

martlesham monthly

DECEMBER 2019

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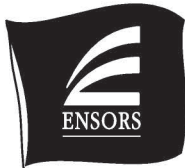
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August 2016



martlesham monthly

DECEMBER 2019

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THIS MONTH'S PHOTOGRAPH .

This month's photograph is of the interior of St Mary the Virgin church in Martlesham taken by Alan Powell

St Mary's will be holding a new Christingle Service on Sunday 8th December at 11am, and all are welcome to attend.

Look inside for more events, including the annual Christmas Carols in The Square on Monday 16th December at 7pm with Martlesham Brass. The 1st Martlesham Rangers will be serving soup in St Michaels Church Centre to warm everyone afterwards.

The Clubs and Societies in the village are looking forward to Christmas celebrations, there are musical concerts to attend. There is also news of a pop-up shop in that will be taking place monthly in St Michaels.

Merry Christmas from the Martlesham Monthly Team.

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact

Timandra Howell

martleshamscouts.thowell@yahoo.com.

Becoming a helper or hiring of the Scout HQ please contact Rachel Pennick
01473 610437

GIRLGUIDING MARTLESHAM

Currently we have

1 Rainbow Unit (ages 5-7), 3 Brownie Packs (ages 7-10), 2 Guide Companies (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a member or helping as a volunteer, please contact chris.s.cooper@btinternet.com (Martlesham) or www.girlguiding.org.uk/ interested (HQ).

Come join the fun & start your Guiding adventure today!

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.35–1.50pm
Redwold Close: 1.55–2.10pm
Falcon Mobile Home Park: 2.20–2.50pm
Douglas Bader: 3.00–4.30pm
11 June, 9 July, 6 August,

Thursdays:

Douglas Bader: 10.15–11.45am
27 June, 25 July, 22 August,

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

Joining

If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you.

Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

POLICE

In case of emergencies please always call 999.

In non-emergency situations call the new number 101.

E-mail: the Safer Neighbourhood Team
Woodbridge.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon
01473 622160(johnny.dixon@btinternet.com)

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**Latest copy date is the
12th of the preceding
month.**

Please e-mail contributions to :

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Or deliver your copy to

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**MARTLESHAM MONTHLY ONLINE
www.martlesham.com
And on Facebook**

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM PARISH COUNCIL

Happy Christmas! We wish our parishioners a peaceful time and best wishes for the year ahead.

We have a full Council!

We were very pleased to welcome Sarah-Joy Maddeaux to the Council in November. This means we now have a full team of 15 councillors, all doing their best to keep Martlesham a great place to live. Sarah-Joy is keen to make Martlesham a healthy, sustainable, active community & is passionate about protecting the beautiful natural spaces we have in our parish and encouraging respectful use of them by all residents.

Martlesham Trim Trail

This is now up and running! We hope you all received your leaflet last month but, if you didn't, please contact the office or find it on our website.

Cuts to Martlesham bus services

On 29 October we hosted a meeting of 13 town & parish councils in East Suffolk, chiefly on the A1214/A12 corridor, with the Managing Director of First Essex, Norfolk & Suffolk and the Network Manager of First Eastern Counties. The parish councils are joining together, following the major cuts to our bus services, to try and achieve a new Local Bus Strategy.

A new Bus Strategy is a long-term vision. Three short term proposals were put forward with a view to addressing some more immediate concerns which would benefit all the parishes in some way:

- Reinstate the 800 service to go along Main Road to establish a service to and from Ipswich, Woodbridge and Rendlesham.
- Reinstate a full service for Martlesham Heath, and other housing areas in Woodbridge and Kesgrave.
- Compensate for or retain subsidised bus service 71, due to be cut on 01 November

As part of any changes, we have strongly made the case for rerouting the buses from the old Felixstowe Road, where there are no bus stops, to Main Road, then to Tesco via the A12.

This was acknowledged to be a 'big ask' by First who are need of new revenue streams to make the services work.

It was noted that the parish councils present

represented a population of over 46,000 and there are things that they could do to promote the buses, such as advertising, providing timetables, encouraging parishioners to get out of their cars but it would only work if the services are more attractive & there are incentives to do so.

The Parish Council has agreed to earmark in principle £500 to the promotion of the bus services but this expenditure is dependent on how we can work with the local authorities and bus companies to make improvements.

We continue to have concerns about the 66A route & are well aware that we may lose it as the use has dropped, unsurprisingly as the old timetables have remained in place, there have been problems with reliability, and Tesco is missed out. We continue to work on this.

Hot off the press (EADT): "A new 71 service from 18 November will serve a number of rural villages including Orford, Butley, Capel St Andrew, Boyton, Hollesley and Sutton Heath before stopping at Melton, Woodbridge and Martlesham where customers will be able to get connecting buses to Ipswich." Unfortunately, we have no further details at the moment.

Speeding traffic

Many of you have reported issues with speeding traffic on Main Road, Martlesham and around Eagle Way to the Traffic Watch group, which the Council supports. As a result, agreement has now been made to purchase a mobile Speed Indicator Display Unit (SID) which can be moved around key locations. Trained volunteers will be able to set it up. The aim is not only to educate speeding drivers but also to collect traffic data which will inform our policy decisions and aid discussions with the Highways authority and developers.

We will be looking to tap into external sources of funding for the SID.

Recreation Ground & Kronji's Piece - Work Party 19.10.19

Mr Prime, who was our councillor representative on the day of the Work Party reports,

"It was great to see how many people turned up to the working party.

All parties turned up with gloves and tools in hand ready for 4 hours of fun and hard work!

We managed to make some good progress

with some key wildlife areas and at the same time all learnt some new key skills in how we were all helping to protect and enhance the wildlife in the area.

Next year we are going to increase the publicity for the event hoping to attract more help and also engage some of the younger people living in the area."

Many thanks go to Neil Lister, Countryside Projects Officer for Suffolk Coast & Heaths AONB (Area of Outstanding Natural Beauty), who led the group, and to the Bowls Club who opened up the clubhouse for refreshments.

Look out for next year's date!

Community Orchard Exhibition

We are pleased that this has led to new volunteers coming forward, some useful feedback and an offer of help from Hacheston, where an orchard is already established. Everything is still on course for a spring 2020 phase one planting.

Village Fete - Save the Date

**Planned for Saturday 18th July 2020.
More details in the January edition.**

Forthcoming meetings:

NO FULL COUNCIL MEETING IN DECEMBER

Finance & General Purposes Committee - Wednesday 04 December 2019

Development Plans Committee - Wednesday 11 December 2019

Full Council - Wednesday 08 January 2019

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632

e-mail: clerk@martleshamcouncil.org.uk

website: <http://martlesham.onesuffolk.net> and

facebook: <https://www.facebook.com/MartleshamParish> for latest news & events

Parish Office opening times: 9am - 12noon, Mon - Fri, excluding public holidays, but please book an appointment in advance.

CHRIS BLUNDELL'S DISTRICT COUNCILLOR REPORT DECEMBER 2019

A New General Election. This is a distraction from the normal business of the East Suffolk Council since it is their responsibility to administer the election. I believe that this was probably the most sensible outcome from such a long drawn out problem. As your Conservative District Councillor I believe that you will understand where my sympathies will lie. So, it is a case of wait and see what the outcome is and hope that it is not another 'Hung Parliament'.

The East Suffolk Partnership Scheme. The first Partnership Workshop took place on 29th October 2019 at Kesgrave Memorial Centre. You will recall from my last report that the local area that was considered included Kesgrave, Rushmere St Andrews, Carlford & Fynn Valley and Martlesham & Purdis Farm (i.e. four adjacent wards). The consensus outcome by that group was that there should be a 'Reduction in Social Isolation' as their first choice. Second was 'Environmental Care/Sustainable Transport followed a joint third choice of 'Traffic and Road Safety' along with 'Support people to Age Well' (e.g. Health / Activities / Money).

When all eight area Partnership workshop meetings have been concluded there will be a Partnership Board Meeting to review all the area's priorities and a decision will be made on where best to allocate the £10k in each area to have the best effect in the current Financial year. I will let you know the decision when it has been decided

Finally, I will take this opportunity to wish everyone a Happy Christmas when we remember the birth that took place over 2000 years ago. Also, I wish everyone to have a joyful new year celebration and that good health and prosperity will come for all our residents.

An Ode to the New Year.

*I saw the old places and faces I loved
I saw England's Valleys and Dales,
I listened with joy as I did when a boy
To the sound of the old village bells.
The fire was burning brightly
It was a night that would banish all sin,
For the bells were ringing the old year out
And the New Year in.*

If you would like more information on any of the above items, or any other matter for which the District Council has responsibility I can be contacted by email on chris.blundell@eastssuffolk.gov.uk or by phone 01473 622716 or mobile 07768 213251.

1st Martlesham Heath
Rangers

Invite you to join them for
Homemade Soup

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in
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After

Carols in the
Square
With Martlesham Brass

Monday 16th December
7pm

All profits will be split between
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1st Martlesham Scout post 2019

Dates **25th November to 10th December**

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THE RUNWAY COFFEE SHOP MARTLESHAM HEATH

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Simon Smith Martlesham Scout post If you need any help please contact me on 01473 612410 after 6pm



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HEDGEHOG NURSERY AT GORSELAND PRIMARY SCHOOL



Recently, Hedgehog Nursery children have been having so much fun exploring mixing different colours in the painting area, in water trays and with chalks - learning that two colours can make a new one! We also enjoyed all the squashing and squeezing of bread dough when we were making our bread hedgehogs. For bonfire night, we made edible sparklers by dribbling icing onto a breadstick and quickly sprinkling on stars - they were delicious!

On the 11th of November, we joined the whole school to attend the Remembrance service at the Control Tower and we have been learning about what the poppy means. We are looking forward to getting underway with our Nativity performance and inviting our families to join our Christmas fun.

If you would like to come and see us in action, please contact the School Office on 01473 623790 - you will be warmly welcomed!

Mrs. T. Haig

Nursery Lead Teacher

Hedgehog Nursery is open from 0830-1515 Monday to Friday for 3 and 4 year olds; in addition, we offer wrap-around care from 0730-1800 every week day. If you would like more information, please visit www.gorseland.net or contact the School Office on 01473 623790.



Gorseland Primary School - Open Sessions for September 2020

If your child is starting school in September 2020, then please come along to our Reception Open Session on Tuesday 7th January, 2020 from 9.30 a.m. to 10 a.m.

This is an opportunity to meet our Headteacher, Mr. Jackson, and the Reception team, as well as have a tour of the school with our Year 6 pupils.

Please contact the School Office on 01473 623790 or email office@gorseland.net to confirm the date you would like to visit us.

KESGRAVE LIBRARY NEWS

Sunday Crafts (10 – 12 noon) – The following Christmas craft activities will be taking place during December:

Sunday 1st – The library tree needs some new decorations. Add some Christmas sparkle to our new Christmas tree;

Sunday 8th – Keep your place in all your Christmas stories with our fantastic Father Christmas lolly stick bookmark;

Sunday 15th – Design a Christmas jumper for a gingerbread man, to keep them warm;

Sunday 22nd – Make a Christmas Tree card to give to someone special;

Sunday 29th – It's nearly 2020! Make a New Year wish wand.

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

Free Wordplay Sessions – every Thursday. (Rebrand of Bookstart). No session Thursday 26th December.

Tot Rock - 9.45am – 10.15 am.

BabyBounce - 10.30am – 11.00am.

Free Story Time Sessions – every Friday 9.45 – 10.15 a.m. (term Time Only). This session combines stories and rhymes. All welcome. Why not pop along? No session on Friday 27th December.

Other Library Events for December 2019

Every Tuesday afternoon (Term Time) 3.45 – 4.45 p.m. Lego Club. Parents must stay with under 8s. The themes this month are 03/12 – Santa's House, 10/12 – Reindeer, 17/12 – Christmas Wonderland. No need to book. Just pop along! This is a free activity.

If you are interested in joining any of the groups, please ring or speak to a member of staff

Cards for Good Causes – Charity Christmas Cards, Suffolk Wildlife Christmas Cards and Cards sold in aid of The Somersham Ward at Ipswich Hospital are available until Monday 23rd December (during library opening hours). This year there is a wider selection of designs for each charity. Every purchase also supports Kesgrave Library. Why not pop along and see the selection of cards available? We are also selling Christmas stamps – please speak to staff.

Scout's Post Box – this service is at the Library until Tuesday 10th December at 5 p.m.

Lego Afternoons: Thursday 19th December 3.00 – 4.30 p.m. – Create a Christmas Wonderland & Thursday 2nd January 3.00 – 4.30 p.m. – Design a library of the future. Places limited to 25 per session. Please phone to book a place.



Fun Activity Sessions for Pre-school aged Children

10.30 am to 12.00 noon
2nd and 4th Mondays of each month
during term times
St Michael's Church Centre
Martlesham Heath IP5 3PL

All youngsters of 0 to 5 years old are welcome to come along to Bright Stars with their parents, grandparents, friends, family and/or carers. These mornings are free and usually involve singing, games, making crafts to take home and telling stories from the Bible for the first half hour. We then have refreshments when the adults can chat and the children can play until approximately 12noon.

You are welcome to come along to any of our mornings, just turn up, no need to let us know in advance.

We look forward to seeing you!

The Autumn Term 2019 session date:

December 9th 2019

The first Spring Term 2020 session date:

January 13th 2020

Look out for the rest of the spring term dates in January magazines, on posters, or if you would like one of our Bright Stars leaflets with the session dates on it give us a ring on the number below and we will be happy to send it to you.

Wishing everyone a 'Happy Christmas' from all at Bright Stars.

If you would like further information please contact:

Sonya & Maureen Burrows
Tel.01473 625196

Christmas Opening Times at the library:-

Sunday 22nd December: 10.00 a.m. – 3.00 p.m.
Monday 23rd December: 9.00 – 12.00 noon
Tuesday 24th December: CLOSED
Wednesday 25th December: CLOSED
Thursday 26th December: CLOSED
Friday 27th December: 9.00 a.m. – 12.00 noon & 2.30 – 6.00 p.m.
Saturday 28th December: 10.00 a.m. – 5.00 p.m.
Sunday 29th December: 10.00 a.m. – 3.00 p.m.
Monday 30th December: 9.00 a.m. – 12.00 noon
Tuesday 31st December: 9.00 – 12.00 noon & 2.30 – 5.00 p.m.
Wednesday 1st January: CLOSED
Thursday 2nd January: Normal hours resume
01473 626103 www.suffolklibraries.co.uk

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

We would like to wish you all a very Merry Christmas and a Happy New Year!

December is the busiest month of the year for Martlesham Brass - you will often find us playing Christmas Carols outside supermarkets, both in Martlesham & Ipswich, raising money for charities nominated by our band members.

This year we are raising funds for Colchester & Ipswich Hospitals Charity - The Cancer Centre Campaign, Evelina London Children's Healthcare - Guys & St Thomas' Charity & Footsteps Walking with you - Counselling for 11-25 year old's.

Please join us for 'Coffee and Carols' on **Saturday 14th December at 10am** at St Michael's Church Centre, Martlesham Heath IP5 3SL, when you can hear our Intermediate Band playing your favourite Christmas music. There will be refreshments & a raffle - free admission.

On Monday 16th December we will be playing for 'Carols in the Square', Martlesham Heath at 7pm, followed by soup in St Michael's Church Centre served by Martlesham Heath Rangers.

Our Christmas Concert is on **Saturday 21st December at 7pm**, also at St Michael's Church Centre. Tickets £4.00 (Primary School children free). Tickets available by phoning 07544 962205, visiting our website www.martleshambrass.co.uk or available on the door

We would love to hear from new players, young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and have a go! If you would like to join us, or if you already play or have previously played a brass instrument and would like to come along and meet us, please email join@martleshambrass.co.uk or use the contact details below.

Liz Howard. (Publicity Officer)
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MARTLESHAM CONSERVATION GROUP

The autumn and winter period is a time of increased practical conservation work as all the nesting activities of birds has been completed and it is possible to remove vegetation whilst minimising the impact on wildlife. The Conservation group intends to be active on a number of tasks. Over the same period contractors are likely to be working on the heath SSSI for periods of a few days at a time. Several of these work tasks may involve the use of mechanised equipment. Please watch out for them and us and take care for your own safety as you walk around the heath.

Please join us for our next work party on Sunday 1st December at 10 am on the heath SSSI (western corridor) up near the northern end close to the previous bonfire site (more or less opposite where the path comes in from the gate near the windsock on Eagle Way). We will be working to cut back the scrubby vegetation for the benefit of the wildlife and public. All tools and instructions will be provided on the day.

You may attract more wildlife into your garden over autumn and winter by being a little less tidy. For example you could help a hedgehog to endure the winter months by leaving some vegetation to provide shelter. Please let autumn leaves rot where they fall or rake them in to piles. Please leave areas uncut over winter and always check for hedgehogs whenever you cut long grass or bramble. Also a number of bird species will join us from colder climates to the north over the winter period; the heath had several visitors over the winter period in previous years such as Stonechat, Dartford Warblers, Redwings, and Fieldfares; even familiar species such as Blackbirds could have migrated from a considerable distance. Please spare a thought for our wild birds and remember to put out food and water in your gardens and leave berries on bushes to help them through the cold spells.

Phil Smith 01473 625630

PORTAL WOODLANDS CONSERVATION GROUP

October saw our Volunteers back on the northern tumulus to clear the bracken, young tree seedlings and brambles - hopefully now grass will become established.

It has been an exceptional season for fungi, with many species to be found all around the woodlands. Of note is the bright orange-coloured wrinkled peach, not seen until a few years ago but now quite common in the woodlands. We would love to hear of any interesting species you spot when visiting - please leave them where you find them and of course do not attempt to eat!

It's been 20 years since the Group was created following the hard fought battle to save the woodlands from being concreted over to become the Martlesham Park & Ride. We will be celebrating this anniversary at our Christmas work morning with some extra special cake and festive treats. The PWCG Committee wishes all our Volunteers, supporters and visitors a very Happy Christmas!

Dates for the Diary

Volunteer Work Morning (all ages) Sunday 15th December, 10:00am - Noon.

Meet at the Education Area. Tools, training and refreshments provided.

All welcome - no need to book.

Nature Explorers (11-18 year olds) Saturday 18th January, 9:00am - 11:00am. Please book a place via our email below.

New volunteers of all ages and abilities are always welcome.

No experience needed.

For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley

Photo—Wrinkled Peach by S Corley





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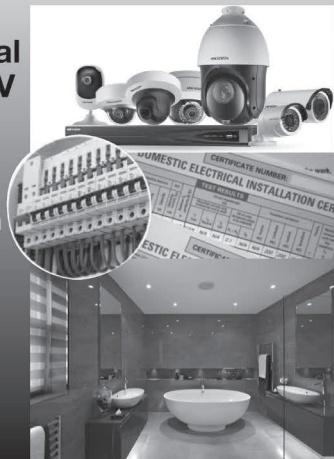


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MARTLESHAM HEATH AVIATION SOCIETY

Friday November 1st and we were entertained with an illustrated talk by one of our own hon. vice presidents'. Clive Stevens is an authority on the USAAF in England during WW2. The knowledge of his subject is impressive.

Clive explained that from 1942 until the end of WW2 we were virtually "invaded" by American servicemen intent on helping us defeat Nazi Germany. He concentrated on the USAAF 8th Air Force, but the American 9th Air Force were also in England. Essex in particular was the home of the 9th Air Force whilst Suffolk, Norfolk and Cambridgeshire, and Northamptonshire in particular was where the USAAF 8th Air Force bombers were based. They flew the heavily armed B17 "Flying Fortresses" and the Consolidated B24 "Liberator" bombers. The USAAF included airfields, such as RAF Martlesham Heath which was one of many bases from which flew the fighters that escorted the bombers.

The Americans doggedly stuck to high altitude daylight bombing and as with the RAF night bombing campaign, their losses were high.

During WW2 some two million American servicemen passed through England and up to half a million were based, mostly in East Anglia to man and maintain the USAAF.

During the second half of the evening Clive talked about the attempts to reclaim much of what had been hurriedly buried in the vicinity of the many bases.

A vote of thanks was given by our president, Richard Barker.

Our meeting in December is on Friday, 6th December and will feature another old friend of our society. Ken Ellis is a former editor of "Flypast" magazine and aviation author. The subject will be "The De Havilland" story. This should be an evening not to miss!

All meetings are held in the Community Hall, Felxstowe road, IP12 4PB and start at 7.30 with a tea/coffee break. Non members are welcome for a payment of just £4 at the door.

Alan Powell 01473 622458

www.mhas.org.uk

MARTLESHAM COMMUNITY HALL



During the summer period we have been busy installing a Wi-Fi system for our hirers, fitting new doors for the Richards Room, to include the building entrance doors, shutting down the both halls for two days, to enable our contractors to carry out the annual electrical testing, statutory testing of the fire alarms, emergency lighting, fire extinguishers and for our cleaners to apply extra treatments to all the floors and clean above the three feet level as part of the deep clean schedule. All above is very expensive but essential, however we are very grateful to Martlesham Community Council who stepped forward to help with our finances, by reimburse the Wi-Fi installation cost <over one thousand pounds> for equipment and cabling to provide the Wi-Fi system to both the Community Hall and Richards Room.

Following the summer holiday break, we have a couple of vacant sessions in the Community Hall and some afternoon sessions available in the Richards Room. Although we are confident these sessions will be taken up reasonably quickly, the committee thought it would be useful to inform the community first of the availability.

The future of the Community Hall and Richards Room relies on volunteers to share the work load, bring forward new ideas, generate funding via grant applications to meet our aspirations to improve facilities. I have served on the committee since 1987 and will seek nomination as chairman at the AGM in April 2020. However, at the AGM in April 2021 I shall not put my name forward to serve on the committee. We have a vibrant working building complex serving the community, long may it remain.

Please contact the booking secretary or myself if you can help, require any information or come along to our next Committee meeting to be held at the Parish Council meeting room on Thursday 16th January 2020 at 7.30pm.

MARTLESHAM HEATH AVIATION SOCIETY

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AGM

8pm, Tuesday, 3rd December, 2019 at
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Committee Members

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FOOD POP UP SHOP

Food prices rise, clothes get more expensive and bills need to be paid. The financial side of life can become very difficult and we have to make compromises.

At St Michael's we are thinking of how we can help so in January 2020 we are opening a pop up shop. Initially it will open once a month and we'll see how it goes.

The food will come from local shops and supermarkets and we'll be working alongside the Basic Life Charity who will help to get us started.

We will supply a carrier bag which you can fill for a nominal cost (£1 for a small one and £2 for a bigger one). There is no means testing but we may have to limit how much is taken of some products depending on supply.

Our first Pop Up Shop will be held at St Michael's, Martlesham Heath, next to the Green, on Sunday 12 January from 1-2pm with tea and coffee available so you don't have to rush away.

We look forward to meeting you soon.

Rev Margaret Rittman.

WOOLLY WONDERS

This month we'll be off to 'The Maybush' in Waldringfield for a Christmas lunch. Besides meeting to knit & crochet every Thursday we also enjoy the occasional trip out together.

If you're looking for an unusual gift at this time of year, why not think about giving a kit to start a new craft or develop a new skill? Or treat yourself and come and spend some time with us on Thursdays (except Boxing Day) 10-12 at The Runway Cafe? We've always got needles, patterns and yarn to get you started!

MARTLESHAM LADIES CLUB

We finish 2019 with two meetings this month. On 5th December Tina, from Home Instead, will advise us on how to avoid the many and varied scams we are targeted with today. On 19th December we are holding our Christmas Party with entertainment by the Taylor Kemp Trio, and we will have Bring and Share festive refreshments.

Our first meeting of the New Year will be on 16th January when Mr Eric Punaks will be paying a return visit with another one of his humorous talks.

All ladies are very welcome to come to meetings which are held on alternate Thursdays at 7.15pm in the Richards Room.

For more details contact Doreen boar 01473 622768.

A Happy Christmas Everyone!

GOLDEN GIRLS

We are a group of ladies who live on their own and we meet for friendship and mutual support. Our coffee mornings are held on the second Thursday morning of each month at 11am. at St Michael's Church Centre. We frequently go out for lunch and shopping after the meeting and visit Theatres, Cinemas etc. Our next meeting is on Thursday 12th December when we are having drinks and nibbles in the hall provided by the committee.

In January we will be having our Christmas Lunch at The Coach and Horses numbers attending (and the money!) will be needed at the December meeting.

For more information contact Ann Price on 01473 620832

MARTLESHAM ART GROUP - in the Pavilion, Martlesham Heath

If you have ever thought you would like to take up painting or drawing as a hobby and just needed some encouragement, then we could be just what you are looking for. There's no formal tuition, but are happy to share our experiences, be it watercolours, oils, acrylics, pencils or pastels, we'll have a go at most things. Just a friendly group of like minded people who enjoy having a go at creating 'something' while having a chat and a cup of tea! We can even lend you some stuff to get you going to see if it's for you.

We meet on 3 Friday afternoons (usually the 1st, 2nd and 4th Friday in the month) 1.45pm to 3.45pm and would love to have your company. Just pop in, or contact June on 01473 625382 for more details.

Meeting Dates: December 6 only,
January (2020) 10, 24 and 31 /
February 7, 14 and 28

MARTLESHAM HISTORY SOCIETY -

Monday 10 February 2020

The Treasure of Ipswich -

John Field

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Meetings are held in the Pavilion, Martlesham Heath, Ipswich IP5 and commence at 7.30 pm. Admission fee is £2.50 and meetings are open to all

EAST SUFFOLK U3A

There are no talks planned for December, but the programme resumes on 2nd January. U3A promises a warm welcome to existing and potential members. All details of membership are available on: www.a3aeastsuffolk.org.uk or call the membership secretary on 0300 123 3913.

GIPPESWYK SINGERS

LAST NIGHT OF THE PROMS J ANUARY2020

Gippeswyk Singers and Martlesham Brass are thrilled to be joining together once again to present a "Last Night of the Proms" concert to celebrate the New Year at St Michael's Church Centre in Martlesham on Sunday 5 January at 7pm.

The first half of the concert will feature several lovely choir pieces conducted by Geoff Lavery including Lauridsen's glorious "O Magnum Mysterium" and special brass band performances led by Adam Cable, including "Dambusters March", culminating in a delightful medley from Mary Poppins for both band and choir (the audience is invited to join in too!).

After the interval and refreshments, get ready for some patriotic flag waving and heartfelt singing as Martlesham Brass and Gippeswyk Singers lead the audience in the traditional Last Night of the Proms music – a truly joyful celebration of the New Year in the best way the British know how - don't forget to wear red, white & blue!!!

Tickets are £5 at the door or available from choir and band members.

Advance tickets from Michael Dawe, Flocky Cottage, Marlesford Road, Hacheston, IP13 ODP (send a SAE with cheque payable to "Gippeswyk Singers"). Tel: 01728 746441.

Gippeswyk Singers are supporting two local charities with their concerts this season: Inspire Counselling (Ipswich) and Suffolk Wildlife Trust.

For more information and future concerts please visit our website.

www.gippeswyksingers.co.uk

SUFFOLK WILDLIFE TRUST - WOODBRIDGE

In December we return to our regular series of talks. Please join us for a pre-Christmas talk giving an insight into a new, significant and developing area of wildlife conservation. Michael Strand will be talking about "Creating Wildness, A New Approach to Conservation Management on Trust Nature Reserves", on Thursday 19th December at 7:30pm in the Woodbridge Community Hall. Admission is £3.00 Everyone welcome - no need to be a member to attend our talks.

In the New Year Neil Lister will talk to us about some of our local natural history and conservation with the title "Wildflowers and the Work of the Suffolk Coast and Heaths AONB". Please join us on Thursday 16th January at 7:30 pm in the Woodbridge Community Hall. Admission is £3.00. Everyone is welcome - no need to be a member.

Phil Smith 01473 625630

DEBEN ROTARY AND CRUCIAL CREW

The Rotary Club of Woodbridge Deben, in conjunction with the Rotary Club of Framlingham, recently organised a Crucial Crew Week at Stratford St. Andrew Riverside Centre. 870 year 6 pupils from 31 schools attended the half day courses, which included Fire Safety, Internet Safety, First Aid, Road Safety, Healthy Eating and Peer Pressure. Our thanks go to Suffolk Fire and Rescue Service, One Life Suffolk, Suffolk County Council, Turning Point and Cancer Campaign in Suffolk. The photo shows Suffolk Fire and Rescue Service addressing the children on fire safety during the Halloween and Guy Fawkes celebrations.

The Rotary Memory Cafe, which is run by the Rotary Clubs of Woodbridge and Woodbridge Deben, and Woodbridge Inner Wheel, had one of its most successful meetings in October. A capacity crowd enjoyed an interesting and informative talk and display of artefacts by Peter and Victoria Carr of Woodbridge Museum. The Memory Cafe, which is held at Woodbridge Football Club on the last Wednesday of the month from 10.30 to 12.00, welcomes people with all forms of memory loss and their carers. Hot drinks and home made cakes are provided and there is no charge. Our entertainment on Wednesday November 27th will be East Suffolk's premier cake eating ukulele band What No Cake. There will be no meeting in December and the Memory Cafe will resume on January 29th.

Look out for Santa's sleigh on Martlesham Heath on the 3rd, 4th, 5th and 13th December, and in the Thoroughfare in Woodbridge on Saturday December 14th. Our annual Carol Concert takes place on Thursday December 12th at Woodbridge School. Tickets are £12 and are available from any Deben Rotarian or on 01394 386933.

THE DEBEN ROTARY CLUB OF WOODBRIDGE

WILL BE BRINGING SANTA ON HIS SLEIGH AGAIN THIS YEAR

Listed below the routes that he will be coming round.

All money collected is for the Charity Trust fund of the Club from which we support Local, District, National and International Charities. Charity No 1151275.

For more information regarding the Rotary one million plus members in the world, please contact Rotarian Ian O'Brien Baker on 01394 382419, 07747 610 894, ianmeadhome@btconnect.com.

All the Rotary movement hope you have a very happy Christmas and marvellous New Year.

SLEIGH ROUTE 2019'1' Tuesday 3rd..
DECEMBER 2019

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Coopers Road, Avocet Lane,
Swan Close, Lark Rise, Burgess Place.

SLEIGH ROUTE 2019 '2' Wednesday 4th.
DECEMBER 2019

Forest Lane, Harvesters Way, Pine Bank, Holly End, The Oaks, Heathfield, Heathfield Mews, Heather and Digby Close, Mayfield and Mayfield Lane.

SLEIGH ROUTE 2019 '3' Thursday 5th.
DECEMBER 2019

Squires Lane, Park Place, Peel Yard, Demesne Gardens, The Grove, Parkers Place, West lands, Warren Lane, Broomfield and Whinfield and their Mews

SLEIGH ROUTE 2019 '4' Friday 13th.
DECEMBER 2019

Farriers Close, Stable Court, Hunters Ride, The Chase, DeBrink on the green, Valiant Way, Saddlers Place, Carlford Close, Manor Road. SLEIGH and SANTA WILL BE IN THE THOROFARE IN WOODBRIDGE

On Saturday Morning 14th. December from 9.30a.m. to 2.30p.m. outside the HSBC Bank.

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martlesham monthly

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We need someone who can help us once a month
to deliver in these areas

Mill Heath

Falcon Park

If you can help please contact

Rob Webb

T: 01473 625786, Mob: 07860 243625, Email: webbrn@btinternet.com

A WINTER WONDERLAND CONCERT

On Friday 13th December the Suffolk Constabulary Male Voice Choir and the Birkbeck Singers present Winter Wonderland, a concert featuring winter themed melodies, light choral and traditional songs. The concert which is in aid of ActivLives and Fresh Start New Beginnings is at the Methodist Church, Black Horse Lane, Ipswich, IP1 2EF commencing at 7.30pm. Tickets costing £10.00 each are available from 01449 672600 or by emailing scmvc@scwade.eclipse.co.uk

For more information visit

www.suffolkconstabularymalevoicechoir.co.uk/winterwonderlandconcert.html

MARTLESHAM CARPET BOWLS

The Club has had some better results in the last three weeks, winning two matches 8-2 and losing one by the same margin. The victory at Bentley was especially welcome as well as the closely fought home match against Copdock and Washbrook in which two games were won by a single shot. It was unfortunate that we had two key players sick and one unavailable against Claydon, which is one of the strongest teams in the division. This was the match we lost.

The Club singles competitions are off to a slow start mainly because they are usually played at tea breaks but we avoid Tuesdays when there are matches in the evening. We have five Tuesday matches between mid-October and mid-November, so delays will continue for a while.

Vic Harrup

WOODBIDGE LIBRARY EVENTS

PLEASE NOTE THAT WOODBRIDGE LIBRARY WILL BE CLOSED ON TUESDAY 24TH, WEDNESDAY 25TH & THURSDAY 26TH DECEMBER.

Throughout December – Continuing the sale of donated books and DVDs

Stuck for a Christmas present for someone? We have lots of lovely brand new donated books and DVDs which would make the perfect gift! All proceeds go to the Friends of Woodbridge Library.

Sunday 1st December – Tuesday 31st December – ArtLib – Work by the Blaxhall Art Group

For further information about the group contact Joyce Iszard 01728 688452.

Thursday 5th December, 10am-4pm – Meet local author Pauline Manders

This is an opportunity to chat to the author of the Suffolk-based Utterly Crime series. Her latest, "Utterly Roasted" is the eighth in the series. It stands alone but we see the return of many characters met before.

Buy a copy of this or another of Pauline's books and get it signed. Wine or fruit juice and mince pies also available!

Friday 6th December & Friday 13th December, 10.30am-12.30pm – Active Lives Singing Group

Feel your spirits lift and find a new confidence in singing. Learn some new songs and learn harmonies to songs you know. Improve your breathing, your circulation and have some fun! Take some time out to relax and make music with others. £5 per session.

For more information call Gina Silburn or Julie Stokes on 01473 345350 or visit the Active Lives website www.activlives.org.uk

Friday 6th December, 7.30pm - A Christmas Carol performed by James Hornsby

James Hornsby is making his third visit to Woodbridge, this time for a one-man performance of Charles Dickens' A Christmas Carol. Tickets cost £10 including an interval drink and mince pie and are available from Woodbridge Library or by phoning 01394 330855.

Tuesday 10th December, 10am-12 noon – Realise Futures Walk-In Advice & Guidance Session for People with a Learning Disability and/or Autism

Come along to a Realise Futures walk-in advice and guidance session. They can provide support, advice or information on housing, employment, benefits, training, money, travel, safety, health, bills/letters, social. There is no need to book an appointment. Contact Realise Futures to find out more about this service and what's happening in your local area.

07753 447607 info@realisefutures.org
www.realisefutures.org

Wednesday 11th December, 10am-12 noon – Veterans' Coffee Morning

Open to veterans, serving personnel and families. Come along and meet like-minded people for tea, coffee and a chat. Organised by The Matthew Project – Outside the Wire.

For more details contact: 01603 626123, otw@matthewproject.org, www.matthewproject.org

St Mary's Church, Martlesham God's Family @ Church

A new, monthly, service for all the community.

All welcome for our first service: Christingle.



When: Sunday 8th December @ 11am.

Where: St Mary's Church, Church lane.

Contact: toby@martleshamcofe.org.uk



Martlesham Benefice.

**THE ORWELL SINGERS CHRISTMAS
CONCERT**

The Orwell Singers'

Christmas concert entitled

'Season's Sparkles'

will be held on

Saturday December 7th

7.30 pm

St Michael & All Angel's Church,
Martlesham Heath, IP5 3PL.

It will be the Singers' first concert
with new Musical Director,
Lindsay Gowers, with piano
accompanist, David Christie and
guest flautist, Jennie Francis.

Admission will be payable at the
door, £8.00 for adults and free for
accompanied children and will
include sherry and mince pies.

For further details, visit our website
www.theorwellsingers.co.uk
email d.sharman@btinternet.com
tel 01473 635955

Getting Ready

I don't know about you but I'm terrible at getting ready for things. I have great intentions but still seem to leave most things to the last minute. We'll be off to visit the grandchildren in Germany sometime this month so it's not just the usual clothes which need to be thought about, it's also the Christmas presents and the shopping list of items they find difficult to buy at their local supermarkets. We could never fly, unless of course we leave the clothes and toothbrushes behind and only take the stuff for the family!

December sees the church's season of advent – a time of preparation, not only for Christmas, but also for ourselves and the next time Jesus comes to Earth, whenever that might be. Christmas is fine – we have enough reminders from the shops and adverts to remind us it is getting closer. But what about ourselves? Do we ever really think about the way we live our everyday lives and the impact it has on our world? A modern perspective on Advent looks at a different emotion each week – Hope, Peace, Joy, Love. Perhaps if we could spend a little time each week of December, thinking about these emotions and their impact on our lives and our world, we can begin to make the world a better place.

*Rev Margaret Rittman
Martlesham with Brightwell.*

HEADWAY SUFFOLK DEMENTIA GROUP - MARTLESHAM

Brain injury charity Headway Suffolk runs a monthly social support group for people living with dementia in Martlesham.

It takes place every fourth Thursday of the month at St Michael's Church Centre, The Drift in Martlesham from 11.45am – 3.15pm. The person with dementia must be accompanied by a carer.

The group partake in a variety of stimulating and engaging games and activities. It costs £6.50 per person, which includes a fish and chips lunch and refreshments.

The next date the group meet will be in January 2020.

If you would like to make a referral or want to volunteer (as below), contact Maureen Howes on 01473 712225 or email: maureenhowes@headwaysuffolk.org.uk.

Can you volunteer some time to help us?

The groups rely on the goodwill of volunteers to help in the kitchen, with preparations and tidying away, as well as engaging clients in discussion and with various activities, such as indoor games, cognitive exercises and singing

Find out more at: www.headwaysuffolk.org.uk/dementiamartlesham..

THE MOTHERS UNION.

The Mothers Union is meeting on
December 4th for our Christmas party
for members and invited guests at
2.30pm in St Michael's Church Centre.

There is no meeting in January.

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for
evenings throughout the year, morning
and afternoon sessions are available.

The hall is ideal for small groups who
need to meet at a reasonable cost,
discount for residents of Martlesham.

*For any queries or bookings please
contact 01473 623655.*

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great
location for children's parties at the
weekend.

You can check availability and book the
Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking
secretary:

email: bookingsecmhp@gmail.com
phone: 07732 199712

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham
Community Hall or the Richards Room
please telephone the Booking secretary
on 01473 623203 who will be available
to help you with your enquiry or will
telephone you back (please speak slowly
and repeat the number)

Alternatively e-mail

martcomhall@btinternet.com

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THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTER: The Revd Margaret Rittman Woodlea, The Street, Martlesham
07914 771061 (working days: Sunday, Wednesday, Thursday)

CURATE: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Carolyn Smith 74 Heathfield, Martlesham Heath
Malcolm Rittman, Woodlea, The Street, Martlesham

ELDERS: Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (evening only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Brightwell St John's
Sunday 1st December	9.45am All Age Holy Communion	11am Holy Communion (Prayer Book)	9.30am Holy Communion
Sunday 8th December	9.45am Holy Communion with Junior Church	11am God's Family@Church Christingle	6.30pm Evensong
Sunday 15th December	9am Breakfast@9 Nativity	11am Holy Communion	6.30pm 9 Lessons & Carols
Sunday 22nd December	9.45am Holy Communion with Junior Church	6.30pm 9 Lessons & Carols	6.30pm Evensong
Monday 23rd December	7pm Carols in the Square		
Tuesday 24th December Christmas Eve	3pm Family Carol Service 11.30pm Holy Communion		
Wednesday 25th Christmas Day	9.45am All Age Celebration Holy Communion	11am Christmas Holy Communion	9.30am Christmas Holy Communion
Sunday 29th December	10.30am Benefice Service Holy Communion		
Midweek Services	Holy Communion each Wednesday at 10am in St. Michael's (except for Christmas Day) A warm welcome awaits you at all our services		

Prayer Diary Please include the following as an addition to your daily prayers

December

- 5 Pray for all those affected by natural disasters
- 6 Pray for all those who work in The Square
- 7 Pray for all charity workers
- 8 Give thanks for our friends & families
- 9 Pray for food banks and all those who use them
- 10 Pray for all refugees
- 11 Pray for the residents of Holfen Close
- 12 Pray for unity following the General Election
- 13 Pray for postal workers at this very busy time
- 14 Give thanks for those who look after our village
- 15 Pray for all Nativity plays taking place today
- 16 Pray for Carols in the Square
- 17 Pray for all volunteers
- 18 Pray for the residents of Holly End
- 19 Pray for all those who work in our NHS
- 20 Pray for school children at the start of the holidays

- 21 Pray for all farmers and fishermen
- 22 Pray for those who are persecuted for their faith
- 23 Pray for the residents of Horseman Court
- 24 Pray for those who will be alone this Christmas
- 25 Celebrate the birth of Christ Jesus
- 26 Remembering St Stephen the first Christian martyr
- 27 Pray for all those working in care homes
- 28 Pray for all homeless people
- 29 Pray for the Benefice service taking place today
- 30 Remember all those who are mourning
- 31 Pray for the residents of Hunters Ride

January

- 1 Pray for a happy & peaceful New Year
- 2 Pray for The Queen & the Royal Family
- 3 Pray for those who maintain our roads
- 4 Pray for the work of Street Pastors



TAI CHI / QIGONG

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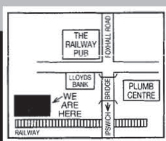
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