranged on shelves for customers to browse. Customers would walk up and down the aisles, looking at the VHS front covers, if the cover grabbed their attention, they would pick it up and have a look at the back for the synopsis and then decide if they wanted to watch the film.

Frequently, people would ask for recommendations, I would offer a few choices depending on what genre of film that wanted to watch. Often, 3 days later when the film had to be returned, the person would say something like 'it wasn't what I was expecting' or 'it was better than I thought it was going to be' or sometimes 'no, it wasn't for me'. The point is, they would never have engaged with what was inside the box, without being specifically invited to do so, and would have perhaps ignored it, because they thought they knew what the film was like, based on a quick glance.

So, the thought for the month is this. To what level have you read the Bible? Have you just had a look at the cover and ignored it? Have you had a look at a page or two and then put it down? Have you read it cover to cover? If you've never really read it, I invite you to read 'the most read book in human history' and make your own mind up. If you do, don't start at page 1. Go to one of the four stories of Jesus's life. Either Matthew, Mark, Luke, or John. Or get in touch, and we can put a reading plan together.

Revd. Rob Allinson

Curate at Martlesham with Brightwell. rob@martleshamcofe.org.uk

This year is Christian Aid's 80th birthday!

Formed by a number of churches in this country as a response to the plight of millions of refugees in Europe after VE Day, it is perhaps a sad sign that their work to alleviate poverty and need is still so desperately needed all around the world.

Motivated by Christian love for neighbour but working wherever there is need, this year Christian Aid is highlighting the story of indigenous people in Guatemala who are struggling to make a living. Here, the climate crisis is destroying crops and causing hunger for indigenous communities. But, with training, farmers like Aurelia can fight back and turn this into a good news story. Aurelia has faced extreme heatwaves that have killed her crops, but through Christian Aid's partner, Congcoop, she's learning to grow resilient crops, make fertiliser and conserve water. She's sharing this knowledge with others, helping her community build a sustainable future.

This Christian Aid Week, please consider giving anything you can to support farmers in their fight against hunger and the climate crisis, alongside other work Christian Aid funds throughout the world via local partners on the ground.

Volunteers may be delivering a red envelope through your door, and you can fill this to donate by cash or cheque, returning the envelope to the address on the envelope. Or give online using our e-envelope at this link: <https://fundraise.christianaid.org.uk/envelope-2025/martlesham-benefice>.

It is easy to feel powerless when faced with such need in the world. But together we can do something about world poverty and want! Please consider giving this Christian Aid week.

On behalf of the poor and vulnerable people of the world, thank you.

Carolyn Smith

Gippeswyk Singers

Following a well received spring concert, Gippeswyk Singers are rehearsing for their next concert which will take place at St Michael and All Angels church, Martlesham Heath on Saturday 7th June at 7.30 pm.

The choir will be singing an eclectic mix of folk songs, jazz songs and pieces written for youth choir and piano duet. They will be joined by a choir from Debenham High School and accompanied by Sabine Sutton and Marina Korneva. You can look forward to music by Bob Chilcott, George Shearing and Alan Bullard. Tickets are £12 on the door or £10 in advance, available from ticketsource.co.uk/gippeswyk-singers. Family tickets for up to 2 adults and 2 children are available for £15 in advance. Profits from the concert will be donated to the charity PAPYRUS.

Gippeswyk Singers is an expanding chamber choir with approximately forty members led by our inspiring musical director, Janette Ruocco. We rehearse during term time and perform three times a year. Our repertoire includes a wide variety of religious and secular music, both classical and popular. Rehearsals take place on Monday evenings at 7.30pm at St. Michael's Church, Martlesham Heath, Ipswich.

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at our website - mchall.org.uk

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Alternatively you can call our Booking Secretary on 01473 623 203. (Monday to Saturday 08:00 - 20:00).

If leaving a message, please speak slowly and repeat your telephone number.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively please contact the booking secretary:

Email: bookingsecmhp@gmail.com

Phone: 07873 557999

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

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07359 463312 (rest day Wednesday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

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CHILDREN & FAMILIES MINISTER: Emma Allinson emma@martleshamcofe.org.uk
07359 339452

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Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
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Services for the Month	Martlesham Heath St Michael's		Online
	Martlesham St Mary's Brightwell St John's		on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 4th May	St Michael's	9.30am Coffee and pastries	
		10am Breakfast Church	
	St Mary's	11am Holy Communion	
Sunday 11th May	St Michael's	10am Holy Communion	10am Holy Communion
	St John's	6.30pm BCP Evensong	
Sunday 18th May	St Michael's	10.30am Joint Holy Communion + APCM	10.30am Holy Communion
	St John's	9am Holy Communion	7pm Zoom Reflecting with God
Sunday 25th May	St Michael's	10am Holy Communion	10am Holy Communion
	St John's	6.30pm BCP Evensong	

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services Wednesday 14th and 28th May: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

May	
5 for students preparing for exams	21 the residents of Waldringfield Road
6 give thanks for friends and family	22 for those having a hard day today
7 the residents of Viking Heights	23 for all who conserve our wild and green spaces
8 for victims of violence	24 for greater understanding between peoples
9 those who encourage reconciliation	25 for greater trust in God
10 for visitors to the Runway café	26 give thanks for times of relaxation and fun
11 for Christian Aid and all those they help	27 for children and their families in half term week
12 for all who volunteer	28 the residents of Warren Lane
13 give thanks for God's generosity to us	29 Ascension Day: may Thy Kingdom Come
14 the residents of Viking Close	30 for all peacekeepers
15 farmers worldwide affected by climate change	31 those imprisoned unjustly around the world
16 aid workers in difficult situations	June
17 all struggling with poor healthcare worldwide	1 for the work of Christian Solidarity Worldwide
18 give thanks for the work of the Holy Spirit	2 for teachers and school staff
19 for debt counsellors and charities	3 for hay fever and asthma sufferers
20 for our government making difficult choices	4 the residents of Westland

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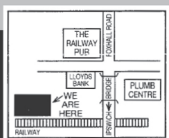
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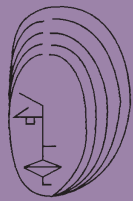
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