

Martlesham Monthly

JUNE 2026 • Produced and Distributed by Volunteers

www.martleshammonthly.com | 



Birchwood Primary School PTFA

SUMMER FETE

Saturday 13th June
11.00am - 3.00pm
On The Village Green,
Martlesham Heath

All the community are invited!

EXHIBITIONS

Come and see the **LARGE FLYPAST** at about 12.30pm!

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Martlesham Monthly

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The copy deadline for issues is the 12th of the previous month.

Contributors are requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.

Commemorative Trees of Martlesham - Martlesham Community Hall

On the left as you drive into the entrance to Martlesham Community Hall, off Felixstowe Road, there is a line of commemorative trees for services to the community, which feature a variety of foliage shapes, blossom and colour through the year.

They are a variety of Bird Cherry, *Prunus padus* 'Grandiflora', for B.E. Harvey, a purple leaved variety of Norway Maple, *Acer platanoides* for Horace Hart (plaque missing), a double flowered Wild Cherry, *Prunus avium* 'Plena', (plaque missing), a variety of Silver Birch, *Betula pendula*, Martlesham Conservation Group (plaque missing), and a Beech, *Fagus sylvatica*, for Ivor Richards, (plaque missing).

The glade behind comprises of trees planted by Martlesham in Bloom, and trees planted in 1994 by Martlesham Parish Council to commemorate 100 years since the parish council was formed in 1894.

This glade can be enjoyed by walking through and/or sitting on the picnic bench or seat.



GIRLGUIDING

Currently we have 1 Rainbow Unit (ages 4 – 7), 1 Brownie Unit (ages 7-10) & 1 Guide Unit (ages 10-14) meeting on the Heath.

If you are interested in joining as a young member, or helping as a volunteer, please contact www.girlguidingsuffolk.org.uk & select the "join" or "volunteer" buttons on the home page.

Come & join the fun & start your guiding adventure today!"

1st MARTLESHAM SCOUTS

We have Beavers (6-8) who meet each Tuesday, Cubs (8-10.5) each Monday, Scouts (10.5-14) each Thursday and Explorers (14-18) who meet the first Monday of each month

For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk
For becoming a helper or hiring the Scout HQ, please contact Lindsay lindsayfw@msn.com

MOBILE LIBRARY TIMES

Tuesdays (Route 10)

Angela Close: 1.30-1.45pm

Bridge Farm Day Nursery 1.50-2.20pm

Falcon Mobile Home Park: 2.30-2.55pm

Douglas Bader: 3.00-4.15pm

Tue 2 Jun 2026

Tue 30 Jun 2026

Tue 28 Jul 2026

Thursdays (Route 3)

Play2Day Nursery Gloster Road 10.10 - 10.40,

Douglas Bader: 10.50 - 11.50

Thu 18 Jun 2026

Thu 16 Jul 2026

Thu 13 Aug 2026

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of volunteers funded entirely by donations who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact johnny.dixon@btinternet.com

POLICE

In case of emergencies please always call 999.

In non-emergency situations call the new number 101

Email the Safer Neighbourhood Team woodbridge.snt@suffolk.police.uk

Martlesham Council

Diamond Jubilee Bike Trails

We are please to confirm that we have secured funding to carry out upgrades at the Diamond Jubilee Bike Trails off Black Tiles Lane.

We would be pleased to receive any input from members of the community who use the Bike Trails and in particular any of you who may have been present when they were originally formally opened on the 9th September 2012. Please contact us through:-

enquiries@martleshamcouncil.org.uk

Portal Woodlands

Thank you to East Suffolk District Council and members of our Community for their support of our application for Portal Woodlands to be listed as an Asset of Community Value.

If you wish to receive any updates in respect of Portal Woodlands, please email:-

enquiries@martleshamcouncil.org.uk and we will add you to the electronic mailing list, please note that any information provided to us will be used for Portal Woodlands updates only.

Neighbourhood Watch

23rd June 11:00 – 12:00, Parish Room, Felixstowe Road. Guest speaker from Suffolk Trading Standards (Doorstep/ Online Scams, what to look out for).

You can join the Martlesham Parish Council Scheme by using the link below:-

Find my local scheme | Neighbourhood Watch Network Scheme Number 00182752.

Forthcoming Parish Council Meetings

Full Council Meeting – Wednesday 3rd June

DETC – Wednesday 17th June

Full Council Meeting – Wednesday 1st July

Recreation & Amenities Committee – Wednesday 8th July

Full Council Meeting – Wednesday 2nd September

All meetings are held in the Parish Room, Felixstowe Road, Martlesham, IP12 4PB and are open to the Public (please check our website/noticeboards before attending).

Contacting the Parish Council

Telephone 01473 612632,

Email -

enquiries@martleshamcouncil.org.uk,

Social Media Platforms -Facebook, Instagram, LinkedIn.

Web enquiries -

www.martleshamcouncil.org.uk

Duncans Butchers and Bakery

We would like to reassure everyone that we are not closing, but we have put the shop up for sale. Having had the shop for 25years we are now looking to hang up our aprons and retire.

Rest assured that we are continuing to look for the right people to carry on our Village Butchers and Bakery.

Duncan and Sue Foulger

Pop Up Shop

St Michael & All Angels Church The Green, Martlesham Heath

**Every 2nd & 4th Sunday of the month
11.30am- 12pm**

Finding food bills a challenge?

Come and fill one of our carrier bags for £2

June 14 & 28

All are welcome to join us for our church service at 10am and/or tea and coffee at 11am



A photo of the tree on the small green on Avocet Close in flower. , sent in by Dee Knights.

Martlesham Heath Control Tower Museum

opens

Every Sunday Afternoon

**from 2:00p.m. to 4:30 p.m.
until 25th October.**

Entry is FREE. It is behind Parkers Place, off Eagle Way, Martlesham Heath, IP5 3UZ

**All enquiries and pre-booked visits at other times,
please call 07 7077 11104**

Martlesham Heath Householders Limited

MHHL Website

If you have a query about Martlesham Heath Householders Limited, please go to our website at <http://www.mhhl.co.uk/> www.mhhl.co.uk Birchwood Primary School PTFA Summer Fete

The Birchwood Primary School PTFA Summer Fete is scheduled for Saturday, June 13, 2026, from 11:00 am to 3:00 pm on the Martlesham Heath Village Green. The event features free entry and typically includes stalls, games, and a cake stall, with inquiries for stalls managed through their PTFA Facebook page.

Bicycle Ramps

As previously reported, bike ramps have been reported in the area - one on the SSSI towards Dobbs Lane, another one on Grainger's plot between York Road and Mayfield Lane and another in Birch Woods. Please be aware that the building of such ramps is not allowed. Building bicycle ramps or trails on land without the owner's permission is considered illegal, acting as a form of trespassing and damaging personal property. While sometimes done by enthusiasts, unauthorized trail building can create significant legal, environmental, and safety risks.

Please note the following -

- ***Liability:** If someone is injured on an unauthorized ramp, the builders or landowners could potentially be held liable.

- ***Trespassing and Damage:** Building without permission is illegal, and perpetrators can face charges for property damage or trespassing.

- ***Safety Hazards:** Unofficial jumps can be built with poor design, unstable materials, or in hazardous areas, causing severe injury risks.

- ***Environmental impact:** Digging, altering drainage, and cutting through vegetation can damage habitats and create long-term issues for wildlife and the land itself.

The good news is there are plenty of fantastic, free local places to ride which are designed to be safe, maintained, and insured.

You can enjoy properly built dirt jumps and trails at the Diamond Jubilee bike trails behind Carol Avenue with access off Main Road in Martlesham, the new bike facility at the Millenium Sports Ground in Kesgrave is great, and Twisted Oaks at Brightwell Country Park has challenging courses and technical teasers.

There are also great options around Ipswich, including Holywells Park, Christchurch Park, Orwell Park and Alton Water.

These places exist so everyone can ride safely, progress their skills, and keep access open for the future. Let's keep the woods respected and protected - and support the places that are built for riding.

Annual General Meeting

The Martlesham Heath Householders Limited AGM will take place on

Wednesday 10th June 2026 at the Martlesham Heath Pavilion starting at 8.00pm.

All members/owners will already have received the notice. Please take time to read the notice and attend the meeting. It is an ideal time to ask questions and learn more about what is happening on Martlesham Heath.

Volunteers

This is a call to any residents who would like to volunteer a bit of time. It is important that a good base of volunteers is maintained. For anyone interested it is a good opportunity to see what goes on behind the scenes and have your say on a variety of issues that arise from time to time. Should you be interested please leave a voicemail on 01473 612207 or send an email to martleshamheathhouseholders@gmail.com

Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.



MARTLESHAM IN BLOOM

Help Celebrate the Parish of Martlesham

Martlesham in Bloom's 30th Anniversary will be in May 2027. We are going to put together a portfolio celebrating the Parish of Martlesham which will provide a record for the future, including events and activities that will take place during the coming months. Any posters, photographs or information from societies, groups etc. are welcome to be included.

If you have any photographs of the parish you might like to have included do send them into our email address or give us a ring if you only have hard copies. Please check with anyone shown in your photos that they give permission for them to be used.

This month is a perfect time to plant out summer flowers in your outside space, as all risk of cold weather should have hopefully passed! Summer flowers such as Petunias, and Impatiens make a good splash of colour, and others such as Antirrhinums (Snapdragons), Alyssum, and Bacopa (now botanically reclassified as Chaenostoma cordatum) are also appreciated by pollinators, as are single flowered varieties of Fuchsias and Dahlias.

It is interesting to look out for wildlife living on your plants, many are food for other creatures! Having a good mix of wildlife of all different types helps make your garden more biodiverse and healthier.

Enjoy your outdoor space this June.

For further information about Martlesham in Bloom please contact: martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on Tel. 01473 625196

Activities sheets for preschool aged children.



Would you like to receive them?

At the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or a story from the Bible. Last month we looked at the story of the lost sheep with a puzzle to help find it; earlier the sheets were about the disciples being helped by Jesus to catch enough fish with pictures of fishes to colour and cut out.

If you have or look after a child/children of pre-school age, or slightly older and would like to receive our activity sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact: Sonya & Maureen Burrows

Tel.01473 625196



Hedgehog Nursery at Gorseland Primary School

The Hedgehogs have had a great start to the Summer Term; we had a very exciting parcel delivered - inside were baby caterpillars.

We enjoyed watching them grow and learnt about their lifecycle as they turned into butterflies. We continued the mini beast theme, learning lots as we ventured to forest school and in our garden. Did you know bees have 5 eyes?

In P.E. we have been using the apparatus, climbing onto and under the benches and more recently we have been out on the field practising our skills for sports day.

Our families were invited in to celebrate the whole school's special 'Community Day' and we enjoyed waving our flags to everyone. We also had a parent share event in Nursery where we made lots of Spring creations.

We continue to enjoy the sunny weather having lots of fun playing in the water trays, as well as creating our own race tracks for our wheeled vehicles.

Do you have a child aged 3-4 years old? Are you looking for high quality care and learning in a stimulating environment? Have you thought about the huge benefits of sending your child to a school Nursery?

Hedgehog Nursery is open Monday to Friday for 3 and 4 year olds during term time. We offer wrap around care from 7:30 to 18:00 with our breakfast and afterschool clubs.

Hedgehog Nursery is part of Gorseland Primary school and is led by a dedicated team of qualified and experienced staff. We are very lucky that we have the use of the school's fantastic facilities including our forest school, library, large sports hall and extensive grounds to explore. This makes our provision very special. We provide a learning atmosphere where children can explore and investigate in a safe, stimulating and challenging environment. We capitalise on the children's interests to springboard them into learning experiences that extend what they can already do.

If you are 'curious' and have a 3 or 4 year old, please don't hesitate to book a tour of the Nursery, via the school's website, or contact the School Office instead on 01473 623790. We warmly welcome families from our community to come to see us.

Exciting times continue at Suffolk County Music Service!

Next in our busy summer programme is our Annual WCIT Festival. 'WCIT Fest' celebrates a year of music-making in Suffolk schools, bringing together large numbers of young musicians. Events take place from 15 - 26 June at venues in Bury St Edmunds, Ipswich and Lowestoft. Parents are invited to attend afternoon performances, giving children the opportunity to rehearse and perform together - often for the very first time.

Applications are now open for talented young musicians to join our County Music Groups, Suffolk's flagship youth ensembles offering a season of high-quality music-making. Open to brass, percussion, string and woodwind players, our County Ensemble programme offers a rich variety of opportunities throughout the year, including Suffolk Youth Orchestra, Suffolk Youth Wind Band and Suffolk Young Strings.

Participants can enjoy rehearsal days, an Easter residential course, prestigious concert tours (this year to Spain and Sweden), and performances at leading venues such as The Apex in Bury St Edmunds and Snape Maltings Concert Hall.

Remissions are available to support families who may need financial assistance, helping ensure that all young people have the opportunity to take part. To find out more about the wide range of activities available for children and young people across the county, please visit: www.suffolkcountymusicservice.co.uk/take-part.

CommuniTEA Natter

MARTLESHAM

1st Martlesham Scout Hut, The Drift, Martlesham Heath, Martlesham, Ipswich, IP5 3PL

Second Tuesday of The Month, 10am-12pm

Dates: 14th April, 12th May, 9th June, 14th July, 11th August, 8th September, 13th October, 20th November, 6th December, 12th January 2022, 9th February 2022, 6th March 2022

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Photos: Suffolk Youth Wind Band
Suffolk Youth Orchestra, Lower Strings



Pupils participating in WCIT FEST '25 ©Suffolk County Music Service



Martlesham Conservation Group

We have a number of Nightingales out on the heath SSSI and in our woodland this year.

They like the thicker more bushy vegetation, with the males giving vent to their complex and varied song from deep in a bush, which makes them difficult to see. They can get very loud especially if adjacent males are competing against each other to defend their territory. They will often sing through the night and large parts of the day and can usually be heard singing through into early June but then go quiet. Listen out carefully before the first week of June as this could be your last chance to experience this wonderful birdsong until next year.

Other migrant birds that have been making themselves heard include the Whitethroat, Lesser Whitethroat, Garden Warbler and Blackcap. The Blackcap also has a rather beautiful song, but not as rich and varied as the Nightingale, and with less harsh notes. A cuckoo has also been heard. Stonechats and Dartford Warblers have also been around.

Whilst the spring is the main period when reptiles emerge and are more easily seen basking, they are also present throughout the summer and sometimes occur in semi-shaded areas. Being cold-blooded they need to ensure they do not overheat so semi-shade allows them to regulate their temperature.

Please can we urge all you to take great care to look after our native reptiles, and if you are a dog owner please walk your dog on a lead to avoid injury. Our native reptiles are protected by law in Great Britain. It is illegal to deliberately kill, injure or sell/trade in them. They are all declining and need all the help they can get.

The spring butterflies such as the bright yellow Brimstone, Orange Tip, multi-coloured Peacock, Holly Blue, Small Copper, Green Hairstreak and Brown Argus have appeared on warm days. By June, these earlier spring species will disappear, then late spring and summer species appear. Look out for Common Blue, Meadow Brown, Gatekeeper, three types of Skipper, Silver Studded Blue, and Purple Hairstreak. June can be an especially good month for butterflies and in some very good years if conditions are favourable, it may be possible to see about 18 species on a single day out on the heath

June should see the emergence of the adult Silver Studded Blue butterflies on the heath; the caterpillars of these small blue butterflies use heather (and some other heathland plants) as their food plant but also involve small black ants in their life-cycle. Both need to be present for a successful colony. Earlier in the year in April we deliberately created small patches of bare ground in order to encourage these ants and other ground dwelling insects. Later in June (probably in the fourth week) we will attempt to count these butterflies on the heath SSSI and Common. Please get in touch if you would like to be involved. Numbers were low last year and so we may need to search hard. Much of the work of heathland conservation involves trying to control different groups or species of plants so they do not become too dominant over key plants especially heather. In the summer the main invasive plant is bracken.

We will begin work on controlling invasive bracken that threatens to choke out the heather and acid grassland that is more beneficial for a wide range of wildlife at our practical work party on **Sunday 7th June at 10am**.

Please meet on the Martlesham Heath SSSI by the bank that runs east-west just along from the signboard between "Heathfield" and "The Oaks"

Please contact me if you are interested in taking part in any of our work parties or wildlife surveys and please let us know if you have any interesting wildlife observations.

Phil Smith 01473 625630 martleshamconservationgrp84@gmail.com



Suffolk Wildlife Trust

Woodbridge Wildlife Group

Many grateful thanks to those who supported our Plant Sale in Martlesham Community Hall on Sunday 3rd May. It was a good afternoon and we raised £1254 towards our conservation work for wildlife in Suffolk.

It was also great to have a Nightingale on the common serenading us in the car park of the Community Hall.

We have some walks coming up in June in search of Nightjars and Glow Worms at our Blaxhall Heath nature reserve from 9-15pm to 10-30pm on the evening of Friday 19th June and repeated on the evening of Friday 26th June at the same time (both are weather dependent).

Meet at the Sandgalls car park (OS Grid Ref TM 382 559,

What3words: euphoric.romantic.fronts).

Places are limited so advanced booking (ideally online) is essential.

Phil Smith 01473 625630

swtwoodbridge@outlook.com

Portal Woodlands Conservation Group

April brought wonderful displays of bluebells (*Hyacinthoides*) for visitors to enjoy, while our Volunteers worked hard to continue clearing the overgrowth on the southern Bronze Age burial mound (tumulus).

Our next work morning is Sunday 14th June, from 10:00 to noon, meeting at the Education Area.

New volunteers of all ages and abilities are always welcome; no experience is needed.

For further information, please contact us at pwcg.martlesham@gmail.com, phone 01473 612632, visit our website: www.martleshamparishcouncil.org.uk/what-we-do/portal-woodlands-working-group, or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman

Photos S Corley





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MARTLESHAM CLIMATE ACTION

Scam Awareness

As a volunteer at the Deben Climate Centre, we sometimes get asked for a home visit to advise on energy bills, insulation, grants, solar panels etc. Recently a resident came in with a quote resulting from a cold call offering a free solar panel review. The person who came round suggested that the inverter needed changing as it was 'underperforming' and they should have a new one. He quoted over twice a reasonable cost for a new inverter and when I went round, it was clear that the solar was still generating and the inverter still working.

We have heard other stories of similar cold calls so be aware and never go through with a visit. You should always get more than one quote if there is a problem with your existing solar system or you are looking for a new system (we can suggest installers we are happy with or use the Suffolk County Council trading standards 'trusted trader' directory).

You should always have call screening on a phone so you can see who is calling. Most cold callers will give up when an answering message cuts in!

Martlesham Repair and Climate Advice Hub

The next Repair Hubs are 10-12, on Saturday 13th June and Saturday 11th July in the Parish Room (old Felixstowe Rd near big Tesco's) as usual.

If you have items to repair, you can also take them to the Repair Shed off Sandy Lane. See <https://suffolkrepairshed.org>

I should also be there with information and leaflets on insulation, warm home grants, solar PV, heat pumps and other advice on how we can all do our bit to tackle an increasingly scary climate crisis and save on energy bills.

Alternatively, why not drop into the Deben Climate Centre floating hub at Whisstocks in Woodbridge (by the Quay café) for advice. It is staffed by volunteers 10.00 – 13.00.



Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)

Website:

www.martleshamclimateaction.onesuffolk.net

E-mail:

martleshamclimateaction@btinternet.com

Bluesky: @martleshamca.bsky.social

How does it feel to move effortlessly and confidently?

During our life, we accumulate habits, behaviours, ways of holding ourselves and styles of breathing which become part of the way we are.

Some of these accumulated habits may have an impact on our range of movement. Tension can affect our ability to breathe effectively and as we go on, we may start to feel less mobile or have less energy and vitality. These changes affect our overall sense of wellbeing and zest for life. So what can we do to regain our sense of effortless and confident movement?

As a yoga teacher it gives me huge pleasure to design sessions which enable my clients to become more aware of their bodies, release tension, build strength and take control of their breathing. I study regularly with Gary Carter of Natural Bodies www.naturalbodies.co.uk and his belief is that we should be able to "feel the quality of movement as a whole being". This

learning means I bring to my clients some of his leading-edge teaching, understanding of anatomy and the role of the body's fascia in maintaining health.

I believe that yoga can benefit everyone at all stages of life and my youngest client is 14 and my oldest is 92!

If you would like to discover freedom of movement, ease of breathing and improved mental wellbeing then please get in touch with me. I offer weekly group yoga sessions in Melton (spaces available) and in Martlesham Heath and I also offer personalised yoga sessions, where I design a yoga plan specially for you, at the Woodbridge Complementary Health Centre www.wchc.info and online using Zoom

You can get in touch with me through my website www.izzyyoga.co.uk or by email at izzy@bluepebblecoaching.co.uk. And you can book a free consultation at the Woodbridge Complementary Health Centre on 01394 388234. I'd love to meet you.

ROTARY MEMORY CAFE

The Memory Cafe, which is run by the Rotary Clubs of Woodbridge and Woodbridge Deben, supported by Woodbridge Inner Wheel, continues to flourish at our meeting place at Woodbridge Football Club.

Here we welcome sufferers of all forms of memory loss accompanied by their carers to meet in a relaxed and informal atmosphere.

We provide memorabilia, entertainment, and refreshments and offer carers the opportunity to exchange information with others.

The sessions are held on the last Wednesday of every month, except December, from 10.30 to 12.00 at Woodbridge Football Club in Fynn Road.

There is no charge and no need to book.

If you would like any more information please contact the Woodbridge Deben website at mail@debenrotary.org.uk

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MARTLESHAM HEATH AVIATION SOCIETY

The Society held it's Annual Meeting Friday 1st May. The Event started with our President Roger Harrison giving his thoughts on the past year... and then introducing our new Chairman Maggie Aggiss, for her first such Report.

The Society and Control Tower Museum have both had successes. The Monthly Meetings have welcomed a really good and much appreciated string of Speakers, with every Meeting adding to the Society Funds. The money of course goes to the Monthly Meetings, being able to book top line Speakers for future Meetings and is in a financially healthy state.

Society Membership continues to grow, and (as explained by our Treasurer Pat Lisseman). We have experimented by having a couple of Saturday afternoon Film Shows – showing documentaries from a couple of sources. Both had presentations created by local Producer Tim Curtis. The second one was a little seen video produced by the Wattisham Airfield Heritage Group.

We have already booked the Community Centre for another Film Afternoon in October. More information nearer the time. We continue to take the RAF Martlesham Heath story out to other organisations.

I am delighted to report that, with generous help and encouragement of John Fenton, (who owns the land) the painting of "St Francis of Assisi" on a Pump House at The Sinks (off the A1214 in Kesgrave, has been beautifully and skilfully repainted and refreshed by a lady called Theronda.

Some readers may wonder what this has to do with RAF Martlesham Heath!

It was painted in 1944 by an American Airman, serving on Martlesham Heath with the United States Army Air Force, who was convalescing in nearby Bracken Hall.

The mural is worth a look. On it you will see the words "Pray for Peace 1944" – a sentiment worth following in the current worrying times. The image is copied onto our Society website.

Back to our Society. We have a really good stream of future talks.

The next one is by Rich Green, who spent his early years on Martlesham Heath, and fondly remembers his time here. He wanted to return and tell us how he has got on since with "Serving the RAF in the Twilight of the Peace Dividend - My Perspective on New Threats and Modern Challenges".

With 17 years' experience as a Royal Air Force Engineer Officer, Squadron Leader Dr Rich Green presents a series of personal reflections and anecdotes that highlight opportunities and dilemmas as a Serving officer in an increasingly unstable geopolitical and economic world.

The meeting is on Friday 5th June, at 7:30pm, at the Martlesham Community Centre, Felixstowe Road IP12 4PB (the road behind Tesco's)

Pay £3 (members) or £5 (non-members) at the door – no need to pre-book.

On Friday 3rd July James Blackwood will enlarge on "RAF World War 2 Photo Reconnaissance".

Our Coach trip to RAF Cosford on Thursday 6th August is now fully Booked.

The Control Tower Museum is now open every Sunday afternoon from 2:00 pm, to 4:30 and visitors are now enjoying the changes we have made over the winter. We have spent a fair amount of time and money updating various areas, and we have had some very interesting donated items.

Pre-Booked Group Bookings at other times are now ramping up.

We are still working on a new display on National Service Airmen who came to the

airfield before the scheme ended on May 16th, 1963.

If your Family has any stories of Conscripts who served at Martlesham Heath do get in touch.

Planning is advanced on Special Control Tower Open Day, this year on Sunday 13th September. If you know of a display or attraction new to us, do make contact – we may have room for one or two extra.

The Control Tower Museum is behind Parkers Place, off Eagle Way, IP5 3UZ

Finally, a reminder that anyone coming to our Monthly meetings or The Control Tower Museum can join the Society on arrival and immediately get a £2 discount on any Meeting they attend and also other benefits.!

BAWDSEY RADAR MUSEUM

Activities continue at the block this month.

The Museum is open every Thursday, Sunday and Bank Holidays.

Sunday 24th May sees a veteran car run stop at the Museum, while on 24th and 25th May, the popular 1940s Café will be in operation too.

The Museum will also be present at the Suffolk Show on 27th and 28th May at the Trinity Park Show Ground.

Amateur radio station GB2BRS will be operational on certain days over the summer, including 18th June. Come and say hello to the world!

The second series of our podcasts "Echoes of Bawdsey – The Story of Radar" will also be rolling out over the summer. Available on our website and most audio streaming sources.

Further details of all our activities may be found on our website: www.bawdseyradar.org.uk

For more information contact info@bawdseyradar.org.uk or phone 07821 162879.



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BADMINTON IN KESGRAVE

Woodbridge Badminton Club is now running a summer badminton club on a pay-as-you-play basis at the Kesgrave Community Centre Sports Hall on Thursday evenings 8pm - 10pm.

This will run until the end of August. The cost is expected to be £6 per session.

For latest details check out our website at <https://www.woodbridgebadminton.co.uk> or email jim.cavanagh955@gmail.com or ring Jim Cavanagh on 0780 323 2892.

We welcome a range of abilities but unfortunately not complete beginners.

Our league matches and junior sessions have finished for this season but will restart in the autumn. The junior section currently has a waiting list.

MARTLESHAM BOWLS CLUB

Would you like to try playing bowls?

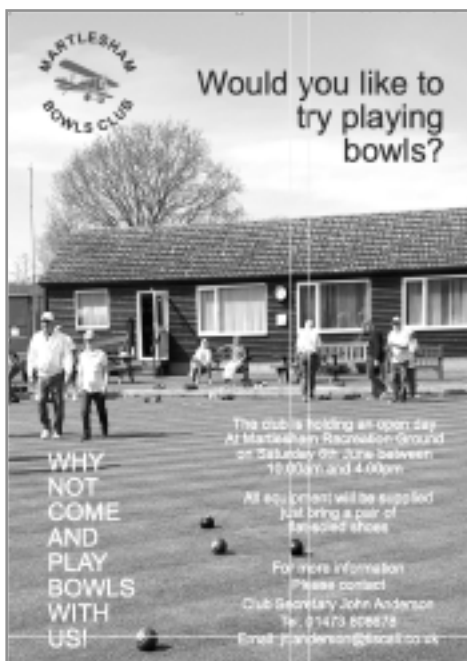
If so why not come to your local bowls club at Martlesham Recreation Ground. The club is holding an open day on Saturday 6th June between 10.00am and 4.00pm. All equipment will be supplied just bring a pair of flat-soled shoes.

The club actively bowls in several local leagues and also encourages social bowling on Thursday and Saturday afternoons at 2.00pm.

They would love to see some new faces. Why not come along and give it a try?

With tea, coffee and biscuits provided we can sit and chat about what's involved and answer and questions or queries you may have.

For more information please contact Club Secretary, John Anderson 01473 808678 or 07547727439 Email: jt.anderson@tiscali.co.uk



MARTLESHAM LADIES CLUB

Well the month of June sees our Club finishing for the summer, we resume in September. We have had a really good year with some smashing speakers and the membership is very strong, with an average of 40 people coming to each meeting.

In May we enjoyed a talk by Maureen, one of our members, on the history of the typewriter. The sculptor, Sean Hedges-Quinn, who produced the figures of Sir Alf Ramsey, Sir Bobby Robson and Kevin Beatty in Ipswich and one of Roy Hudd in Stowmarket will have been to tell us all about his work.

We will have had our day out to Wroxham and Potter Heigham; hopefully the weather was kind. Our programme for June is varied and we look forward to another year of interesting speakers. Our meetings are held fortnightly in the Richards Room, Felixstowe Road from 2 - 4 and we finish with tea and biscuits and a raffle.

More details ring June on 07867525422.

LADIES ON THE GREEN

Our very successful ladies club was formed in 2025, for the benefit of all ladies from Martlesham and the surrounding villages, to meet and make new friends. We meet monthly and usually have an interesting speaker followed by chatty social time, a competition, refreshments and a book stall. Plus a raffle with all proceeds going to our charity for the year.

During the month we also have a coffee morning club in the Runway Cafe, a walking/pub lunch group, a Film and Theatre Group and the odd coach trip.

Unfortunately at this time we have reached our limit of members and have a waiting list, but you are still very welcome to attend one of our meetings to see if you would be interested to join in the future. So give us a call. We meet usually on the third Friday of the month, in the Martlesham Heath Pavilion, The Drift, Martlesham Heath, IP5 3PL 1.45pm to 4.15 Contact : Rosemary on 07512 776232 or June on 07594 189100 for more information.

MARTLESHAM BRASS 'Making Music Fun in East Anglia'

It's time for our Preliminary & Beginners' bands to take centre stage! They invite you to join them for 'Tea & Tunes' on Saturday 13th June 10.00 to 12.00 in St Michael's Church Martlesham Heath IP5 3PL. Admission free. There will be refreshments, a cake stall & a hamper raffle.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk - please note we operate a waiting list for our beginners' band.

If you wish to hire the band to perform at an event, please contact our booking secretary by emailing booking@martleshambrass.co.uk

U3A EAST SUFFOLK:

Pirates, plastic surgery and personalities: topics for June

There's plenty to interest and stimulate in East Suffolk u3a's early summer programme.

This thriving local members' organisation welcomes anyone retired or semi-retired seeking something new and/or interesting. Its motto is LIVE, LEARN, LAUGH.

East Suffolk u3a has a strong following and it offers the chance to participate in more than 150 activity groups, including discussing the arts, history, science, learning a foreign language, walking, quizzing, dining out, short breaks and more.

For those wanting to find out more, the organisation's AGM takes place on 8th June at Kesgrave War Memorial Community Centre at 2.00.

Meanwhile, the group's talks programme continues apace before the summer break.

On June 4th at 10.30 at the Salvation Army Hall in Felixstowe, the speakers are Charles Wright and Brian Nichols, talking about the Pirate Radio Revolution of the 1960's.

On 15th June at Woodbridge Football Club at 10.30, the topic is the History of Plastic Surgery, both cosmetic and life-saving. The speaker is Andy Relf.

On 11th June at 2.00 at Saxmundham's Fromus Centre, there will be a talk entitled "Characters of East Anglia" presented by Mark Michel.

New members are welcome, with the expectation that they will contribute to the success of the group. Membership is on an annual basis and gives members access to all the u3a's many activities, subject to availability and at a very modest cost.

Full up to date information is available on the u3a website: www.u3aeastsuffolk.org.uk. For more information, please see the website or call the secretary on 0300 123 3913.

Times of change

A few weeks ago we had a church weekend together. It was our first one for several years, and it was great to be able to spend more time together as a community, exploring our faith and discipleship.

One of the things we reflected on was how we respond to change. Whether it's the end of a school year for the children, a change of job or a house move, a change in our family situation or a new health condition to deal with, change has a habit of catching us unawares.

Sometimes the changes are welcome, and sometimes they are devastating, but always it requires us to adapt to a new set of circumstances.

Inspired by the example of Paddington Bear, who in Paddington 2 finds himself in prison, we explored how we handle change ourselves. Sometimes, like Paddington, we seem to be able to take things in our stride, even if we don't go to the lengths of teaching fellow prisoners how to make marmalade! At other times, change can knock us off course and it can take time and help from others for us to recover a sense of well-being.

As Christians, we believe in a God of redemption who delights in bringing new life into situations that to us look hopeless. In Isaiah chapter 35 we find a wonderful picture of God bringing gushing rivers into the desert and sorrow and sadness disappearing for ever.

That may not be our reality today, and change can rightly need times of grieving as we come to terms with our situation. But it is a promise to hold onto for the future as we put our trust in Jesus, and commit our lives to following Him.

Whatever you are facing today, whether it be times of difficulty or times of joy, our prayers are with you that God will turn His face towards you, give you His peace and bring that river of life into all your circumstances.

Rev'd Christine Pinder

CHRISTIAN AID WEEK 10TH-16TH MAY 2026 - THANK YOU!

This year Christian Aid week ran from 10-16th May and many volunteers throughout the country held events and collections to raise funds for people living in poverty throughout the world. Here in Martlesham we had a display in The Runway, we invited people to donate by having donation envelopes available in our churches and we delivered donation envelopes in a limited number of roads. We also set up an online digital envelope for card donations.

Many thanks to everyone who responded to our appeal and made a donation. We are really grateful, as every donation is used to help our vulnerable neighbours worldwide who are living in poverty in these difficult times.

However, the need is still urgent and it is not too late to donate. Gifts can still be sent via our online digital envelope at <https://caw.christianaid.org.uk/envelope-2026/martlesham-benefice>, or by phone at 08080 006 006. Postal donations (cheques) made out to 'Christian Aid' can be sent to: Christian Aid, 35-41 Lower Marsh, London, SE1 7RL.

On behalf of the poor and vulnerable people of the world, thank you. Carolyn Smith

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at our website - mchall.org.uk

You can check hire rates, if they're available and make an online booking request

Alternatively you can call our Booking Secretary on 01473 623 203. (Monday to Saturday 08:00 - 20:00).

If leaving a message, please speak slowly and repeat your telephone number.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively please contact the booking secretary:

Email: bookingsecmhp@gmail.com

Phone: 07873 557999

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655

GIPPESWYK SINGERS

Saturday 6th Jun 7.30 pm.

An Evening With Elgar

Music will include 'From the Bavarian Highlands' - a set of six charming, late Victorian choral songs inspired by holidays in Bavaria in the 1890s, along with a variety of shorter pieces.

The choral items will be interspersed with pieces from 'Sea Pictures' for solo soprano and piano.

Tickets, £15 on the door, or £12.50 in advance are available from ticketsource.com/gippeswyk-singers or by phoning 07510 612672. There is no admission charge to concerts for accompanied under-16s.

Choir rehearsals take place at St Michael's Church on Martlesham Heath, Monday evenings.

We are a friendly chamber choir that enjoys singing in a variety of choral music genres including madrigals, carols, folksongs and spirituals, under the direction of Janette Ruocco accompanied by Sabine Sutton.

Whilst there is a membership fee for 26 year olds and above, there is no membership fee for young singers aged 18 to 25.

Whatever your age, why not come along to a couple of rehearsals to try us out and find out about how we work?

Please phone 07949 803594 for further information.





THE CHURCH IN MARTLESHAM & BRIGHTWELL

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CURATE: The Revd Rob Allinson rob@martleshamcofe.org.uk
07359 463312 (rest day Friday)

ASSOCIATE MINISTER: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 07837587340
Carolyn Smith 74 Heathfield, Martlesham Heath

CHILDREN & FAMILIES MINISTER: Emma Allinson emma@martleshamcofe.org.uk
07359 339452

ELDERS: Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 7th June	St Michael's 9.30am Coffee and pastries 10am Breakfast Church St Mary's 11am Holy Communion	
Sunday 14th June	St Michael's 10am Holy Communion St John's 6.30pm BCP Evensong	10am Holy Communion
Sunday 21st June	St Michael's 10am Morning Worship St Mary's 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
Sunday 28th June	St Michael's 10am Holy Communion St John's 6.30pm BCP Evensong	10am Holy Communion

**A warm welcome awaits you at all our services in our church buildings and online.
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

Midweek Services	Every Monday: 8.30am Morning Prayer at St Mary's Wednesday 10th and 24th June: 10am Holy Communion at St Michael's
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Prayer Diary Please include the following as an addition to your daily prayers:

June

- | | |
|--|--|
| 1 for children and young people finding school difficult | 18 those working or volunteering for St Elizabeth Hospice |
| 2 for migrants and refugees searching for safety | 19 for those who oppress or abuse others |
| 3 for the residents of Hunters Ride | 20 give thanks for time with family and friends |
| 4 for all at the Runway today | 21 for all fathers, and give thanks to God our heavenly Father. |
| 5 for fellowship and fun at Friends on Friday | 22 for all waiting for medical tests and results |
| 6 for the work of the Samaritans | 23 for widows and widowers recently bereaved |
| 7 for our ministry team and all leading worship today | 24 for the residents of Lancaster Drive |
| 8 for wisdom for business leaders | 25 give thanks for the joys of summer |
| 9 for young people struggling to find work | 26 those persecuted for their faith |
| 10 for the residents of Jackson Court | 27 for all in our armed forces |
| 11 for anyone thinking of being baptised or confirmed | 28 thank you Lord that you always welcome us |
| 12 for child workers worldwide deprived of an education | 29 St Peter and St Paul: give thanks for their lives and example |
| 13 for progress and co-operation on slowing global warming | 30 for tennis players, officials and spectators at Wimbledon today |
| 14 praise God from whom all blessings flow | |
| 15 for victims of violence and injustice | |
| 16 those working in the building industry | |
| 17 for the residents of Laburnum Gardens | |

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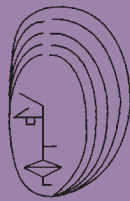
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