

martlesham monthly

DECEMBER 2022

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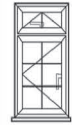


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martlesham monthly

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FRONT COVER

Portal Woodland Volunteers look like they are having a wonderful time clearing out the sludge from the pond.

The pond is now well on its way to being re-filled by the autumnal rain.

GIRLGUIDING MARTLESHAM

Currently we have

2 Brownie Packs (ages 7-10), 2 Guide Units (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on martleshamguides@gmail.com or www.girlguiding.org.uk/get-involved (HQ).

Come join the fun & start your Guiding adventure today!

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk

Becoming a helper or hiring of the Scout HQ please contact
Lindsay Macleod
Lindsayfw@msn.com

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CHRISTMAS SCOUT POST

Once again, you'll be pleased to know, 1st Martlesham scouts are taking part in this local initiative.

There will be postboxes in Duncan's Butchers & Bakers on the Square, The Runway Cafe, BlackTiles Lane Post Office, Scout Hut and BT Hub

from Friday 25 November to Wednesday 7th December.

The cost to post each card is 35p.

Please include the money in a separate envelope and post with your cards in the post.

ONLY addresses in the postcode areas IP1, IP2, IP3, IP4 and IP5 including Rushmere, Pinewood, Gt & Little Blakenham, Barham, Felixstowe, Kirton, The Trimleys, Westerfield, Witnesham, Tuddenham and Henley can be accepted.

NO other areas will be accepted.

For more details www.scoutpostipswich.org.uk

We look forward to a great response. This is always a major fundraiser for the group. Last year 2486 were collected and processed just in the Martlesham collection area alone.

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.30–1.45pm
Bridge Farm Day nursery 1.50–2.20pm
Falcon Mobile Home Park: 2.30–2.55pm
Douglas Bader: 3.00–4.30pm
20 December
2023: 17 January

Thursdays:

Douglas Bader: 10.15–11.45am
<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>
8 December
2023: 5 January

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance. For further details contact Johnny Dixon johnny.dixon@btinternet.com

Editor: Gwynneth Johnson

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Please e-mail contributions to :

martmonthly@btinternet.com

Or deliver your copy to

19 Farriers Close IPSWICH

IP5 3SN, preferably word processed.

MARTLESHAM MONTHLY ONLINE

www.martleshammonthly.com

And on Facebook

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM COUNCIL

Administration Officer retires

Linda Woodhouse will be retiring as the Admin Officer for Martlesham Council at the end of December after having worked in the role for 14 years. She started on 4th August 2008 and since then has shown herself to be an efficient, dependable, key member of staff quietly working behind the scenes to ensure the smooth running of the Council. She has been a wonderful support to staff both past and present and her thoughtfulness and good company will be very much missed. Staff and councillors wish her a fabulous retirement!

Budget 2023/2024

Martlesham Council continues to work on its budget for the next financial year, collating information from each of its committees who in turn have considered requests from working groups. The budget will be agreed by Martlesham Council at its meeting in January.

Grants awarded

Martlesham Council is pleased to announce that it has awarded grants (for the financial year 2023/24) to the following organisations:

Disability Advice Service (East Suffolk)

Greenways Countryside Project

Martlesham Bowls Club

Martlesham Conservation Group

Martlesham in Bloom

Martlesham Heath Aviation Society

Total grant awarded is £4,337.52.

Cheques will be presented at the Annual Parish Meeting on 22nd March 2023.

Discover Martlesham Wilds

The Suffolk Wildlife Trust (SWT) have purchased 289 acres of organic farmland in Martlesham. This is to be a nature reserve and will be known as 'Martlesham Wilds';

'Wilds' being an old Suffolk term for rougher, wildlife-rich landscape.

The reserve consists of remnants of historic farm landscape, hedgerows, mudflats, saltings, reed beds, ditches and dykes, woodland and grassland providing numerous opportunities for wildlife. The ambition of SWT is to 'protect places that are already special and bring nature back where it has been lost.'

In order to honour existing tenancy agreements, some fields will be farmed again next spring with a crop next summer. Nature will then be allowed to reclaim the patchwork of hedge-lined fields that roll gently down to the river, and an intricate mosaic of natural habitats, with thickets of thorny scrub will appear over time. The land will be maintained by grazing.

Details can be found at: <https://www.suffolkwildlifetrust.org/martlesham-wilds>

Martlesham North Ward to become part of Woodbridge Riverside Ward

As a result of the Community Governance Review, the boundary between Woodbridge and Martlesham will be amended so that the current Martlesham North Parish Ward will become part of the Woodbridge Riverside Parish Ward. East Suffolk Council has informed all residents in Martlesham North that from 1st April when the boundary change is implemented, they will pay the parish element of their council tax to and be represented by Woodbridge Town Council.

On 4th May (parish elections), there will no longer be a seat for Martlesham North, so Martlesham Council will have 14 councillor positions, not the current 15.

Reducing our carbon footprint some more

After having installed LED lighting in the Parish Room and office, Martlesham Council

made the decision last month to go ahead with increases to the loft insulation and to the installation of a PV system (solar panels) plus a battery to store excess energy. These decisions were made in liaison with Martlesham Climate Action and the Martlesham Community Hall Committee who provided the Council with valuable information and shared their expertise. Martlesham Council is thankful for their time and support on these matters.

Forthcoming meetings

Parish Council – there is no meeting of the Parish Council in December

Finance & General Purposes Committee – Wednesday 07 December 2022

Development, Environment & Transport Committee – Wednesday 14th December 2022

Please note that Parish Council meetings will be held in the Parish Room, Felixstowe Road, Martlesham, IP12 4PB. All meetings start at 7.30pm and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail: enquiries@martleshamcouncil.org.uk
website: <http://martlesham.onesuffolk.net>

Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

USED STAMPS APPEAL FOR ST ELIZABETH HOSPICE

Christmas is almost upon us and it's the time for receiving Christmas cards through the post. When you have opened the envelopes, please don't just throw them away - the used stamps on there can make money for our local charity.

The St Elizabeth Hospice in Foxhall Road, Ipswich is able to sell these used stamps

in bulk and receive much needed cash for them. They are sorted and sold either at auction or online, ending up in stamp collections around the world.

Please save your used stamps and drop them through my door and you will be helping the hospice.

Just remember to leave a 1cm border around the stamps to avoid damaging the edges.

Don't worry that you don't have many stamps - all the bundles and envelopes of used stamps pushed through my letterbox very soon add up to a great deal for the Hospice.

A very happy Christmas to you all and a big thank you for your continued support.

Bev Read
15 Demesne Gardens
Martlesham Heath
01473 622721

From your Conservative District Councillor for Martlesham, Brightwell, Foxhall and Purdis Farm. Chris Blundell. December 2022.

Appointment of new CEO and Strategic Director. The new CEO is Mr. Chris Bally who will take over from Mr Stephen Baker, the current CEO for East Suffolk District Council, on 1st January 2023. Mr Bally is Currently Director for Corporate Services and Deputy Chief Executive at Suffolk County Council, where he has 13 years of experience at a senior level, following previous spells at Tendring District Council and the Audit Commission.

East Suffolk Council is delighted to confirm the appointment of Kate Blakemore as its new Strategic Director. Kate is currently a Strategic Director at Great Yarmouth Borough Council and has been in the role for over five years, having previously been the authority's Head of Transformation.

To be a Councillor. A plea that has become an almost constant request from most town, parish, and district councils is for community minded persons to participate in the formal life of a community by becoming elected as a councillor. East Suffolk Council has been holding meetings to explain what being a District Councillor involves. Probably the most important feature is to remember that if you do decide to become a councillor then this must not compromise your family life in any shape or form. Being a councillor can be a very rewarding experience both in terms of understanding the way the various systems work and who is and who is not responsible for the many aspects of community life. A particularly pleasant aspect of councillor life is your ability to meet with and share views and experiences with many other like-minded persons whom you eventually begin to regard as friends.

The Community Partnership for Kesgrave, Martlesham, Rushmere St. Andrew, Purdis Farm and Fynn Valley has had a particularly successful year. Funding many projects that help particular volunteer groups to achieve their objectives. One such group was the local Scout Group who requested a new oven cooker in order to make their building more user friendly for community use. Another recent application was to help the Brightwell, Foxhall and Purdis Farm Parish Council produce their own quarterly magazine for distribution in their area.

Ease the Squeeze At the recent drop-in events that were laid on throughout the East Suffolk District, many residents came along to discuss their problems and seek help. The help came from a variety of different organisation such as Citizen's Advice Bureau, Council welfare and Community Action Suffolk. A significant number of persons attended these events and I am pleased to report that most people were indeed helped with their current problems.

Refugees. A particular problem that I am asked for help with comes from mainly the Ukrainian refugees. Many families have kindly made space for them in their home and there is little doubt that the visitors are extremely grateful. However, the visitors are obliged to seek self-sufficiency within a reasonable time. The refugees are therefore looking for independence as soon as possible. To achieve this the adults, need to find work, schools for their children and homes for their families and also medical services. They are given a small allowance to help with food and clothing. With these last two I been able to give some help, but for the other matters appeal to the Suffolk County Council must be made. There is also the matter of records and human rights to be observed. I will always help whenever and where-ever I can.

Finally, I hope that all our readers and residents have an enjoyable Christmastide and that it is followed with a happy , peaceful, healthy and successful new year 2023.

If you wish to have further information on any of the foregoing topics or any other district council matters, please contact me by email at chris.blundell@eastsoffolk.gov.uk. Otherwise by phone on 01473 622716.

Martlesham Heath Householders Ltd

Autumn Bulb Planting

Thank you to the volunteers who helped with this year's autumn bulb planting on the 22nd October. Approximately 20 kg of naturalising daffodils and narcissus were planted in front of the Pill Box on Eagle Way, around the bench and in two other drifts on the same green. We hope it brings lots of colour and joy in the spring for our fellow residents.

New Defibrillator in Manor Road

MHHL have received a generous £1000 grant from Councillor Ed Thompson's locality budget towards the installation of a publicly accessible defibrillator. This will be installed near the Clock in Manor Road and will be registered with "The Circuit" run by the British Heart Foundation and accessed via the Ambulance service. We hope the install will be complete by the time you read this. Access to the defibrillator is via a 999 call to the Ambulance Service which ensures that a trained operative is on the phone to walk the responder through the use of the unit and also to ensure an Ambulance is dispatched promptly.

Both Manor Road and The Control Tower defibrillators have preinstalled Adult Pads and a set of Children's pads included for use on children up to 55Kg. These pads are quickly interchangeable. For interest the Control Tower Defibrillator has been released twice in the past year by the Ambulance service. We are looking into the possibility of running a CPR course and if you would be interested do let us know. There will be a small fee for this which will be paid to the Charity running the course.

Saturday 22nd October 2022

Payments of the 2022/2023 Annual Maintenance Charge were made at the Pavilion on the Green on Saturday 22nd October 2022 between 9.00am and 1.00pm. As per last year, only Contactless Card Payments were accepted. Nearly 60 members made us of this facility and it also made it possible for some members to put questions to the volunteer directors and volunteers.

Annual Maintenance Charge 2022/2023

You will now have received the annual maintenance charge of £35 for the period 1 July 2022 to 30 June 2023. A reminder will be issued in November to those members that have not paid. Furthermore, a surcharge of £10 will be added if payment is not received by 1 December 2022.

Future Invoices by Email

If you would like to receive the Annual Maintenance invoice via email in future years, please go to the MHHL website www.mhhl.co.uk where you will find a blog with a link to allow you to register.

Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to mailto:martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

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HEDGEHOG NURSERY

What a blustery and wet month we have had! At Hedgehog Nursery, we have been enjoying the joys of powdered paint whilst dancing in the rain, flying kites and splashing in enormous puddles!

We have been singing lots and lots of nursery rhymes, we are getting really good at remembering them. Acting them out and sharing them all around the inside and outside environments makes them super exciting.

As the nights drew in, we whizzed, popped and fizzed as we talked about our own experiences of firework night and had an exciting time creating a firework sky on a black sheet on the floor and bright paint explosions!

We have been filling ourselves with Christmas cheer, as we learn our special songs ready for our 'Christmas sing-along' with our families.

In Hedgehogs we are continuously free flowing within the indoor and outdoor environment. Our highly skilled staff ensure that, through warm and nurturing encounters, the children practise new skills, rehearse old skills, get challenged appropriately, all in the moment and through play. Inspiring curiosity, developing shared thinking and promoting positive interactions are just a few of the qualities that our Nursery have.

If you would like to find out more about Hedgehog Nursery or to arrange a visit, please contact the School Office on 01473 623790 and you will be warmly welcomed!

Reception New Starters – September 2023

If you have a child born between 01/09/2018 and 31/08/2019, please remember to apply for their school place online on Suffolk County Council's School Places webpage. The deadline for applications is 15th January, 2023.

KESGRAVE LIBRARY NEWS

The staff at Kesgrave Library would like to wish you all a very Happy Christmas and New Year. Thank you for all your continued support throughout 2022. We look forward to welcoming you back in 2023.

Sunday Crafts 10.00 – 12.00 noon – the following crafts are running during December:
Sunday 4th – It's time to decorate the library for Christmas! Why not pop along and help us create some Christmas Garlands to display?
Sunday 11th – What would you like for Christmas? This week we are making pop-up presents.
Sunday 18th – Today we are making a 2023 calendar. What design will you choose?
Sunday 25th – Christmas Day - Closed
Activities are free. Parents must stay with under eights.

Word Play Sessions – These free sessions are run by trained staff every Thursday morning. There are no sessions on Thursday 29th December.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.45 a.m. – Gentle songs for you and your baby to enjoy.
No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – 9.45 – 10.15 a.m. Fun stories, rhymes, and songs every Friday in the library. No need to book – just pop along. There is not a session on Friday 30th December.

Lego Club – every Tuesday 3.30 – 4.30 p.m. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Afternoon Book Club – Thursday 1st December 2.45 – 4.30 p.m. They are currently reading *Away with the Penguins* by Hazel Prior.

Evening Book Group – Thursday 15th December 7.00 – 8.00 p.m. The group are currently reading *The Haunting of Alma Fielding: A True Ghost Story* by Kate Summerscale.

If you are interested in joining, please contact staff. The library supplies copies of the titles being read.

Warm Space – Kesgrave Library is becoming a designated warm space throughout the winter, offering hot drinks and a safe, welcoming space to pop along to and spend some time.

Outdoor Winter Clothes/Hygiene Products Donations

We will also have a kindness rack available with coats, hats, scarves etc. for customers to come in and help themselves to.

If you are having a sort out and have any good quality outdoor clothes whether adults or children's, please pop them along to the library. We are also looking for any hygiene related donations for example toothpaste, soap, shampoo, sanitary wear to be able to offer this to those in need as well.

Please speak to a staff member if you are able to help.

Christmas Cards – This year we will have a wide selection of cards, available to buy. This will also include a range from The Somersham Ward at Ipswich Hospital. Payment is by cash or card with every purchase supporting your local library.

Home Library Service – If you would like to access the library but are unable to visit us, Kesgrave runs four home library routes where volunteers come out with a selection of books to your homes. To access this service please ring the library or log on the Suffolk Libraries website and complete the online form.

Christmas Cards – This year we will have a wide selection of cards, available to buy. This will also include a range from The Somersham Ward at Ipswich Hospital. Payment is by cash or card with every purchase supporting your local library.

Also available, Cancer Support Group, Knit and Natter

Check with Kesgrave Library for further details. or on the Suffolk Libraries website

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The Runway Cafe, attached to St Michael's Church, The Drift, Martlesham Heath, IP5 3PL



Would you like to receive our Bright Stars Activities sheets for preschool aged children?

Bright Stars used to run free fun Activity Sessions for Pre-school aged children with their parents, grandparents, friends, family and/or carers at St Michael's Church Centre, Martlesham Heath.

Due to various circumstances, we are currently sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers.

The activity sheets usually include a story, song and a craft or game about a theme or story from the Bible. During the autumn term we heard about the parable of the farmer growing wheat seeds from Mark's Gospel and thanked God for everything that makes plants grow.

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

Wishing everyone a Happy Christmas from Bright Stars.

If you would like further information, please contact: Sonya & Maureen Burrows
Tel.01473 625196

Christmas and New Year Opening Times

Saturday 24th December – 10.00 – 4.00 p.m.
Sunday 25th December – CLOSED
Monday 26th December – CLOSED
Tuesday 27th December – CLOSED
Wednesday 28th December – 2.30 – 6.00 p.m.
Thursday 29th December – 2.30 – 8.00 p.m.
Friday 30th December – 9.00-2.00 noon/2.30 -6.00pm.
Saturday 31st December – 10.00 – 4.00 p.m.
Sunday 1st January – CLOSED
Monday 2nd January – CLOSED (Bank Holiday)

Tel: 01473 626103

www.suffolklibraries.co.uk

MARTLESHAM CONSERVATION GROUP

Many thanks to all those who came along to our rescheduled work party in November, which was shifted to mid-week as the weather was very wet on the usual Sunday. A good deal of cut gorse and path tidying was achieved in a short period. We intend to stick to our regular Sunday date this month at 10 am on 4th December. We will aim to continue our heathland conservation work at the northern end of the Martlesham Heath SSSI.

You may attract more wildlife into your garden over autumn and winter by being a little less tidy. For example, you could help a hedgehog to endure the winter months by leaving some vegetation to provide shelter. Please let autumn leaves rot where they fall or rake them in to piles. Please leave areas uncut over winter and always check for hedgehogs whenever you cut long grass or bramble. A number of bird species may join us from colder climates to the north over the winter period; the heath has had several visitors over the winter period in previous years such as Stonechat, Dartford Warblers, Redwings, and Fieldfares; even familiar species such as Blackbirds could have migrated from a considerable distance. If the weather is cold, we may even get an influx of colourful Waxwings dropping in to feed on berries. Please spare a thought for our wild birds and other wildlife and put out food and water in your gardens and leave berries on bushes to help them through the cold spells. Unfortunately, Avian influenza is very prevalent currently so take precautions if you find any dead wild birds, DEFRA may wish to collect them for analysis. The website, <https://www.gov.uk/guidance/avian-influenza-bird-flu> provides guidance.

As we look towards the new year you may want to consider "wilding up" your garden to help wildlife and increase biodiversity. Try growing plants that caterpillars, aphids, beetles and other invertebrates feed on. These will provide food for a range of wildlife. It is staggering the number of caterpillars that some birds need to feed on. Try creating piles of twigs and logs or leaves, beneficial for a range of wildlife. Let your grass grow long and allow any wildflowers mixed in to develop flower and set seed. This could provide nectar sources for many insects, seed for birds, and shelter for invertebrates. Consider having some sources of water, it does not need to be a garden pond, smaller pools or even a saucer will do. Make a compost heap with an open structure and you could attract reptiles, amphibians and small mammals. Berry bearing shrubs are also a good idea.

Our work parties continue through the winter, usually on the first Sunday of the month (Depending on the weather). Please contact me if you are interested in taking part.

May we wish you all a happy Christmas from Martlesham Conservation Group.

Phil Smith 01473 625630 martleshamconservationgrp84@gmail.com

Woodbridge & District Lions – 40th Anniversary Celebration and Art Show

The Club had a busy October with a mix of social and fundraising events.

On the social side, the clubs annual Charter Dinner was held at the Rushmere Golf Club in celebration of the 40th anniversary of the founding of the club in 1982.

Later in the month, we held the latest of our popular Art Shows in the Salvation Army Hall in Woodbridge. The event raised £645 and our thanks go out to all those members of the public who attended and supported the event.

We always give a warm welcome to prospective new members. Why not visit our stall at the Woodbridge Christmas Street Fair on Sunday 4th December to find out more or perhaps win a cuddly lion at our Tombola draw.

INNER WHEEL OF WOODBRIDGE

Money is fast being raised in various ways to support the Book Bus in Zambia for children

who would otherwise never read a book. A soup and pud lunch, planned for International IW Day on 10 January, will raise funds for an international charity. And, members were delighted to have heard news of our new friends in Denmark, the Fredericia IW Club.

Inner Wheel has three key objectives: to promote true friendship; to encourage the ideals of personal service; and, to foster international understanding. Friendships are built through service. Woodbridge Inner Wheel meets at Ufford Park Hotel on the first Thursday evening of each month. If you would like to know more about Woodbridge Inner Wheel, please do look for us at District 8 on the website: <https://innerwheel.co.uk>

WOODBIDGE CHORAL SOCIETY

Joy at Christmas Concert—An Evening of Choral Music from Bernstein, Britten and Elgar, Christmas songs from Latin America
Saturday 10th December, 7.30pm
St Mary's Church Woodbridge

MARTLESHAM IN BLOOM

This may be thought of as a dark and dull time of year in the garden but when you look around, all kinds of highlights can be found! Now is a great time to really appreciate the colours and textures of bark on trees and shrubs, plus the pattern of twigs.

If you would like some winter blooms in your garden why not plant *Prunus x subhirtella* 'Autumnalis', an autumn and winter flowering cherry tree with pale pink flowers. Winter flowering shrubs include *Viburnum x bodnantense* 'Dawn' or 'Deben' and yellow flowered, scented *Mahonia japonica* and *Mahonia x media* 'Charity'.

Smaller perennial plants for winter colour are *Cyclamen coum*, a fully hardy cyclamen that will grow under shrubs and trees and can flower from December into next year and winter flowering Heathers (*Erica carnea* and *Erica x darleyensis*).

Why not also bring your garden indoors by decorating your house with some stems of evergreen shrubs over Christmas.

Best wishes for Christmas to you all.

For further information please contact:
martleshaminbloom@gmail.com or
J Maureen Burrows (Secretary)
on 01473 625196

PORTAL WOODLANDS CONSERVATION GROUP

With the weather continuing to stay fairly dry into October, our Volunteers bravely entered the pond to continue clearing out the sludge. The timing was lucky as the rain came with a vengeance in the days and weeks following. The pond is already well on its way to being refilled. This new moisture, combined with the unseasonal warmth, has brought out some impressive fungi, including parasol (*Macrolepiota procera*) and hairy curtain crust (*Stereum hirsutum*). We wish all our Volunteers, supporters and visitors a very Happy Christmas!

Our next Volunteer work morning is Sunday 18th December from 10:00 to Noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman



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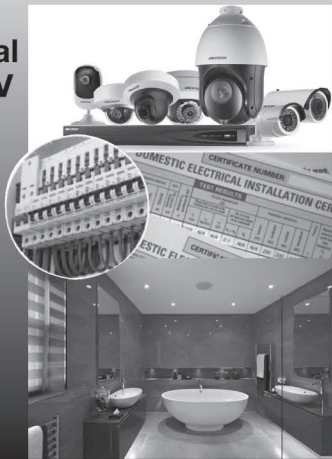


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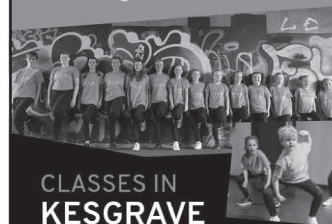


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MARTLESHAM COMMUNITY RESPONDERS

Martlesham Community Responders are a small group of volunteers who are trained to provide local emergency support to the East of England Ambulance Service. We are trained in First Aid and resuscitation, and living locally we can provide an initial response to many emergency 999 calls for the Martlesham area, and we can then assist the ambulance crew after their arrival.

There are dozens of Community First Responder (CFR) groups across Suffolk, and as volunteers we only respond to calls from Ambulance control to help patients in an emergency at the discretion of the Ambulance Service, depending on the individual circumstances of each call.

As we are a small team, we are not able to be on call all of the time, but working in conjunction with the BT Adastral Park Ambulance team, we do endeavour to be available as much of the time as possible. If anyone would be interested in helping us by joining the team and training as a CFR, then please take a look at <https://www.eastamb.nhs.uk/join-the-team/community-first-responders> or contact me at johnny.dixon@btinternet.com



Martlesham Heath Baby and Toddler Group meets every Wednesday and Friday at Martlesham Heath Pavilion Session time is 9.30 – 11.15 (term-time only)

We have play time, along with song time with instruments, before providing a drink for the children, and tea or coffee for the parent/carers.

**Session prices are £1.50 per family/care group
£5 capped fee for Childminders**

Sessions have to be pre-booked as we are limited on attendees, so please follow our Facebook page. We are only taking bookings one week in advance and to book you need to message the Facebook page directly. Please email for more information.

**Find us on Facebook
email: MHBTG@outlook.com**

Can you help? We are currently looking for volunteers, please contact us for further details.

The extraordinary aviation history of Martlesham Heath from the Great War to the jet age, local wartime exploits, and other general Aviation topics, are covered at our monthly meetings. The 1st Friday of the month at The Community Centre, Felixstowe Road IP12 4PB @ 7:30 p.m. (subject to any Govt restrictions)

General contact details:
Howard: 01473 274300.
Website: www.mhas.org.uk
Control Tower Museum:
Call 077 077 11104
mhasmuseum@mhas.org.uk



Visit our Control Tower Museum, behind Parkers Place, off Eagle Way, IP5 3UZ. In normal times open Sundays 2-5 pm, from early April to the end of October. To find out more about the local story just turn up, - easy parking.



We have an enthusiastic and friendly team of volunteers keeping the Museum and Society running. Why not get involved?



East Anglia's Children's Hospices (EACH) cares for children and young people with life-threatening conditions across East Anglia and supports their family. EACH is a life-line for families at an unimaginably difficult time. Help us be there for future generations, helping every child make the most of life – no matter how short.

www.each.org.uk



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PLEASE HELP US CREATE MARTLESHAM WILDS

A spectacular new nature reserve for Suffolk

On the banks of the river Deben, Suffolk Wildlife Trust has the opportunity to create a uniquely special place for nature, which we are calling Martlesham Wilds. This is a rare chance to create a new nature reserve. Protecting this beautiful place and giving nature more space to thrive will bring back the abundance of wildlife that is missing from our countryside.

Sitting within the Suffolk Coast and Heaths area of Outstanding Natural Beauty and across the river from the burial site of Anglo-Saxon royalty at Sutton Hoo, this is a landscape rich in nature and brimming with history.

Organic farmland for many years, the land is already home to a wonderful array of plants, animals and invertebrates. Along the fringes of the River Deben, shelduck, curlew, lapwing and redshank feed on the marsh and saltings. This is an internationally important estuary for waders and wildfowl. From the river, the fields sweep gently upwards, framed by thick hedges and fabulous ancient oaks, eventually leading to a precious fragment of ancient woodland, thickly carpeted with bluebells in the spring.

Under our stewardship, the 289 acres / 120 ha patchwork of hedge-lined fields that roll gently down to the river, will gradually 'wild' into an intricate mosaic of natural habitats, maintained by grazing. The emergence of this pastoral landscape will be thrilling to watch.

Space for nature to thrive

As thickets of hawthorn, blackthorn, gorse and wild rose establish on the dry sandy soils, they will support growing flocks of linnets and yellowhammers. Dartford warblers will move in and in time we hope turtle dove and nightingale will return. Small mammals will thrive in dense undergrowth and insects will abound.

Grass snakes, slow worms and common lizards will expand into the new areas of habitat and barn owls will become a regular sight as dusk. This 'wilded' land will become part of a connected landscape of ancient woodland, scrub, grassland and saltings, linked by the river Deben.

'Wilds is an old Suffolk term for a rough, wildlife-rich landscape. It echoes our vision for the new nature reserve.

£1 million to raise

We had to act quickly to secure the land. Thanks to a substantial legacy gift from Pam and George Ford we were able to do so. Their generosity put the acquisition within our reach and we completed the purchase with a loan. This loan is the £1 million for the land purchase we now need your help to raise.

Every donation will help wildlife. Please give what you can. Donate at suffolkwildlifetrust.org or by phone 01473 890089.

FACE TO FACE APPOINTMENTS NOW AVAILABLE IN MARTLESHAM AS CITIZENS ADVICE EAST SUFFOLK EXPANDS ITS SERVICE

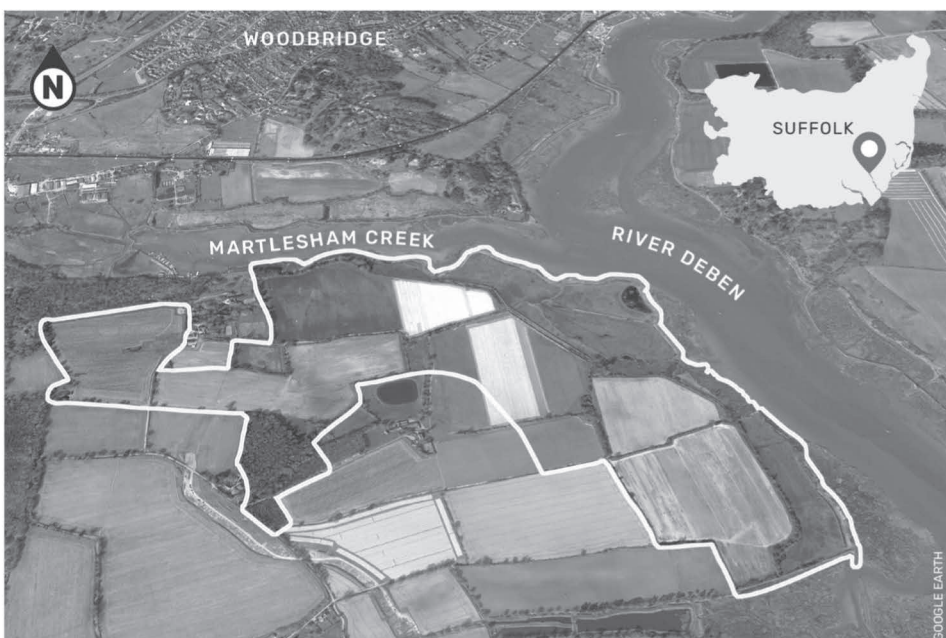
The opening of this new outreach follows the review undertaken since the formation of Citizens Advice East Suffolk to extend its presence and provide a more comprehensive and accessible service.

The service will take place on the third Tuesday of every month and will start on Tuesday 17th January 2023 from 9am-12 noon.

Venue: Martlesham Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge, Suffolk IP12 4PB

"Since the formation of Citizens Advice East Suffolk our aim is to extend our services to meet the needs of the people in our communities. After the difficulties of covid and lockdown, the rising cost of living is proving to be a further challenge to our residents and the services we provide are ever more important and remain in high demand. We recognise that Martlesham is one of the areas that needs further support and we are grateful for the support of our volunteer advisors whose commitment enables us to provide this additional service." comments Chiara Saunders, Chief Officer, Citizens Advice East Suffolk.

Citizens Advice East Suffolk is an independent charity and, to ensure the work of Citizens Advice can continue during these difficult times, it depends on local fund raising and grants. You can support us by nominating Citizens Advice East Suffolk as your charity when you shop on Amazon Smile.



About Citizens Advice East Suffolk:

Citizens Advice helps people find a way forward. We provide free, confidential and independent advice to help people overcome their problems. We are a voice for our clients on the issues that matter to them. We value diversity, champion equality and challenge discrimination and harassment. We are here for everyone.

How to contact us:

Call us on 0808 278 7866. Our advice phonelines are open (Mon-Fri – 10am-2pm).

Or check out our website

www.citizensadviceeastuffolk.org.uk.



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MARTLESHAM CLIMATE ACTION

Martlesham Repair and Climate Advice Hub: on holiday in December!

The next Repair and Climate Advice hub will be on Saturday 14th January from 10-12.

Note that we are looking at the possibility of holding it in the Parish room next to Martlesham Community Centre to save money. Details will be in the next issue of this magazine. The Climate Advice hub will be there as usual with advice on climate change issues and how to reduce your carbon footprint (that can also help bring down your energy bills). Perhaps it's time to take some personal action given the latest sobering UN report showing we are currently heading for an average global warming of 2.6C. If you are not aware already, this will have serious consequences for our current way of life.

Note also that the Repair Hub's big brother is up and running for larger repairs. See <https://suffolkrepairshed.org/get-it-repaired/>. It is based on the industrial estate at Martlesham Creek and is open Tuesday evenings 7-9 or Friday mornings 10.30 – 12.30. Other times are by arrangement.

Email: martleshamrepairhub@gmail.com

My Air Source Heat Pump is in. Finally, I'm off gas!

My shiny new Air Source Heat Pump (ASHP) has been installed so I now have a blank wall in my kitchen to do something with! It is an excellent way of slashing your carbon emissions if you can afford it and 'pays back' from a carbon perspective in about 2 years because I will be using lower carbon electricity from the grid and my solar panels rather than burning gas which releases CO2 directly into the air (I could argue zero carbon with my genuine 100% renewable electricity from my energy supplier). I also now have a super insulated hot water tank, nice big bathroom radiator + 3 doubles in the bedrooms and no header tanks to worry about. Total cost with the £5k government grant was £10k. If you want to come and see the installation or find out more about my 'journey' to get off gas, contact via the e-mail below. There is also a case study from one of our residents on our web site.

Free infrared camera visit

Now it's finally getting colder, I can come round with my own infrared camera and have a look for cold spots inside and/or hotspots from outside your house or flat to see if you are pouring money away through obvious heat losses. Note this is not a professional heat loss survey; just my camera and me so is no substitute for a proper survey but it might give you some idea as a 'quick look'. If you are interested, please contact via the e-mail below.

Martlesham Wilds

Suffolk Wildlife Trust have bought 289 acres of land in Martlesham, alongside Martlesham Creek and the Deben, with the intention of creating a new nature reserve. The site will be rewilded over many years, allowing natural restoration to take place. This is a fantastic project and an opportunity to support, or get involved in, a rewilding project on our doorstep. I hope that this will encourage residents to take a second look at rewilding their own gardens, creating wildlife corridors for hedgehogs, and making more spaces for nature within the village. Please see <https://www.suffolkwildlifetrust.org/martlesham-wilds> for more details.

Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)

Website: www.martleshamclimateaction.onesuffolk.net

E-mail: martleshamclimateaction@btinternet.com

Twitter: @martleshamclim1



MARTLESHAM HEATH AVIATION SOCIETY

Our meeting on Friday 4th November featured an illustrated talk, "Orfordness, A Local Science Park For Nearly 60 Years", given by David Warren of the "Independent Research Group Orfordness."

David explained that although Orfordness is, of course, now owned by the National Trust, the organisation known as IRGON is entirely separate from the NT.

Orfordness was closely associated with the earliest days of aviation, but the subjects covered in David's talk related to post WW2 research and development, including bomb ballistics, nuclear weapon stress testing, Blue Streak telemetry and 'over the horizon radar'.

RAF Martlesham Heath was closely associated with these projects. The Bomb Ballistics Unit was based here and Lancaster and Lincoln bombers from Martlesham dropped dummy bombs, including nuclear, on the island and in the adjoining sea. This was to plot their trajectory, which was done by specialist cameras on Orfordness.

A vote of thanks was given by our chairman, Martyn Cook, who also commented on the way that attendance at our meetings is encouragingly recovering.

Our next meeting will be on Friday, 2nd December at the Community Hall, Felixstowe Road, IP12 4PB. We will welcome back Clive and Linda Denney of "Vintage Fabrics". Their company restores vintage aircraft. Clive will talk about rebuilding his own Tiger Moth and other projects.

Meetings start at 7.30pm and start at 7.30 with a tea, coffee break.

Alan Powell 01473 622458
www.mhas.org.uk

Our Martlesham Heath Society Control Tower Museum is closed on Sunday afternoons now until next Easter.

We welcome school groups and other small interested groups for guided tours during the winter months. Please contact Ian Lisseman, Museum manager on 01473 611665 Email - ilisseman@btinternet.com

MARTLESHAM HEATH SURGERY – PPG NEWS Winter 2022

The Martlesham Heath Surgery Practice and Patient Group (PPG) is a group of volunteer patients and the practice managers who work together. The PPG has the following aims;

- Provide support to the Practice and act as a critical friend by making constructive suggestions
- Gather patient feedback and put forward ideas for improvement in the services provided
- Provide useful information to patients
- Communicate our wishes on future primary care provision in this locality
- Encourage more diversity in our group membership
- Enhance our understanding of NHS services and issues which affect our patients.

Currently the PPG is looking for new members, the pandemic caused the group to switch from physical meetings to virtual meetings, and over time we have now lost a number of volunteers for different reasons. However we are now back to physical meetings and are looking to grow the group.

Could you offer a couple of hours 4 or 5 times a year to meet with us and the surgery team? If so we'd like to hear from you! This could be something new for you to try in 2023!

Our meetings are usually for 2 hours, currently on a Tuesday afternoon. We are keen to improve the diversity of the PPG. Ideally looking for younger members or people who have different ethnic backgrounds although we appreciate that this may prove difficult to attend a meeting during the working day. In between meetings we stay in contact between the members using email.

If this is something you may be interested in finding out more about please either email me at MartPPG@gmx.com or drop a note (with your name & contact details) into the surgery reception in an envelope marked for my attention (Tony Willmott, PPG Chair).

Tony Willmott - Chair, Martlesham Heath Surgery PPG

U3A EAST SUFFOLK SPEAKER TAKES A SHORT FESTIVE BREAK!

East Suffolk u3a takes a break over the Christmas and New Year period.

The 2023 programme at Kesgrave begins on 30 January with a talk about life as a Yellow Coat in a holiday camp.

The new season in Felixstowe begins on 5 January with a talk entitled "Living with the Paranormal", on 12 January in Saxmundham with a talk about "Crystals and Minerals" and on 16 January in Woodbridge with "Exploring East Anglia by bus pass".

U3A East Suffolk has a strong local following and offers members a choice of 160 activity groups that include discussing the arts, history, science, learning a new foreign language, walking, quizzing, dining out and more.

New members, retired or semi retired, are welcome with the expectation that they will participate and contribute.

U3A wishes all its members a very joyful Christmas and a happy and healthy New Year.

See the website: www.u3aeastsuffolk.org.uk or call the membership secretary on 0300 123 3913.

SPEAK EASY AT MARTLESHAM

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to speak, and to evaluate. We meet at Richard's Room in Martlesham, and we are also using our Zoom format to enable greater participation, including from abroad. We encourage new members to join us in the room, where we add the online audience giving us the experience of one meeting.

Guests are welcome to join Speak Easy to see what we have to offer, and to take part. On a typical evening, you can expect introductions, a round of impromptu speaking, three prepared speeches, and evaluations throughout. We hope you will choose to become a member, whether to beat public speaking nerves, develop your abilities, enter competitions, or help us run the club!

Speak Easy meetings are held on alternate Thursdays. Our next meetings are 10th and 24th November, and 8th December

Join at 7:00pm for a 7:15pm start and finishing at 9:30pm

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over. If you would like any further information, or to attend one of our online meetings please contact

Adam Green: vppr@speak-easy.org.uk or www.speak-easy.org.uk

or find us on Facebook: [Speak Easy Martlesham](https://www.facebook.com/SpeakEasyMartlesham)

KESGRAVE COMMUNITY & CONFERENCE CENTRE

Merry Christmas from the KWMCC team

We are very excited for a range of Christmas celebrations at KWMCC this December! Our sold out 'The Roaring 20's' Christmas Party Nights will be taking place on 2nd & 3rd December and our Festive Family Party is being held on 11th December with a special appearance from Father Christmas and his elves! After selling out on our 14:00-16:00 party, we will now be offering a 10:00-12:00 family party too, so please get in touch if you would like tickets. We will also be hosting our free regular event, 'Time Together Tuesday' on the morning of 20th December, while on Monday 19th, The Salvation Army will be joining us on the KWMCC grounds, in our bandstand from 19:00-20:00. We'd love to see you all come along to support and enjoy the Christmas carols with some festive refreshments served by our friendly team.

To check availability for tickets or for more details on any of our events, please email molly@kwmcc.co.uk, or find us on social media @kesgravecommunitycentre.

For use of our function rooms or KWMCC bookings: Please email reservations@kwmcc.co.uk or call 01473 612648. Kesgrave Community & Conference Centre, Twelve Acre Approach, IP51JF. Registered Charity Number 1186279.

GIPPESWYK SINGERS

Gippeswyk Singers warmly invite you to their Christmas Concert "Magnificat!" where they will be joined by the Dargason String Ensemble for Vivaldi's Credo in E minor and Pachelbel's Magnificat in D. It promises to be an exciting evening of lively and melodic Baroque choral works which are not widely performed, but really should be!

The programme also includes carols for choir and audience, including three carols composed by Gippeswyk Singers' musical director, Janette Ruocco.

The Dargason Ensemble will soothe you with Pachelbel's famous, very popular Canon in D and the concert will close with Bob Chilcott's delightfully exuberant Twelve Days of Christmas. Keyboard – Sabina Sutton.

Refreshments will be available at the end of the concert. Do stay and have a Christmas drink and a chat! If you are interested in joining the choir, current members will be happy to answer any questions you have.

**Saturday 10th December at 8:00 pm
Felixstowe United Reformed Church**



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Birchwood Primary School



At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.

- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

Valiant Road, Martlesham Heath, Ipswich, IP5 3SP

Telephone (01473) 610701

Email admin@birchwood.suffolk.sch.uk

Website www.birchwoodprimary.co.uk



CELEBRATE CHRISTMAS WITH MARTLESHAM BRASS

Martlesham Brass have a busy December coming up - you can catch them at the following events:

- 'Coffee & Carols' Saturday 3rd December
St Michael's Church Centre Martlesham Heath 10.00 - 12.00. Free admission.
- Martlesham Square Saturday 3rd, 10th & 17th December 10.00 - 12.00, collecting for our chosen charities St. Elizabeth Hospice, Suffolk Accident Rescue Service & East Anglian Air Ambulance.
- Woodbridge Street Fayre Sunday 4th December 12.00 to 2.30pm
- Christmas Concert Saturday 10th December St Michael's Church Centre Martlesham Heath 7.00pm. Tickets £4.00 (primary school age children free) 07544 962205, or on the door.
- Carols in The Square Martlesham Heath Monday 19th December 7.00pm

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk

DEBEN ROTARY NEWS

On Saturday October 15th the Rotary Club of Woodbridge Deben held our annual Charity Busk in the Thoroughfare. Helped by good weather and lots of people out and about that day we collected over £650, which is a magnificent sum considering the uncertain financial climate we are experiencing at the moment. Our thanks go to the people of Woodbridge for their generosity. The money will be donated to Dementia UK to assist in their invaluable work.

Our Santa's sleigh will be out and about in December, the first date being December 4th. We look forward to bringing some Christmas cheer and hopefully raising some more money to enable us to support various local, national and international causes. Full details of dates and routes can be found on our website, www.debenrotary.org.uk

The last meeting of the Memory Cafe will be on Wednesday November 30th at Woodbridge Football Club from 10.30 to 12.00. We look forward to greeting sufferers from all forms of memory loss and their carers to enjoy refreshments, good conversation and music. There will be no Memory Cafe in December and we will resume on Wednesday January 25th. If you would like any more information please phone Rotarian Martin Kenyon on 01394 386933.

MARTLESHAM LADIES CLUB

We are reaching the end of our programme for 2022 and have two meetings planned for December.

On 1st December Sandra Gosney will talk about the Blossom Appeal. This is an appeal to raise funds to build a new breast care centre at Ipswich Hospital. Our Christmas Party is on 15th December when the Four Guitars will entertain us with music and carols. Looking ahead to 2023, the first meeting will be on 12th January when Lisa from Slimming World will give us a talk. This will help us all to shed the extra weight we may have gained over Christmas.

Meetings are held on alternate Thursday afternoons at 2 30pm in the Richards Room. To find out more contact June Peck 01473 790126.

Wishing everyone a Happy and Peaceful Christmas.

SUFFOLK TANGO

"Argentine Tango for Beginners"

As the New Year dawns and Christmas and the Strictly Season fade into the past, what better time to spice up the winter evenings by exploring Argentine Tango, with its evocative music, and its mixture of elegant and playful moves. Our aim is to give you the ingredients you need to be able to join in Social Tango Dances, locally and anywhere in the world! Suffolk Tango is excited to be able to offer you the chance to join our weekly "New Beginners' Course", starting on Thursday, 12th January, 6.30 -7.30pm at the Martlesham Community Hall, Old Felixstowe Rd, Martlesham, IP12 4PB.

We welcome total novices, people with other dance experience or those who want to revise the basics. The fee for each lesson will be £7, payable on the day, and this will entitle class members to stay to watch, or join in, with the Improvers' Class/Practice Session which follows. This will be an opportunity to meet, chat and dance with the local Tango Community. It's not essential to come with a partner, but nice if you can.

To find out more about this fabulous dance, check out our website - suffolktango.org.uk - where you will find an introduction to Argentine Tango as well as details about our venues, activities and mailing lists. You can also find us on Facebook. If you have any questions or would like to register your interest, please contact Julia by email: contact@suffolktango.org.uk

Tea, Coffee, Cakes & Carols



Festive Muffins Spiced Biscuits Rocky Road Unlimited Tea & Coffee £5 per person

Join us at the Runway for an afternoon of festive fun including Cakes, Christmas Carols and unlimited Tea & Coffee.

DATE: Wednesday 21st December
TIME: 14:00 - 16:00

Purchase your tickets at:

Runway Opening Times
Tuesday, Thursday, Friday & Saturday
9am - 12pm



THE RUNWAY
MORE THAN JUST COFFEE

The world's grey enough without making it worse

What we need is individuality

(Elton John and Lee Hall / Billy Elliot the musical)

Earlier this year I went to watch the Kesgrave High school production of Billy Elliot – I will admit I went to watch as a proud parent. Many cast members wandered around with T Shirts emblazoned (somewhat ironically) with the same quote on about individuality. Billy Elliot is set in the 1980's at a time when there was mistrust of the government and unions were striking to make their points heard. A picture that seems to be being repeated as I write this today. So perhaps we do need something to look forward to. Where is the hope?

As I write this in preparation for publication it's still November. We are gearing up towards bonfire night. Each evening recently, once the dark comes, the night sky has been lit up with flashes of colour as the fireworks explode overhead. Light, it seems, brings joy to so many.

So perhaps that's where the hope is as we approach Christmas. Jesus said "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life." (John 8:12). As we gather together this Christmas to celebrate with family and friends, we are celebrating the light, even on the darkest of midwinter days. So, celebrate with individuality (or not!) but celebrate the Christmas because the light of the world has come.

Revd. Toby Tate

toby@martleshamcofe.org.uk

Facebook and You Tube: Martlesham benefice

MARTLESHAM COMMUNITY HALL

We're pleased that our bookings have now returned to pre-pandemic levels. We've welcomed back most of our previous regular hirers. Plus, we've also welcomed some new regular and occasional hirers. COVID-19 infections are low and continuing to go down at the time of writing. Let's hope they stay that way, so we can all get out and about over the winter!

How about the Community Hall or Richards Room for your event or activity? Both spaces have been recently refurbished and have Wi-Fi Internet access, a PA system and a projector for you to use, at no extra cost. We're conveniently located next door to the Martlesham Tesco superstore and we have a large free car park. You can check out the details on our website: mchall.org.uk - just click on Facilities in the top menu.

If you'd like to hire the Community Hall or Richards Room for your next event, you can check availability and make a booking request at mchall.org.uk/booking or you can call our Booking Secretary on 01473 623203.

Our very best Christmas and New Year wishes. Perhaps we'll see you soon?

mchall.org.uk

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

**You can find out about our venues
at our website—mchall.org.uk.**

You can check hire rates, if they're available and make an online booking request.

Alternatively you can call our Booking Secretary on 01473 623203.

If leaving a message, please speak slowly and repeat your telephone number.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com

phone: 07732 199712

THE ORWELL SINGERS

CHRISTMAS CONCERT

The Orwell Singers' Christmas concert, Christmas Reflections, will be on

Saturday 3rd December at 7.30 pm

at St Michael & All Angel's Church,
Martlesham Heath, IP5 3PL,

with Musical Director, Lindsay Blay,
and accompanist, Christine Stafford.

There will be a mixture of carols old and new, interspersed with seasonal readings.

Entrance is £9 for adults and free for accompanied children, payable on the door.

Refreshments will be served in the interval.

Debbie Sharman
Secretary

SUFFOLK SINGERS CHRISTMAS CONCERT

Sunday 11th December 2022

at 4pm

St Michael and All Angels Church,
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MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

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Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035
Carolyn Smith 74 Heathfield, Martlesham Heath

ELDERS: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 4th December	St Michael's 9.30am Coffee and pastries 10am Breakfast Church St Mary's 11am Holy Communion	5pm Zoom After Hours
Sunday 11th December	St Michael's 10am Holy Communion & Junior Church St John's 3.30pm Evensong	10am Holy Communion
Sunday 18th December	St Michael's 10am Family Nativity & Carols Service St Mary's 11am Holy Communion	10am Family Nativity & Carols 7pm Zoom Reflecting with God
Thursday 22nd December	St Michael's 6.30pm Carol Service	
Saturday 24th December Christmas Eve	St Michael's 11.30pm Midnight Holy Communion	
Sunday 25th December Christmas Day	St Michael's 10am Christmas Morning Worship St Mary's 11am Holy Communion	10am Christmas Morning Worship

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services Wednesday 14th, and 28th: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

December

- | | |
|---|---|
| 5 give thanks for the gift of new life | 21 the residents of The Sandlings |
| 6 for those worried about Christmas finances | 22 that God will be praised at the parish Carol Service |
| 7 the residents of The Grove | 23 for the homeless in our local area |
| 8 for the work of The Runway cafe | 24 give thanks for the love of families and friends |
| 9 for all working in education | 25 Give thanks for our Messiah, God with us |
| 10 for the work of Operation Christmas Child | 26 give thanks for all who support the vulnerable at
Christmas |
| 11 Be still and know that I am God | 27 for those who have to work over Christmas and New Year |
| 12 for those who are struggling with mental health | 28 the residents of The Square |
| 13 for the young people attending Broom Tree Cafe | 29 for those in hospital at this time of year |
| 14 the residents of The Paddocks | 30 for those who are worried about the coming new year |
| 15 for those working in our local hospital and hospice | 31 for all those who work in the emergency services |
| 16 for those spending Christmas a long way from their
homeland | January |
| 17 give thanks for all our local community events | 1 Give thanks for the hope we have in Jesus |
| 18 that we may all become channels of God's peace | 2 for those who produce our food |
| 19 for those working in social care | 3 for those facing worries about work and redundancy |
| 20 for those who are alone this Christmas | 4 the residents of The Stirrups |

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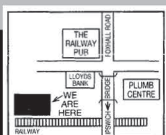
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