

martlesham monthly

JUNE 2019

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martlesham monthly

JUNE 2019

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THIS MONTH'S PHOTOGRAPH *Neville Blenkinsop fly-in Martlesham Heath*

Portal Woodlands Group have been busy working on the tumulus and are looking forward to the annual Glow Worm and Bat Survey on the 28 June. Pop along with your torch and some warm clothes. If you would like some healthy exercise, the Conservation Group will be cutting bracken on 2 June.

On Monday 24th June, there will be a second chance to see Andy Peachy's talk about the Prehistoric, Roman and Saxon archaeology along the East Anglia One cable route'. This was so popular in February that not everyone could be fitted in, so do get your ticket now—details inside.

Work is underway on next month's village fete and we have details about how to get involved inside.

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact
Timandra Howell
martleshamscouts.thowell@yahoo.com.
Becoming a helper or hiring of the Scout HQ please contact Rachel Pennick
01473 610437

GIRLGUIDING MARTLESHAM

Currently we have

1 Rainbow Unit (ages 5-7), 4 Brownie Packs (ages 7-10), 2 Guide Companies (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a member or helping as a volunteer, please contact chris.s.cooper@btinternet.com (Martlesham) or www.girlguiding.org.uk/interested (HQ).

Come join the fun & start your Guiding adventure today!

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.35–1.50pm
Redwold Close: 1.55–2.10pm
Falcon Mobile Home Park: 2.20–2.50pm
Douglas Bader: 3.00–4.30pm
11 June, 9 July, 6 August,

Thursdays:

Douglas Bader: 10.15–11.45am
27 June, 25 July, 22 August,

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

Joining

If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you.

Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

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In case of emergencies please always call 999.

In non-emergency situations call the new number 101.

E-mail: the Safer Neighbourhood Team
Woodbridge.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon
01473 622160(johnny.dixon@btinternet.com)

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martmonthly@btinternet.com

Or deliver your copy to

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MARTLESHAM MONTHLY ONLINE
www.martlesham.com
And on Facebook

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM PARISH COUNCIL

Wanted - Three Parish Councillors!

As reported in the May newsletter, 12 out of 15 seats were filled in the Parish Council elections.

We therefore have 3 seats which can be filled by co-option at the next meeting of the Full Council on 05 June 2019 (details below).

Martlesham Parish Council has many functions and powers which can affect the quality of life of your community.

We look after open spaces, footpaths, play areas, bus shelters, litter and dog dirt bins; organise practical working parties; respond to planning applications and consultations; liaise with the principal authorities to raise matters of local concern such as traffic issues & getting about the Martlesham Retail Park, and work with local organisations. Don't worry you don't have to get involved in everything or be an expert to be a councillor.

If you think you could be a councillor, please contact the Clerk for more information and to check whether you are eligible.

Please come along to a meeting and find out what we're like – we'd love to meet you!

Parish Council Appointments

At its May Annual Parish Council meeting the Council made the following appointments from among its members:

Chairman – Mike Irwin;
Vice-Chairman – Laurence Burrows;
Development Plans Committee Chairman – Stephen Denton;
Finance & General Purposes Chairman – Laurence Burrows;
Recreation & Amenities Chairman – to be appointed.

Report on Annual Parish Meeting

There was an excellent turn out for the Annual Parish Meeting which took place on Wednesday 24th April. Following a presentation of cheques to local organisations which had applied for Parish Council grants, Mike Irwin (Chairman, Martlesham Parish Council) and Committee Chairmen reported on the finances and activities of the Parish Council over the last year.

Mr Irwin thanked all the Parish Councillors for their commitment to the local community. He thanked Mr Forbes for his contribution to footpath and tree maintenance every year. Mr Irwin presented certificates to Messrs Welch, Kelso and Brome recognising their long and invaluable service to the Council on the occasion of their retirement as councillors.

Potential closure of the Felixstowe Road for a pedestrian crossing

We are pleased to report that Suffolk County Council Highways has reviewed the proposed closure of Felixstowe Road associated with the installation of a pedestrian crossing. As a result the proposed daytime closures of the Felixstowe Road will no longer be required. Proposed overnight closures (two or three nights) will still be required to undertake the carriageway resurfacing on the Anson/Gloster/Felixstowe roads junction in order to incorporate the approaches to the two new zebra crossings. These closures are currently anticipated during the last week of June. Work on the paving/kerbing necessary for the Felixstowe Road zebra crossing can be completed from behind barriers whilst still maintaining two-way vehicular traffic flow. These works will immediately precede the overnight carriageway surfacing works. We are advised that, whilst these works are being undertaken, pedestrians will be diverted around the works, in a similar fashion to diversions during the Anson Road installation of the pedestrian crossing.

Martlesham Common Insect Study

Studies of the invertebrates on Martlesham Common have begun. By periodically identifying the variety of insects present on the Common we can ensure our Management Plan for the heathland is working well and it gives us valuable data. We are adding the study results to the recent flora and fauna study results for the Common. Together they help evidence the great environment in which we live.

Forthcoming meetings:

Parish Council – Wednesday 05 June 2019
Development Plans Committee – Wednesday 12 June 2019
Parish Council – Wednesday 03 July 2019
All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB
Telephone: 01473 612632
e-mail: clerk@martleshamcouncil.org.uk
website: <http://martlesham.onesuffolk.net> for latest news & events
Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

Three councillors received certificates recognising their long and invaluable service. Pictured from left to right: John Kelso, Wally Welch & Leo Brome





Our Annual Parish Meeting on 24 April. The following groups received the grants from our Chairman, who is standing on the left – they are left to right: Citizens Advice Felixstowe & District, Saplings Nursery, Suffolk Accident Rescue Service, Martlesham Conservation Group, and Martlesham in Bloom. A representative from the Greenways Project was unable to attend.

CHRIS BLUNDELL'S EAST SUFFOLK COUNCIL REPORT FOR JUNE 2019

The vote results of the East Suffolk Council election for the Martlesham and Purdis Farm Ward were as follows:

<i>Chris Blundell</i>	<i>Conservative</i>	<i>1209 elected.</i>
<i>Edward Thompson</i>	<i>Liberal Democrat</i>	<i>955 elected.</i>
<i>Patti Mulcahy</i>	<i>Conservative</i>	<i>918.</i>
<i>Margaret Walsh</i>	<i>Green</i>	<i>806 .</i>

The new council will have met for the first time on Tuesday 22nd May 2019 when the Leadership of the East Suffolk Council will have been determined. As I am writing this prior to that date there is little as yet to report. However, I have been made aware that the way the East Suffolk Council intends to operate will in some cases be different to previous practices particularly the Enabling Communities aspect of the Council.

It may also be helpful to note that the full East Suffolk Council meetings will now take place on Wednesdays and not Thursdays as previously, beginning at 6.30 pm and not 7.00 pm as previously.

The full council meetings will take place every second month thereafter beginning in June 2019 and will meet alternately first at Melton and then at Lowestoft. There will be one additional meeting in February 2020 at Lowestoft to agree the community charge and other financial matters.

Also the monthly East Suffolk Development Plans Committee (South) will meet every month at Melton and take place on every fourth Tuesday at 2.00 pm. The first such meeting for the new council will take place on 25th June 2019.

I ask now that all our Martlesham residents accept that the elected East Suffolk Council representatives will also have responsibility for Brightwell, Foxhall and Purdis Farm. However, it will take time to learn what their desires needs are.

If you would like to discuss these or any other matters with me I can be contacted on 01473 622716 or by email at www.chris.blundell@east Suffolk.gov.uk

Chris Blundell. East Suffolk Councillor (Martlesham and Purdis Farm Ward)

MARTLESHAM VILLAGE FETE

Saturday 20th July

With only a few weeks to go until the big day, we have been busy this month finalising some exciting activities and entertainment.

As we mentioned last month, this year we plan for the day to incorporate a larger and more varied choice of activities to cater for the younger members of the parish, as well as plenty for adults too.

We have also arranged a packed schedule of entertainment for the stage, featuring music from a range of bands, as well as dancing from a variety of performers. We will announce the full programme in next month's Martlesham Monthly.

If you wish to get in contact with us to find out more, or to volunteer to help on the day, please email mvfete@gmail.com or leave a message at Martlesham Parish Council on 01473 612632.

There was too much to fit in here, so please look for the longer report towards the middle of the magazine



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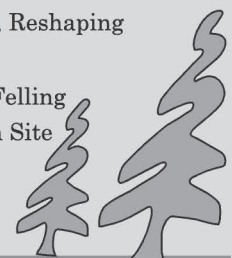
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HEDGEHOG NURSERY AT GORSELAND PRIMARY SCHOOL



As the warmer weather has come in, so has our interest at discovering those miniature monsters that live in our gardens!

Minibeasts have been located and observed underneath logs, tyres and even underneath our mud pit. We also made the discovery of a tunnel, which led to all sorts of questioning and thinking about who, or what made it.

We are getting ready for our super sports day, practising ball skills, jumping, balancing and having a go at running in a straight line.

Our forest adventures still continue and each week we discover something new to become curious about. We made fairy houses, nests, mud sculptures and found objects that have been left over from when the airfield was still active!

Our growing garden is coming along well, with all the little sunflowers getting stronger for the school allotment. Some of us have been to the allotment to help Grandparents to plant up tomato and cucumber plants. We are certainly a green-fingered bunch! We also have our very own beanstalks to plant up ... we hope to go looking for giants!

The oldest Hedgehogs are getting ready for their big move to their schools in September with dressing up in school uniforms, looking at books about school and being involved in lots of other fun things that involve big school.

If you are 'curious' and have a three or four-year-old, please don't hesitate to get in touch with the School Office to arrange a visit.

Mrs. T. Haig

Nursery Lead Teacher

Hedgehog Nursery is open Monday-Friday, 07.30-18.00 for 3 and 4 year olds. If you would like more information please visit www.gorseland.net or contact the School Office on 01473 623790.

KESGRAVE LIBRARY NEWS

Sunday Crafts (10 – 12 noon) – The following craft activities will be taking place during June:

Sunday 2nd – It's nearly Summer and time for the beach. Make a paper plate seahorse to decorate;

Sunday 9th – Next Sunday is Father's Day. Create a Papa Bear card for someone special;

Sunday 16th – Create a peg aeroplane as a Father's Day present;

Sunday 23rd – Design your own pipe cleaner finger puppet to take home;

Sunday 30th – Create a jazzy lolly to celebrate it being officially summer!

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

Free BookStart Sessions – every Thursday including Holidays.

Tot Rock - 9.45am – 10.15 am.

BabyBounce - 10.30am – 11.00am - Tea & Coffee

Free Story Time Sessions – every Friday 9.45 – 10.15 a.m. including holidays. This session combines stories and rhymes. All welcome. Why not pop along?

Other Library Events for June 2019

Every Tuesday afternoon (Term Time) 3.45 – 4.45 p.m. Lego Club. Parents must stay with under 8s. The themes this month are 04/06 – Free Play, 11/06 – Space, 18/06 –

Tractors, 25/06 - Suffolk Show. No need to book. Just pop along! This is a free activity.

New for June 2019

Second Monday morning of the month – 10/06 – Sofa Storytime 10.00-11.00 a.m.

Third Monday morning of the month – 17/06 – IT Drop In sessions 9.30 – 12.00 noon

Fourth Monday morning of the month – 24/06 - MacMillan Cancer Support Coffee Mornings 10.00 onwards – Once a month the library is holding a group for those suffering with cancer and their carers. This group is an opportunity to meet others, chat and offer each other support. Leaflets offering advice will be available. Coffee, tea and biscuits will also be provided. Just pop along, if you would like to attend. We now have a volunteer, who worked for Macmillan, helping to run this session now.

Volunteers Needed! Summer Reading Challenge - Are you interested in volunteering to help the staff at Kesgrave Library run this year's Summer Reading Challenge? The theme this year is Space Chase. The challenge runs all through the summer holidays for primary school aged children. If you are interested, please speak to a member of staff who will explain what the reading challenge entails and the process involved to become a volunteer.

Library Closure for Refurbishment – The library will be closed on Monday 17th June, as we are having the children's shelving refurbished. We will be open as normal from the Tuesday. Sorry for any inconvenience. 01473 626103 www.suffolklibraries.co.uk



Fun Activity Sessions for Pre-school aged Children

10.30 am to 12.00 noon
2nd and 4th Mondays of each month during term times

St Michael's Church Centre
Martlesham Heath IP5 3PL

Youngsters of 0 to 5 years old, have a fun start to your week by coming along to Bright Stars with your parents, grandparents, friends, family and/or carers.

Our fun half hour sessions are free and usually include singing, activities and making crafts to take home based around stories or themes from the Bible. After each session we have refreshments, when the adults can chat and the children can play, until approximately 12noon.

You are welcome to come along to any of our mornings, just turn up, no need to let us know in advance.

The next session dates, for the Summer Term 2019, are:

10th June

24th June

8th July

If you would like one of our Bright Stars leaflets with the session dates on it give us a ring on the number below and we will be happy to send it to you.

If you would like further information please contact: Sonya & Maureen Burrows
Tel.01473 625196

Birchwood Primary School Summer Fair

On

Saturday 22nd June

12noon to 3pm

Events will include: a grand raffle, bouncy castle, mega slide, fire engine, face painting, traditional fairground games, BBQ, country market and much more.

Thank you for supporting the PTFA.

We look forward to seeing you at the Fair.

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

You can catch the Intermediate Band at Kirton PCC Church Fete on Saturday 8th June from 12.45pm, and the Main Band at

St. Elizabeth Hospice 'Suffolk Remembers' event on Felixstowe Seafront on Friday 21st June from 8.30pm

We would love to hear from new players, young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and have a go! If you would like to join us, or if you already play or have previously played a brass instrument and would like to come along and meet us, please email join@martleshambrass.co.uk or use the contact details below.

Liz Howard. (Publicity Officer)

e_m_howard@talk21.com

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Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk

WOOLLY WONDERS

We are celebrating our 5th anniversary on 13th June with cake in The Runway Cafe.

We had 6 people at our first meeting in 2014. Numbers of knitters/crocheters have increased & now vary week to week between 8 & 22, all enjoying sharing their craft every Thursday between 10 & 12.

Come and see us and share some tips or learn a new skill.

We continue to support St Elizabeth Hospice with our busy group projects making anything suitable to sell for their 'Made with love' branding. Could be snails & sunflowers for their open garden trail this spring/summer, Seagulls (+ chips) for Maritime Ipswich and mermaids & crabs for Aldeburgh carnival!

Look out for our stall at Martlesham fete next month too.

As well as our own individual projects we are supporting a project helping families with premature babies & Suffolk AgeUK with little hats for Innocent smoothie bottles. They receive 25p per hat.

We hope to be able to give them several hundred!

Further details from Rachel 01473610437

PORTAL WOODLANDS CONSERVATION GROUP

At our AGM on 9th April, all our existing Committee members were re-elected and George Pennick was crowned this year's winner of the Nature Explorers Award in recognition of his contribution to conservation in the Parish of Martlesham – well done to George!

The meeting was rounded off with a fascinating talk by Duncan Sweeting on badgers in the Suffolk area.

Later in April, our Volunteers cleared brambles, saplings and other young shoots from the southern tumulus (Bronze Age burial mound) before the new spring growth had become too vigorous. They also reinforced the dead hedging around the tumulus, which had been broken down by walkers who fail to respect the importance of conserving this ancient monument which has the same protected status as Stonehenge.

Wildlife continues to abound in the woods, with a notable show of bluebells this year, as well as seasonal butterflies, such as the orange-tip, and an uncommon sighting of a pair of treecreepers.

Dates for the Diary

Volunteer Work Morning (all ages) Sunday 16th June, 10:00am – Noon.

Meet at the Education Area. Tools, training and light refreshments provided.

All welcome - no need to book.

Nature Explorers (11-18 year olds)

Saturday 20th July, 9:00am – 11:00am. Please book a place via our email below.

Annual Glow Worm Survey and Bat Walk

Friday 28th June. All welcome, no need to book. Meet at the Control Tower at 9:15pm, finish around 10:30pm, bring warm clothes and a torch. Subject to weather.

New volunteers of all ages and abilities are always welcome. No experience needed.

For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website: pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman.

George Pennick Nature Explorers Award
Photo Duncan Sweeting



PROBUS CLUB

A wonderful second episode completing the history of Shingle St by Sarah Margittai for our May 13th meeting. Our member Peter Youngs takes up the baton for our next meeting on Monday June 3rd. During the dry weather you have all seen the machines watering the crops in the Suffolk countryside and Peter has extensive knowledge of this from his original job managing the vegetable crops on the Broxstead estate at Sutton and his retirement job managing the East Suffolk Water abstractors group, looking after the interests of irrigators. He will explain why irrigation is so important, how it is done and where the water comes from; cover the legislation affecting abstraction before looking at future supply challenges and potential new sources of water in East Suffolk. A fascinating insight into problems that most of us know little about.

Probus is a club for retired business and professional men which meets at Woodbridge Golf Club on the first Monday of each month. A delicious lunch in good company followed by a fascinating talk. A wide range of subjects is covered each year. There are outings and a ladies summer and Christmas lunch annually.

Have a look on our website. woodbridgeprobus.org.uk or you can call or text Ray Hooper our secretary on 0751122454



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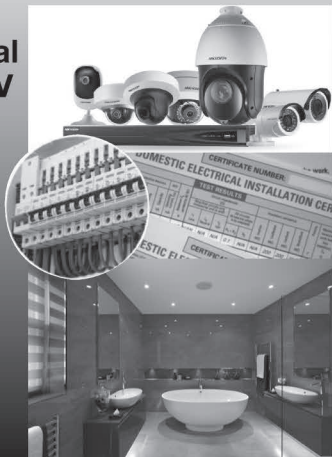


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MARTLESHAM VILLAGE FETE SATURDAY 20TH JULY

With only a few weeks to go until the big day, we have been busy this month finalising some exciting activities and entertainment. As we mentioned last month, this year we plan for the day to incorporate a larger and more varied choice of activities to cater for the younger members of the parish, as well as plenty for adults too.

In particular, we are excited to have a fairground at this year's event, featuring bungee trampolines, a mini coaster ride, toy roundabout, inflatable slide, adventure play, and kiosks selling sweets and candy floss. Additionally, face painting, craft activities, taster sessions of yoga for children, and a variety of activities and games at the stalls means there will be plenty to keep the younger (and older!) ones entertained.

We are also pleased to announce that there will be an exciting Mini Sports Tournament, incorporating competitions for individuals in a range of different sporting skills, for all ages. This is kindly being organised by staff at Copleston and Kesgrave High Schools. The tournament will be split into four age ranges; under 11, 11 to 17, 18 to 64 and over 65s, with a host of prizes for winners. We are grateful to Aldi for donating the prizes.

Like last year, we will also have a large assortment of stalls and displays from local organisations and charities showcasing their work in the local community.

We have also arranged a packed schedule of entertainment for the stage, featuring music from a range of bands, as well as dancing from a variety of performers. We will announce the full programme in next month's Martlesham Monthly.

If you wish to get in contact with us to find out more, or to volunteer to help on the day, please email mvfete@gmail.com or leave a message at Martlesham Parish Council on 01473 612632.

MARTLESHAM HEATH AVIATION SOCIETY

Our AGM was held on Friday, 3rd May. Our chairman, Martyn Cook was able to report another successful year.

Our meeting next month promises to be a most interesting evening. Sally Dearman Cummings was the first woman in the RAF to pass through the RAF fast-jet flying programme. Sally flew Tornados and F4 Phantom jet fighters before re-training as a helicopter Search and Rescue pilot. She has a remarkable story to tell and is a most entertaining speaker. An evening not to be missed!

Meetings are held in the Community Hall, Felixstowe road, Martlesham, IP12 4PB and start at 7.30pm with a tea/coffee break. Non-members are welcome for a payment of just £4 at the door.

Our Control Tower museum is now open on Sunday afternoons from 2pm to 5pm.

Alan Powell 01473 622458

www.mhas.org.uk

MARTLESHAM SURGERY - PRACTICE & PATIENT GROUP (PPG) NEWS

We have been a bit quiet over the past couple of months because we've been busy welcoming FIVE new members to our group - a big thank you to all our members, new and existing. We've also been working on an exciting new project.

As a PPG, we were delighted to obtain funding to run a series of three falls prevention programmes over the next year, which could help up to 24 patients. The surgery identified those who are at higher risk of falling as a result of muscle weakness, poor balance or other long-term health conditions. The PPG then hosted an information event on 16th May to explain more about what's involved. If you were invited to attend but couldn't come on that date, it's not too late. The first programme starts in September and there will be two more to follow. If you would like to find out more, please get in touch with Lynne Marsh, Practice Manager at the surgery (email lynne.marsh@nhs.net or leave her a note with reception).

If you are interested in joining the PPG or would like to know more about what we do, please email: MartPPG@gmx.com or leave your contact details with reception marked 'FAO PPG'.



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Amazing Archaeological Discoveries

**A new view down the River Deben valley
Prehistoric, Roman and Saxon
archaeology along the East Anglia One
cable route'**

by archaeologist Andy Peachey

Monday 24th June 2019

7.30 pm.

at

St Michael's Church Centre,
The Drift, Martlesham Heath, IP5 3PL
Admission, by ticket only, £5.00

Light refreshments and a raffle.

The venue is fully accessible and there is adjacent free parking.

Tickets, £5.00, can be obtained in advance from the Burrows family, 17 Squires Lane, Martlesham Heath IP5 3UG, please provide a stamped addressed envelope, and any cheques payable to 'The Roger David Burrows Music Fund'.

Andy is an archaeologist who has been working across East Anglia for the last 15 years and over the last two years on a major project, the East Anglia One cable route. He will be talking about the amazing and unexpected finds discovered during this work, some close to Martlesham, including an exciting array of new settlement evidence, including Roman and Saxon buildings and an exceptional prehistoric monument, trackway and artefacts that may coincide with the earliest settlements and agriculture in the region approximately 4000 years BC.

Some of these were featured on BBC4's Digging for Britain in December last year and earlier in the local press.

Further information about the above event and the Music Fund can be obtained from Burrows family (01473 625196) or www.rogerdavidburrows.co.uk



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MARTLESHAM HOLIDAY AT HOME 2019 IS THIS MONTH

It's your last chance to book for Martlesham Holiday at Home 2019, which is taking place from Monday 10th June to Sunday 16th June.

Holiday at Home is a holiday with a difference; a week of activities organised specially for the over 55's who live in Martlesham and the surrounding areas. An interesting programme has been arranged to include entertainments and outings plus lots of tea and cake. It is a wonderful opportunity to meet others and you are welcome to come to just one event or as many as interest you.

Programmes and booking forms are available from St Michael and all Angels or the Runway Café, Martlesham Heath, St Mary's or Martlesham Post Office, Blacktiles Lane, Martlesham and from St John's Church, Brightwell.

For more information contact Hazel on 07896 728332.

MARTLESHAM LADIES CLUB

We have two meetings planned for June before our summer break.

On 6th June Elaine Whitmore will give a talk entitled 'The Mary Rose - past, present and future' and on 20th June we will hold our AGM followed by light refreshments.

Our Coffee Morning will raise money for 'Suffolk Search and Rescue' who use specially trained dogs to help find missing persons. It will be held on Saturday 15th June at 14 Gayfer Avenue, Kesgrave from 10 00am to 12 noon. There will be coffee or tea, scones and cakes plus a raffle, tombola, various stalls and competitions. Do come along to help raise money for this very worthwhile local charity.

For more information contact Doreen Boar 01473 622768.

MARTLESHAM HEATH CARPET BOWLS

Suffolk Carpet Bowls Association Second Division champions

We held our Annual Dinner on April 11th, at Woodbridge Golf Club. Twenty four members and guests attended, and we were very well looked after by the staff at the Golf Club. Thanks to Judith Longman and Bob Wellington for organising the customary after dinner quiz.

The Club competitions have now been completed. Most have already been reported but in the two remaining finals Bob Wellington beat Vic Harrup in the Men's Singles, and Vic Harrup beat Gordon Levett to take the Club Championship.

Following on from our success in becoming

Second Division champions, we played a friendly match against Bealings, who ended the season as Third Division champions. It was an enjoyable evening that provided the opportunity for both teams to be presented with their trophies

The AGM took place on 7th May. and was attended by 28 members. The officers were re-elected unopposed. Four committee members stood down this year, with special thanks going to Judith Longman who has served on the committee for 17 years. Peter Mullett, Dave Seggers, and Nigel Abbott were also thanked by the chairman, who hoped they would still continue to take an active role in supporting the club. New members on the committee are Sharon Clarke, Diana Gaskin, and Eddie Manning.

MARTLESHAM HISTORY SOCIETY

MONDAY 10TH JUNE 2019

Ipswich Friars

Elizabeth Serpell

Did you know that before the Reformation Ipswich was home to a number of communities of friars and other religious orders.

Who were they, where did they live and what remains to be seen of their houses?

Interested,?

then come along and find out.

Meetings are held in

The Pavilion, Martlesham Heath,
Ipswich IP5 and commence at
7.30pm.

Admission fee is £2.50 and meetings are open to all.

We still have a few vacancies at the club, and would welcome new members. We meet on Tuesday and Friday afternoons from 1:30 to 4:30 pm., and Tuesday evening from 7:30 to 10 pm., at the Community Hall in Old Felixstowe Road, behind Tesco.

In a session we play a number of friendly games, with a break for tea and biscuits. No previous experience is necessary, it is not physically challenging, and the club provides all of the necessary equipment. Just turn up or you can ring our secretary, Ian Hunt, on 01473 611947, or e-mail douglas.benger@btinternet.com, especially if you plan to come along on a Tuesday evening, as there may be a League match..

Doug Benger



Celebrating a hundred years of Country Markets

One hundred years ago the members of the Lewes Women's Institute set up their tables before their first ever market. Were they nervous? Did they worry that no-one would come and buy their jams, pies and beautifully baked cakes? It must have been a success: let's imagine them folding their table cloths and sweeping the floor to tidy up afterwards, smiles on their faces, congratulating each other. Did they know what a Great British institution they had started? Shortly after the East Sussex ladies' success, markets sprang up in East Kent and soon spread through Berkshire and Buckinghamshire. By 1932 a grant from the Carnegie Trust had enabled the model rules and a handbook to be written and individual markets were soon being registered under the Industrial and Provident Societies Act. An IPS is a type of mutual society and now comes under the Co-operative and Community Benefit Societies and Credit Unions Act 1965. Under the provisions of the 1965 Act, an IPS must be run either as a co-operative or for the benefit of the community.

"Country Market" was trade-marked in 1982 and in 1990 the National Federation of Women's Institutes, NFWI, became a Charitable Company. WI Country Markets Limited separated from NFWI in 1995 and the WI initials were dropped in 2004. The clever little Country Markets Cook Craft Grow logo appeared in 2013. Look carefully – it symbolises our high quality local artisan products, homemade baked goods, preserves, eggs, garden grown fruit, vegetables and plants and a uniquely diverse range of skilled craft and artwork. Every market is different but they all share the same co-operative values of self-help, self-responsibility, democracy, equality, equity and solidarity.

Our Martlesham Heath Country Market has proudly existed for nineteen years. We have a Tuesday morning market from 9 -11.15am at The Pavillion in Martlesham Heath and , every third Saturday in the month at Kesgrave. You can find lots of information on our Facebook and Instagram pages, search for Martlesham Heath Country Market and look out for the logo. Our centenary celebrations are beginning to unfold and on Tuesday 9th April we took great pleasure in presenting our first customer ordering from our new 'Family Sized Menu' with a free floral arrangement. You can collect the menu at market or view it on our social media pages. The next floral arrangement will be given away to customer number ten. Will it be you? We hope so!



MARTLESHAM CONSERVATION GROUP

This year the spring seems to have been all over the place with a really warm temperature in February, cold and dry through March and April but with an exceptionally warm Easter weekend, and at the time of writing a wet cool May. The impact on our wildlife may be difficult to predict and understand. Migrant birds seemed a little later arriving on the whole having been held back by persistent northerly winds for a while in early spring. Various butterflies appeared in good numbers in the warm spells but may have been knocked back by the colder and damper spells. However, we have a good number of Nightingales out on the heath SSSI and Common this year in the thicker more bushy vegetation, with the males giving vent to their complex and varied song. They can get very loud if two adjacent males are competing against each other. They will often sing through the night and large parts of the day too and can usually be heard singing through into early June but then go quiet. So listen out in the first week of June as this could be your last chance to experience this wonderful birdsong until next year. Other migrant birds that have been making themselves heard include the Whitethroat, Lesser Whitethroat, Garden Warbler and Black Cap. Butterflies such as the bright yellow Brimstone, Orange Tip, multi-coloured Peacock, Holly Blue and Green Hairstreak have also added colour and movement to the spring landscape. In June these butterflies will be succeeded by summer species such as the Meadow Brown, Gatekeeper and three types of Skipper.

June should also see the emergence of the adult Silver Studded Blue butterflies on the heath. The caterpillars of these small blue butterflies use heather as their food plant but also involves small black ants in their life-cycle. Both need to be present for a successful colony. Last year was a good year for these butterflies so it will be interesting to see how they get on this summer. Later in the month or early in July we will attempt to count these butterflies on the heath SSSI and Common, please get in touch if you would like to be involved.

Our grateful thanks go to Martlesham Parish Council for supporting us by covering the cost of our insurance for this year.

Our work party in June will take place on Sunday 2nd June at 10am when we aim to cut bracken and thereby encourage more heather. Please meet out on the heath on the bank that runs east-west.

Phil Smith 01473 625630

U3A is open to all, with no entry qualifications!

The title may be a bit misleading. U3A, or University of the Third Age, is in no way a University! It's a members' run group of "older individuals" who want to get as much as possible out of life.



There's no entry qualification and no barriers. All that U3A asks is that you come along with an open mind, be prepared to join in and contribute to one or more of the many activities on offer. And the range of activities is huge, with everything from walking to knitting, astronomy to Spanish, scrabble to Shakespeare.

The speaker programme includes talks on different topics at various venues. Upcoming ones are listed below.

The U3A Open Day on Friday 6 September from 10.30 to 12.30 at Kesgrave Community Centre gives members and potential members notice to see what is on offer for the coming year.

Monday 10 June 2.00pm

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

Annual General Meeting

U3A promises a warm welcome to existing and potential members. All details of membership are available on the website: www.u3aeastsuffolk.org.uk. Alternatively call the membership secretary on 0300 123 3913.

NB: Occasionally U3A may have to make last minute changes so please see the website for the most up to date information

The University of the Third Age (U3A) in East Suffolk is a thriving cooperative offering educational, recreational and social activities for its members, who are in their 'third age' – the time after they have finished working full-time or raising a family and have the time and opportunity to pursue their interests or try something new. With more than 2,200 members, U3A in East Suffolk offers a lively speaker programme (27 talks in the 2018-19 session), and more than 170 interest groups and short courses. All of this can be enjoyed for a modest annual subscription. Registered Charity no.1112974.



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Suffolk Wildlife Trust - Woodbridge Wildlife Group

We have two events in June.

On Saturday 8th June at 10.00 am we have a walk in search of "The Rich Flora of Sizewell Belts" led by the reserve warden Dayne West. Sizewell Belts (post code IP16 4UP) is renowned for its wildflowers, having a complex of different habitats including one of the largest wet meadows in England. It is also an exceptional place for Dragonflies especially the rare Norfolk Hawker. Numbers are limited for this walk so pre-booking is essential so please contact us via phone on 01473 625630 or via e-mail at swtwoodbridge@outlook.com. There is no charge for admission, donations are very welcome.

On Friday 28th June at 9.15pm, we have an evening walk for Nightjars and Glow worms at Blaxhall Heath and Common. Please park at Sandgalls car park OS Grid reference TM 382 559. Contacts 01473 625630 or 01394 411237. There is no charge for admission, donations are very welcome.

WICKHAM Market Flower Club

The first visit is free

Contact June on 01394 384803
for more information.

DEBEN ROTARY GOLF DAY

The Rotary Club of Woodbridge Deben are holding their annual Charity Golf Day on Thursday 18th July at St. Audrys Golf Club in Melton. Teams of four players, playing in pairs, will compete for the Marie Hunt Shield plus individual and team prizes., and the entry fee is £20 per player. This year our chosen charity is the East Suffolk Prostate Cancer Support Group which will receive half of the money raised, the other half going to help support the many local, national and international charities Deben Rotary are involved with. Entry forms can be downloaded from our website, www.debenroary.org.uk, or obtained from Rotarian Simon Smith on 01473 612410 or 07804 90086.

SUFFOLK DAY

**CELEBRATIONS IN KIRTON
22ND JUNE**

**Kirton Recreation Ground and
Village Hall 12.00 to 4.00.**

A fun day to celebrate our small part of Suffolk from its history to the present day. Lots to entertain everyone. Fun Dog Show, Story teller and MC, Tri Golf, Displays by

Martial Arts groups and Majorettes, and Dog Trainer. Local Schools singing the Suffolk Song. Tractors old and new, Bees, Suffolk Lavender, Food and drink. Children's Bouncy castle and activities including Free Face Painting. Display of Local Skills, Stonemason, Forge, Carpenter. Stalls. History Displays in the Village Hall. Rickshaw transport provided free!

Contact Details :Susan Harvey
Susanbharvey29@gmail.com

WOODBIDGE LIBRARY

**Throughout June – Sale of withdrawn non-fiction library books
All proceeds go to Woodbridge Library/**

Tuesday 4th June, 12.45-1.30pm – Lunchtime Music with guitarist Ian Kelleher

Paying a return visit to Woodbridge Library, Ian is a classical guitarist who teaches in schools in Essex and Hertfordshire, runs a guitar club and performs widely in East Anglia. He has also toured India widely where his playing received rave reviews.

The concert is free of charge but donations to the work of the Friends of Woodbridge Library are very welcome.

Tuesday 11th June, 10am-12 noon – Realise Futures Walk-In Advice & Guidance Session for People with a Learning Disability and/or Autism

Come along to a Realise Futures walk-in advice and guidance sessions. They can provide support, advice or information on housing, employment, benefits, training, money, travel, safety, health, bills/letters, social. There is no need to book an appointment.

Contact Realise Futures to find out more about this service and what's happening in your local area. 07753 447607 info@realisefutures.org

THE MOTHERS UNION.

Instead of annual outing a Fun Afternoon at St Michael's Church Centre has been arranged on

Wednesday June 5th at 2.30pm

Games and competitions followed by a Strawberry tea. A fun afternoon promised.

On Wednesday July 3rd at 2.30pm In St Michael's Church Hall

Jill will talk to us about Avoiding Scams.

All welcome to this meeting

Something New Every Day

My French daughter-in-law has very specific ways of completing some tasks, especially when it comes to folding the washing. On a recent visit my husband was helping her to fold some bedding and when it came to the fitted sheets I sat and laughed as he was taught how to get the fold in the right place using his chin. 'When you stop learning something new every day then you become too old' he was told.

It reminded me of some words written in one of the early books of the bible – Lamentations - The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness.

To learn to give ourselves and each other a fresh start everyday, regardless of what yesterday held, must be the greatest lesson we can learn from one another.

Rev Margaret Rittman
Martlesham with Brightwell

CHRISTIAN AID WEEK MAY 2019

Thank you to everyone who contributed to the Martlesham Heath Tesco's collection on May 1st, which raised a total of £200.

Many thanks also to everyone who contributed to our house-to-house collection, and to all the wonderful volunteer collectors who made this possible. We have not yet finished counting the contents of all the envelopes and will let you know the final total for this part of the collection as soon as we can.

We are sorry if we were unable to deliver or collect in your road this year. If you wish to make a donation, cheques can be sent directly to: 'Christian Aid FREEPOST' (no stamp or postcode required) or you can donate online at caweek.org

Together we are helping to tackle the root causes of poverty that endanger the lives of so many mums and babies in the world today. On their behalf, thank you.

Martlesham Christian Aid Group

HEADWAY SUFFOLK MARTLESHAM DEMENTIA GROUP

Brain injury charity Headway Suffolk runs a monthly social support group for people living with dementia in Martlesham.

It takes place every fourth Thursday of the month at St Michael's Church Centre, The Drift in Martlesham from 11.45am – 3.15pm. The person with dementia must be accompanied by a carer.

The group partake in a variety of stimulating and engaging games and activities. It costs £6.50 per person, which includes a fish and chips lunch and refreshments.

The next date the group meet is on Thursday 27 June 2019.

Find out more at:
www.headwaysuffolk.org.uk/dementiamartlesham.

If you would like to make a referral or want to volunteer (as below), contact Maureen Howes on 01473 712225 or email: maureenhowes@headwaysuffolk.org.uk.

Can you volunteer some time to help us?

The groups rely on the goodwill of volunteers to help in the kitchen, with preparations and tidying away, as well as engaging clients in discussion and with various activities, such as indoor games, cognitive exercises and singing.

Martlesham Group

Every 4th Thursday

11.45am – 3.15pm

St Michael's Church Centre,
The Drift, Martlesham IP5 3PL

Thursday 27 June

Thursday 25 July

Thursday 22 August

Thursday 26 September

Thursday 24 October

Thursday 28 November

No group in December

£6.50 includes fish and chips,
biscuits, cake, tea and coffee

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com
phone: 07732 199712

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back (please speak slowly and repeat the number)

Alternatively e-mail

martcomhall@btinternet.com

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THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath
Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTER: The Revd Margaret Rittman Woodlea, The Street, Martlesham
07914 771061 (working days: Sunday, Wednesday, Thursday)

CURATE: The Revd Christine Pinder 3 Mayfields, Martlesham Heath
07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Carolyn Smith 74 Heathfield, Martlesham Heath
Malcolm Rittman Woodlea, The Street, Martlesham

ELDERS: Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (evening only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Brightwell St John's
Sunday 2nd June	9.45am All Age Service 5pm After Hours Service	11am Holy Communion (Prayer Book)	8am Holy Communion
Sunday 9th June	9.45am Holy Communion with Junior Church	11am Morning Worship	6.30pm Evensong
Sunday 16th June	9am Breakfast@9	11am Holy Communion	8am Holy Communion
Sunday 23rd June	9.45am Holy Communion with Junior Church	11am Morning Prayer	6.30pm Evensong
Sunday 30th June		10.30am Benefice Service Holy Communion	
Midweek Services	Holy Communion each Wednesday at 10am in St. Michael's. A warm welcome awaits you at all our services		

Prayer Diary Please include the following as an addition to your daily prayers:

- | | |
|--|--|
| June | 21 For all at Friends on Friday today |
| 5 Residents of Church Lane | 22 For migrants and refugees |
| 6 For all newcomers to the area | 23 For St John The Baptist and his teaching |
| 7 For the Runway Café and all who visit | 24 For all house groups |
| 8 For all who work at local medical centres | 25 For the unemployed and their families |
| 9 Pentecost, give thanks for the gift of The Holy Spirit | 26 Residents of Copse Close |
| 10 For Holiday @ Home plans | 27 For the Mothers' Union worldwide |
| 11 For the village markets | 28 For all who are lonely |
| 12 Residents of Clayton Court | 29 For answers to save the planet |
| 13 For night shelters and the homeless | 30 St Peter and St Paul and their influence on so many |
| 14 For peace in all war torn areas of the world | July |
| 15 Pray for all who mourn | 1 For those persecuted for their faith |
| 16 Trinity Sunday, give thanks we are free to worship | 2 For all farmers and gardeners |
| 17 All the sick and suffering | 3 For all suffering from memory loss |
| 18 For Water Aid and all who need fresh water | 4 Thank you for our Christian family |
| 19 Residents of Coopers Road | |
| 20 For all involved in the hospice movement | |



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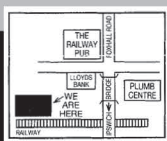
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