

martlesham monthly

FEBRUARY 2023

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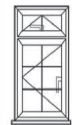


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martlesham monthly

FEBRUARY 2023

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This month's front cover shows a view of Birch Woods in the winter from Alan Powell

To the right, volunteers are cutting back hazel in Portal Woods

—photo from S Corley



GIRLGUIDING MARTLESHAM

Currently we have

2 Brownie Packs (ages 7-10), 2 Guide Units (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on martleshamguides@gmail.com or www.girlguiding.org.uk/get-involved (HQ).

Come join the fun & start your Guiding adventure today!

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk
Becoming a helper or hiring of the Scout HQ please contact
Lindsay Macleod
Lindsayfw@msn.com

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.30–1.45pm
Bridge Farm Day nursery 1.50–2.20pm
Falcon Mobile Home Park: 2.30–2.55pm
Douglas Bader: 3.00–4.30pm
14 February, 14 March, 11 April

Thursdays:

Douglas Bader: 10.15–11.45am
<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>
2 February, 2 March, 30 March

Joining

If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you.
Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

POLICE In case of emergencies please always call 999. In non-emergency situations call the new number 101. E-mail: the Safer Neighbourhood Team Woodbridge.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.
For further details contact Johnny Dixon johnny.dixon@btinternet.com

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Please e-mail contributions to :
martmonthly@btinternet.com

Or deliver your copy to
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IP5 3SN, preferably word processed.

MARTLESHAM MONTHLY ONLINE
www.martleshammonthly.com

And on Facebook

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM COUNCIL

Make a change, become a local parish councillor - Elections in May

If contested, voting in Parish Council elections will take place on 04 May 2023, at the same time as the East Suffolk Council elections. If there are insufficient councillors to fill all the Martlesham Council places, a total of 14, all those standing will be automatically elected and no poll will take place. Nomination papers must be submitted to the East Suffolk Council's Returning Officer by 4pm on Tuesday 4th April. Martlesham Council is calling on residents keen to look after their community to stand in these parish council elections. Full details on the elections are available on the East Suffolk Council website: <https://www.eastsuffolk.gov.uk/elections/>

Contact the Clerk as below to find out more about being a Martlesham parish councillor.

Are you looking for a unique opportunity? We are looking for a new staff member.

Are you experienced or willing to undertake training to join a flexible and hard-working team? If you are, this is a unique opportunity to work with one of the fastest developing, strategic local councils in Suffolk during an exciting time for Martlesham. We provide a range of facilities for residents and work collaboratively with others to protect the environment which now includes an exciting new nature reserve Martlesham Wilds on the banks of the River Deben.

For more information on this job opportunity please visit Martlesham Council's website <https://martlesham.onesuffolk.net/> and click on the home page for the Job Description and Person Specification. We look forward to receiving your CV and detailed letter explaining why you think you are the right person for the job.

Planning matters

Brightwell Lakes update

Trees have now been removed at the new Ipswich Road western access. Work on the Ipswich Road western access will commence in January 2023 and last 5 weeks, whilst the Ipswich Road eastern access will commence in July 2023 and last 7 weeks. The A12 access will commence in March 2023 and last the best part of 6 months. These works will inevitably cause an element of disruption

for drivers for most of 2023. Breheny have been appointed to deliver the first phase of the infrastructure.

Construction of the first parcels of land (317 dwellings) is scheduled to start in February 2023 and completion is expected approximately four years later. The main SANG areas (green spaces) are scheduled for completion in 2026. The planned opening of the first phase of the new school is 2027 and the western corridor allotments are planned for completion by 2026. Sports pitches and changing rooms are proposed by 2029.

The new Brightwell Lakes Community website is nearly complete and due to go live in January 2023.

Martlesham Council continues to monitor and respond to all reserved matters applications related to the site and sends representatives to meet regularly with the developers and the East Suffolk Council planning team.

Suffolk Constabulary Headquarters update

Outline planning application (some matters reserved)-Demolition and removal of all necessary existing buildings and structures to enable the residential development for up to 300no. dwellings, with access from Portal Avenue, associated open space and landscaping, drainage and infrastructure.

East Suffolk Council as the local planning authority has refused to permit the development proposed in this application. They have published 13 reasons for that refusal. Some of these are summarised below:

There are fundamental issues with the scheme, the application is severely deficient and it fails to comply with the specific requirements of the policy within the SCLP (Suffolk Local Plan) that allocates this site for development (SCLP 12.25).

The information submitted with the application fails to support opportunities for travel on foot, by cycle or by public transport.

In its current form the site once developed would only have one point of access located on to Portal Avenue.

The site would result in a loss of existing playing pitches.

McCarthy Stone Retirement Development, Martlesham Heath

The new McCarthy Stone apartment complex will be known as 'Squadron House' and the new public carpark will be known as the 'Runway Heritage carpark'.

At the time of writing Martlesham Council will be considering its response to the latest discharge of conditions 16 (Landscape Management Plan) and 24 (Design, Usage, Heritage and Landscape Strategy) planning application. To see Martlesham Council's response go to DC/22/0838/DRC on East Suffolk Council's Planning Portal.

Representatives from Martlesham Council continue to meet every two weeks with ESC planners, representatives from McCarthy Stone and the McCarthy Stone Site Manager and we will continue to keep residents informed as a result of these meetings.

Forthcoming meetings

Parish Council – Wednesday 1st February 2023

Development, Environment & Transport Committee – Wednesday 8th February 2023

Finance & General Purposes Committee – Wednesday 22nd February 2023

Please note that Parish Council meetings will be held in the Parish Room, Felixstowe Road, Martlesham, IP12 4PB. All meetings start at 7.30pm and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail: enquiries@martleshamcouncil.org.uk

website:<http://martlesham.onesuffolk.net>

Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

From your Conservative District Councillor, Chris Blundell, for Martlesham, Brightwell, Foxhall and Purdis Farm February 2023.

A New Beginning. February 2023 is the penultimate month of the current administrative period of the East Suffolk District Council. In March 2023 we enter a period known as 'Purdah' when existing and new potential Councillors go to the hustings with a view of being elected to the new Council that will be installed after the elections in May 2023.

Personally, I have just completed sixteen years as the representative for Martlesham and more recently for Purdis Farm, Brightwell and Foxhall. It was a great pleasure to serve such a pleasant community. I have made many new, interesting and helpful friends along the way and for that I can only say : 'Thank You' to all who have been supportive of my time in office.

The World Championship off-road cycling event returned to Trinity Park.

More than 600 riders, representing 20 different nations, descended on Trinity Park for the UCI Masters Cyclo-Cross World Championships, racing along a purpose-built circuit featuring obstacles, bends, muddy slopes and bridges. Supported by East Suffolk Council and staged at the same venue for the first-time last year, the event saw riders aged 35 or over, who no longer compete in an Elite Professional Team, pitted against each other across five age groups containing many former pros, Olympians, national champions and some of the best Cyclo-Cross age category riders the world has to offer.

The weekend of competition also featured open races for riders of all ages, as well as a Special Olympics Cyclo-Cross event. Schools in the Ipswich and South Suffolk School Games partnership also came together for a morning of cycling activity organised in partnership between Active Suffolk, British Cycling, East Suffolk Council and Elmy Cycles, and involving the Suffolk RoadSafe partnership, Suffolk Constabulary, schools outreach organisation Kinetic Science, art organisation Rock Paper Scissors, British Cycling and Loose Cannon's Conditioning. It was my privilege to participate in the award presentations for each group of cyclists.

Suffolk councils' successful bid for housing fund pot.

Suffolk's local authorities are delighted to have been awarded funding by the Local Government Association to commission a vital, county-wide housing strategy review. The £20,000 pot will kickstart a programme which aims to increase the number of genuinely affordable properties available to meet those in housing need.

The Housing Advisers Programme grant is designed to support councils seeking to innovate and will fund the provision of bespoke expert support to councils. Suffolk's successful bid was led by East Suffolk Council, which will work with Suffolk County Council, Ipswich Borough Council, Babergh and Mid Suffolk District Councils and West Suffolk Council identifying opportunities to bridge the gap between supply and demand.

Working together as the Suffolk Housing Board, the councils have identified 900 properties available for rent, 5,000 properties marketed for sale, 1,000 long term empty homes and 6,000 second homes. And yet, despite this, there are currently a significant number of households living in unsatisfactory, unsuitable accommodation, experiencing, or at risk of homelessness.

The Suffolk Housing Board has agreed to establish a project which will agree proposals that remove barriers to accommodating people, as well as gaps in policies where accommodation solutions could be encouraged. The councils will use this opportunity to join up their approaches, exploring ideas such as resource pooling, funding empty home renovations, early engagement, legal advice and community engagement.

If you wish to have further information on any of the foregoing topics or any other district council matters, please contact me by email at chris.blundell@east Suffolk.gov.uk. Otherwise by phone on 01473 622716.

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KESGRAVE LIBRARY NEWS

Sunday Crafts 10.00 – 12.00 noon – the following crafts are running during February:

Sunday 5th – There have been lots of exciting stories recently about space. Create your own rocket to hang up in your room.

Sunday 12th – The 14th of February is Valentine's Day. Make a heart card to give to someone special.

Sunday 19th – On Tuesday 21st February we are celebrating Shrove Tuesday – Pancake Day. Pop along and create a pancake collage – what fillings will you put in yours?

Sunday 26th – It's St David's Day on Wednesday 1st March. Pop along and make a dragon hat to celebrate.

Activities are free. Parents must stay with under eights.

Word Play Sessions – These free sessions are run by trained staff every Thursday morning.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.45 a.m. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – 9.45 – 10.15 a.m. Fun stories, rhymes, and songs every Friday in the library. No need to book – just pop along.

Lego Club – every Tuesday 3.30 – 4.30 p.m. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Afternoon Book Club – Thursday 2nd February 2.45 – 4.30 p.m. They are currently reading *Miss Benson's Beetle* by Rachel Joyce.

Evening Book Group – Thursday 23rd February 7.00 – 8.00 p.m. The group are currently reading *1979* by Val McDermid.

If you are interested in joining, please contact staff. The library supplies copies of the titles being read.

Warm Space – Please don't forget that Kesgrave Library is a designated warm space throughout the winter, offering hot drinks and a safe, welcoming area to pop along to and spend some time:

Monday & Tuesday 9.30 – 11.30 a.m.

Wednesday & Friday 2.30 – 4.00 p.m.

Saturday 10.00 – 12.00 noon

Kindness Rail - We have a kindness rail available with coats, hats, scarves etc. for customers to come in and help themselves to.

If you are having a sort out and have any good quality outdoor clothes whether adults or children's, please pop them along to the library. Please pop in and have a look at the rail or speak to staff.

We also have a small hygiene bank with donations including Tena and Molicare products. Donations for the hygiene bank would also be welcomed – thank you.

Did you know that you can join the library from birth? Adults need ID with their name and address on and children will need an adult to be their guarantor, who can bring in their proof of address. Cards can be made up while you wait. We hope to see you soon.

Printing and Photocopying – You can print and photocopy at your local library. A4 Black & white is 20p single-sided and 30p double sided. A3 colour is 50p single-sided and 80p double-sided. We are also able to photocopy in A3 and enlarge and reduce documents.

Home Library Service – If you would like to access the library but are unable to visit us, Kesgrave runs four home library routes where volunteers come out with a selection of books to your homes. To access this service, whether you are house bound, recovering from an operation, enquiring for a relative/friend or someone you

care for, please ring the library or log on the Suffolk Libraries website and complete the online form.

Knit and Natter – every second and fourth Thursday 2.30 – 4.30 p.m.

Cancer Support Group 10.30 – 11.30 a.m. Monday morning each month (**Monday 20th February**) in the library. Our volunteer who helps run these sessions, is available to help on any aspect that may be worrying you, whether you are currently suffering from cancer or a carer in need of advice.

Book Donations – We are still looking for good quality book donations, mainly fiction – adult or children. Please speak to staff if you are interested in donating some items to us. Thank you to everyone who has already donated items to the library.

Opening Hours -

Monday 9.00–12.00 noon

Tuesday 9.00–12.00 noon/2.30–5.00 pm

Wednesday 2.30 – 6.00 pm

Thursday 2.30 – 8.00 pm

Friday 9.00–12.00 noon/2.30–6.00 pm

Saturday 10.00–5.00 pm

Sunday 10.00–3.00 pm

Tel: 01473 626103 www.suffolklibraries.co.uk

BRIGHT STARS

Bright Stars Activities sheets for preschool aged children. Would you like to receive them?

Due to various circumstances, at the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or story from the Bible. In January we continued the Christmas story with the Wise Men's visit to Jesus where they took him presents of gold, frankincense, and myrrh; there was a song and pictures of these presents for colouring.

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact: Sonya & Maureen Burrows
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Martlesham Conservation Group

MEGABASH - CORRECTION

We are planning a Megabash on the Martlesham Heath SSSI with the Greenways project team on Saturday 11th February from 10am to 3.30pm. Please consider joining us for scrub clearance (hopefully with a bonfire) and help conserve this important wildlife reserve. (The date I gave in last month's Martlesham Monthly was incorrect.)

Meet on the Heath - follow the path that leads from the gate opposite the windsock on Eagle Way. You can come for as little or long as you please, all tools will be provided.

Our regular work party will take place on Saturday 5th February at 10am on the Martlesham Heath SSSI. Please contact me directly for the exact location. It is likely to be near the bonfire site towards the northern end of the site, but the weather may well have a bearing on the exact location.

Get in touch with your wildlife observations, or if you are interested in our work parties or surveys, via the phone number below or via our e-mail. Please consider joining the group we really could with some more active members, especially ones who could spare a couple of hours or so once a month to help on our work parties. We supply the tools but we just need people to use them.

The month of February can be one of increased activity for wildlife. Some birds have already started to sing. This chorus of song is likely increase throughout February and into the later spring months as migrating birds arrive from more southerly regions of our planet. If there are warmer days in late February reptiles such as adders can begin to emerge and bask in the stronger rays of sunshine. Please remember if the weather is cold that your garden could make a real difference to the survival of some wildlife. Please continue to provide water and food for birds, and don't be too keen to tidy up; you could have a hedgehog under that pile of branches and leaves.

The Greenways team and DCS Ecology have been undertaking more heathland maintenance on the Martlesham Heath SSSI during January. The main aim this year has been to benefit the special wildlife that depends on lowland heath for its continued survival. Areas of gorse and other scrub have been cleared, which will hopefully allow more heather and acid grassland to flourish. A typical species that could benefit would be the Silver Studded Blue butterfly that relies on heather and other heathland flora and insects for its survival. Penetration of more light to the ground will also help the ground to warm up and be of benefit to a wide range of insects such as ants and butterflies, and reptiles that need warmth in order to become active.

Phil Smith 01473 625630 martleshamconservationgrp84@gmail.com

Portal Woodland Volunteers enjoy a Christmas Buffet—photo S Corley



Martlesham Brass

'Making Music Fun in East Anglia'

Martlesham Brass would like to thank all those who contributed to our carolling collections over the Christmas period. In Martlesham Heath Square, and at Woodbridge Street Fayre we raised a total of £414, which will be shared amongst our nominated charities, which this year were St Elizabeth Hospice, Suffolk Accident Rescue Service (SARS) and East Anglian Air Ambulance.

Unfortunately, the concert joint concert with Suffolk Singers planned for Sunday 5th February 2023 has been postponed, and will now take place later in the year.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - please note we operate a waiting list for new members.

Liz Howard (Publicity Officer)
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Portal Woodlands Conservation Group

Our Volunteers got into the holiday spirit at our December work morning.

They enjoyed a festive buffet after hard work clearing in and around the hazel area. The hazels are doing well but were becoming cramped with bramble and other undergrowth. The surrounding hedge had grown high so was cut back to allow more light in and to encourage thicker growth at lower levels.

We thank everyone who contributed food and drink to the buffet.

Our next Volunteer work morning is Sunday 19th February from 10:00 to Noon, meeting at the Education Area.

New volunteers of all ages and abilities are always welcome. No experience needed.

For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman



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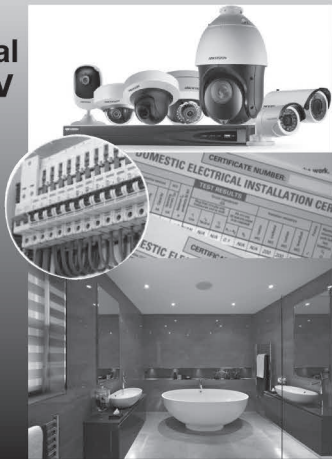


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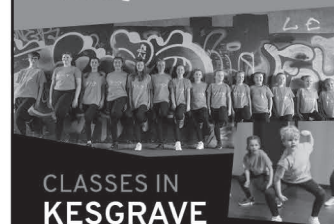


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MARTLESHAM COMMUNITY RESPONDERS

Martlesham Community Responders are a small group of volunteers who are trained to provide local emergency support to the East of England Ambulance Service. We are trained in First Aid and resuscitation, and living locally we can provide an initial response to many emergency 999 calls for the Martlesham area, and we can then assist the ambulance crew after their arrival.

There are dozens of Community First Responder (CFR) groups across Suffolk, and as volunteers we only respond to calls from Ambulance control to help patients in an emergency at the discretion of the Ambulance Service, depending on the individual circumstances of each call.

As we are a small team, we are not able to be on call all of the time, but working in conjunction with the BT Adastral Park Ambulance team, we do endeavour to be available as much of the time as possible. If anyone would be interested in helping us by joining the team and training as a CFR, then please take a look at <https://www.eastamb.nhs.uk/join-the-team/community-first-responders> or contact me at johnny.dixon@btinternet.com



Martlesham Heath Baby and Toddler Group meets every Wednesday and Friday at Martlesham Heath Pavilion Session time is 9.30 – 11.15 (term-time only)

We have play time, along with song time with instruments, before providing a drink for the children, and tea or coffee for the parent/carers.

**Session prices are £1.50 per family/care group
£5 capped fee for Childminders**

Sessions have to be pre-booked as we are limited on attendees, so please follow our Facebook page. We are only taking bookings one week in advance and to book you need to message the Facebook page directly. Please email for more information.

**Find us on Facebook
email: MHBTG@outlook.com**

Can you help? We are currently looking for volunteers, please contact us for further details.

The extraordinary aviation history of Martlesham Heath from the Great War to the jet age, local wartime exploits, and other general Aviation topics, are covered at our monthly meetings. The 1st Friday of the month at The Community Centre, Felixstowe Road IP12 4PB @ 7:30 p.m. (subject to any Govt restrictions)

General contact details:
Howard: 01473 274300.
Website: www.mhas.org.uk
Control Tower Museum:
Call 077 077 11104
mhasmuseum@mhas.org.uk



Visit our Control Tower Museum, behind Parkers Place, off Eagle Way, IP5 3UZ. In normal times open Sundays 2-5 pm, from early April to the end of October. To find out more about the local story just turn up, - easy parking.



We have an enthusiastic and friendly team of volunteers keeping the Museum and Society running. Why not get involved?



East Anglia's Children's Hospices (EACH) cares for children and young people with life-threatening conditions across East Anglia and supports their family. EACH is a life-line for families at an unimaginably difficult time. Help us be there for future generations, helping every child make the most of life – no matter how short.

www.each.org.uk



Registered charity no. 1069284

Martlesham Climate Action

Martlesham Repair and Climate Advice Hub – Now at the Parish room (next to the Community Centre)

The next Repair and Climate Advice hub will be on Saturday 11th February from 10am-12noon and the second Saturday of the month during the year. The Climate Advice hub will be there as usual with advice on how you can do your bit to reduce your carbon emissions and reduce your energy bills (what's not to like!).

All the scientific evidence shows we are not cutting emissions fast enough and are heading for around an average of 2.6 degrees of warming over the next few decades with very serious consequences for our current way of life. As individuals in the UK, our average carbon footprint (direct and emissions we cause through our consumer behaviour) is around 10 tonnes per year. We need to eventually get to around 1 tonne to stabilise the climate, so start now!

Small changes to behaviour are better than none and it all helps. For example, consider the effect of your journeys (flights are the worst), reduce meat and dairy consumption (a major emitter), implement some of those energy saving tips (see below), reuse and recycle, use the Repair Hub and try not to buy so much 'stuff'.

If you can't get along to the Hub, have a look on our website for tips on no cost, low cost and technology-based solutions to reduce your carbon footprint.

Note also that the Repair Hub's big brother is up and running for larger repairs.

See <https://suffolkrepairshed.org/get-it-repaired/>.

It is based on the industrial estate at Martlesham Creek and is open Tuesday evenings 7-9 or Friday mornings 10.30 – 12.30. Other times are by arrangement.

Email: martleshamrepairhub@gmail.com

Free infrared camera visit and news of free householder energy audit.

As previously advertised, I can come round with my own infrared camera and have a look for cold spots inside and/or hotspots from outside your house or flat to see if you are pouring money away through obvious heat losses. Note this is not a professional heat loss survey; just my camera and me so is no substitute for a proper survey but it might give you some idea as a 'quick look'.

If you are interested, please contact via the e-mail below.

Groundwork East have announced a free householder energy survey. They have produced the excellent advice leaflets available at our monthly Climate Advice Hub and are also on our website, but they are now extending this with a FREE energy audit.

Contact dominic.simpson@groundwork.org.uk or call on 01473 350370.

You can also take the online survey at www.surveymonkey.co.uk/r/SuffolkHomeEnergyAudit

Energy Saving Tips

I know we have been bombarded with energy saving tips recently, but it is worth repeating some of the no/cost/low-cost ones. There is also excellent advice at: <https://energysavingtrust.org.uk/hub/quick-tips-to-save-energy/>

- 1 Eliminate draughts e.g. a heavy curtain at the end of my hall before the downstairs toilet makes a very noticeable difference.
- 2 Turn your thermostat down (mine is set to 19C).
- 3 Turn off heating in rooms you are not using and shut the door.
- 4 Get a free energy survey from Groundwork East as advertised above.
- 5 Apply for a 'Warm Homes' grant from warmhomessuffolk.org
- 6 Insulate, insulate, insulate.
- 7 Turn down the flow temperatures on any gas boiler (say mid-way/55C). It increases the efficiency and reduces the risk of burning your hand on a ridiculously hot radiator. Do a boost to 65C every month or so to kill any Legionella bacteria. My heat pump flow temperature averages around 40-45C and our house is nicely warm. Just takes longer to warm up although if you have a poorly insulated home a very low flow temperature may not get the temperature up to your thermostat setting.
- 8 Turn off devices on standby. Use LED bulbs.
- 9) Consider cooking options. For example,



a slow cooker consumes less power than heating an oven up for a roast, stew etc. A combination microwave might be an option as the convection function is heating up a much smaller volume than a typical oven so consumes less power.

Dave Green,

co-chair Martlesham Climate Action (a Parish Council working group)

Website:

www.martleshamclimateaction.onesuffolk.net

E-mail: martleshamclimateaction@btinternet.com

Twitter: @martleshamclim1

THE WORK FURNACE

Factory Sessions

Meet up with former work colleagues and share your stories of working in the industries of Ipswich in the 50s, 60s and 70s!



It's time to clock in!

Mondays, 10am-12.30pm

- 30 Jan: Engineering
- 6 Feb: Clothing
- 13 Feb: Food & Drink
- 20 Feb: Other (tobacco, fertiliser etc.)

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DEBEN ROTARY NEWS

The Rotary Club of Woodbridge Deben's Santa's sleigh was out and about again in December, visiting Martlesham and Martlesham Heath and spending a Saturday in the Thoroughfare. Just over £2000 was raised to enable us to continue our support of local, national and international charities.

The President and members of the club would once again like to express our gratitude for the public's support, particularly in these trying times. We are looking for suitable storage for the sleigh to try to minimise the cost of maintenance. If you know of any suitable dry storage area – a barn or outbuilding for example- please contact Rotarian Martin Kenyon on 01394 386933.

The club's Community Service Committee is inviting nominations for our 2023 Community Service Award. If you know of anyone in the Martlesham, Kesgrave, Melton and Woodbridge area who has made a significant contribution to their community, please send their details to Deirdre Griffin at griffindeirdre4@gmail.com Please give a summary in less than 250 words of why they deserve to be recognised.

The Memory Cafe, run in conjunction with the Rotary Club of Woodbridge and Woodbridge Inner Wheel, resumes in January after the Christmas break.

The next meeting will be on Wednesday February 22nd and thereafter on the last Wednesday of every month except December. We meet at Woodbridge Football Club from 10.30 to 12.00 and look forward to greeting friends old and new. We welcome sufferers of all forms of memory loss and their carers to enjoy refreshments, good conversation and live music, for which there is no charge.

WOODBIDGE & DISTRICT LIONS CLUB NEWS – CHRISTMAS PARCELS

The Woodbridge Lions Club provided 100 bags of special festive food treats at Christmas to the Salvation Army Food Bank in Woodbridge. These were then distributed to regular visitors of their food bank to provide a little bit of added Christmas cheer at what is such a difficult time financially for so many.

Our thanks to Lions Stella Benton and John Wood who were the lead Lions on this project. Special thanks to Chris Matthews, the manager of the East of England Co-op, who helped significantly and Major Alan Hill and his team at the Woodbridge Salvation Army Food Bank. Last, and by no means least, thanks to all the members of the public for making donations and supporting us at events throughout the year.

WOODBIDGE PROBUS CLUB

With the new year upon us we are now hoping to encourage new members to join us at the long standing Woodbridge Probus Club.

This is a luncheon club for retired or semi-retired men from all walks of life, the more varied the better which then gives the club a more eclectic and interesting membership which benefits us all.

We meet on the first Monday of the month at the Woodbridge Golf Club for the lunch which is then followed by a talk from a guest speaker. The talks planned for 2023 have now been finalised and will include subjects as diverse as The Dogs Trust, Medal collecting, the Ipswich Transport Museum, Astronomy and the build of the Anglo-Saxon Ship at the Longshed in Woodbridge. A full list of talks planned can be found on our website.

Please come along to enjoy and try out one of our lunch meetings - there would be no obligation to join, but please CONTACT US first to let us know if you wish to attend.

Our purpose is entirely social and we also organise occasional social events, including visits to local places of interest and Ladies and Friends Summer and Christmas lunches.

Our members come from Woodbridge and local villages in the area including Martlesham, Martlesham Heath, Melton and occasionally from even further afield.

For further information please also check out our website woodbridgeprobus.org.uk or contact roger952brown@hotmail.co.uk

Inner Wheel Club of Woodbridge

The good, the bad and the downright ugly! Those were our thoughts on hearing from our speaker, John Hammond, ambassador for St Elizabeth Hospice, on what can be found in bags of donated items for the Hospice Retail Centre at Martlesham Heath. John told of the work of the volunteers and donations of various goods, some of which are redistributed to 25 other shops in Suffolk. People associate the Hospice with help for cancer sufferers, but it provides end-of-life care for people with many other conditions. The money to support patients comes from many sources, including gifting in Wills and, of course, from the shops. John talked of the enrichment to his life volunteering had brought and the many friendships that have developed, and one of his claims to fame was that he had handled Ed Sheeran's underpants – unworn, he quickly added! (Unused items left over from a tour.) John talked appreciatively of the help provided by Ed, his family, and many other local businesses. Unwanted or recycled goods and clothes were an important resource. Good ones in good condition were gratefully received. Bad items included damaged or incomplete things or empty wine/plastic bottles often found amongst clothes. The downright ugly included soiled nappies (!!) and unwashed clothes. Only donate items one would buy oneself is the mantra! Unbelievably, the Martlesham centre pay £30,000 a year to have unusable rubbish removed – money that could be used for Hospice care. Opening hours 9am – 5pm. For donations of larger items one should ring beforehand. Deirdre Griffin thanked John for an informative and amusing talk.

President Sharon was pleased to welcome two new members, Julie Goulding and Sally Lumsden, into the Club. The knit and natter group have agreed that knitted hats and other warm items will sent to the Ukraine. The annual IW quiz will be reinstated at the community centre on February Friday 24th at from 7.00 pm (details for booking at griffindeirdre4@gmail.com) in aid of 4YP, a charity supporting young people in Suffolk. Members were looking forward to a soup and pud lunch to mark International Inner Wheel Day on Tuesday 10 January, the proceeds of which would be donated to Mary's Meals.

Inner Wheel is an international organisation with three objectives: to promote true friendship, to encourage the ideals of personal service, and to foster international understanding. Woodbridge members meet at Ufford Park Hotel at 6.30 pm on the first Thursday evening of each month. If you would like to know more about the club, look for District 8 on the website: <https://innerwheel.co.uk>

MARTLESHAM HEATH AVIATION SOCIETY

The Martlesham Heath Aviation Society kicked off its 2023 year with another large turnout to hear an entertaining talk by former Police Helicopter Observer Adrian Blease....

Adrian explained how he became a Police Helicopter Observer, following his time as an RAF Air Electronics Officer in the back of a De-Havilland Nimrod Maritime Reconnaissance Aircraft – when much time was spent playing Cat and Mouse with Soviet Submarines in an earlier Cold War scenario, as well as going on rescue missions over the cold North Sea and Atlantic. After finishing training on Helicopters – he found his new Police work very absorbing – which included chasing vehicles and thieves, doing Traffic surveillance, and for much of his time providing a new dimension to helping the people of Suffolk and elsewhere in East Anglia, including searching for missing persons.

A typical year would see the service taking on 1500 tasks and flying 750 hours. It is estimated that a Helicopter can search 1 square mile in 12 minutes – whereas a search of similar rigour carried out by ground based policemen could take up to 450 hours.

Sadly the Suffolk badged Police helicopter service has gone – and the county is now covered, along with the rest of East Anglia, by a helicopter based at North Weald airfield, just off the M11. Adrian says this is a backward step. He said “For most aerial police work to be really effective a helicopter should be on the scene in 20 minutes – impossible with the machine based so far away”.

Adrian obviously hit all the right notes with his talk – being loudly applauded when Chairman Martyn Cook thanked him on behalf of the audience.

This was the Meeting when we got completely to grips with the newly installed high-powered ceiling mounted digital projector, and the new Sound System, which has raised the whole meeting experience a notch or two. We thank Ian Read for helping us get to grips with the new setup. The only way we could improve the experience any further would be to have a Hammond Cinema Organ appear at half time – however I guess this would be a little beyond the Hall Budget!

Future meetings for your diaries are:

Friday 3rd February. Mick Meras presents “World War 2 North Sea Air Sea Rescue”. Martlesham Heath based aircraft - including the ungainly Supermarine Walrus Amphibian and Westland Lysander - were kept busy. A fascinating but little-known part of RAF Martlesham Heath history will be revealed.

Friday 3rd March. Richard Gibson presents “Thorpe Abbots Airfield – home to the USAAF 100th Bomb Group – and the story of the Munster Raid”.

Friday 31st March. Mike- Pugh Davis with “Aircraft versus the U Boat in WW2”.

All meetings start at 7:30 p.m. The Community Centre, Felixstowe Road IP12 4PB. Just turn up and pay at the door. No need to pre-book. £3 for members, £4 for non-members. You can join the Society on the night if you wish. For more information see www.mhas.org.uk or call 01473 274300

Whilst our Control Tower Museum remains closed for Sunday afternoons until 2nd April – we are still able to welcome prebooked Groups for guided tours. We are already taking bookings for the Summer season. For more information call Museum Manager Ian on 01473 611665, email ilisseman@btinternet.com

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01394 330855

Music Duo Claudia Myatt and Julia Dancy - Thursday 23rd February 7:30pm - 9:00pm

An evening of folk music, poems and songs will be led by Claudia

Myatt and Julia Dancy who play guitar and harp. They have invited some friends to join them, adding in whistle, ukulele and bass. Interspersed in the music will be a sprinkling of poems, making for a varied and entertaining evening. The performance begins at 7.30pm. Tickets are £8, payable in cash at Woodbridge Library. For more information, call 01394 330855

Music at Lunchtime w/ Tim Sadler - Tuesday 28th February 12:45pm - 1:30pm

One of Woodbridge's favourite buskers will play a free lunchtime concert. Saxophonist Tim Sadler returns to the Library on Tuesday 28 February at 12.45pm. We are really pleased to welcome back his easy-listening style for a relaxing lunchtime so please join us for this event. Admission is free, however donations to Friends of Woodbridge Library are more than welcome. Numbers will be subject to room capacity.

Woodbridge Library, New Street, Woodbridge IP12 1DT

Gypeswye Singers

Open Singing Day

St Michael's and All Angels
Martlesham Heath

Saturday 4th February

10am–1pm

Refreshments and music scores available from 9.30am

Please join us in rehearsing choruses from the opera,

Dido & Aeneas.

All singers are welcome

Admission £5. Tea, coffee and biscuits will be provided.

Booking advised through a.m.dawe@btinternet.com or by phoning 01473 620353

The Friends of Woodbridge Library

If you're enthusiastic about libraries, would enjoy helping to organise library events and are willing to help with our fundraising activities, please ask a member of staff for more details.

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Show support for your local library with a Friends bookmark for £1 - which is magnetic, so you won't lose your page.

Also available is a Suffolk Libraries "I'm a Borrower" tote bags for £3.50, or for £5 you can receive both the tote bag and as much fiction as you can fit inside!

Open Space-Every Wednesday 1:30pm-3:30pm

An informal drop-in for anybody interested in their mental health and wellbeing, as well as families and carers. It is run in partnership with Suffolk Mind. Discussions and activities are built from suggestions from the group. For further information please don't hesitate to contact Woodbridge Library on **01394 330855**.

Knitting Group - Every Friday 2pm - 4pm

For all types of knitters from expert to beginners, sewing to crochet, come and share your knowledge or pick up some tips.

Woodbridge Board Gamers - Saturday 4th February from 1pm-5pm

Come along to play modern strategy board games, both simple and complex, with a range provided that's suitable for all ages.



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Birchwood Primary School



At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.

- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

Valiant Road, Martlesham Heath, Ipswich, IP5 3SP

Telephone (01473) 610701

Email admin@birchwood.suffolk.sch.uk

Website www.birchwoodprimary.co.uk



ST ELIZABETH HOSPICE USED STAMPS APPEAL

A really big THANK YOU to everyone who saved their used stamps over Christmas and posted them through my letter box.

I've now got several carrier bags full of stamps ready to take to the Hospice in Foxhall Road, Ipswich. The stamps will be sorted by volunteers and sold via online auction sites. Childhood stamp albums (good old Stanley Gibbons), First Day Covers and coin sets can raise more at specialist auctions – recently a mint set of decimal coins, together with a collection of rarer stamps made over £50!

Please continue to support your local Hospice by collecting stamps during the coming year. Even if you only manage to collect a few they soon make a difference when added together. The Hospice can also raise funds from old British and foreign coins, so if you're planning a foreign holiday this year and have any coins left over please think of donating them to this local charity.

Thank you all for your continued support and keep up the great work!

*Bev Read 15 Demesne Gardens Martlesham Heath
01473 622721*

MARTLESHAM LADIES CLUB

As the days lengthen as we can begin to look forward to Spring we are enjoying our New Year's meetings. There are two meetings planned for this month. On 9th February we shall play 'Bag Beetle' which is a Beetle Drive with a difference and should be great fun. On 23rd February Mick Lowe is coming to give a talk on 'Fire Safety in the Home'. Looking ahead to next month, on 9th March Alison will tell us about her work as a prison visitor.

Meetings are held on alternate Thursday afternoons at 2.30pm in the Richards Room. For more information contact June Peck 01473 790126.

Martlesham in Bloom

Bulbs will be coming up and brightening this month, and indications are that spring will be on its way sooner rather than later.

However, don't be tempted into cutting back the subshrubs and herbaceous plants which either have dead stems or may be looking less than alive! It is still winter, with very chilly weather always potentially on the horizon and those dead stems and frameworks of dead looking twigs, e.g. on hardy fuchsias, are doing a great job of helping protect the living parts of the plant (which may be the crown at ground level from which shoots and stems grow, or parts of the framework of the plants that are still alive) from the worst of the cold so that they are more likely to get through to spring when they can finally be trimmed and will burst into growth again. They are also providing habitat for the wildlife that makes those spaces their home.

If you still have berries on trees or shrubs and can avoid cutting them off when pruning, at least until part the way through the month, that will help the birds who eat them - you may have seen birds such as blackbirds and wood pigeons eating them and, if you were lucky, migrants such as redwing and fieldfare.

Trees and shrubs with blossom followed by fruit or berries are a great addition to any garden and come in all shapes and sizes; as well as providing food for wildlife they have several seasons of interest for us to enjoy. They can be planted now as long as the ground is not frozen.

For further information please contact:

martleshaminbloom@gmail.com or

J Maureen Burrows (Secretary) on 01473 625196



U3A EAST SUFFOLK LINES UP A WIDE VARIETY OF SPEAKERS IN 2023

East Suffolk u3a's spring programme is full of interest and stimulation, to get 2023 off to a flying start.

This thriving local members' organisation welcomes anyone retired or semi-retired and seeking something new and/or interesting.

Fees are extremely modest, and membership offers the opportunity to learn new skills, make new friends and fill life with stimulation and companionship.

East Suffolk u3a has a strong local following and offers a choice of more than 150 activity groups, including discussing the arts, history, science, learning a new foreign language, walking, quizzing, dining out, short breaks and more.

Local speaker meetings include:

Thursday 2 February 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL

The Secret Life of the Woodland: an illustrated talk by an award-winning photographer on some of the unusual subjects to be found in our woodlands, which, although present, are not always visible. Presented by Roger Hance.

Thursday 9 February 2.00 to 4.00

The Fromus Centre, Street Farm Road, Saxmundham IP17 1AL

Fingerprinting: a retired fingerprint expert explains how to identify fingerprints and techniques for making latent marks visible. Presented by David Smith.

Monday 20 February 10.30 to 12.30

Woodbridge Football Club, 17 Fynn Road, Woodbridge IP12 4LS

A wander around Christchurch Mansion and Ipswich Museum: the origins of the museum and the story of the mansion, highlighting some of the diverse collection. Presented by Erica Burrows

Monday 27 February 2.00 to 4.00

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

My life as an artist and stone sculptor: an exploration of the speaker's work and passion for stone and how she learned her craft via Lincoln Cathedral, France and the Victoria & Albert Museum. Presented by Antonia Hockton

See the website: www.u3aeastsuffolk.org.uk for more information or call the membership secretary on 0300 123 3913.

As we begin February it's very easy to focus on negatives; the cold weather, dark evenings and flu season. But I love the Danish concept of "hygge".

If you haven't come across "hygge", it's the sense of comfort and cosiness associated with cold, winter days that might mean relaxing with friends indoors, or curling up quietly with a good book. It turns long Scandinavian winters into something to be enjoyed instead of endured. Maybe we could all do with a bit more hygge in our busy lives.

If like me, you enjoy a good book, you probably have a favourite author that you sometimes turn back to. One of mine is CS Lewis, of Narnia fame. I loved Narnia as a child; that wonderful fantasy world where humans and animals work together in the fight of good against evil, knowing that with Aslan in charge, good will always triumph. But he wrote many books for adults too, full of richness and depth, that leave you with plenty to think about afterwards. There are many famous CS Lewis quotes around, but one that I love says this.

"If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world."

Perhaps that is a particularly apt thought for today's world where so many of us struggle with a sense of discontentment that is not met by anything that we have tried. Can I suggest that if that is where you find yourself, perhaps the answer is that you are made for another world? And can I suggest that the answer might be instead to try Jesus? Many people across the world from CS Lewis to myself have found in Jesus that peace that is beyond understanding. And if you're not sure where to start, there is a team of people happy to help within the church in Martlesham.

Revd Christine Pinder

SPEAK EASY AT MARTLESHAM

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to speak, and to evaluate.

We meet at Richard's Room in Martlesham, and we are also using our Zoom format to enable greater participation, including from abroad. We encourage new members to join us in the room, where we add the online audience giving us the experience of one meeting.

Guests are welcome to join Speak Easy to see what we have to offer, and to take part if you would like. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout.

We hope you will choose to become a member, whether to beat public speaking nerves, develop your abilities, enter competitions, or help us run the club!

Speak Easy meetings are held on alternate Thursdays. Our next meeting kicks off the new year on 5th January, followed by 19th Jan, 2nd Feb and 16th Feb

Join at 7:00pm for a 7:15pm start and finishing at 9:30pm Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green:

Adam Green: vppr@speak-easy.org.uk
or www.speak-easy.org.uk or find us on Facebook:
Speak Easy Martlesham

Martlesham Community Hall

No one likes raising prices. We've kept our hire charges the same since April 2020, to help our hirers through the COVID-19 pandemic. However the large increases in electricity costs mean we need to increase our hire charges by an average of around 15% from 1 April 2023. This is still only roughly the same as the general inflation rate from April 2020 onwards though and very much less than the increased electricity cost!

We're also simplifying our main hire rates into two categories from April. A General Hirer Rate (for Personal, Not For Profit and Small Community Business hire) and a Commercial Hirer Rate (for Business and Public Sector organisation hire). The new categories and rates are detailed in a document you can read or download from our website: mchall.org.uk/hire-0423.

Hopefully you'll understand why we've had to increase our charges. As a volunteer-led community charity we're still able to offer very competitive room hire rates though. There are also discounts for regular hirers. Both the Community Hall and the Richards Room have been recently refurbished and have Wi-Fi Internet access, a PA system and projector for you to use, at no extra cost. We're conveniently located next door to the Martlesham Tesco superstore and we have a large free car park. You can check out the details on our website: mchall.org.uk - just click on Facilities in the top menu.

If you'd like to hire the Community Hall or Richards Room, you can check availability and make a booking request at mchall.org.uk/booking or you can call our Booking Secretary on 01473 623203.



MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com
phone: 07732 199712

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at our website—mchall.org.uk.

You can check hire rates, if they're available and make an online booking request.

Alternatively you can call our Booking Secretary on 01473 623203.

If leaving a message, please speak slowly and repeat your telephone number.

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RECTOR: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035
Carolyn Smith 74 Heathfield, Martlesham Heath

ELDERS: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 5th February	St Michael's 9.30am Coffee and pastries	
	10am Breakfast Church St Mary's 11am Holy Communion	5pm Zoom After Hours
Sunday 12th February	St Michael's 10am Holy Communion with Junior Church	10am Holy Communion
	St John's 3.30pm BCP Evening Prayer	
Sunday 19th February	St Michael's 10am Morning Worship Healing Service	10am Morning Worship
	St Mary's 11am Holy Communion	7pm Zoom Reflecting with God
Sunday 26th February	St Michael's 10am Holy Communion	10am Holy Communion
	St John's 3.30pm BCP Evening Prayer	

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services Wednesday 8th and 22nd February (Ash Wednesday): 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

February

- | | |
|--|--|
| <p>5 for wisdom to recognise the power of Christ in our lives</p> <p>6 for the residents of Turino Avenue</p> <p>7 for all involved in the Broom Tree Cafe</p> <p>8 for greater online safety on the internet</p> <p>9 for an end to human trafficking</p> <p>10 for all those with Mental Health issues</p> <p>11 for women and girls in science</p> <p>12 for all involved in the Pop Up Shop</p> <p>13 for teachers and all working in schools & nurseries</p> <p>14 for those starting new relationships</p> <p>15 for the residents of Turner Gardens</p> <p>16 for the help & guidance of the Holy Spirit throughout our lives</p> <p>17 give thanks for Friends on Friday</p> <p>18 that we may all be kind to others</p> | <p>19 that we may be receptive to Jesus' teaching</p> <p>20 for social justice around the world</p> <p>21 for all who work for the Social Care of others</p> <p>22 that we may forgive others and be forgiven ourselves</p> <p>23 for the residents of Valiant Road</p> <p>24 for victims of bullying</p> <p>25 take time to reflect and pray for our neighbours</p> <p>26 pause to reflect and express your hopes & concerns to God</p> <p>27 for all Healthcare workers</p> <p>28 for those with rare diseases & the care they receive</p> <p>March</p> <p>1 give thanks for the life and work of St David</p> <p>2 for the residents of Valley View Rise</p> <p>3 for wildlife conservation across the world</p> <p>4 for peace around the world</p> |
|--|--|

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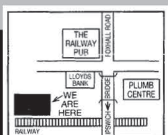
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