

martlesham monthly

APRIL 2023

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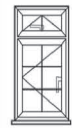


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martlesham monthly

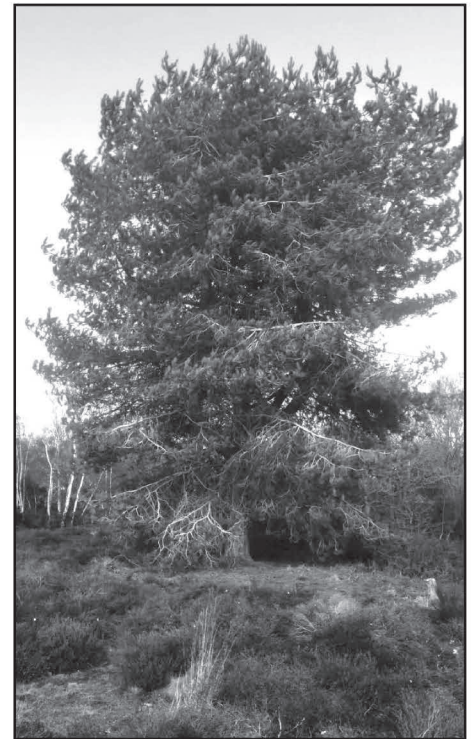
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This month's front cover

This month's front cover is a photo of Birchwood Primary School children collecting the trophy awarded to them as the winners of Suffolk's Greenest County award for Primary Schools.

Based in Martlesham, the school has held the Eco School's Green Flag for the eight years running, is a DEFRA egg production unit, has their own school of horticulture, Birchwood

Bee hive and rare breeds flock. The judges said: "The children have a fantastic amount of activities in place, many of which involve the local community and reach into family life. The wide range of activities embeds a strong sense of sustainability across the school and local community – it's clearly a real aspect of the school's culture and core values."



Tree of the Month

Scots Pine (*Pinus sylvestris*) is distinctive because of its needles in pairs which are often quite blue. The orange coloured bark is also a feature.

This magnificent pine is located on the Western Corridor, Martlesham Heath, towards the Foxhall Road on the path which runs parallel to Dobbs Lane. It's girth measurers 2.1m making this tree approximately 100 years old.

GIRLGUIDING

Currently we have 2 Brownie Packs (ages 7-10), 2 Guide Units (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on martleshamguides@gmail.com or www.girlguiding.org.k/get-involved (HQ). Come and join the fun & start your Guiding adventure today!

1st MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk For becoming a helper or hiring the Scout HQ, please contact Lindsay Macleod lindsayfw@msn.com

MOBILE LIBRARY TIMES

Tuesdays
 Angela Close: 1.30-1.45pm
 Bridge Farm Day Nursery 1.50-2.20pm
 Falcon Mobile Home Park: 2.30-2.55pm
 Douglas Bader: 3.00-4.30pm
 11 April, 9 May, 6 June
 Thursdays
 Douglas Bader: 10.30-12noon
 27 April, 25 May, 22 June
<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

Joining

If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you. Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

POLICE

In case of emergencies please always call 999. In non-emergency situations call the new number 101
 Email the Safer Neighbourhood Team woodbridge.snt@suffolk.police.uk

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 IP5 3SN, preferably word-processed

Contributors are requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.

Martlesham Council

PLANNING MATTERS

Cycling and Walking Strategy adopted.

A new planning document was officially adopted by East Suffolk Council on 4th October 2022 to enhance its cycling and walking network.

The strategy was formed after two public consultations and discussions with various stakeholders including Martlesham Council, who also submitted a written response in January 2022 reflecting community comments.

The Strategy aims to 'create safe, coherent, direct, comfortable and attractive cycling, walking and wheeling environments that lead to improvements in health and wellbeing, facilitate greater social interaction and play, encourage more environmentally sustainable lifestyles, reduce road congestion and support economic growth.'

The recommendations include key corridors which create coherent networks connecting key destinations, and include the recommendation for provision of a cycling and walking connection between Brightwell Lakes/Martlesham Heath and Felixstowe Road, thereby supporting onward travel to Ipswich and Felixstowe along the Ipswich-Felixstowe key corridor.

Further Consultations

Members of the Martlesham Council's Development, Environment and Transport Committee (DETC) are now working on responses to the initial consultation phase of the new Custom and Self-build Supplementary Planning Document (SPD), which is being produced to provide guidance on the consideration of custom and self-build housing as distinct from other forms of housing.

This type of housing offers a greater degree of customisation which can help meet occupants' needs and desires and can lead to higher quality homes with improved energy standards.

The DETC is also considering its response to the proposed Rural Development Supplementary Planning Document which aims to provide further guidance on rural developments such as barn conversions, farm diversification, annexes and more.

TRANSPORT MATTERS

Martlesham Council is a member of SAVID (Safer Village Driving), which comprises of representatives from several local parishes who act together to give a bigger voice and more effective response to the problem of speeding. Martlesham Council also participates in the Kesgrave, Rushmere St Andrew, Martlesham and Fynn Valley Community Partnership Road Safety Forum.

Our thanks go to all our SIDS (Speed indicator Devices) volunteers who work tirelessly to maintain the SIDS at various locations throughout our parish and provide us with data which we pass on to the two aforementioned organisations. Martlesham Council aims to keep residents informed about the proposed improvements to the A12 between the A14 junction at Seven Hills and the A1152 at Woods Lane.

It is our understanding that these improvements are yet to receive funding.

TREE OF THE MONTH

Scots Pine (*Pinus sylvestris*) is distinctive because of its needles in pairs which are often quite blue. The orange coloured bark is also a feature.

This magnificent pine is located on the Western Corridor, Martlesham Heath, towards the Foxhall Road on the path which runs parallel to Dobbs Lane. It's girth measurers 2.1m making this tree approximately 100 years old.

TREE PLANTING FOR THE KING'S CORONATION

Martlesham Council aims to plant 10 oaks within the parish to mark the King's Coronation. The first of the oaks has already been planted on the Recreation Ground in the vicinity of the Treebilee Oak planted last year to commemorate the Queen's Platinum Jubilee.

If you know of a suitable site within the parish where one of the remaining 9 oaks could go and you or your local club/group would be able to help water it during its first few years of life, then please let us know using the email below. A plaque for the new Coronation oak will be installed closer to the day of the Coronation, Saturday 6th May.

Are you having a street party to mark the Coronation? Drop us a line, we would love to know what you were planning!

LOCAL ELECTIONS – THURSDAY 4TH MAY 2023

Don't forget that elections for district, town and parish councils are this year in May. For the first time voters will need to show ID before voting. For information on the elections and voter ID go to East Suffolk Council (ESC) website - <https://www.eastsuffolk.gov.uk/elections/>

If you're thinking of becoming a councillor for Martlesham Council make sure your completed nomination paper is delivered by hand to East Suffolk House, Station Road, Melton, Woodbridge, IP12 1RT by **4pm on Tuesday 4 April**.

Nomination papers are available online from the Electoral Commission - <https://www.electoralcommission.org.uk/media/3444>

FORTHCOMING MEETINGS

Parish Council

Wednesday 5th April 2023

Development, Environment & Transport Committee

Wednesday 19th April 2023

Please note that Parish Council meetings will be held in the **Parish Room, Felixstowe Road, Martlesham, IP12 4PB**.

All meetings start at **7.30pm** and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

CONTACTING THE COUNCIL

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail:

enquiries@martleshamcouncil.org.uk

website:<http://martlesham.onesuffolk.net>



Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

Chris Blundell's April Report on the Use of the Community Partnership Funds 2019-2023

Allocations 2019/20 & 2020/21

Community Projects:

Amount	Project	Amount	Project
£9,040.00	Chinwag Kesgrave	£2,894.00	Talking Benches
£1,000.00	Meet up Mondays	£500.00	Contribution to speed reduction project in Great Bealings
£5,707.81	Mental Health First Aid	£10,818.32	Small Grants Scheme
£5,040.00	Wellbeing programmes for 65+		

Small Grant Scheme:

£400.00	Play 2 Day Nursery	£1,000.00	Parents & Friends of Cedarwood Primary School
£1,500.00	Friends of Grundisburgh School	£1,200.00	Kesgrave Town Council
£1,500.00	Bredfield Parish Council	£775.00	Martlesham Conservation Group
£100.00	Playford Parish Council	£1,407.08	Portal Woodlands Conservation Group
£1,451.24	Gorseland Primary School	£1,485.00	Heath Primary School

Allocations 2021/22

£2,030.00	Martlesham Garden Rewilding	£500.00	Safer Village Driving (SAVID) Carlford FV Extra £500
£2,000.00	Advice Hub inc Martlesham PC/ Repair Café	£3,000.00	ESC: Hi-Vis Vests Primary School Project
£1,564.00	Westerfield Station Wildlife Garden	£2,500.00	Swilland & Winesham PC / Gibraltar X-Road improvement
£661.00	Living Churchyards, Little Bealings	£3,250.00	Safer Village Driving (SAVID) Carlford & Fynn Valley
£1,295.00	Grundisburgh Play Equipment wildlife landscaping	£3,730.00	Rushmere St Andrew Parish Council / SAVID
£2,000.00	Bredfield Village Hall Solar Panel Installation	£2,970.00	SAVID / Mobile SAVID Device

Allocations 2022/23

£1,000.00	Lightwave CIO / Singing Sucklings	£1,500.00	Road Safety Banners
£2,500.00	Suffolk Sheds	£1,035.30	Hi-Vis Vests Primary Schools
£2,800.00	SPOT Wellbeing	£700.00	Tuddenham St Martin Garden
£5,372.00	Suffolk Young Peoples Café	£2,993.00	Rock Paper Scissors: Creative Road Safety Measures
£2,000.00	Kesgrave Young people's Café	£1,100.00	Clopton PC Safety Improvements

If you wish to have further information on any of the foregoing topics or any other district council matters, please contact me by email at chris.blundell@eastssuffolk.gov.uk. Otherwise by phone on 01473 622716.

MARTLESHAM HEATH HOUSEHOLDERS LTD

Village Fete 15 July 2023

The annual village fete is booked for 15 July 2023 – please come along and enjoy.

King's Coronation Weekend 6th, 7th & 8th May 2023

The upcoming King's Coronation long weekend is on the 6th, 7th & 8th May. Hopefully, the weather will be pleasant - enjoy your long weekend.

Tree Planting on 25 February 2023

Thank you to all the volunteers, Beavers and Brownie who helped to plant 10 trees at 5 different locations across the village on the 25th February. Two trees have been added to the Queens Canopy on Jubilee Green (formerly North Green) for the Coronation of King Charles 3.

Help with Watering of new trees

If anyone sees any trees looking thirsty in the oncoming months, please water it or report it so it can be watered. Newly planted trees need more help in the first year until they get the roots established. We are looking for people to adopt the trees for watering. If you are interested, please make contact as below.

Annual General Meeting

The Martlesham Heath Householders limited AGM will take place on Wednesday **7th June 2023** at the Martlesham Heath Pavilion starting at 7.30pm. Work is now underway preparing the notice to be sent out within the next couple of months. Please take time to read the notice and attend the meeting.

Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to mailto:martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

Pop Up Shop

**St Michael & All Angels Church
The Green, Martlesham Heath**

**Every 2nd & 4th Sunday of the
month 1-1.30pm**



APRIL OPENING TIMES

Thursday 6 April 9.30-11.30am

We will be giving out a voucher for a free coffee and cake in the Runway Café (attached to St Michael's Church) to anyone attending the Pop Up shop that morning.

Sunday 23 April 1-1.30pm

Finding food bills a challenge?
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Job Vacancies

Birchwood Primary School is looking for 2 enthusiastic, reliable and hardworking people to join our dedicated team of midday supervisors to provide a high standard of supervision of pupils during lunchtimes.

For more details, please visit the Vacancies tab on our school website or contact the school office admin@birchwood.suffolk.sch.uk or 01473 610701



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Hedgehog Nursery

The month of April is quite significant to our family community and we look forward to celebrating Easter with traditional activities, like making mini Easter gardens, Easter 'bonnets/hats' and having an egg hunt! We will take a peek into what Easter means to our Christian families, as well as learning about Ramadan; its traditions, values and meaning for our Muslim families.

We enjoyed celebrating World Book Day with our favourite books and dressing up as characters. Our special books were laid out on a table, just like a blanket, so everyone could have a good look and talk about them with friends.

Have you ever made your own playdough? We try to make a batch every week that the children can join in. We have mixed the playdough with our loose parts to create structures, funny faces, 'bake' cakes. What a great way to build up our little hand muscles!

- 2 cups flour, ½ cup salt, 2 tablespoons cream of tartar, 1 to 1.5 cups boiling water (adding in increments until it feels just right) food colouring (optional) few drops glycerine (optional but makes the dough stretchy!)
- Mix the flour, salt, cream of tartar and oil altogether
- Add food colouring TO the boiling water then into the dry ingredients (adult required for this part)
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a few minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it is the perfect consistency!*
- If it is a little sticky then add some more flour until just right

We cannot wait for our new friends to start so we can show them all around our wonderful learning space. We are also looking forward to brighter weather to start cracking on with our kitchen garden and growing our own food!

We warmly welcome families from our community to come to see us in practise.

If you are 'curious' and have a three or four-year-old, please don't hesitate to get in touch with the School Office to arrange a visit – 01473 623790 or nursery@gorseland.net

KESGRAVE LIBRARY NEWS – April

Sunday Crafts 10.00 – 12.00 noon – the following crafts are running during April:

Sunday 2nd – Next weekend is Easter. Pop along and make an Easter chick basket with an egg inside.

Sunday 9th – CLOSED – Easter Sunday

Sunday 16th – This month is National Pet month. Create your own paper plate dog to take home.

Sunday 23rd – To help keep your wellies tidy during all the April showers, we are making welly clips.

Sunday 30th – To celebrate the Coronation of King Charles III, we are making crowns this week. How will you decorate yours?

Activities are free. Parents must stay with under eights.

Word Play Sessions – These free sessions are run by trained staff every **Thursday morning**.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.45 a.m. – Gentle songs for you and your baby to enjoy

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – 9.45 – 10.15 a.m. Fun stories, rhymes, and songs every Friday in the library. No need to book – just pop along.

Lego Club – every Tuesday 3.30 – 4.30 p.m. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Afternoon Book Club – Thursday 6th April 2.45 – 4.30 p.m. They are currently reading *The Lost Man* by Jane Harper.

Evening Book Group – Thursday 27th April 7.00 – 8.00 p.m. The group are currently reading *Shelter in Place* by Nora Roberts.

If you are interested in joining, please contact staff. The library supplies copies of the titles being read.

Morning Book Group – The library is looking to start a Tuesday morning book group for those who are unable to attend our other groups due to their commitments.

If you would like to be part of this new group, please contact us, and let us know.

Easter Activities – we will be holding an Easter raffle in the two weeks leading up to Easter (24/03 – 06/04) – 25p per ticket or £1.00 a strip, to raise money for the library. The drawer will take place on Thursday 6th April at 3.30 p.m.

There will also be free Easter crafts on offer Tuesday 4th April 9.00 – 12.00 noon and Thursday 6th April 2.30 – 4.30 p.m.

Why not pop along and make an Easter card or create an Easter chick basket?

Easter Opening Times:

Friday 7th April – Good Friday – CLOSED

Saturday 8th April – Open 10.00 – 5.00 p.m.

Sunday 9th April – Easter Sunday – CLOSED

Monday 10th April – Easter Monday – CLOSED

Tuesday 11th April – normal opening times resume.

Summer Reading Challenge – volunteers needed. Are you interested in volunteering during the summer holiday and helping staff to run this year's challenge? If so, please phone on 01473 626103 and ask to speak to Maggie.



For 11-16 year olds Tuesdays 15:30 - 17:30

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The Runway Cafe, attached to St Michael's Church, The Drift, Martlesham Heath, IP5 3PL

BRIGHT STARS

Bright Stars Activities sheets for preschool aged children.

Would you like to receive them?

Due to various circumstances, at the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or story from the Bible. During our last session we heard that after God had made the sun, moon and stars, he wanted people to enjoy the land, rivers and seas so he made men, women, girls and boys to live on the earth. There was an activity sheet with an outline of a person, which could be copied several times, to be coloured in or decorated to look like you and your family.

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact:

Sonya & Maureen Burrows Tel.01473 625196

To volunteer you need to be over 12 years of age.

Knit and Natter – every second and fourth Thursday 2.30 – 4.30 p.m.

Cancer Support Group 10.30 – 11.30 a.m. – third Monday morning each month (**Monday 17th April**)

Opening Hours -

Monday 9.00–12.00 noon

Tuesday 9.00–12.00 noon/2.30–5.00 pm

Wednesday 2.30 – 6.00 pm

Thursday 2.30 – 8.00 pm

Friday 9.00–12.00 noon/2.30–6.00 pm

Saturday 10.00–5.00 pm

Sunday 10.00–3.00 pm

Tel: 01473 626103

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BIRCHWOOD PRIMARY SCHOOL.

Travel to school safely and sustainably.

We are Birchwood's Junior Road Safety Officers (JRSOs) and we have been super busy helping to keep everyone safe on their journey to and from school.

We worked with Holly Jacobs (Senior Road Safety Officer) to teach pupils how to cross the road safely using a pretend road to help younger children practise the safety skills needed and we led a whole school assembly reinforcing our important message.

We have put up reminder posters near the school and would like you to make sure you know exactly what to do to stay safe whilst walking around Martlesham by reading our poster too! Remember that electric cars are very quiet so you MUST look.

We are taking part in Sustrans Big Walk and Wheel which encourages every pupil to travel actively and sustainably to school by either walking, scooting or biking to school. Last year we came 72nd out of all UK schools with 83% of our journeys being on bike, foot or scooter. This year we are hoping to do even better and now we know how to do it safely too!

MARTLESHAM PRESCHOOL



Where children laugh, learn and achieve through the support of highly experienced practitioners. We believe that every child is unique and individual, therefore, it is our job to find out what sparks your child's imagination, and natural desire to gain their own knowledge and understanding of the world around them. We aim to tailor our learning opportunities to feed the beautiful curiosity found in all children.

At Martlesham Preschool we believe in jumping in muddy puddles, just to see what happens, looking at the world with curiosity and wonder, asking questions and discovering answers and exploring and testing ideas.

Spaces available, please contact us to book a visit:

Martleshampreschool@outlook.com or 01473 625986

Open term time on Mondays and Wednesday-Friday 8am-4pm, and Tuesdays 8.30am-3.30pm.

MARTLESHAM CONSERVATION GROUP

The Martlesham Heath (SSSI) on the western side of the village is an example of dry lowland heath(the rarest type of habitat in Europe), which should ideally be dominated by heathers with a mix of other low growing plants including fine grasses. Much of the work of the Group is involved in conserving this habitat for wildlife but also helping to support good public access. On our last work party in March we cleared around the bonfire sites, filled in holes in the central part of the heath and cut back the encroaching brambles and other scrub along the path next to Dobbs Lane.

Members of the public, especially dog walkers can make a valuable contribution to the conservation of our heathland and its associated wildlife by sticking to the main paths. The areas cleared in the winter could be colonised by ground nesting birds and reptiles especially if the disturbance level could be kept low. Please stick to the main paths, and if you are a dog walker we strongly advise you to walk your dog on a lead and stick to the main paths. This is partly for the benefit of our local wildlife but also for the protection of your dog as we seem to have a good population of adders present on the heath based on the numbers seen last year. Please don't be tempted to take short cuts across the open areas, and please remember all our British snakes and lizards are protected by law. For more information about reptiles (and amphibians) try the website <https://www.arc-trust.org>.

In April, we should see the major influx of migrant birds with more varied song such as from the Nightingale, Whitethroat, Garden Warbler and Lesser Whitethroat. Please listen out for these birds on our heaths and woodlands this year, and enjoy the rich soundscape of their birdsong. Later in the month if the weather warms up we may begin to see more butterflies which may include the Green Hairstreak, Brimstone and Orange Tip, adding colour and movement to the landscape

Our next work party will be on Sunday 2nd April at 10 am. Please meet on the Martlesham Heath SSSI next to the bank that runs east-west across the site (along the path from the sign board between Heathfield and the Oaks). We will be creating areas of bare ground to benefit solitary bees and wasps, reptiles and butterflies. Please contact me if you are interested in taking part in any of our work parties or wildlife surveys.

martleshamconservationgrp84@gmail.com

Phil Smith 01473 625630

MARTLESHAM IN BLOOM

Now we are into April the days are getting longer giving us lots more time to enjoy spending outside. As temperatures are generally warming up we can start to think about planting some summer flowering bulbs in the ground or in containers. Lilies come in lots of different heights and colours, and the unusual Tigridia are wonderfully bright and exotic, attractive not just to us but also to hoverflies. Dahlias come in a huge variety of fanciful shapes and colours, why not include some single forms in your selection as they are visited by bees and other pollinators. Dahlias can be started into growth indoors now in a conservatory, greenhouse or windowsill. You can either sow seeds, or plant the tubers in individual pots indoors. Their shoots will then grow and if you would like to multiply them some of these shoots can be taken as cuttings from which to grow new plants. Once the risk of frost has passed, towards the end of May, the tubers can be planted out and their head start indoors will help them get going fast. Happy gardening.

A date for your diary! Wild for Wildlife

Martlesham in Bloom and Suffolk Wildlife Trust are arranging a fun and informative day for families at Martlesham Recreation Ground, The Street, on Sunday 21st May, 10.30 am -12 noon.

The aim is to learn more about Martlesham's brand new nature reserve, Martlesham Wilds; why we need to protect wildlife, and how we can help our own outdoor spaces become more wildlife friendly, to create natural wildlife corridors for wildlife to thrive.

The event will be free - funded by Suffolk Wildlife Trust and AONB. To find out more about Martlesham Wilds please visit www.suffolkwildlifetrust.org/martlesham-wilds

There will be more details about the above event next month.

For further information please contact: martleshaminbloom@gmail.com or

J Maureen Burrows (Secretary) on 01473 625196



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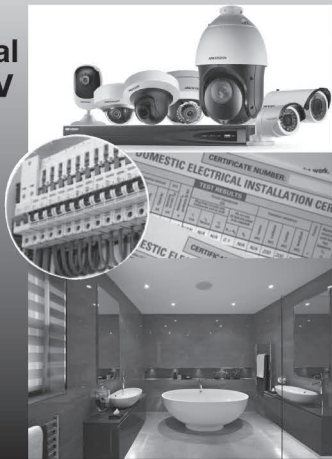


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MARTLESHAM COMMUNITY RESPONDERS

Martlesham Community Responders are a small group of volunteers who are trained to provide local emergency support to the East of England Ambulance Service. We are trained in First Aid and resuscitation, and living locally we can provide an initial response to many emergency 999 calls for the Martlesham area, and we can then assist the ambulance crew after their arrival.

There are dozens of Community First Responder (CFR) groups across Suffolk, and as volunteers we only respond to calls from Ambulance control to help patients in an emergency at the discretion of the Ambulance Service, depending on the individual circumstances of each call.

As we are a small team, we are not able to be on call all of the time, but working in conjunction with the BT Adastral Park Ambulance team, we do endeavour to be available as much of the time as possible. If anyone would be interested in helping us by joining the team and training as a CFR, then please take a look at <https://www.eastamb.nhs.uk/join-the-team/community-first-responders> or contact me at johnny.dixon@btinternet.com



Martlesham Heath Baby and Toddler Group meets every Wednesday and Friday at Martlesham Heath Pavilion Session time is 9.30 – 11.15 (term-time only)

We have play time, along with song time with instruments, before providing a drink for the children, and tea or coffee for the parent/carers.

**Session prices are £1.50 per family/care group
£5 capped fee for Childminders**

Sessions have to be pre-booked as we are limited on attendees, so please follow our Facebook page. We are only taking bookings one week in advance and to book you need to message the Facebook page directly. Please email for more information.

**Find us on Facebook
email: MHBTG@outlook.com**

Can you help? We are currently looking for volunteers, please contact us for further details.

The extraordinary aviation history of Martlesham Heath from the Great War to the jet age, local wartime exploits, and other general Aviation topics, are covered at our monthly meetings. The 1st Friday of the month at The Community Centre, Felixstowe Road IP12 4PB @ 7:30 p.m. (subject to any Govt restrictions)

General contact details:
Howard: 01473 274300.
Website: www.mhas.org.uk
Control Tower Museum:
Call 077 077 11104
mhasmuseum@mhas.org.uk



Visit our Control Tower Museum, behind Parkers Place, off Eagle Way, IP5 3UZ. In normal times open Sundays 2-5 pm, from early April to the end of October. To find out more about the local story just turn up, - easy parking.



We have an enthusiastic and friendly team of volunteers keeping the Museum and Society running. Why not get involved?



East Anglia's Children's Hospices (EACH) cares for children and young people with life-threatening conditions across East Anglia and supports their family. EACH is a life-line for families at an unimaginably difficult time. Help us be there for future generations, helping every child make the most of life – no matter how short.

www.each.org.uk



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Come and hear some of the best young musicians in Suffolk perform a varied programme of music for all to enjoy!

Suffolk County Music Service presents Suffolk Youth Orchestra, Suffolk Young Strings and Suffolk Youth Wind Orchestra in their annual **Easter Concert** at **Snape Maltings Concert Hall** on **Wednesday 5 April 2023** at **7.30pm**.

The concert will feature a selection of Orchestral, Wind Orchestra and String Ensemble music of a variety of different styles and genres – there will be something for everyone.

Suffolk Youth Orchestra John Paul Jennings - conductor

Suffolk Young Strings Stephanie Wakeman - conductor

Suffolk Youth Wind Orchestra Michael Waters-conductor, Mark Whiteman-conductor

Enjoy a varied programme of music performed by these talented young musicians including Tchaikovsky Romeo & Juliet Overture, Smetana Vlatava, Rossini The Thievish Magpie, Williams Evening at Pops, Vivaldi The Four Seasons and Britten Simple Symphony also featuring world premieres of pieces composed by young Suffolk musicians.

MARTLESHAM HEATH AVIATION SOCIETY

On Friday 3rd March, The Martlesham Heath Aviation Society staged a fascinating yet at times sobering talk by Richard Gibson. He has, for many years been involved in the Thorpe Abbots ("Bloody 100th") Airfield Museum, just over the Norfolk Border.

His talk started with the building of the Airfield, the arrival and the settling in of over 3,000 Americans – some little more than teenagers – and their flyers baptism of fire in the skies over Europe in their B17 Flying Fortresses..

Many hundreds of the flyers did not survive, some of their battles being documented by Richard. This was reinforced by a specially commissioned DVD that he showed. Over 800 Americans were killed or posted as Missing In Action – and countless others were wounded or suffered severe trauma.

Richard did, where possible and appropriate, put humour into the talk – and showed the fellowship and fun that the Americans had on the base - and when they ventured out and explored their host's country, and got to know the British.

He finished by telling how the Museum arose in the late 1970's, from the desolate state it had become, and (like our own Museum) has blossomed to be able to tell the story of what went on in those times of international conflict.

Those in the full hall had an evening that will be long remembered..

We now look forward to our next talk "Aircraft v U Boats" presented by Mike Pugh-Davies. The talk remembers how close this country came to being starved to submission in World War 2 by packs of U Boats – only being defeated by new tactics and weapons used by both the Royal Navy, and (the topic of this talk) Coastal Command of The Royal Air Force, and when joined by the United States Army Air Force.

This threat was the one that most worried Winston Churchill during the war.

This talk (because of the way Easter falls) will be held on Friday 31st March at 7:30 pm. at The Martlesham Heath Community Centre, Felixstowe Road (the road behind big Tesco) IP12 4PB.

Admission is £3 for Society members, £4 for non-members. Pay at the door on arrival – there is no need to book in advance.

Now – a reminder that the Martlesham Heath Control Tower Museum starts the 2023 season on Sunday 2nd April – and then on all Sundays to 23rd October, from 2:00 to 4:30pm.

Come along and see what we have been doing over the winter closure. Admission is FREE – but we do welcome donations.

Parking is easy, the Tower is located behind Parkers Place, off Eagle Way, Martlesham Heath IP5 3UZ. Tel: 0770771110 e-mail: mhasmuseum@mhas.org.uk

We welcome group visits at other times – but we need a bit of notice (see contact details above)

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

The Martlesham Brass Spring concert is on Saturday 13th May 2023 at 7.00pm in St Michael's Church Centre Martlesham Heath IP5 3PL. Tickets cost £4.00 each (primary school age children free), and can be reserved by calling 07544 962205, or purchased on the door.

Looking forward into June, 'Tea & Tunes', featuring our preliminary and beginner bands is on Saturday 10th June - there will be more details next month.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - please note we operate a waiting list for new members.

Liz Howard (Publicity Officer)
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**PORTAL WOODLANDS
CONSERVATION GROUP**

In February our Volunteers cut back the A1214 hedge before the bird nesting season. Cutting back the hedge helps to thicken it at the lower levels, creating a better natural barrier and an improved habitat.

It was lovely to see carpets of snowdrops (*Galanthus nivalis* – meaning 'milk flower of the snow'), with a few crocuses (*Crocus*) dotted in and around.

Our next Volunteer work morning is Saturday 16th April from 10:00 to Noon, meeting at the Education Area.

New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at

pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website:

pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman



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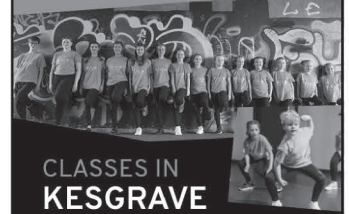
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MARTLESHAM CLIMATE ACTION

Martlesham Repair and Climate Advice Hub – Now at the Parish room (next to the Community Centre)

The next Repair and Climate Advice hub will be on Saturday 15th April from 10-12 (not the 8th due to the bank holiday) and the second Saturday of the month during the rest of the year. The Climate Advice hub will be there as usual with advice on how you can do your bit to reduce your carbon emissions and reduce your energy bills. Apologies for not being at the March Repair Hub.

Email: martleshamrepairhub@gmail.com

Frequently Asked Questions

While talking to people at the climate advice stand and during visits with the infrared camera, several questions keep coming up. We are producing a list of 'FAQs' and will post soon on the website and reproduce some here. If you have any questions just e-mail us!

Solar Panel FAQ1: I don't have a south facing roof so presumably it's not worth getting solar panels?

Answer: Not true! If you have an East/West roof you should get around 80% compared to South facing (with the same number of panels on each roof) and maybe more if you can squeeze more panels on them compared to the South facing roof. With the high cost of energy, the payback would still be only a few years and you'll save roughly 1 tonne of CO2 emissions per year of around 10 tonnes per annum that the average UK resident is responsible for. Always get 3 or more quotes even if you are thinking of using the council 'Solar Together' scheme where they seek the lowest bidder. Not all companies bid.

Battery Storage FAQ1: What is a reasonable price?

Answer: Look at the cost per useable kWh. Energy storage is measured in 'kilowatt-hours' (kWh for short) where 1 kWh = one unit of electricity. You are charged per kWh. Some battery quotes use a headline kWh capacity, but the useable capacity may be 10-20% less. Currently, a rough price guide for a battery is around £1000 per kWh. The best size depends on factors like your typical home consumption, whether you want to 'load shift' by filling the battery up with cheaper night rate electricity and the size of your solar array. Look at the handy guide called 'PV considerations' written by one of our residents at: <https://martleshamclimateaction.onesuffolk.net/documents/>

An updated version of this document will be posted shortly with more useful information if you are considering investing in solar panels and battery systems.

Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)

Website: www.martleshamclimateaction.onesuffolk.net

E-mail: martleshamclimateaction@btinternet.com

Twitter: [@martleshamclim1](https://twitter.com/martleshamclim1)

MARTLESHAM HEATH SURGERY – PPG NEWS

The Martlesham Heath Surgery Practice and Patient Group (PPG) recently met for our March meeting.

We discussed a number of items including plans for potential re-modelling of the space at the surgery to increase the number of clinical rooms available. Whilst initial plans have been drawn up, everyone involved is aware that it will be a while before patients start to see any activity on this work.

The PPG also discussed potentially lining up future meetings with the monthly GP training sessions, meaning that we would potentially find it easier to synchronise our need for space to meet. Plus also allow us to easily alternate the time of day we have the PPG meetings.

The PPG are in the midst of producing a new surgery leaflet, which unfortunately has been delayed during the pandemic. We hope to be able to publish this shortly.

We have also planned how we can share information of interest to patients on a regular basis, utilising the various local newsheets, websites, etc. We have a plan for items we consider important to share over the next few months, with the aim of updating patients and providing useful information.

If you are interested in finding out more about the PPG please either email me at MartPPG@gmx.com or drop a note (with your name & contact details) into the surgery reception in an envelope marked for my attention (Tony Willmott, PPG Chair).

Tony Willmott - Chair, Martlesham Heath Surgery PPG



Have you ever wished that your yoga teacher could be your life coach too?

- Do you need someone to listen to you?
- Access to a trusted person who can help you to see things differently?
- And someone who has the skills to support you in achieving your goals?

A balanced yoga practice can be a life changing experience. It can help you to feel more attuned to your own needs and to those of others. And professional coaching is a proven way to support you by helping you to make life changes and turn negative habits into positive energy.

How can yoga help me to achieve my goals?

- Practising yoga poses improves your posture and helps you create a confident presence
- Practising breathing techniques enables you to manage anxiety and take control
- Practising relaxation gives you a sense of calm and can help to improve your sleep too

About me

My name is Izzy Ixer and I'm a British Wheel of Yoga qualified teacher. I've practised yoga since I was in my teens and I have been leading yoga classes and seeing clients for one to one sessions for over 30 years. It was in 2015 that I qualified as an ILM level 5 coach and quickly realised that there is a natural synergy between coaching and yoga. I've been helping my clients to achieve their goals ever since!

Each session is one and a half hours long and we agree how you would like to divide the time between coaching and yoga. At first you may wish to spend more time on coaching and as you progress this can change to meet your needs.

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So - if you have ever wished that your yoga teacher could be your life coach too - the answer is yes!

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Contact Izzy Ixer by emailing izzy@bluepebblecoaching.co.uk or by calling 01473 625115 – if I can't answer straightaway, then do leave me a message and I'll call you back.

Visit www.bluepebblecoaching.co.uk or www.izzyyoga.co.uk

KESGRAVE COMMUNITY & CONFERENCE CENTRE

We're thrilled to announce that our Makers Market held at our Kesgrave Community Centre was a huge success! We were proud to showcase the amazing talent and creativity of our local makers and creators, and we're thrilled that so many people came out to support them. KWMCC was filled with laughter, conversation, and a sense of connection from supporting local businesses and artists. And the good news is, we're already planning our next free Makers Market! A date for your diaries; Sunday 1st October 2023. We can't wait to do it all again later this year on the run up to Christmas.

KWMCC Upcoming Events Highlighted!

- The KWMCC Big Spring Clear Out (2-4PM) – 16th April – Tables £10, Car Boots £5 (pre-book only)
- 60's & 70's Sensation Live Music Afternoon (2-4PM) – 23rd April
- Retro Disco (7:30PM-Late)! – 28th April
- Coronation Tea Party – 5th March
- Kid's Inflatable Fest – 12th May (3:30-6:30PM) - £8 per wristband for unlimited rides on inflatables and carousels

For more details on events or to book tickets, please head to our website <https://www.kwmcc.co.uk/community-events/>, call us, pop in, email events@kwmcc.co.uk or keep your eyes peeled for updates on our social media pages.

For bookings, please email reservations@kwmcc.co.uk or call **01473 612648** (Mon-Fri 9-4PM).

Kesgrave Community & Conference Centre, Twelve Acre Approach, IP51JF. Registered Charity Number 1186279.

WICKHAM MARKET FLOWER CLUB

The April meeting is our Open meeting on Thursday 27th April in the Village Hall. IP13 0HE. The Demonstrator is our very own Barbara Collins – Flora Bouquet. Tickets must be booked from Sue Cotton on 07786942450. Prices are £5 Members and £10 Non-Members. Raffle - Refreshments – Stalls. Doors open 6.30pm for 7.00pm start

DEBEN ROTARY IN TRANSITION

On Saturday February 25th members of the Rotary Club of Woodbridge Deben were pleased to be able to assist Transition Woodbridge to clean up the children's playground in Castle Street. An enthusiastic crowd of volunteers cleared away a large amount of dead foliage and washed down the play equipment, generally making it fit for use again. This is part of the club's commitment to become involved in similar community projects.

The Memory Cafe continues to meet on the last Wednesday of every month at Woodbridge Football Club from 10.30 to 12.00. If you would like any further information please contact Rotarian Martin Kenyon on 01394 386933.

INNER WHEEL CLUB OF WOODBRIDGE

Inner Wheel is an international organisation with three objectives: to promote true friendship, to encourage the ideals of personal service, and to foster international understanding. Personal service sounds like hard work and, yes, sometimes it can be! But, in coming together to serve others, true friendships are forged.

Woodbridge IW members meet at Ufford Park Hotel at 6.30 pm on the first Thursday of each month. If you would like to know more about the club, look for District 8 on the website: <https://innerwheel.co.uk>

Headway Suffolk's Conference - Living Positively with a Disability on 17 May at Kesgrave Conference Centre.

Dr Tom Adams, Dr Charlotte Brierley, Baroness Murphy is Vice-President of the Alzheimer's Society, Amanda Cousins and Pepper The Robot.

Tickets are £45 and available from Helen Fairweather on 01473 712225 or helenmfairweather@headwaysuffolk.org.uk.

Headway Suffolk is a registered charity that supports adults with brain injury, stroke and neurological conditions through rehabilitation and therapy services.

<https://www.headwaysuffolk.org.uk/2023/01/17/annual-conference-speakers-line-up/>

U3A EAST SUFFOLK: TOPICS TO STIMULATE INTEREST AND DEBATE

East Suffolk u3a's spring programme, which rolls out at four venues across the county, is full of topics to stimulate and interest.

This thriving local members' organisation welcomes new members, and that includes anyone retired or semi-retired and seeking something new and/or interesting. The proviso is that if you join, you must expect to contribute, either in leading or helping plan meetings or other activities.

East Suffolk u3a has a strong local following and offers the chance to participate in more than 150 activity groups, including discussing the arts, history, science, learning a new foreign language, walking, quizzing, dining out, short breaks and more. Local speaker meetings include:

Thursday 6 April 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL

Corsets, crinolines and camisoles: a history of underwear showing the development of underwear and illustrated with authentic examples. Presented by Frances Saltmarsh.

Thursday 13 April 2.00 to 4.00

The Fromus Centre, Street Farm Road, Saxmundham IP17 1AL

Charlie and "The Dig": an intriguing and often hilarious look behind the scenes at the making of the film "The Dig" by its dialect coach. Presented by Charlie Haylock.

Monday 17 April 10.30 to 12.30

Woodbridge Football Club, 17 Fynn Road, Woodbridge IP12 4LS

A royal year: the experiences of a royal family expert and his travels across Europe to learn about nine of the ten European monarchies and their families. Presented by Ken Stone.

Monday 24 April 2.00 to 4.00

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

A History of Public Transport in Ipswich: a digital presentation from the Ipswich Museum of Public Transport in Ipswich, from the horse tram (1880-1903) to electric trams (1903-1926), trolley buses (1923-1963), and the replacement diesels (1950-1964). Presented by Dave Carson.

Please check the website before setting out as last minute changes are sometimes necessary. See the website: www.u3aeastsuffolk.org.uk for more information or call the membership secretary on 0300 123 3913.



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Birchwood Primary School

At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.
- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

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Email admin@birchwood.suffolk.sch.uk

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Fancy giving volunteering a go? Pop in and chat to us or message us on Facebook.



Opening Times:

Monday: CLOSED
 Tuesday: 9AM - 12PM
 Wednesday: CLOSED
 Thursday: 9AM - 12PM
 Friday: 9AM - 12PM
 Saturday: 9AM - 12PM
 Sunday: CLOSED

WOOLLY WONDERS

We're fundraising for Martlesham Wilds this year. So far we've raised £181.50 from sales of handmade Easter baskets, sheep, chicks, ducklings, lambs etc.

Many thanks to customers & staff of Roselea Nursery, Slimming World & Repair Hub.

Martlesham's finest knitting and crochet group meet at The Runway Cafe, Martlesham Heath every Thursday 10am - 12noon, if you'd like to join us.



ARRIVE FROM 9:30AM AT ST MICHAEL'S CHURCH

All are welcome to join us in St Michael's Church to watch the King's coronation.

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MARTLESHAM VILLAGE FETE - SATURDAY JULY 15TH 11.00 – 4.00

We hope you have the date firmly in your diary, if so you will be joining the entertainers and stallholders who already have it booked in their diaries

We already have a full programme of entertainment booked which includes some old favourites such as Martlesham Brass and the Kesgrave Singers as well as new faces who between them will cater for all tastes.

Many stalls from local charities, organisations and businesses providing a service to Martlesham have already been booked, often with their own games and competitions to entertain us. We also plan to healthy sports-based activities for the younger members of our community.

Similarly the Fun Fair, ice cream and a range of refreshments are already in place and as before we are working to offer a wide range of refreshment options. There will also be plenty of space for those who want to bring a picnic.

Made in Martlesham (or nearby)

This year we would particularly like to invite local businesses and groups who make craft and artisan based products, or who provide a local service to join us. We hope to highlight the wealth of enterprise we have amongst residents and those with a connection to Martlesham or who live nearby.

Photographic Competition

Following the success of last years competition this feature will remain. This year the theme will be "A Postcard from Martlesham". We are sure you will agree that we are fortunate to live in a beautiful part of the country (except the A12!) and we want this to be celebrated. The postcard can show our beautiful countryside, which includes a nationally recognised area of outstanding natural beauty, or some of our historical background be it RAF or earlier, or some of our impressive modern developments, rated highly in architectural guides. The entries will be displayed at the fete where prizes will be presented.

The full rules for the competition and entry forms can be found on the Martlesham Council Website.

For further details and to apply to have a stall please contact mvfete@gmail.com

The Village Fete is organised by a working group of Martlesham Council

MARTLESHAM WI

Despite the rather inclement weather, the March meeting of Martlesham WI saw a good turnout, and welcomed speaker Barbara McElvoy. Barbara enthusiastically, told us about the Life of Sue Ryder, having done much of her own research on Sue's early life. Though Sue Ryder is so linked most often to the Charity bearing her name; we learnt where the passion to help people was born. Most particularly the connection Sue developed to Poland through her time in the FA Nursing Yeomanry and SOE – the wartime experiences whilst training and supporting Special Agents, followed by nursing survivors at the liberation of a Concentration Camp, added to her story. This initiated the idea of The Boys, where over 15 years Sue visited 1400 prisoners across Europe, who were themselves survivors of the Camps, but had ended up in the justice system. The first home created under the Sue Ryder Foundation was at Cavendish, Suffolk which housed The Boys following release from prison. Naturally, the story would not have been complete if we had not also heard about her meeting and then marrying Leonard Cheshire.

Our competition this month, judged as always by our visiting speaker, was for "An interesting item from a Charity Shop" and the winner was a £1 bargain item of a wooden box with a marquetry design, hiding a wooden bird which, as the lid opened, would bend down and pick up, in its beak, a single item from the box below. It was of course a rather cleverly crafted cigarette dispenser, which can now have a healthier outlook on life by simply being a beautiful talking point.

Martlesham WI meet on the third Friday of the Month at the Pavilion by the Green, doors open at 1:45 for a 2.00pm start and the meeting ends at 4pm.

21st April: Speaker Dave Steward "The other Boleyn Girl" – competition A toy from your childhood

19th May: Speaker Maureen Simpson "History of Typewriters" – competition A ribbon creation – any medium

If you would like any further information, please contact Valerie Jones on valerieiones53@hotmail.co.uk

TWO MAJOR PROJECTS FOR MARTLESHAM PARISH.

The parish of Martlesham is made up of two churches. St Mary the Virgin, which is over 400 years old and St. Michael and All Angels, which is less than 40 years old. Both have their own character and traditions and cater for a wide range of worship styles.

This year the Parochial Church Council is embarking on two projects, one at St. Mary's and one at St. Michael's. They are quite different and it is hoped you will be willing to support one or both projects.

The Platinum Jubilee Garden at St. Mary's.

In late 2022 our Parish was awarded a grant of £3000 by Suffolk Historic Trust towards the creation of a garden at St. Marys to celebrate our late Queen Elizabeth's Platinum Jubilee.

The total cost of the project is estimated to be about £6000. With your help, we hope to raise the remaining £3000 by donations and fundraising, thank you.

New Double-Glazed Doors for St. Michael's.

The old wooden doors facing the green have been lovingly mended and restored for the past 30 plus years but it is now necessary to replace them with double-glazed, draught free aluminium doors. We have received a grant of £1200 from the East Suffolk Council (via our local councillor) and have funds in the repair fund, but we still need at least £4000 to cover the full cost of the doors.

If you would like to contribute towards the cost of one or both projects, special envelopes will be in both churches and The Runway for you to donate. If you are a tax-payer please consider Gift Aiding your donation. **Cheques should be made payable to Martlesham PCC.** If you have any questions please talk to a member of the PCC. Fund raising events will also be held during the year to help raise the money. Any surplus money will go into the parish general fund.

MARTLESHAM LADIES CLUB

A Happy Easter to all our members. Let's hope we enjoy warm, sunny, Spring weather after such a miserable cold winter.

There are two meetings planned for this month. On 6th April 2023 Charlotte is coming to talk about Shotley Vineyard and we are hoping she will bring some samples! Then on 20th April Wendy will tell us about the work of 'Home Instead'. This is an organisation which provides care for elderly patients enabling them to remain in their own homes.

The meeting on 4th May has been cancelled due to elections being held in the Richards Room.

Meetings are held on alternate Thursday afternoons at 2.30pm in the Richards Room. For more details contact June Peck tel. 01473 790126.

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MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at our website - mchall.org.uk
You can check hire rates, if they're available and make an online booking request

Alternatively you can call our Booking Secretary on 01473 623 203. If leaving a message, please speak slowly and repeat

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively please contact the booking secretary:

Email: bookingsecmhp@gmail.com

Phone: 07732 199712

An Evening with Henry Purcell

Saturday 1st April

At 7.30pm

Gippeswyk Singers warmly invite you to a Spring Concert of Anthems and a Concert Performance of the emotive opera,

Dido and Aeneas

Beverley Heard - Dido
Gary Griffiths Aeneas
Michelle Hazel - Belinda
Sky Roberts - Sorceress
Liz Elliott - Witch 1, Sara Vines - Witch 2,
Penny Dawe - second woman
And Mick Morley - sailor

Conducted by Janette Rocco.

The choir will be joined by the Dargason Ensemble who will also be playing Purcell's majestic Chaconne in G minor.

Refreshments will be served at the end of the concert. Do stay and have a drink and a chat.

St Michael and All Angels Church Martlesham Heath, IP5 3PL

Tickets £15, or (or £12 in advance)
available by

email: a.m.daw@btinternet.com or by
phoning 01473 620353
www.gippeswysingers.co.uk

MARTLESHAM BOWLS CLUB

We are looking forward to the start of the new bowls season and will open the Bowls Club on Saturday 15th April.

The club actively bowls in several local leagues and also encourages social bowling on Thursday and Saturday afternoons at 2.00pm. We would love to see some new faces. Why not come along and give it a try?

For more information, please contact the Secretary, John Anderson on 01473 808678 or 07547727439

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655

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Carolyn Smith 74 Heathfield, Martlesham Heath

ELDERS: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 2nd April <i>Palm Sunday</i>	St Michael's 9.30am Coffee and pastries 10am Breakfast Church St Mary's 11am Holy Communion	5pm Zoom After Hours
Friday 7th April <i>Good Friday</i>	St Mary's 11am Good Friday Walk to St Michael's St John's 3pm Hour at the Cross	
Saturday 8th April	St Michael's 7pm Service of Light	
Sunday 9th April <i>Easter Day</i>	St Michael's 10am Family Holy Communion St Mary's 11am Holy Communion St John's 6.30pm Evensong	10am Family Holy Communion
Sunday 16th April	St Michael's 10am Morning Worship St Mary's 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
Sunday 23rd April	St Michael's 10am Holy Communion St John's 6.30pm Evensong	10am Holy Communion
Sunday 30th April	St Michael's 10.30am Benefice Holy Communion	10.30am Holy Communion

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services

Monday 3rd–Friday 7th inclusive: 7pm Compline Online

Wednesday 12th, and 26th: 10am Holy Communion at St Michael's

Prayer Diary Please include the following as an addition to your daily prayers:

April

5 Residents of Westland
6 for Ukraine & its peoples
7 Good Friday: a time to reflect
8 for all who grieve
9 Easter day: Alleluia Christ has risen!
10 Bank Holiday: for safety as we travel
11 for all health care workers
12 residents of Whinfield & Whinfield Mews
13 for all politicians to make wise decisions
14 for those who are lonely
15 for the hungry & unemployed
16 give thanks we are free to go to church today
17 that all may care for the planet
18 all persecuted for their faith
19 residents of Woodside

20 all students taking exams at this time
21 for the NHS & all who work in our hospitals
22 for children everywhere
23 embrace God's love & share with others
24 help us care for the natural world & all green spaces
25 for all volunteers & charity workers
26 residents of York Road
27 those anxious for the future
28 for the homeless
29 for all who need to use Pop-Up shops
30 for all clergy & church workers.

May

1 give thanks for good families & friends
2 for those ill & in hospital
3 residents of Acorn Way
4 for our King as prepares for his coronation

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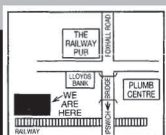
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