# martlesham monthly

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*Ofsted 'Good' August 2016*

# martlesham monthly

## APRIL 2022

**Produced and Distributed by Volunteers**

This month's photograph is of broom flowering on the Martlesham Heath SSSI by D Johnson.

If you have any photographs you would like to see on the front cover, please send them along to martmonthly@btinternet.com Photographs for the front need to be in landscape and to be suitable to be cropped top and bottom

### Pop Up Shop

**St Michael & All Angels Church**

**The Green, Martlesham Heath**
**Every 2nd & 4th Sunday of the month 1- 1.30pm**

Finding food bills a challenge?
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10 & 24 April, 8 & 22 May ,12 & 26 June

### GIRLGUIDING MARTLESHAM

Currently we have
2 Brownie Packs (ages 7-10), 2 Guide Units(ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.
If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on martleshamguides@gmail.com or www.girlguiding.org.uk/get-involved (HQ).
Come join the fun & start your Guiding adventure today!

### 1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact
Timandra Howell
martleshamscouts.thowell@yahoo.com.
Becoming a helper or hiring of the Scout HQ please contact
Lindsay Macleod 07828559026
Lindsayfw@msn.com

### MOBILE LIBRARY TIMES

**Tuesdays** Angela close: 1.30—1.45pm
Bridge Farm Day nursery 1.50—2.20pm
Falcon Mobile Home Park: 2.30—2.55pm
Douglas Bader: 3.00—4.30pm
12 April, 10 May, 7 June,
**Thursdays**:
Douglas Bader: 10.15—11.45am
28 April, 26 May, 23 June,

https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/

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If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you.
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### POLICE

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E-mail: the Safer Neighbourhood Team
Woodbridge.snt@suffolk.pnn.police.uk

### COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills.
We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.
For further details contact Johnny Dixon
johnny.dixon@btinternet.com


**Editor: Gwynneth Johnson**

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**Ken Davies (01473 611109)**

**Distribution:**
**Rob Webb (01473 625786)**

***Latest copy date is the 12th of the preceding month.***

Please e-mail contributions to :
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Or deliver your copy to
19 Farriers Close IPSWICH
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In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.



**DISCLAIMER**
**The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.**

# MARTLESHAM PARISH COUNCIL

## ANNUAL MEETING OF THE PARISH

**Wednesday 20th April 2022, 7.30pm, Parish Room, Felixstowe Road, Martlesham**

The Martlesham Parish Council Chairman, Mike Williamson, welcomes all members of the parish to this meeting which gives parishioners an opportunity to hear about and discuss what is going on in Martlesham. There are annual reports on the activities of the Council and its committees and also on village organisations. The parish extends from the southern edge of Martlesham Heath right up to Seckford Hall Road and California and east to Martlesham Creek & the River Deben.

The Council presents its grant cheques for 2022/23 which have been awarded to the

Disability Advice Service, Greenways Countryside Project, Headway, Ipswich Citizens Advice Bureau, Martlesham Conservation Group, Martlesham in Bloom, Suffolk Accident Rescue Service and The Saplings. The grant application process starts again in the autumn – details will be in the newsletters and on our website from the start of September so look out for that if you have a project in mind for 2023/24.

All are welcome. Stay, chat and enjoy light refreshments!

For further information please e-mail: enquiries@martleshamcouncil.org.uk or telephone 01473 612632.

## Recruiting Young Councillors to Martlesham Parish Council

**The Parish Council is keen to see young people represented amongst its members.**

Are you 18 or over and have lived in Martlesham or within 3 miles of the Parish for the past year and want to get involved with your community? If the answer is yes, please contact the Clerk at clerk@martleshamcouncil.org.uk or 01473 612632.

Becoming a Councillor will enable you to influence decisions that affect you, your family and friends and share your skills and view of the world with older generations on the Council. As a Councillor you will have opportunities to develop new skills and knowledge and experienced councillors will be on hand to guide you through the workings of this level of government, so you won't be thrown in at the deep end.

Never a dull moment, the work of Martlesham Parish Council is varied and covers a wide spectrum of topics including the environment, managing open spaces, planning, transport, community involvement and more, so there is bound to be something that will spark your interest!

## Temporary CLOSURE of the Jubilee Playspace & bike trails

The Jubilee Playspace and Diamond Jubilee Bike Trails will be

CLOSED the week commencing 25th April 2022

for improvements to be carried out at the Jubilee Playspace.

The closure, timed so the playground and bike trails remain open for the Easter holidays, is expected to last throughout May. Subject to good weather, the improvements are scheduled for completion just in time for the Queen's Platinum Jubilee celebrations.

### SID- Martlesham Speed Reduction Programme

A report, including the statistics from all six of the sites where the Speed Indicator Device has been located, is now available on the Parish Council Website.

### Treebilee

The Treebilee oak is to be planted at the Recreation Ground in Old Martlesham in the north of the Parish. This special oak, to be planted in celebration of the Queen's Platinum Jubilee, will have the space to grow into its natural form here and be enjoyed by visitors and wildlife, for years to come.

### Forthcoming meetings

Please note that the following Parish Council meeting will be held in St Michael's Church Centre, The Drift, Martlesham Heath, IP5 3PL

Parish Council – Wednesday 6th April.

The following meeting to take place in the Parish Room, Felixstowe Road, Martlesham, IP12 4PB

Development, Environment & Transport Committee – Wednesday 13th April.

All meetings start at 7.30pm and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

*Before attending, we strongly recommend you check our website or noticeboards in case of changes.*

### Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail: enquiries@martleshamcouncil.org.uk

website: http://martlesham.onesuffolk.net

Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is https://www.facebook.com/MartleshamParish

## From your Conservative District Councillor for Martlesham, Brightwell, Foxhall and Purdis Farm.

## Chris Blundell. April 2022.

**Oak trees for 'Treebilee' celebrations.**

Two hundred oak trees have been distributed to communities across East Suffolk to plant in commemoration of the Queen's Platinum Jubilee. The Council purchased the trees to be donated to every town and parish in the district, marking the occasion while helping to tackle climate change and promoting environmentally sustainable communities.

**The Community Charge for 2022/2023.**

None of us want to know much about this heavy expense. Sadly, if we wish to keep the services and facilities that we have then we must pay for them. The precept for the East Suffolk District Council is not more than 10% of the total bill that most householders have to pay, most of the rest is the precept to Suffolk County Council, the Police and Crime Commissioner and social care. It is not possible to state the total amounts payable for all the house bands in such a short article as this but I understand that the precept for a property classed as Band D will be: £1,938.63 for the financial year 2022/23.

**Relocation of Felixstowe Beech Huts.**

The Planning Committee South considered applications for the relocation of beach huts that are temporarily housed on Felixstowe's promenade. The huts, for which the Council provides a site licence, were initially situated on the beach itself. However, a combination of erosion and unpredictable whether conditions led to their temporary relocation on the promenade for safety reasons.

Over the past three years, and in regular consultation with the beach hut owners, the Council has looked for new locations and thoroughly explored all reasonable options , including beach platforms. However, it became clear that there were no safe options for their return to the beach and the temporary solution which impacts on other users on the promenade, is not a viable option.

The Council sought approval for a number of smaller safer sites, but the planning committee did not agree to the new site locations. Since the site permissions were refused, the council may now have to terminate the licences of some beach huts since no safe and viable location remains.

**The Community Partnership.**

It was most gratifying for me to receive pictures on the use of the forestry tools, purchased with the funds provided by the Community Partnership, that were in use by the local conservation group. I am pleased to say 'thank You' to the volunteers who take on the work and achieve such good results. Well done!

The CP for Kesgrave, Martlesham, Rushmere St. Andrews, Carlford & Fynn Valley and Purdis Farm have achieved a great deal since the CP was formed. The CP Forum will be meeting on the 25th March 2022 at Trinity Park to consider possible new ideas.

*If you wish to have further information on any of the foregoing topics or any other district council matters, please contact me by email at chris.blundell@eastsuffolk.gov.uk. Otherwise by phone on 01473 622716.*

**Martlesham Heath Householders Ltd**

**Gorse Removal**

We have now completed stage one of the gorse removal on the plot of land between Heathfield and The Oaks. The mature trees have been left which will hopefully suppress further gorse growth in the future. We will keep a watchful eye on this area to see how it grows back and whether any further smaller trees should be planted. We are also looking to plant some hedging due to a gap that was used for access.

**Dog Bin**

A dog bin has been ordered for the top end of the North Green due to dog fouling in this area. There have been numerous complaints and we ask all owners to be responsible and pick up after your dog.

**Queens Jubilee**

Three small trees have been ordered as part of the Queens Jubilee and will be planted on the Northern Green opposite the green fence in the middle.

**Stormy Weather**

During the stormy weather we lost several trees across the village with paths blocked in Birch Woods and a particular tricky incident of a large tree being uprooted close to the A12. Now that winds have died down all trees have now been cut down.

**MHHL Website**

MHHL does have a website which includes lots of information on what we do and what we do not do, and this can be a good place to start if you think you may have an issue.

**Contact and further Information**

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to mailto:marteshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

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## GORSELAND PRIMARY SCHOOL

I just want to thank SPARKS for giving us a fantastic contribution to help us build a new climbing area for our children as part of our (belated) 50th Birthday celebrations and to mark the Queen's Jubilee! So, to all who shop at SPARKs – thank you too! Work starts mid March!

Our children have been enjoying many wider curriculum opportunities this half term such as the day the Romans invaded the hall! Our mathematicians enjoyed a local maths challenge with our neighbouring schools and the atmosphere was really great! World Book Day was a huge success as we celebrated our passion for, and enjoyment of, reading by sharing our favourite stories, dressing up as characters and enjoying Michael Rosen's webcast.

We love to see children progress with their learning and to hear that one of our Year 4s has entered and won a local writing competition is just brilliant news for him and his motivation to keep learning. He was awarded his certificate and prize by author Beverley Birch; she said his writing was outstanding for an 8-year-old and would have been outstanding even for an 11-year-old. She really was very impressed with him and it was a very proud moment.

Good luck to all parents waiting for primary school offer day in April. We look forward to meeting new faces soon. We may have spaces in our Reception year in 2022, so do bear us in mind...

*Darron Jackson, Headteacher*

BRIGHT STARS

## HAPPY EASTER from BRIGHT STARS

**Would you like to receive our Bright Stars Activities sheets for preschool aged children?**

Bright Stars normally runs free fun Activity Sessions for Pre-school aged children with their parents, grandparents, friends, family and/or carers at St Michael's Church Centre, Martlesham Heath, on the 2nd and 4th Monday mornings of each month during term time. They usually involve singing, games, making crafts to take home and telling stories from the Bible.

Unfortunately, we are not meeting in person at present due to the coronavirus pandemic. Instead, we are sending out activity sheets by email and/or post for the children to enjoy doing with their family and/or carers.

A recent theme was the parable of the lost coin, which included a story to read and a song to sing. There was also a game to colour and play, hiding the coin and seeing how quickly it could be found!

If you have or look after a child/children of pre-school age and would like to receive our sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact: Sonya & Maureen Burrows
Tel.01473 625196

## KESGRAVE LIBRARY NEWS

**Sunday Crafts** – Sunday crafts are on between 10.00 a.m. and 12.00 noon. In April we are making -

Sunday 3rd – It's time for April showers – pop along and make a duck in wellie boots picture.

Sunday 10th – It's Easter next weekend – make a 3D hatching Easter chick.

Sunday 17th – Easter Sunday - Closed

Sunday 24th – Yesterday was St George's Day – we are creating shields to celebrate.

Activities are free. Parents must stay with under eights.

**Word Play Sessions** – These free sessions are run by trained staff and are now back in the library every week on a Thursday morning.

Tot Rock – 9.45 – 10.15 a.m.

Baby Bounce – 10.45 – 11.15 a.m.

No need to book. Please just pop along. We look forward to seeing you soon.

**Story Time –** Fun stories, rhymes, and songs every Friday 9.45 – 10.15 a.m. in the library. No need to book – just pop along.

**Lego Club** – every Tuesday 3.30 – 4.30 p.m. Free play with each child been given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

**Afternoon Book Club** – Thursday 7th April 2.45 – 4.30 p.m. This book club will meet in The Deben Room at the Community Centre. Their current book is The Giver of Stars by Jojo Moyes

**Evening Book Group** – Thursday 21st April 7.00 – 8.00 p.m. The group are currently reading Spring by Ali Smith.

If you are interested in joining, please contact staff. The library supplies copies of the titles being read.

**Home Library Service** – If you would like to access the library but are unable to visit us, Kesgrave runs two home library routes where volunteers come out with a selection of books to your homes. We follow all the Covid guidelines to ensure both your and the volunteers safety.

To access this service please ring the library or log on the Suffolk Libraries website and complete the online form.

**Beach Bonkers – Saturday 16th April – 10.30** – 12.30 p.m. Free activity - The beach is coming to the library!

Join Kate from Beach Bonkers and explore a beach in the library garden. Comb the beach for treasure and find what interesting things lay under the sand!

Learn all about the animals that live in our seas and oceans and how you can protect their environment.

There will also be free craft activity to make a plastic-free sea creature.

**Book Donations –** We are now able to take good quality fiction donations again. These which will be available for sale on our bookshelf in Tesco. The money raised from these items, helps to support your county library service – thank you for your support.

**Easter Opening Times**

Good Friday – Closed

Easter Saturday – 10.00 – 5.00 p.m. Open as normal.

Easter Sunday – Closed

Easter Monday - Closed

Tel: 01473 626103

www.suffolklibraries.co.uk

## MARTLESHAM CONSERVATION GROUP

The Martlesham Heath (SSSI) on the western side of the village is an example of dry lowland heath( the rarest type of habitat in Europe), which should ideally be dominated by heathers with a mix of other low growing plants including fine grasses.

Over this last winter a considerable amount of work has taken place on the Martlesham Heath SSSI to restore several areas to more favourable conditions. This work should provide a better habitat for the many animal and plant species characteristic of lowland heath. The heavier work involving mechanised equipment was undertaken by contractors through the Greenways project with more sensitive areas being cleared selectively by hand. The major work on scrub clearance on the SSSI was organised to avoid disturbing nesting birds and other wildlife such as reptiles as much as possible given the constraints of time and weather. I would particularly like to thank the volunteers who came along to the Megabash in February who worked hard to clear more areas of scrub and dispose of the cut material (from all the winter activities) in a bonfire. We apologise for any inconvenience caused at the time.

Members of the public, especially dog walkers can make a valuable contribution to the recovery of our heathland and its associated wildlife by sticking to the main paths. It may be tempting to wander freely across the open areas, particularly the ones that have been recently cleared, however these are just the areas that could be colonised by ground nesting birds and reptiles especially if the disturbance level could be kept low. So if you walk across the heath please stick to the main paths, and if you are a dog walker we strongly advise you to walk your dog on a lead and stick to the main paths. This is partly for the benefit of our local wildlife but also for the protection of your dog as we seem to have a good population of adders present on the heath based on the numbers seen last year. Please don't be tempted to take short cuts across the open areas, especially the newly created ones and please remember all our British snakes and lizards are protected by law. I spotted several adders in the first few weeks in March. If you want to know more about reptiles (and amphibians) try the website https://www.arc-trust.org.

The group has filled in some holes along the main pathways on the heath. Please can dog owners deter their dogs from re-digging or making new holes so as to avoid creating further trip hazards for all members of the public.

In April, we should see the major influx of migrant birds with more varied song such as the Nightingale, Whitethroat, Garden Warbler and Lesser Whitethroat. Please listen out for these birds on our heaths and woodlands this year, and enjoy the rich soundscape of their birdsong.

Please contact me if you are interested in taking part in any of our work parties or wildlife surveys. Our next work party will be on Sunday 3rd April at 10 am. Please meet on the Martlesham Heath SSSI next to the bank that runs east-west across the site ( along the path from the sign board between Heathfield and the Oaks). We will be creating areas of bare ground to benefit solitary bees and wasps, reptiles and butterflies.

martleshamconservationgrp84@gmail.com

Phil Smith 01473 625630

## PORTAL WOODLANDS CONSERVATION GROUP

In February, storms Dudley and Eunice arrived and caused some disruption for us. A few trees were blown over and lots of branches were broken. Volunteers quickly cleared the worst and opened up blocked paths. We had to postpone our work morning due to the winds making it unsafe for volunteers to work. The following week things were much calmer. We were able to cut back the hedge along the A1214, to try to thicken it up and let more light into the woodlands. Just in time before the start of the bird nesting season.

Our April work morning is Sunday 24th, from10:00 to Noon, meeting at the Education Area. Please bring your own gloves, refreshments and, if possible, tools. Please visit https://pwcg.onesuffolk.net/volunteer-work-mornings/ for full details of how we are operating our volunteer work mornings.

New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman

Photo—Hedge Cutting. S Corley

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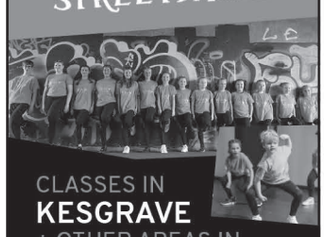

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## Martlesham Climate Action

**Martlesham Repair and Climate Advice Hub, Saturday 9th April, 10 - 12**
**St Michael's Church + household liquid refills!**

A reminder that our Repair Hub runs on the second Saturday of the month in St Michael's church 10-12am. Next one is 9th April. Bring along things for free help and advice on repair (donations welcome to cover the cost of the hall). Don't bin it, repair and re-use it! This includes clothes, appliances, toys, furniture etc. The Climate Advice Hub will also be there with free advice leaflets on how to 'do your bit' to reduce your carbon footprint and reduce your energy bills.

NEW FOR APRIL. The Woodbridge Eco Refill shop will have a table at the Hub where you can stop buying new plastic bottles (and therefore help reduce carbon emissions) by bringing old bottles to refill with washing up liquid, non-bio laundry, fabric conditioner, body wash, shampoo/conditioner, cleaning spray and hand soap. The shop plans to be there for your refills at every Repair and Climate Advice Hub.

Email: martleshamrepairhub@gmail.com

**Reduce Your Energy Bills - Free Heat Loss Inspection for your home.**

A reminder that we have access to a FLIR thermal imaging camera, so if you want to have a look around your house to see where you might be leaking heat, get in touch and I'll pop round with the camera. Better insulation is one of the 'no brainer' improvements you can make to a home to help reduce your energy bills, your carbon footprint and can pay back within a year or two.

Email me at martleshamclimateaction@btinternet.com

I have now visited over 25 properties in the Parish. Many properties were actually very well insulated but a key finding was that some could top up their loft insulation to the recommended 300mm and add insulation to any loft hatch. It is very important that the loft remains well ventilated to prevent condensation (so be wary of offers of spray on insulation directly under the roof) through vents or just not tucking insulation right down into the eaves (I can feel the draught coming through in my loft). Remember, you are aiming for a very cold loft in the winter that shows the insulation is doing its job! Also, a reminder that East Suffolk Council run a 'warm homes' scheme if your income is below the £30 000 per annum earnings threshold. See https://www.warmhomessuffolk.org

**Garden Rewilding Competition**

As part of our bid to increase even further the number of wilder/natural spaces in the parish we are launching a 'Garden rewilding' competition. Further details shortly and on our stand at the Village fete on 16th July. If you would like to take part then think of an area of your garden you can 'donate' to nature (e.g. dig a small pond, plant a wildflower area/meadow grass, build a log pile, add a hedgehog highway gap in your fence etc: consult our calendar for ideas!), take some 'before' pictures and then implement some rewilding over the course of the year. We'll ask for some 'after' photos next year and will have prizes for the best entries and window stickers for all that take part!

**Local Water Sampling Project**

Along with other Parishes around the Deben, we are taking part in a water-sampling project with the University of Suffolk sampling in our Parish (Martlesham Creek, River Fynn) testing for e-coli and nitrates. Results will be collated and presented to appropriate bodies for action if necessary. If you are interested in getting involved, e-mail us.

**Social Media**

We are looking for someone to take on raising our social media profile on Facebook and Instagram. If you know of anyone who would like to involved in supporting our activities in this way, please e-mail us at martleshamclimateaction@btinternet.com

*Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)*

*Website: www.martleshamclimateaction.onesuffolk.net*
*E-mail: martleshamclimateaction@btinternet.com*
*Twitter: @martleshamclim1*

## WOODBRIDGE LIBRARY

Opening Hours:
Mon: 10am - 4pm
Tue: 9am - 7:30pm
Wed: 9am - 5:30pm
Thu: 9am - 5:30pm
Fri: 9am - 7pm
Sat: 9am - 5pm
Sun: 10am - 4pm
Please note: The library will be closed on the following dates for Easter:
Friday 15th April (Good Friday)
Sunday 17th April (Easter Sunday)
Monday 18th April (Easter Monday)

**The Friends of Woodbridge Library**

If you're enthusiastic about libraries, would enjoy helping to organise library events and are willing to help with our fundraising activities, please ask a member of staff for more details.

**Citizens Advice** - Every Monday 10am - 12pm at the library

**Sunday Book Group** - 3rd April 2:00pm - 3:30pm

**Shackleton at the Library** - Thursday 7th April 7pm for 7.30 (event hosted by The Friends of Woodbridge Library - FOWL)

Seats for this event are £8 and can be booked at the Library or by phoning 01394 330855. The price includes a drink on arrival. There will also be books and photographs about Shackleton on display, a table of donated books for sale and a raffle - all in aid of FOWL.

**Books, Banter and Biscuits Book Group** - Thursday 14th April 2pm - 4pm A book group that's open to everyone, meeting on the second Thursday of every month, where they will be discussing A Single Thread by Tracy Chevalier

**Work Well Job Club** – Monday 11th April 1:30pm – 3:30pm (Every 2nd Monday of the month)

Want to improve your skills with CV's, cover letters and job applications? Need advice for applying for work? This could be the chance to fulfil your potential! Work Well Suffolk are here every second Monday of the month, and they can help if you're 18+, having trouble finding work, have a long-term health condition or if you have a learning disability.

Learn more about how Work Well Suffolk can help by getting in touch at workwellsuffolk@suffolk.gov.uk

**Realise Futures** (Peer support, Walk-in Advice and Guidance Service for disadvantaged people)

This will be taking place on the first Tuesday of every month (Tuesday 1st March), 10am - 12pm, at the library.

Book a slot via 07753 447607.

**Book Sale**

Have a browse of the books for sale which are all ex-stocks. All proceeds go to Suffolk Libraries.

Much more:
www.suffolklibraries.co.uk/whats-on?
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## SPEAK EASY AT MARTLESHAM

Speak Easy is part of Toastmasters International, and we offer public speaking opportunities. We provide a fun and supportive forum to speak, and to evaluate.

We hope to be returning to Richard's Room in Martlesham for meetings soon, and we are using an online Zoom format until then. We find this very effective, and that it also enables us to include guests from further afield - giving us the opportunity to be even more inclusive!

Guests are welcome to join Speak Easy to see what we have to offer, and to take part if you would like. We hope you will choose to become a member, whether to beat public speaking nerves, develop your abilities, enter competitions, or help us run the club!

- Speak Easy meetings are held on alternate Thursdays. Our next meetings are 17th and 31st March, and 14th April
- Join at 7:00pm for a 7:15pm start and finishing at 9:30pm

Speak Easy is an inclusive and diverse group, open to anyone 18 years or over.

If you would like any further information, or to attend one of our online meetings please contact Adam Green:

*Adam Green: vppr@speak-easy.org.uk*
*or www.speak-easy.org.uk*

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## WOODBRIDGE & DISTRICT LIONS CLUB – GETTING BACK TO NORMAL

The Lions Club of Woodbridge and District was chartered (founded) in 1982. The Club is part of the Lions Clubs International which is the world's largest service club organisation. Our members join us as they wish to help the less fortunate people in and around the Woodbridge area, an area which extends from the town boundaries of Ipswich and Felixstowe to include not just Woodbridge itself, but also Rushmere St. Andrew, Kesgrave, Martlesham, Martlesham Heath, The Bealings, Grundisburgh, Pettistree, Wickham Market, Framlingham, Sutton, Bawdsey & Orford.

Just like every other organisation the Club has been limited in its operations during the past two years but now, as the restrictions on all of our lives have eased, we are looking to put the days of Zoom meetings behind us and go back to what we do best, working within the community to support local people and good causes.

You need no special skills to become a Lion just a commitment to give your time, where you can, to help to support our fund raising and community support activities. The Club also has regular social events, usually once a month, and in the past, these have included speakers' evenings, pub meals, theatre trips and a visit to Glemham Hall.

Fund-raising events have included, Art Shows, our famous Duck Dive event which will hopefully return as part of the Woodbridge Regatta event this year, Pig Race nights, Christmas street and store collections and the Martlesham 10K race.

Our fund-raising events are of course essential to allow us to continue to be able to support the community in the ways that we do. We work closely with the Salvation Army in Woodbridge and have made donations to support their foodbank and we also provide special Food Parcels to the users of the foodbank at Christmas.

Our community support activities include litter picking, supporting the annual Woodbridge 10K road race, managing parking at the Woodbridge Horse Show, funding the Woodbridge Repair Café, part funding play equipment in Elmshurst Park and the "Message in a Bottle", a simple scheme to ensure emergency services can identify medication, allergies and conditions when called out in an emergency to a person living alone.

We would warmly welcome new members and new ideas so if you would like to find out more about what we do and how to contact us then why not visit our website: www.woodbridgelions.org.uk

## INNER WHEEL CLUB OF WOODBRIDGE

## MARCH REPORT

"There, but for the Grace of God" ...is something one tends to say when considering someone in a less fortunate situation to oneself. How easy it is to overlook the pain and suffering that can be caused by one wrong decision, one tragic event that causes a person's life to spin out of control.

Gill Dean, Director of the Hope Centre based in Witnesham, gave a moving account to IW members of the love and care provided by Talitha Koum, a local Christian charity, to women who have become vulnerable as a result of tragic life events. Women with a range of personal troubles are provided in the centre with a bedroom and en suite, but they also receive care and rest, kindness, and practical help, for example, with counselling in debt, abuse, and dependency. Women are also encouraged into education or training opportunities. There is a lawn, an orchard and a vegetable garden, that provide an open space that allows people to come together and to produce food which they cook for personal and communal meals. The centre is supported by prayer, and receives funding from various sources including grants and donations from the local community and church groups. There were 7 bedrooms, and now there are 11 rooms with plans in place for further expansion, and also for diversification into social enterprise.

June Kenyon summed up how members were feeling in her vote of thanks when she expressed admiration for the dedication and care of the charity. Each woman housed by the centre receives unique care and is rarely "moved on" until she is ready to leave. Talitha Koum means "Little Girl, Get up". Certainly, the love given by the Hope Centre should enable each person in its care to take up again their life in a meaningful and fulfilling way. For more information visit www.talithakoum.org.uk.

Mary Walker invited members to spend a few moments in silence to think of the people of Ukraine. Donations of toiletries, baby and personal care, blankets, sleeping bags, clothing etc were brought to be taken to collection points for onward transmission. Club Treasurer Deirdre Griffin has been walking regularly almost every day to reach 250 miles for the Stroke Association, and members, whilst sponsoring Deirdre, are also looking forward to joining her for the last few miles, ending up for lunch in a local hostelry – there may be more for lunch than for walking, but it is all about the fun and friendship!

Inner Wheel has three key objectives: to promote true friendship; to encourage the ideals of personal service; and, to foster international understanding. Any woman who shares the three central aims of IIW can join the organisation. If you would like to know more about Woodbridge Inner Wheel, please do look at our website https://woodbridgeinnerwheel.org.uk

## MARTLESHAM HEATH AVIATION SOCIETY

**Friday, 4th March and we had our monthly public meeting in the Community Hall at Martlesham. Attendance is gradually picking up again and we had an interesting evening. Mike Lemon is one of our members and his talk was about the British Blue Steel *stand-off bomb.***

The Avro Blue Steel was a British air-launched, rocket-propelled nuclear armed stand-off missile, built to arm the V bomber force. It allowed the bomber to launch the missile against its target while still outside the range of surface-to-air missiles. Blue Steel was at the heart of the British nuclear deterrence from 1963 until 1970.

The Avro Vulcan V bomber was the usual aircraft deployed to carry the missile and could carry one under each wing. Mike was eventually an RAF Chief Technician and his talk was mostly about his experiences during that time. He had a 24 year career with the RAF and together with his wife, had many postings throughout the world.

A most interesting talk of that period of the "cold war." A vote of thanks was given by our president, Mr Richard Barker.

Our next meeting will be on Friday,1st April and the speaker will be Rick Hobson, who will give a talk, "From Southend to Kabul, a Flying Career in the RAF." Rick did tours as a co-pilot, captain and flight commander. As a squadron commander he was involved in the Falklands, the first Gulf War, the Balkans and Afghanistan. Should be a fascinating evening.

Meetings are held in the Community Hall, Felixstowe Road, IP12 4PB and start at 7.30pm. Non- members are welcome for a payment of just £4 on the door.

*Alan Powell 01473 622458.* *www.mhas.org.uk*

**Martlesham Heath Control Tower Museum is now open Sundays 2-430pm from 3rd April to October 30th.**

## MARTLESHAM VILLAGE FETE

**Saturday 16th July 11.00 – 4.00**

Work continues to make this the best fete ever. Last month we said thank you to the local organisations whose support is making the fete possible. We would like to take the opportunity this month to thank some of the businesses which are supporting us. In the Square Duncan's, and Admirals Fish and Chips will be supporting us by providing food and refreshments as well as providing free drinks to the army cadets who will be on duty. The Douglas Bader has also donated a meal voucher as a prize. Hobbycraft and PlayDay will also be supporting us with prizes.

Watch this space for news of additional sponsors who we expect to have on board soon

"Loades of Fun" will be there with their attractions, as will Robertos ice cream. In a new feature Tenpin are bringing a portable bowling alley along, for a small fee anyone can have a go at this and proceeds will go to offset some of the costs of the fete and any surplus will be available to support good causes in the parish.

**Don't forget the wildflower photography competition**

The theme is wildflowers in Martlesham there will be prizes for the best photos of wildflowers taken between 1st May 2021 and 17th June 2022. The photographs will be on display at the village fete. Maximum is three entries per person and the deadline is 17th June. For full details of the rules please visit martlesham.onesuffolk.net. Entries may be either electronic or hard copy. Send hard copies to Martlesham Fete Photographic Competition, Martlesham Parish Rooms, Felixstowe Road, Martlesham, IP12 4PB

*Martlesham Village Fete is a working group of Martlesham Parish Council*

## CODING FOR CODGERS

**The Codgers are now meeting regularly in the Runway Cafe at 10am on Fridays.**

We started off in 2016 playing with computers and building several simple projects - such as traffic lights and various other flashing lights.

Since then we have discussed long distance walking, model aircraft, steam trains, sudoku problems and many other topics of interest.

As a forthcoming project, we are thinking of building our own weather stations. The aim would be to collect weather data from various sensors for wind, rain, pressure etc and have them displayed 'live' on this website

The main reason for gathering is for the excellent coffee and cakes at the Runway Cafe and for a social chat.

Do come and join us some Friday. If you enjoy yourself you may even come back again!

There are not many of us at present, so please check www.CodingForCodgers.co.uk in case there won't be anyone there to chat with. On the other hand, the Runway usually has someone ready for a chat.

For more information, contact Ken@Odam.org

## MARTLESHAM BRASS 'MAKING MUSIC FUN IN EAST ANGLIA'

**Martlesham Brass are delighted to be holding a concert on Saturday 7th May in St Michael's Church Centre Martlesham Heath IP5 3SL starting at 7.00pm.**

Tickets cost £4.00 (primary school children free), and can be booked by calling 07544 962205.

Our beginners band is now operating again, so if you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk. An instrument is provided on loan as part of your membership fee. Please note that we operate a waiting list for new members.

*Liz Howard. (Publicity Officer)*
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At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

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Our vision statement underpins all that we do.

"Passionate about learning."

*If you would like to find out more about our school or arrange a visit, please contact the office*

**Valiant Road, Martlesham Heath, Ipswich, IP5 3SP**
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## HEADWAY SUFFOLK DEMENTIA GROUP - MARTLESHAM

Local charity Headway Suffolk runs a monthly social support group for people living with dementia in Martlesham.

The group takes part in a variety of stimulating and engaging activities, such as indoor games, cognitive exercises, discussions and social interaction. The person with dementia must be accompanied by a carer.

It costs £7.50 per person, which includes a fish and chips lunch and refreshments.

Date/Time: 4th Thursday of the month, from 11.45am - 3.15pm

Venue: St Michael's Church Centre, The Drift, Martlesham IP5 3PL

The next date the group meet is on Thursday 28 April 2022.

Further details:
www.headwaysuffolk.org.uk/ dementiamartlesham

If you would like to make a referral or want to volunteer (as below), contact Maureen Howes on 01473 712225 or email: maureenhowes@headwaysuffolk.org.uk.

### Can you volunteer some time to help us?

The groups rely on the goodwill of volunteers to help in the kitchen, with preparations and tidying away, as well as engaging clients in discussion and with various activities, such as indoor games, cognitive exercises and singing.

## MARTLESHAM IN BLOOM

The days are getting longer and we are enjoying the late spring flowers that are out, as well as looking forward to what we can grow in our gardens for summer. More summer flowers can be sown now, such as Cosmos and climbers like Ipomoea, known as Morning Glory.

If you started sowing some seeds last month, some may soon need to be pricked out and potted on separately into pots to grow on. They must be kept under cover still as it will be too cold for many of them outside. Sweet peas are not so keen on being pricked out so best to just pot them up into slightly bigger pots once they have created lots of roots and if you sowed several together in one pot do not try and separate them but keep them together. You can also pinch out the top of the growing shoot to encourage it to branch out and become more bushy.

Have you thought about including summer bulbs and other bulbous plants in your garden? Lilies are great performers as can be dahlia and gladioli. Lilies and dahlia with single flowers i.e., those where the centre of the flower can be seen with its stamen and stigma, are often visited by various pollinators. Why not try something different like Eucomis, the unusual looking Pineapple Flower, or Tigridia, the brightly coloured exotic looking Tiger Flower. Both look particularly good in containers.

For further information please contact:

martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on 01473 625196.

## MARTLESHAM BOWLS CLUB

Martlesham Bowls Club opens on April 23rd at 2pm.

If you are interested in joining please contact the Secretary on 01473 622598 or 07516004856.

See the Suffolk County Bowls poster for information regarding our Open Weekend.

## U3A EAST SUFFOLK SPEAKERS

Springtime brings a whole bunch of new opportunities for u3a members and guests to come along and find out about a diverse range of thought-provoking topics.

**Monday 28 March 2.00 to 4.00**

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF
The R34 Adventure: the first double crossing of the Atlantic in 1919 by the famous airship. Presented by Basil Abbott

**Thursday 7 April 10.30 to 12.30**

Salvation Army Hall, Felixstowe IP11 7EL
Dad's Army, the nation's favourite comedy: anecdotes and insights from the speaker's 20 years on the programme. Presented by Charles Garland

**Thursday 14 April 2.00 to 4.00**

Market Hall, 29 High Street, Saxmundham IP17 1AF
The Mid-Suffolk Light Railway: its history and associated museum. Presented by John Stark

**Monday 25 April 2.00 to 4.00**

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF
My life as a fighter pilot: growing up with a father who flew in the Battle of Britain and training to become a fighter pilot. Presented by Rick Peacock-Edwards

While all necessary guidance and precautions followed, we advise members to check the u3a East Suffolk website to avoid unnecessary journeys should meetings be cancelled or postponed.

East Suffolk u3a offers its members the choice of 160+ different interest groups to enjoy. Membership is open to everyone who is no longer in full-time work.

For details, please visit the website: www.u3aeastsuffolk.org.uk , call 01473 401878 or email membership@u3aeastsuffolk.org.uk.

## MARTLESHAM LADIES CLUB

We have two meetings planned for April. On 7th April 2022 we are exercising our 'little grey cells' with a quiz afternoon. These are always great fun, causing a lot of head scratching and laughter. On 21st April Helen Garth from 'Colour me Beautiful' is giving a demonstration. She will read the colour chart of two members by draping different coloured scarves around their shoulders.

Looking ahead to next month – John Hammond will talk about the running of the Hospice shop and warehouse on 5th May.

Meetings are held in the Richards Room on alternate Thursday afternoons at 2 30pm. To find out more contact June Peck 01473 790126.

## WOODBRIDGE GARDENING CLUB

Our next meeting will be held on 12th April when Simon White from Beales Roses will be talking to us about gardens of East Anglia at 7.30pm in the Quay Street church hall, visitors welcome for a fee of £3.00. annual membership being £12.00. Tea and coffee are available with a raffle held after the talk. More details available on www.woodbridgehs.org.uk

## ONWARDS AND UPWARDS!

MARTLESHAM COMMUNITY HALL

The Community Hall and Richards Room are fully open and available for you to hire. Hopefully we'll soon be able to bring you updates without mentioning "COVID-19"! For now though, you can find our recommended safety measures in our Special Hire Guidance document (downloadable from mchall.org.uk/shg).

Nearly all of our previous regular hirers are now back, together with a few new ones. You can join a wide range of activities, groups and classes. More details can be found at mchall.org.uk/regular-hirers. Please contact the hirers directly if you're interested.

We still have availability though - especially at the weekends - for that special party or family event. If you want to make a booking or check availability - go to mchall.org.uk/booking for a simple '1-2-3' availability, check and booking request process. Details and photos of the Community Hall and Richards Room are on the website. Alternatively, you can call our Bookings Secretary on 01473 623203.

Volunteer: We're looking for volunteers to help us manage and run Martlesham Community Hall. We're a community charity. We rely on volunteer effort to keep our costs down, so we can keep offering affordable hires to the local community. The workload is currently shared between three people, two of whom are volunteers, one of whom helped build the buildings and has been managing them for over 35 years! We're keen to recruit some new volunteers, to help spread the workload and continue to improve our facilities. Perhaps this is you - especially if you have project management, building services or allied practical/diy skills and experience? Interested in helping? Please contact our chairman Ian Read on 01473 622721 or check out our volunteering page—mchall.org.uk/volunteer.

mchall.org.uk

## MEMORY CAFE

The Woodbridge Memory Cafe is organised by the Rotary Clubs of Woodbridge and Woodbridge Deben, assisted by Woodbridge Inner Wheel,. We had a very well attended meeting on February 23rd. Visitors were welcomed with hot drinks and homemade cakes and treated to some top class musical entertainment.

Our next meeting is on March 30th, when entertainment will be by the ukulele band "What No Cake"!

The cafe welcomes people with all forms of memory loss and their carers. It is held at Woodbridge Football Club from 10.30 to 12.00 on the last Wednesday of every month.

If you would like further details please contact Rotarian Martin Kenyon on 01394 386933.

### MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

**You can find out about our venues at our website—mchall.org.uk.**

You can check hire rates, if they're available and make an online booking request.

Alternatively you can call our Booking Secretary on 01473 623203.

If leaving a message, please speak slowly and repeat your telephone number.

### THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

**martlesham.org.uk/pavilion**

Alternatively, please contact the booking secretary:

**email: bookingsecmhp@gmail.com**

phone: 07732 199712

### MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

*For any queries or bookings please contact 01473 623655.*

Building God's Family Together

# THE CHURCH IN MARTLESHAM & BRIGHTWELL

**RECTOR**: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)
**ASSOCIATE MINISTER**: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)
**READER**: Carolyn Smith 74 Heathfield, Martlesham Heath
**ELDERS**: Janet Foster janetwf33@gmail.com
Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

| Services for the Month | Martlesham Heath St Michael's<br>Martlesham St Mary's<br>Brightwell St John's | Online<br>on Facebook and YouTube. Search for 'Martlesham Benefice' |
|---|---|---|
| **Sunday 3rd April** | St Michael's 10am Holy Communion with Junior Church | 10am Holy Communion<br>5pm Zoom After Hours |
| **Sunday 10th April**<br>***Palm Sunday*** | St Michael's 10am Morning Worship<br>St Mary's 11am Holy Communion<br>St John's 6.30pm Evensong | 10am Morning Worship |
| **Friday 15th April**<br>***Good Friday*** | St Mary's 11am Hour at the Cross | |
| **Saturday 16th April**<br>***Easter Eve*** | St Mary's 7pm Compline | |
| **Sunday 17th April**<br>***Easter Day*** | St Michael's 10am Family Holy Communion<br>St Mary's 11am Holy Communion | 10am Family Holy Communion |
| **Sunday 24th April** | St Michael's 10am Morning Worship<br>St Mary's 11am Holy Communion<br>St John's 6.30pm Evensong | 10am Morning Worship |

**A warm welcome awaits you at all our services in our church buildings and online.**
**It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

**Midweek Services** Wednesday 13th, 27th: 10am Holy Communion at St Michael's

**Prayer Diary** Please include the following as an addition to your daily prayers:

April
5 Blessed are the Peacemakers.
6 Pray for the residents of Mayfield Lane.
7 Search me O God and know my heart.
8 We thank you Lord that you move in mysterious ways.
9 Give me hope in my heart keep me hoping.
10 Palm Sunday. A King riding on a donkey.
11 Lead me O Lord. Help me to follow you.
12 Thank you for those who are Carers and those who care.
13 For the residents of Mill Field.
14 Maundy Thursday. We pray for Elizabeth our Queen.
15 Good Friday.
16 Holy Saturday.
17 Easter Day. Alleluia, He is Risen!
18 Lord, help me to be a good listener.
19 Thank you Lord for your amazing creation.
20 For the residents of Mill Lane.
21 Thank you Lord for the kindness which people show.
22 We pray for all children and young people.
23 Give thanks for books and World Book Day.
24 We give thanks that we are free to worship today.
25 The greatest gift we can give to others is our prayers.
26 Pray for the work of The Bible Society.
27 For the residents of Netherwood Court.
28 We give thanks for the work of Hospices.
29 Thank you Lord for 'Open the Book' in schools.
30 We pray for The Children's Society.

May
1 May the God of hope and faith be with us.
2 We pray for those with life limiting illnesses.
3 We pray for Ukraine, its people and land.
4 For the residents of Newbourne Road.

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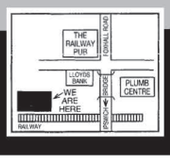


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- **Benefits Advisor** – ***Would you like to gain knowledge and experience in the welfare benefits system? Help us complete forms for clients, enabling them to access much-needed financial support!***
- **Admin Support** – ***Do you enjoy general admin duties? Help us ensure the smooth running of our office!***
- **Charity Development** – ***Are you good with social media/Internet/other promotional projects? Help us reach new clients and improve their lives with our help!***

**Contact us, we'd love to meet you!**
*FULL training and support will be given, so experience is not always necessary.*
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