

# martlesham monthly

FEBRUARY 2020

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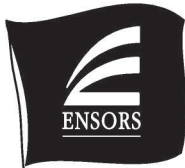
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# martlesham monthly

**FEBRUARY 2020**

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**THIS MONTH'S PHOTOGRAPH** . A waik in Birch Woods taken by Alan Powell.

The Martlesham Heath Megabash will take place on Saturday 15th February in conjunction with the Greenways project team on the heath SSSI from 10.00 am to 3.30 pm approx. Please come along for as long as you can. Tea, coffee and biscuits will be available, and hopefully baked potatoes later in the day. We aim to have a bonfire to burn up the cut material generated at the Megabash and on earlier work parties. See Martlesham Conservation Group for details.

This month, the Parish Council are looking for a new Councillor. If you would like to help out without becoming a Councillor, they are also looking for people to check the children's playgrounds—if you use them about once a month, have a look inside to see what it involves.

The Disability Advice Centre in They Square is looking out for a new Chair of Trustees. This is more formal, look at the advert inside. The closing date is 10 February.

## **1ST MARTLESHAM SCOUTS**

For all enquiries regarding joining the groups please contact  
Timandra Howell  
martleshamscouts.thowell@yahoo.com.

Becoming a helper or hiring of the Scout HQ please contact Rachel Pennick  
01473 610437

## **GIRLGUIDING MARTLESHAM**

Currently we have

1 Rainbow Unit (ages 5-7), 3 Brownie Packs (ages 7-10), 2 Guide Companies (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a member or helping as a volunteer, please contact [chris.s.cooper@btinternet.com](mailto:chris.s.cooper@btinternet.com) (Martlesham) or [www.girlguiding.org.uk/](http://www.girlguiding.org.uk/) interested (HQ).

Come join the fun & start your Guiding adventure today!

## **MOBILE LIBRARY TIMES**

**Tuesdays** Angela close: 1.35–1.50pm  
Redwold Close: 1.55–2.10pm  
Falcon Mobile Home Park: 2.20–2.50pm  
Douglas Bader: 3.00–4.30pm  
18 February, 17 March, 14 April

### **Thursdays:**

Douglas Bader: 10.15–11.45am  
6 February, 5 March, 2 April

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

### **Joining**

If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you.

Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

## **POLICE**

In case of emergencies please always call 999.

In non-emergency situations call the new number 101.

E-mail: the Safer Neighbourhood Team  
[Woodbridge.snt@suffolk.pnn.police.uk](mailto:Woodbridge.snt@suffolk.pnn.police.uk)

## **COMMUNITY RESPONDERS**

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon  
01473 622160([johnny.dixon@btinternet.com](mailto:johnny.dixon@btinternet.com))

**Editor:** Gwynneth Johnson

### **Advertising:**

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Ken Davies (01473 611109)

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Rob Webb (01473 625786)

**Latest copy date is the  
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**MARTLESHAM MONTHLY ONLINE  
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And on Facebook**

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

### **DISCLAIMER**

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.



# MARTLESHAM PARISH COUNCIL

## Great financial news for 2020!

We are delighted to report a reduction of just under 2% in the Parish Council element of the 2020/21 Council Tax charges.

In January the Council agreed a budget of £140,497 for the financial year 2020/21, which commences on 01 April 2020. Most of our income comes through the council tax (the precept). We are submitting a request to East Suffolk Council for £140,497 (precept for 2020/21) to cover this budget, resulting in a decrease from £62.41 to £61.19 per annum per average household (amounts vary according to your housing band).

Full details of the budget setting process and the Council's risk assessment on the level of general reserves are available in the minutes, which are published on our website.

## Resignation of Mr John Forbes, a long-standing councillor

It is with much sadness that we have recently received the resignation of John Forbes, a highly respected councillor. His resignation will take effect on 31 January 2020 which will leave a vacancy on the Parish Council. A by-election to fill the vacancy will be held if ten electors from the Martlesham Ward give notice in writing claiming such an election to the Returning Officer. If no such notice is given the Council will be able to fill the vacancy by co-option. Please check our notice boards in February for details.

Mr Forbes has played a significant role in the work of the Council for many years, acting as our Tree Warden and footpath officer, actively participating in working parties and litter picks, advising on planning applications, promoting green issues and so much more. He will be greatly missed. We will report more fully on his contribution in a future edition.

If you are interested in becoming a parish councillor, we would very much like to hear from you. The Clerk will be pleased to provide more information on what you can expect!

## Dog Fouling

None of us like to step in dog poo but we have received more reports of an increasing problem, particularly with dogs being allowed to roam off the lead & leave their mess for others to find. Particular problem spots appear to be Manor Road/Parkers Place areas and Mill Heath/The Common. We know that many of you do diligently clear up after your dogs, but we urge all dog owners to be considerate of others and our environment.

## Some things we are currently working on:

- Community Orchard
- Wildflower Project
- Plan for the Recreation Ground
- Display boards on The Common Local Nature Reserve
- Bus services – working with stakeholders and providers

- Speeding issues
- Planning matters – Suffolk Police HQ development
- Developing our social media presence

The work of the Parish Council is diverse. You can find out more about what we do on our website and new facebook page.

## Forthcoming meetings:

Parish Council – Wednesday 05 February 2020

Development Plans Committee – Wednesday 12 February 2020

Finance & General Purposes Committee – Wednesday 26 February 2020

Parish Council – Wednesday 04 March 2020

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

## Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632

e-mail: [clerk@martleshamcouncil.org.uk](mailto:clerk@martleshamcouncil.org.uk)

website: <http://martlesham.onesuffolk.net> and facebook: <https://www.facebook.com/MartleshamParish> for latest news & events

Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

## VOLUNTEER PLAY AREA INSPECTORS STILL REQUIRED!

Recently some of our volunteers who have been regularly inspecting our play areas have had to give up.

We are very grateful for the work that they have done in making sure our children enjoy safe equipment. We now need replacement volunteers – the more the merrier in order to reduce the workload!

We look after 2 play areas on Martlesham Heath and 2 in 'old' Martlesham along with the Diamond Jubilee bike trails. It might suit someone who already visits the play areas as a parent or carer. Ideally, we would like a commitment to do an inspection at least once a month; this can be for just one play area.

Anything helps! Training and checklists will be provided.

*If you are interested, please do contact the Council office .*

*We look forward to hearing from you.*

## MARTLESHAM COMMUNITY ORCHARD

### Changes to plan

Due to changing availabilities and the latest advice taken as a result of climate change there has been a rescheduling of delivery times and possible changes to our timetable to plant and formally open the orchard. This will only be by a matter of weeks and may even bring the planting forward. We are still on target for a first stage planting in February

We will keep you posted about the opening arrangements, please keep your eyes on the parish council website and Facebook pages as well as the parish notice boards.

We have also had to change the rootstock for the apple trees we will be planting; all 5 different varieties of apple will be on MM106 rootstocks, which can cope with our poor soil as well as being in a grassed/meadow orchard. They will produce sizeable trees that are relatively easy to maintain. There will now be 3 varieties of plum; although one is also referred to as a gage!

We must also delay the announcement of the name chosen for the orchard, which will commemorate the historical and educational work of a long standing Martlesham resident – something to keep you guessing!

We hope to see you at the opening, and possibly as a volunteer helper to make sure this project firmly remains a Community Orchard for the whole parish

*A working party of the parish council, which can be contacted through the Parish Council*



## MARTLESHAM VILLAGE FETE

### Still on target for Saturday 18th July 2020

As previously announced, we have been listening to feedback and are pleased to announce the following improvements

- ◇ Some felt the stalls were too closely packed together last year so we will be spreading out to take up more of the Green,
- ◇ Opening up more of the Green should also give the children's fairground a better location and make the sporting skills tournament more accessible
- ◇ We will designate a family picnic area to encourage families to settle in and make a longer day of it

Otherwise we aim to have a similar mix of fundraising, home produced goods, arts and crafts and stalls representing local organisations for young people and adults

You can also expect to enjoy a wide range of talented entertainers

We are also pleased to report that we have again secured the services of the Kesgrave Army Cadet Unit which makes such a valuable contribution to the smooth running of the fete. Check the Martlesham Parish Council Facebook page for photos of the cadets receiving a certificate of appreciation from the council for the work they do

By the time you read this we will have circulated past stallholders with booking forms for 2020, but we are always open to new bookings from groups and individuals with a connection to Martlesham

Contact email [mvfete@gmail.com](mailto:mvfete@gmail.com)

A working group of Martlesham Parish Council

## ROYAL BRITISH LEGION POPPY APPEAL COLLECTION AT TESCO MARTLESHAM 2019

We had another very successful collection this year and are very pleased to report that the amount collected at Tesco in November was £13,443. The total for the district, including house-to-house, schools and businesses was £26,177.00.

Our thanks go to all who contributed so generously, to the staff at Tesco for their help and to all our volunteer collectors.

Marjory & Graham White

## ST ELIZABETH HOSPICE USED STAMPS AND OLD COINS APPEAL

A big **THANK YOU** to everyone who continues to drop their used stamps and old British & foreign coins through my letterbox for me to take to the hospice. I recently contacted the hospice fundraising administrator to see if they could let me know how much they raised last year from the sale of all the used stamps and coins which they receive. They replied "the hospice made £3,057 from stamps and £1,104 from foreign currency in 2019. Thank you for collecting stamps and foreign coins on behalf of the hospice in 2019. We very much appreciate your effort and support. Hope you are able to continue in 2020!"

So you can see how important your contributions are - when added together they really do make a difference.

Let's see if we can beat last year's figures and help to raise even more funds for our much needed local charity!

Bev Read 15 Demesne Gardens

### **STOP PRESS—PUBLIC EXHIBITION - Monday 3rd February in The Pavilion**

There will be a public exhibition by McCarthy and Stone of their plans to build retirement living accommodation on the site of the carpark adjoining the Village Square, and remaining runway next to the Doctors' Surgery.

This will take place between 4.30pm and 8.30pm.

[www.mccarthyandstoneconsultation.co.uk/martleshamheath](http://www.mccarthyandstoneconsultation.co.uk/martleshamheath)

## MARTLESHAM HEATH HOUSEHOLDERS LTD

### The AGM

As mentioned last month, the AGM will be held AT THE PAVILION ON TUESDAY 10th MARCH 2020. All

members of Martlesham Heath Householders Ltd are entitled to attend this meeting so please put this in your diary if you wish to attend. It is very worthwhile as it gives members the opportunity to vote on a variety of issues and learn more about what is happening in and around the village. It is also ideal, should you wish to ask questions of the directors and volunteers. The Annual Report and Notice of the AGM will be distributed shortly to all members and will provide further information and a proxy form if you cannot attend but want to register your vote.

### Control Tower Carpark

The Control Tower car park is currently closed due to the repair of the revetments which have become unstable. We are in communication with a third party in order to speed up this work so that the revetments can be made safe. We apologise to all those affected and will try to resolve the problem as soon as possible. Your patience is appreciated.

### Annual Maintenance Payments

There are still some owners who have not yet paid the Annual Maintenance Charge. Therefore, please can all owners who have not yet paid, now write the cheque or transfer the funds. For all those who have already paid – a big thank you.

### Parking Spaces Clean Up

There are over 60 visitor parking spaces dotted around Martlesham Heath. They have become overgrown and unkempt. A contractor has been tasked to conduct maintenance work to clean up these spaces throughout the village. Please watch out for any notices as the spaces will need to be clear to complete the work. Your assistance is much appreciated.

### Contact and further information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to [mhh@martlesham.org.uk](mailto:mhh@martlesham.org.uk) or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.





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## Martlesham History Society 2020 Programme

### 10th February

#### The Treasures of Ipswich – John Field

Did you know that Ipswich that is full of architectural treasures of historical importance. No, then come along and find out about the town's Mediaeval Churches, Mansions and Halls, its important legacy of Victorian buildings, Nationally and Locally Listed Buildings and the many features and artefacts of local, national (and even some of International) importance.

### 6th April

#### Life in a Founding Hospital, My Experience – Ruth Miller

From 1741 when the first babies were admitted, to 1954 when the last pupil was placed in foster care, the Founding Hospital cared for and educated around 25,000 children. Ruth Miller arrived at the Founding Hospital in April 1942, just a few weeks shy of her fifth birthday and she will tell us all about what it was like to be one of these children.

### 8th June

#### Burston School Strike – Bryan Thurlow

Did you know that the longest strike in history was not staged by miners but by minors – the children of a small village in Norfolk. On 1 April, 1914, pupils of the Burston village school, supported by their parents, took to the streets in protest at the dismissal of their teachers, Tom and Kitty Higdon. The strike lasted for over 25 years!

### 10th August

#### Over paid, over sexed and over here: The American Air Force in East Anglia 1942-1944 – Geoffrey Kay

In May 1942 the first aeroplanes of the Eighth US Army Air Force arrived in East Anglia. With them came air and ground crew of American GIs who, by 1944, outnumbered the local population, sometimes by fifty to one. How was this 'friendly invasion' received by local people in East Anglia? What was the experience of those young Americans who found themselves at war in our region.

### 12th October

#### Sisters in Adversity: The Womens Institutes and the 1953 East Coast Floods – Linda Sexton

Linda will tell us how the Women's Institute helped communities cope in the aftermath of the devastating 1953 East Coast Floods. Looking back now, its hard now to understand the scale of the disaster, but with 307 people killed, from drowning or exposure, in the four counties of Lincolnshire, Norfolk, Suffolk and Essex, and with more than 2,500 fatalities across Europe, mainly the Netherlands, the scale tragically becomes clear.

### 23rd November

#### The History of the Suffolk Fire Service – Chris Tuzland

An illustrated talk on the history of fire fighting in Suffolk from early beginnings, hand pumped "engines, horse-drawn "Steamers" and Fire Floats, to the formation of the national fire service during WW 2 and the immediate post-war history.

All meetings are held in

The Martlesham Heath Pavilion, Martlesham Heath at 7:30pm.

Admission fee is £2:50 and meetings are open to all.

# Happy Valentine's Day



From all  
at the  
Martlesham Monthly  
editorial team





## HEDGEHOG NURSERY AT GORSELAND PRIMARY SCHOOL



### Gorseland Primary School

Our School Choir once again had a fantastic time at the Young Voices Concert at The O2 in London on Friday 24th January. For the sixth year running, our children joined voices with thousands of other school children from across the country to perform the songs they had been practising for several months. The audience included parents and younger siblings, some of whom may get to perform there in the future; a wonderful experience for them all.

### Hedgehog Nursery

We have been very excited to be exploring painting on different surfaces, particularly on new 'see through' frames and on cling-film wrapped around tables! We have enjoyed learning how to use our bodies to be percussion instruments and played along to nursery rhymes.

Tree Frog Yoga has been in to give us a taster session, which we all enjoyed. Great to mix stories with yoga movements.

The Hedgehogs have also been very keen to help each other feel better by becoming Doctors and Nurses!

In Hedgehogs, we are continuously free flowing within the indoor and outdoor environment. Our highly skilled staff ensure that, through warm and nurturing encounters, the children practice new skills, rehearse old skills and get challenged appropriately, all in the moment.

Inspiring curiosity, developing shared thinking and promoting positive interactions are just a few of the qualities that our Nursery has. If you are curious about what we do and would like to come to see us in action, please contact the School Office on 01473 623790 and you will be warmly welcomed!

### KESGRAVE LIBRARY NEWS

**Sunday Crafts (10 – 12 noon)** – The following craft activities will be taking place during February:

Sunday 2nd – Did you know it's Harry Potter Night on the 6th of February? Pop along and make Hedwig to celebrate;

Sunday 9th – It's Valentine' Day on the 14th of February. Create a wonderful heart shape sun catcher;

Sunday 16th – Monday 17th of February is Random Acts of Kindness Day – Design a 'thank-you card' and surprise someone of your choice;

Sunday 23rd – Did you know that hedgehogs are becoming quite rare? Come along and create 'Spiky the Hedgehog' to brighten up your room.

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

### Free Wordplay Sessions – every Thursday.

Tot Rock - 9.45am – 10.15 am.

BabyBounce - 10.30am – 11.00am.

**Free Story Time Sessions** – every Friday 9.45 – 10.15 a.m. (term Time Only). This session combines stories and rhymes. All welcome. Why not pop along?

### Other Library Events for February 2020

**Every Tuesday afternoon (Term Time) 3.45 – 4.45 p.m. Lego Club.** Parents must stay

with under 8s. The themes this month are 04/02 – Monster Trucks, 11/02 – Jedi Fighters, 22/02 – Free play. No need to book. Just pop along! This is a free activity.

**06/02/2020 – Afternoon Book Group** - 2.45 p.m. They are currently reading The Handmaid's Tale by Margaret Atwood.

**27/02/2020 – Evening Book Group** – 7.00 p.m. Their book is to be decided.

Love reading but always read the same authors and genres? Why not try something different in the new year? We currently have spaces in our evening book group. The group meets one Thursday evening a month at 7.00 p.m. to discuss their current read and chose a new book for the next month. If you are interested, please contact the library.

### Lego Afternoon – Tuesday 18th February

3.00 – 4.30 p.m. Looking for something to do over half-term? Why not pop along and take part in our free Lego afternoon. In this session we are designing the library of the future. What will yours look like?

### Get Connected IT Session on Saturday

**22nd February 10.30 – 1.00 p.m.** – Are you having trouble getting to grips with a new piece of technology? Or would you like help downloading ebooks to your e-reader? A member of staff at the library; will be offering help sessions to all customers who would like some support using their iPads, smart phones, tablets, e-books, computers or need some general guidance using the



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You are welcome to come along to any of our mornings, just turn up, no need to let us know in advance. We look forward to seeing you!

The Spring Term 2020 session dates are:

10th February,

HALF TERM

24th February,

9th March,

23rd March.

If you would like one of our Bright Stars leaflets with the session dates on it give us a ring on the number below and we will be happy to send it to you.

If you would like further information please contact:

Sonya & Maureen Burrows

Tel.01473 625196

internet. Just pop along to this help session and speak to a member of staff.

Tel: 01473 626103

[www.suffolklibraries.co.uk](http://www.suffolklibraries.co.uk)

Monday 9am to 12 noon

Tuesday 9am to 12 noon & 2.30 to 5pm

Wednesday 2.30pm to 6pm

Thursday 2.30pm to 8pm

Friday 9am to 12 noon & 2.30 to 6pm

Saturday 10am to 5 pm

Sunday 10am to 3pm



## MARTLESHAM BRASS

### 'Making Music Fun in East Anglia'

Thank you to everyone who gave so generously to our Christmas carolling collections. The grand total raised was £2112.79, which will be divided between our three chosen charities which this year are Colchester & Ipswich Hospitals Charity - The Cancer Centre Campaign, Evelina London Children's Healthcare - Guys & St Thomas' Charity & Footsteps Walking with you - Counselling for those aged 11-25.

We would love to hear from new players, young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and have a go! If you would like to join us, or if you already play or have previously played a brass instrument and would like to come along and meet us, please email [join@martleshambrass.co.uk](mailto:join@martleshambrass.co.uk) or use the contact details below.

*Liz Howard. (Publicity Officer)*  
*e\_m\_howard@talk21.com*  
*01473 625617.*

*Registered Charity No.1100922. Visit our website [www.martleshambrass.co.uk](http://www.martleshambrass.co.uk)*

## MARTLESHAM CONSERVATION GROUP

Our next work party in the New Year will be on Sunday 2nd February at 10 am. Please meet on the heath SSSI towards the north west part of the heath next to our previous bonfire site. We will be aiming to cut down more scrubby vegetation in order to recover some areas of heather and grassland and begin to prepare the bonfire site in readiness for the Megabash. All tools and instruction provided. The removal of the shade caused by the scrubby vegetation should raise the ground temperature and encourage more heathland invertebrates, including ants, which we hope will also help butterflies such as Silver Studded Blues and Small Heath. It should also provide better conditions for reptiles.

Please note also the Martlesham Heath Megabash will take place on Saturday 15th February in conjunction with the Greenways project team on the heath SSSI from 10.00 am to 3.30 pm approx. Please come along for as long as you can. Tea, coffee and biscuits will be available, and hopefully baked potatoes later in the day. We aim to have a bonfire to burn up the cut material generated at the Megabash and on earlier work parties. As in previous years it is advisable for local residents to keep their windows closed and avoid putting out any washing for the day. All tools and instruction will be provided on the day.

February can be a month of transition for wildlife. Even as this article is written in January, many birds are already singing, including the Song Thrush with its more tuneful whistling tones. This accompaniment of song is likely increase throughout February and on through the later spring months as migrating birds arrive from more southerly regions of our planet. If there are warmer days in late February reptiles such as adders can begin to emerge and bask in the stronger rays of sunshine. If the weather is cold please remember that your garden could make a real difference to the survival of some wildlife.

Please continue to provide water and food for birds, and don't be too keen to tidy up; you could have a hedgehog under that pile of branches and leaves.

*Phil Smith 01473 625630*

## PORTAL WOODLANDS CONSERVATION GROUP

**At our Christmas work morning in December, our Volunteers celebrated 20 years of the Portal Woodlands Conservation Group**, created following the hard-fought battle to save the woodlands from being concreted over to become the Martlesham Park & Ride.

We thank everyone who contributed food to the festive buffet, including Martlesham Parish Council for the chocolates and a special thank you to Councillor Helen Davey who made an enormous and delicious 20th Anniversary cake with splendid woodland-themed icing decorations.

Prior to the festivities, the Volunteers worked on clearing the paths around Katie's Tree to provide more space for pedestrians and to let in more light.

Its never too late to start a New Year's resolution that combines exercise in the fresh air with helping the local environment, so join us at a volunteer work morning as we look forward to the next 20 years!

### Dates for the Diary

#### Volunteer Work Morning (all ages)

Sunday 16th February, 10:00am – Noon.

Meet at the Education Area. Tools, training and light refreshments provided.

All welcome - no need to book.

#### Nature Explorers (11-18 year olds)

Saturday 21st March, 9:00am – 11:00am. Please book a place via our email address below.

New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at [Pwcg.martlesham@gmail.com](mailto:Pwcg.martlesham@gmail.com), phone: 01473 612632 or visit our website: [pwcg.onesuffolk.net](http://pwcg.onesuffolk.net) or join our members' Facebook Group by messaging Duncan Sweeting.

*Sam Cork, Nature Explorer and Young Volunteer*



20th Anniversary Cake—Photo S Corley



Clear round Katies Tree—photo S Corley





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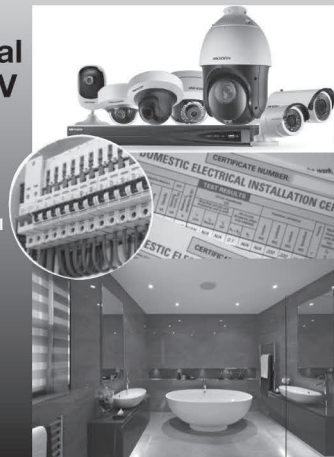


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## MARTLESHAM HEATH AVIATION SOCIETY

Our first meeting of the year was held on Friday January 3rd. (Our meetings are always on the first Friday of the month).

We were entertained by a local man. Tom Tyler was accompanied by his wife and another friend all the way from Georgia. (The Georgia which was part of the former USSR.)

The title of his illustrated talk was entitled, "Great Days of Flying at Martlesham Heath." It was a sometimes humorous account of flying in the early days of aviation. At a time when Martlesham was a national centre for the development and evaluation of aircraft. Tom related several stories of bravery and also tragedy which accompanied flying during the Great War and beyond. Tom is also an author and he had brought along some of them for sale.

A vote of thanks was given by our President, Richard Barker.

Our next meeting will be held on 7th February and will feature an illustrated talk by Chris Turland, entitled, "Air and Water - The Marine Aircraft Experimental Establishment at Felixstowe." The MAEE was the Fleet Air Arm equivalent of the A&AEE at Martlesham, which was responsible for the development and evaluation of all land based aircraft in Britain.

All meetings are held in the Community Hall, Felixstowe Road, IP12 4PB and start at 7.30pm with a gratis tea/coffee break. Non-members are welcome for a payment of just £4 at the door.

Alan Powell 01473 622458

[www.mhas.org.uk](http://www.mhas.org.uk)

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## MARTLESHAM BOWLS CLUB

Martlesham Bowls Club wishes Martlesham Monthly readers a slightly belated Happy New Year. The outdoor season will be starting again in just over a couple of months so if you are interested in playing bowls or thinking about taking it up don't hesitate to contact us.

Work has been going on all winter to ensure the Green will be in tiptop condition. Thanks to Local Giving, Magic Little Grants, we were able to obtain a grant of £500 which enabled us to refurbish the Spiker which is an essential piece of equipment needed to maintain the Green.

Last season we received several comments from visiting clubs praising the condition of the Green which is down to the hard work of the Green Keeping Team all of whom are volunteers.

Our website is [martleshambowlsclub.org](http://martleshambowlsclub.org) or contact the Secretary for more information by email at [mary.drake@talktalk.net](mailto:mary.drake@talktalk.net) or 01473 622598.

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## MARTLESHAM SURGERY - PRACTICE & PATIENT GROUP (PPG) NEWS

I am pleased to let you know that a new doctor joined the Practice in January - her name is Dr Lubna Albarzangi. She is currently working ad hoc days, but from April is expected to be seeing patients on Wednesdays and Fridays. She is replacing Dr Bethell, who left in order to be able to increase his days elsewhere. A new advanced nurse practitioner is joining us soon, plus two new practice nurses who will cover the five days of the week between them. We also have the services of a paramedic who works with our practice one day a week doing home visits. This is all good news.

The PPG has been busy working on a new patient handbook and analysing our recent patient survey. The results of that survey are very encouraging. The report of our findings and recommendations is published on the PPG pages of the website at [www.mhdoctors.co.uk](http://www.mhdoctors.co.uk), where you will also find copies of recent news items (like this one) as well as previous surveys.

Did you know? Patients can apply for online access to order repeat prescriptions, make appointments and read a summary of their medical records, e.g. blood test results, immunisation records, etc. The application form is available from reception or the website above.

*PPG Chair*

## IPSWICH AND DISTRICT TALKING NEWSPAPER

The Ipswich and District Talking Newspaper provides a weekly local news service for 350+ people with a visual impairment who are unable to read printed newspapers. We record in central Ipswich every Thursday and the committee meets approx 5 times a year + AGM.

We are always grateful for new volunteers on a 6 week rota but, especially at the moment, we are looking for a new secretary to take minutes at meetings.

If you are interested or need any further information please contact  
Tim or Rachel Pennick 01473 610437

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## MARTLESHAM HISTORY SOCIETY

**Monday 10 February 2020**

### **The Treasure of Ipswich - John Field**

Did you know that Ipswich that is full of architectural treasures of historical importance?

No—then come along and find out about the town's Mediaeval Churches, Mansions and Halls, its important legacy of Victorian buildings, Nationally and Locally Listed Buildings and the many features and artefacts of local, national (and even some of International) importance.

Meetings are held in the Pavilion, Martlesham Heath, Ipswich IP5 and commence at 7.30pm.

Admission fee is £2.50 and meetings are open to all.

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## MARTLESHAM CARPET BOWLS

The Club had two away matches postponed in November and no matches in December, so our league position is the best way to record our situation in the First Division. Because one team has withdrawn from the division there will be only one relegated this year instead of two. Overall the top teams have several county players in their number and we are not in a position to seriously challenge them. At the other end of the league table there are five teams within nine points of each other. A

t the end of the year we had 24 points from six games, while the bottom team had 20 points from eight games.

Vic Harrup





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## FRIDAY

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## SATURDAY

### Martlesham

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## A WARM WELCOME AT SPEAK EASY AT MARTLESHAM

During the cold winter months one place where you are sure of a warm welcome is Speak Easy at Martlesham Speakers' Club. The club's members are all ages and come from all walks of life including school teacher, IT consultants, telecommunication workers, dance teacher, landscape architect and speaking coach to enjoy evenings of speaking to improve their skills and confidence within a friendly, sociable and encouraging atmosphere. Each meeting provides opportunities for members to take on roles and give short speeches as well as enjoying the huge variety of subjects they hear about in speeches during the evening.

If you are 18 years or over and would like to improve your confidence, public speaking or leadership skills, both formally and informally why not come along to Speak Easy at Martlesham Speakers' Club yourself?

- Meetings are held on alternate Thursdays
- 7:00pm for a 7:15pm start and finishing at 9:30pm
- At The Richards Room, Martlesham Community Hall, Felixstowe Road, Martlesham, IP12 4PB (behind Tesco)

The next Speak Easy at Martlesham meetings in 2020 are:

6th February, 20th February, 5th March, 19th March, 2nd April, 16th April, 30th April - subsequent dates continue fortnightly.

Guests are always welcome to attend, we look forward to seeing you.

If you would like any further information please contact: Margaret Stanway (President), Tel.07979 373934 [president@speak-easy.org.uk](mailto:president@speak-easy.org.uk) or [www.speak-easy.org.uk](http://www.speak-easy.org.uk) or find us on Facebook @SpeakEasyMartlesham

## SUFFOLK WILDLIFE TRUST

We have a series of talks about wildlife coming up on the third Thursday of each month through until April in the Woodbridge Community Hall.

On Thursday 20th February at 7.30pm we have a talk about "Badgers: The Eurasian Marmite Mammal" by Adrian Hinchcliffe from Suffolk Badger Group.

On Thursday 19th March at 7.30pm we have a talk about "East Anglia's Changing Coastline" by Adam Burrows from Natural England.

All are welcome at our talks, you do not need to be a member. We have an admission charge of £3.

Looking ahead a little we are planning a Plant Sale at Foxburrow farm on 3rd May. If you are a gardener and may be sowing a few seeds, please consider sowing a few extra for us and donating the extra plants to our plant sale.

Phil Smith 01473 625630

## HISTORY AND HAUNTINGS: A TASTE OF U3A'S JANUARY PROGRAMME

As the New Year gets underway U3A members are braving the winter weather to attend speaker meetings on topics ranging from the story of Crystal Palace and the Great Exhibition, the development of the English Language to the history of afternoon tea!

U3A is aimed at older people who want to get as much as possible out of life. There are no entry qualifications, no barriers to joining and lots of activities to get involved in. New members are welcome.

### Thursday 6 February 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL  
The U3A story: how it all started. Presented by Leslie Stringer

### Thursday 13 February 2.00 to 4.00

Market Hall, 29 High Street, Saxmundham IP17 1AF

Crystal Palace and the Great Exhibition: an account of the design and building of Crystal Palace, a description of the exhibits and the importance of the exhibition. Presented by Dr Geoffrey Kay

### Monday 24 February 2.00 to 4.00

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

The history of spoken English: an in depth look at how our English language came into being, from the Angles, Saxons, Vikings and Normans. Presented by Charlie Haylock

## Giant Table Top Sale - to

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## WICKHAM MARKET FLOWER CLUB

Would you be interested in becoming a member ????? Not sure? Worried you will have to take part? Be talented? No one will speak to you? You won't know anyone? Well.....

Here at Wickham Market Flower Club none of this should worry you. We are renowned for being a friendly club. In fact if you leave a meeting having not laughed once or made a new friend we would be very surprised. We meet on the 4th Thursday of each month (except August and December) at Wickham Market Village Hall. Our meetings start at 7pm but doors open at 6.30pm to enable you to come in, look at our stalls and maybe purchase a raffle ticket and look at the notice board

The first meeting is FREE and afterwards meetings cost just £3 thereafter unless you become a member. Our membership costs just £27 a year

For more details of our club, these meetings or any other questions please contact our chairman Mrs June Allum on 01394 384803.

### Thursday 5 March 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL

Everything stops for tea: a history of tea and a look at favourite afternoon tea destinations across East Anglia. Presented by Eve Regelous

Details of membership are available on:  
[www.a3aeastsuffolk.org.uk](http://www.a3aeastsuffolk.org.uk) or call the membership secretary on 0300 123 3913.

NB: Occasionally U3A may have to make last minute changes so please see the website for up to date information



### WOOLLY WONDERS

We are looking forward to warmer, sunnier times in the knitting group as we work on a seaside theme for the summer fete.

Look out for knitted/crocheted mermaids, lighthouses, fish, beach huts, seahorses and all things nautical for the next few months on Thursdays in The Runway Cafe between 10 & 12

As always there will also be people working on their own projects as well.

Do join us!

### MARTLESHAM LADIES CLUB

There are two meetings planned for this month..

On 13th February David Offord will tell us about his volunteer work at the Seafarers' Centre which is based at Felixstowe Docks.

On 27th February we are holding our annual Bring and Buy Sale in aid of our charity. There will be a special draw and other fund-raising activities. Everyone is most welcome.

Looking ahead to March, the shepherdess Sheila Dix is paying a return visit on 9th March to tell us more about her work and bring one of her lambs.

All ladies are very welcome at our meetings which are held on alternate Thursday evenings at 7.15pm in the Richards Room.

To find out more phone Doreen Boar 01473 622768.

### GOLDEN GIRLS

We are a group of ladies who live on their own and we meet for friendship and mutual support. Our coffee mornings are held on the second Thursday morning of each month at 11am. at St Michael's Church Centre. We frequently go out for lunch and shopping after the meeting and visit Theatres, Cinemas etc. Our next meeting is on Thursday 13th. February when we are having Christmas Lunch in the hall provided by the committee. for which a small charge will be made.

Last month we had our Christmas Dinner at The Coach and Horses. Fifteen members attended and good food enjoyable company and chat was enjoyed by us all.

For more information contact Ann Price on 01473 620832

### POP UP SHOP



**We held our first Pop Up Shop, in January at St Michael's, Martlesham Heath and a number of people were able to take advantage of the excess foods donated by local shops and supermarkets, including Duncan Bakers on the Heath and M&S Martlesham.**

We will be holding our 2nd shop on Sunday 9 February, 1-2pm and look forward to seeing more people taking advantage of this service.

If you want to know more then email Margaret at [mgtritt@me.com](mailto:mgtritt@me.com) or call her on 07914771061.

### DEBREN ROTARY CLUB OF WOODBRIDGE

The Members of the Deben Rotary Club of Woodbridge would like to thank all those who donated to our Trust Charity Fund in December 2019.

We collected with the Santa Sleigh on the whole of Martlesham Heath over four evenings and on a Saturday Morning the Thorofare in Woodbridge we collected £ 1,571.73p. which will be used to help causes Locally, Nationally and on an International front.

If you would like to more know about our work, when we meet and about Membership please contact Rotarian Ian O'B. Baker 01394 382419 or [ianmeadhome@btconnect.com](mailto:ianmeadhome@btconnect.com)

We hope you have a successful and Happy New Year.

Yours, M. Ian O'B. Baker. '

### WOODBRIDGE & DISTRICT LIONS

Woodbridge Lions Club would like to thank everyone who contributed so generously to our street and store collections in the run up to Christmas and special thanks to Tesco Martlesham Heath and Suffolk Coastal District Council for their kind permission to hold collections. In total we raised £887 which will help us to continue to be able to support local good causes.

Proceeds were as follows:

Tesco Martlesham Heath, 6th December £312

Tesco Martlesham Heath 10th December £270

Woodbridge, Turban Centre, 21st December £305

As with all funds raised from the public, these proceeds will be returned to the community in a number of ways, chiefly through the Christmas Parcels project and the "Quay Time" joint venture with Woodbridge Quay Church.

For more details or to contact us, please call 0345 8332820 or visit [www.woodbridgelions.org.uk](http://www.woodbridgelions.org.uk)





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**Martlesham Heath Baby and Toddler Group**  
Meets every Wednesday and Friday during term time 09.30-11.30. at Martlesham Heath Pavilion

We have play time along with song time with instruments before providing snack and a drink for the children and tea or coffee for the parent/carers.

**Fees are £1 for under ones,  
£2.50 for children over one  
(additional children are charged at £1)**

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- Special offers and packages on request.



## Birchwood Primary School

At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.
- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

*If you would like to find out more about our school or arrange a visit, please contact the office*

**Valiant Road, Martlesham Heath, Ipswich, IP5 3SP**

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**Website [www.birchwoodprimary.co.uk](http://www.birchwoodprimary.co.uk)**





## LOCAL CHARITY BRINGS IN 2 MILLION POUNDS FOR LOCAL DISABLED PEOPLE

**Disability Advice Service (East Suffolk) DAS increased the income of local disabled people to the tune of £2,053,424 in the year to December 2018.**

The charity based in Martlesham Heath, provides advice and support to disabled people and carers. It's a largely volunteer workforce and last year it dealt with over 6000 enquiries and achieved a massive 84% success rate supporting clients at benefit tribunals.

Margaret Shaw, Trustee Board Secretary said, ' Our staff and volunteers put so much of themselves into the service and these are the real tangible results of their efforts that demonstrate our impact' It's rewarding for the volunteers too. Margaret, a volunteer herself, says they have a strong sense of contributing something to the community but also feel they are part of a family.

The charity is currently looking for a volunteer to be the new Trustee Board Chair and Margaret says, 'This is an opportunity for someone who has a strong record of leadership, and the time and commitment to share their expertise, to lead us through the next phase of our development so we can continue to make a massive impact on local people.'

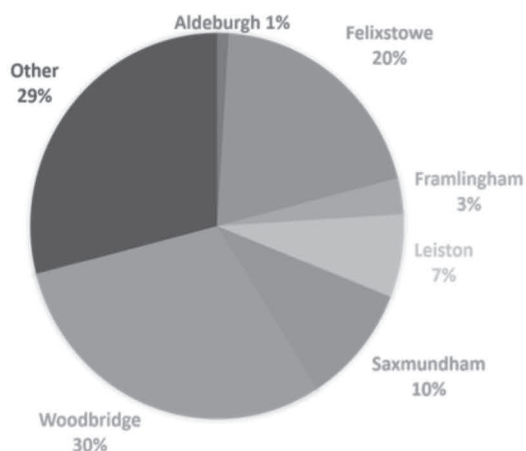
If this sounds like you, you can download an application pack from our website or email Isobel Abbott for an informal chat and an application pack at [isobel.daisy@btinternet.com](mailto:isobel.daisy@btinternet.com) .

The deadline is 10<sup>th</sup> February.



### Timeline

- 1985 Disability Advice Service began with two volunteers giving advice and information over the telephone to elderly and disabled people in the Suffolk Coastal area
- 1989 Part-time paid Manager appointed
- 1990 Became a Registered Charity with our own Management Committee
- 1991 Part-time Senior Advisor appointed
- 1996 Moved from a cramped single room into Cedar House
- 2013 Became a charitable incorporated organisation and moved from Cedar House to our current premises at 14 The Square, Martlesham Heath
- Where our clients come from



**Disability Advice Service (East Suffolk)  
Trustee Board Chair**



**Interested in making a real  
impact on your community?**

We are looking for a new dynamic Chair to lead our trustee board.

Are you looking for a challenge, with great communication skills, experience of running organisations and managing people, and available to share your expertise and give time and commitment to this important voluntary role?

It's a hands-on role with a flexible time commitment of around 4 half days a month including some evening meetings.

**Disability Advice Service (East Suffolk) (DAS)** is a small charity based in Martlesham Heath providing advice and advocacy to disabled people in East Suffolk. We welcome applications from all sections of the community to enable us to have a diverse trustee board that reflects our clients and community.

Interested? Contact Isobel Abbott at [isobel.daisy@btinternet.com](mailto:isobel.daisy@btinternet.com) for an application form or an informal discussion about the role.

**Closing date Monday 10th February 2020**



## THE MOTHERS UNION.

On Wednesday Feb 5th at 2.30pm

### The AGM

followed by service of Holy Communion in St Michael's Church Centre.

On Wednesday March 4th at 2.30pm at St Michael's Church Centre

Lucy will talk to us about her work at The New Wolsey Theatre.

*All welcome*

## HEADWAY SUFFOLK DEMENTIA GROUP - MARTLESHAM

**Brain injury charity Headway Suffolk runs a monthly social support group for people living with dementia in Martlesham.**

It takes place every fourth Thursday of the month at St Michael's Church Centre, The Drift in Martlesham IP5 3PL from 11.45am – 3.15pm. The person with dementia must be accompanied by a carer.

The group partake in a variety of stimulating and engaging games and activities. It costs £6.50 per person, which includes a fish and chips lunch and refreshments.

The next date the group meet is on Thursday 27 February 2020.

Find out more at:  
[www.headwaysuffolk.org.uk/dementiamartlesham](http://www.headwaysuffolk.org.uk/dementiamartlesham)

If you would like to make a referral or want to volunteer, contact Maureen Howes on 01473 712225 or email: [maureenhowes@headwaysuffolk.org.uk](mailto:maureenhowes@headwaysuffolk.org.uk).

## MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

*For any queries or bookings please contact 01473 623655.*

## February

Recently I have had a few early starts, and the dark mornings, combined with fog or mist made me think about how our perceptions of the world can be shaped. Going for a run along Martlesham creek as the day dawns and the fog gently lifts, reveals the beauty of the world. Conversely, getting into the car and straining to see the road ahead gives a very different impression. In the dark and low visibility, it can be disorientating, and there is a need to follow the white line at the edge of the road to ensure that I am going the right way. I need the guidance.

This prompted me to ponder how we need guidance and security, not just on foggy days, but in everyday moments. We all have times when we wonder where we should go, how to get there, and what to depend on for guidance. And especially when we face loss, transition or grief, we often feel we are trapped in a fog. In recent months, I have taken a number of funerals, and met with people whose lives have been changed through illness, or through other transitions. And these all keep us searching for a way to navigate through our grief.

It is worth saying that, as a church, we want to support the community, and so do reach out if you too are in need.

For me this year, the 'white line', guiding me through the transitions and losses in the community are the Psalms. The Psalms explore the full range of human emotions, and turn our attention to God, our refuge and shield. I love reading the Psalms as they remind us that we can bring ourselves to God, however we are feeling, whatever we are going through. I leave you some words from psalm 30, which has had a great impact on me. And I pray that you too will find guidance and support through all the foggy days of life.

I exalt you, O Lord, for you pulled me up  
And you did not let my enemies rejoice over me.  
O Lord, I cried out to you, and you healed me...  
To you, O Lord, I called out and to the Lord I made my supplication.  
What is the profit in my blood going down to the pit?  
Does dust praise you?  
Does it tell of your faithfulness?  
Hear, O Lord, and be gracious to me  
Lord, be my helper.

*Revd. Toby Tate*

[toby@martleshamcofe.org.uk](mailto:toby@martleshamcofe.org.uk)



Martlesham Benefice

## THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

**[martlesham.org.uk/pavilion](http://martlesham.org.uk/pavilion)**

Alternatively, please contact the booking secretary:

**email: [bookingsecmhp@gmail.com](mailto:bookingsecmhp@gmail.com)**  
phone: 07732 199712

## MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back (please speak slowly and repeat the number)

Alternatively e-mail

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**ASSOCIATE MINISTER:** The Revd Margaret Rittman Woodlea, The Street, Martlesham 07914 771061 (working days: Sunday, Wednesday, Thursday)

**CURATE:** The Revd Christine Pinder 3 Mayfields, Martlesham Heath 07555 748345 (working days: Sunday, Wednesday, Thursday)

**READERS:** Carolyn Smith 74 Heathfield, Martlesham Heath  
Malcolm Rittman, Woodlea, The Street, Martlesham

**ELDERS:** Margaret Rollins 9 Angela Close, Martlesham 01473 623868  
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (evening only)  
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709  
Lynn Wilder Kenton Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Brightwell St John's
<b>Sunday 2nd February</b>	9.45am All Age Service Holy Communion 5pm After Hours Service	11am Holy Communion (Prayer Book)	9.30am Holy Communion
<b>Sunday 9th February</b>	9.45am Holy Communion with Junior Church	11am God's Family@Church	6.30pm Evensong
<b>Sunday 16th February</b>	9am Breakfast@9	11am Holy Communion	9.30am Holy Communion
<b>Sunday 23rd February</b>	9.45am Holy Communion with Junior Church	11am Morning Prayer	6.30pm Evensong
<b>Midweek Services</b>	Holy Communion each Wednesday at 10am in St. Michael's. <b>A warm welcome awaits you at all our services</b>		

**Prayer Diary** Please include the following as an addition to your daily prayers

### February

- 5 for all those living in Lugano Road
- 6 for all bank workers
- 7 National Marriage Week pray for all married
- 8 for all those taking part in sport
- 9 for our continuing growth in discipleship
- 10 for all those in Convents
- 11 for all manual workers
- 12 for those living on Main Road
- 13 for all office workers
- 14 for all school children
- 15 for those working their way through College
- 16 to worship God with joy
- 17 for those in hospital
- 18 for those ill at home
- 19 for those living in Manor Rd

- 20 for those waiting for hospital results
- 21 for all People in the law
- 22 for all A&E patients
- 23 for those visiting our churches today
- 24 for brownies and cubs
- 25 for all the elderly
- 26 Ash Wednesday pray for today's congregation
- 27 for all living in Mayfields
- 28 for all Bishops and Deacons
- 29 for safety on our roads


### March

- 1 1st Sunday of Lent. Pray for any fasting from treats
- 2 for our families
- 3 for Taxi Drivers
- 4 for the residents of Mayfield Lane



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