

martlesham monthly

JANUARY 2020

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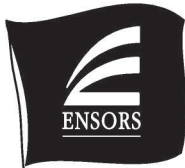
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martlesham monthly

JANUARY 2020

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THIS MONTH'S PHOTOGRAPH . Happy New Year from the Martlesham Monthly Team

With Christmas over, thoughts turn to working off the Christmas celebrations. You don't need to go far as we now have our own Trim Trail.—a neat 5km for those doing couch to 5k, but it can be used for shorter and longer circuits. Don't forget to send the Parish Council your pictures from along the trail!

With the environment high on the news agenda, you can keep fit and take care of the local wildlife. There is plenty to volunteer for with the two conservation groups and also the first of two Megabashes will take place on 25 January on The Common. For anyone with a longer term interest there is a vacancy for Tree Warden for the parish—see the Parish Council Page.

If you want to stay in the warm, there is a 'Last Night of the Proms' concert on Sunday 5 January where you can sing along (and exercise those lungs) and all the usual groups and clubs to attend—look inside and see what's on offer.

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact
Timandra Howell
martleshamscouts.thowell@yahoo.com.
Becoming a helper or hiring of the Scout HQ please contact Rachel Pennick
01473 610437

GIRLGUIDING MARTLESHAM

Currently we have

1 Rainbow Unit (ages 5-7), 3 Brownie Packs (ages 7-10), 2 Guide Companies (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a member or helping as a volunteer, please contact chris.s.cooper@btinternet.com (Martlesham) or www.girlguiding.org.uk/ interested (HQ).

Come join the fun & start your Guiding adventure today!

MOBILE LIBRARY TIMES

Tuesdays

Angela Close: 1.35–1.50pm
Bridge Farm Day Nursery : 1.50–2.10pm
Falcon Mobile Home Park: 2.30–2.55pm
Douglas Bader: 3.00–4.30pm
21 January 2020 18 February, 17 March

Thursdays:

Douglas Bader: 10.15–11.45am
19 January 2020 6 February, 5 March

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

Joining

If you live in Suffolk or a neighbouring county complete the online form and we'll post your card to you.

Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

POLICE

In case of emergencies please always call 999.

In non-emergency situations call the new number 101.

E-mail: the Safer Neighbourhood Team
Woodbridge.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon
01473 622160
(johnny.dixon@btinternet.com)

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**Latest copy date is the
12th of the preceding
month.**

Please e-mail contributions to :

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Or deliver your copy to

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**MARTLESHAM MONTHLY ONLINE
www.martlesham.com
And on Facebook**

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM PARISH COUNCIL

Our best wishes for the New Year to all our parishioners.

It's that time of year again to reflect on the past and look forward towards what the new year might bring in the parish.

Go to <http://martlesham.onesuffolk.net> to see a summary of what we have been up to in 2019

Looking ahead to 2020:

- Last year we envisaged work commencing on the building of Brightwell Lakes, but this has been delayed, largely due to highways issues we understand. We still don't know when the development will begin.
- Work to commence on next phase of provision of sports facilities.
- Developing a management plan for the Recreation Ground so it is a place the community wishes to visit.
- Building on the Climate Emergency work that has started, including trying to enhance our bus service.
- Improving how we recruit and look after volunteers.

Megabash on the Common Saturday 25 January 2019, 10am – 3.30pm

What is a megabash, you ask? It is a community event designed to get people actively involved in practical wildlife conservation & looking after the land on their doorstep!

It will be led by the Greenways Project, with the support of other local volunteer groups. Activities planned are scrub clearing, woodland management, dead hedging & path improvement work. Just bring yourself in appropriate clothing and footwear as tools & expertise will be provided, and, most importantly, tea, coffee & biscuits, along with jacket potatoes cooked over a bonfire (weather permitting).

Meet at 10am in the Martlesham Community Hall car park, Felixstowe Road, IP12 4PB.

Memorial bench in front of the Community Hall

The Council is replacing the old bench and offers the opportunity for this to become a memorial seat if any community member or family would like to meet the costs of

purchase and installation. Please contact the Clerk by 31 January 2020 for further information and to register an interest.

Forthcoming meetings:

Parish Council – Wednesday 08 January 2020

Recreation & Amenities Committee – Wednesday 15 January 2020

Parish Council – Wednesday 05 February 2020

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632

e-mail: clerk@martleshamcouncil.org.uk

website: <http://martlesham.onesuffolk.net> and

facebook: <https://www.facebook.com/MartleshamParish> for latest news & events

Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

Could you be Martlesham's next Tree Warden?

Martlesham Parish Council (MPC) is seeking a replacement tree warden for the parish, as John Forbes, the present tree warden wishes to hand over the tasks. He has done an amazing job for countless years, often with the help of his wife. We are so grateful for his dedication to this service.

Mr Forbes describes the role:

It is entirely voluntary and interesting. It is a chance to do something for the community, climate emergency and wildlife.

Duties of the tree warden:

1. Encourage the planting of trees and hedges whilst ensuring that aftercare is provided and land ownership is respected.
2. Update surveys such as Martlesham part of the Suffolk Hedgerow survey, the veteran tree survey or disease surveys e.g. Ash dieback.
3. Inspect trees on MPC land every 6 months (winter & summer) and after gales to check for obvious dangers to the public.
4. An independent tree expert inspects on a 2-year basis. The tree warden, in conjunction with office staff, is expected to help sort out the implementation of the expert recommendations e.g. call in a tree surgeon or arrange a voluntary work party, as appropriate.
5. 5ESC consult MPC on applications for work on trees with tree preservation orders. The tree warden inspects from the public highway and conveys any local knowledge or likely effects on the street scene.
6. If not a member of MPC's Development Plans Committee, occasional attendance to advise on tree issues would be useful but is not essential.
7. Attend tree warden training sessions. These are very good - enjoyable, interesting and informative. Fees and expenses are met by the Parish Council.

Please contact the Parish Clerk for further details. If you are interested, please give your name to the Clerk by 31 January 2020.

VOLUNTEER PLAY AREA INSPECTORS REQUIRED!

Recently some of our volunteers who have been regularly inspecting our play areas have had to give up. We are very grateful for the work that they have done in making sure our children enjoy safe equipment.

We now need replacement volunteers – the more the merrier in order to reduce the workload!

We look after two play areas on Martlesham Heath and two in 'old' Martlesham along with the Diamond Jubilee bike trails. It might suit someone who already visits the play areas as a parent or carer.

Ideally, we would like a commitment to do an inspection at least once a month; this can be for just one play area. Anything helps! Training and checklists will be provided.

If you are interested, please do contact the Council office as above

We look forward to hearing from you.

MARTLESHAM COMMUNITY ORCHARD

We are pleased to announce that we plan to plant the first stage of the orchard in February 2020. This will be in the section closest to the entrance to Gorseland school.

We hope to announce the exact date and time for you to come along in the February edition. If we don't manage that due to copy deadlines check the parish council website and facebook page in early February for details.

We plan to have an orchard of full-size trees, the apples using MM111 root stock, which can cope with our poor soil and is disease resistant. There will be room for eight trees and we will make the most of this early phase by having five different varieties of apple, two types of gages and a plum tree. Something for everyone's taste buds

We are also very pleased to announce that the pupils of Gorseland school will be encouraged to take an interest and support us by helping with the watering. We hope that all local schools, groups and societies will consider how the orchard can be a learning experience and an opportunity to help the community by volunteering.

Specifically, as many hands make light work a rota of volunteers is needed to support the team with watering duties, especially during the summer. This will not be onerous, an occasional visit to the orchard to water the trees, from a nearby source of water. Please let the team know via the parish council if you can help.

A working group of Martlesham Parish Council

MARTLESHAM HEATH HOUSEHOLDERS LTD

Tree Planting

As part of our tree planting scheme we have secured some saplings for planting at the rear of Broomfield to deter gorse growth and future fire risk. Planting will take place in early March. Also, a further 3 trees, kindly donated by the Rotary Club, were planted between Westland and Broomfield. We inherited a problem at this location many years ago when a house owner planted Leylandii on MHHL land as a boundary and neglected it. Due to their size we have had to remove these trees. May we remind everyone that MHHL does not accept this as it is a land grab issue.

Parking on Grass Verges

Can we ask members to remind builders and other contractors conducting private work to try and avoid parking on grass verges as this will seriously damage the area? The ground is very soft at this time of year and we do not want to be in a position where we have worn or rutted areas in the summer as this makes it hard to cut and is also unsightly..

Annual Maintenance Payments

Some owners have not yet paid their Annual Maintenance Charge. Unfortunately, they will incur a small surcharge of £2.50. Please note that we do not want to issue these surcharges as it is time consuming and unnecessary. By the time you read this all overdue debtors will have received a statement showing the amount outstanding. Therefore, please can all owners who have not yet paid, now write the cheque or transfer the funds. For all those who have already paid – a big thank you.

Damaged Trees

We have lots of wonderful open land with many trees. If you see any tree branches that have fallen or have become damaged after inclement weather please let us know telephone 01473 612207 and we'll deal with it if it is on our land or we'll pass it on to the landowner. You are strongly advised not to walk in wooded areas during or immediately after inclement weather.

The New Year/Decade

In the new decade there are going to be further issues and pressures on the land. There will be increased demands arising out of the new housing developments with the resultant impact on traffic flow. The committee will work to ensure that the interests of Martlesham Heath are always at the forefront of any actions taken. Should any owners wish to give some time to volunteering they will always be more than welcome and don't forget the AGM which will be held on Tuesday 10th March 2020 in the Pavilion. Happy new year – I can hear some people saying that the new decade doesn't start until 1 January 2021.

Contact and further information

If there are any issues that you feel that need attention please do not hesitate to contact MHHL by leaving a voicemail on 01473 612207 or by email to mhh@martlesham.org.uk or by post to MHHL, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

MARTLESHAM VILLAGE FETE

We hope you have the date saved for
Saturday 18th July 2020

We are pleased to say that we already have the fairground booked for next year as it proved so popular and that we are continuing to tweak the event as we learn from experience and your feedback.

We are determined to enhance it as a Martlesham family orientated event giving local people an opportunity to enjoy and learn about all the activities and skills we have in Martlesham. So if you have a skill or talent or organise a group or activity you would like to share with us please do consider getting in touch, if you haven't already done so. We can always add new faces to our existing band of "regular" stallholders. If you had a presence in 2019 we will be contacting you shortly in the new year with a booking form for 2020, hope you can make it.

As always we are open to new people to join our little team to bring fresh ideas and new skills. It is an enjoyable experience and doesn't seem like work at all. Please contact the parish council if you are interested

A working group of Martlesham Parish Council

ST ELIZABETH HOSPICE USED STAMPS/ COINS APPEAL

A very big THANK YOU to everyone who saved their used stamps over Christmas and posted them through my letter box. I now have several bulging bags full of stamps ready to take to the hospice in Foxhall Road, Ipswich. The stamps are sorted by volunteers and sold online to raise money, with any special stamps and collectors albums being auctioned separately. Old British and foreign notes/coins can also be sold to raise funds.

I collect stamps and coins all year round, so please continue to support the hospice throughout the year by posting your used stamps and old British/foreign coins through my door. Or if it's more convenient for you, they can be taken to our nearest library on Grange Farm, or to the hospice shop over on Gloster Road.

Thank you all for continuing your support for our local hospice. Keep up the great work!

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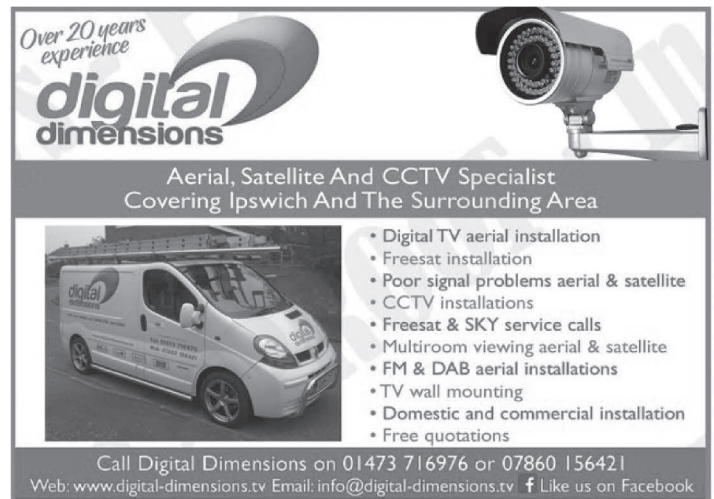
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HEDGEHOG NURSERY AT GORSELAND PRIMARY SCHOOL

Happy New Year!



Hedgehog Nursery had a great end of term Christmas celebration with our 'Wriggly Nativity,' which had everyone wriggling in their seats!

The New Year has brought some new friends to join us. We have been getting to know each other and playing lots of friendship games to help the new Hoglets feel welcome as they make new friends. We are looking forward to the new term thinking about our wishes for ourselves and for our families. We are all secretly wishing for lots of lovely snow to explore and investigate!

Our 'Secret Reader' starts this term when we invite a parent of one of the children to come and share a story, but the twist is that we keep it a secret! The excitement and build up to our story time adds to our enthusiasm for these sessions.

If you are curious about what we do and would like to come to see us in action, please contact the School Office on 01473 623790 and you will be warmly welcomed!

Mrs. T. Haig

Nursery Lead Teacher

Hedgehog Nursery is open from 0830-1515 Monday to Friday for 3 and 4 year olds; in addition, we offer wrap-around care from 0730-1800 every week day. If you would like more information, please visit www.gorseland.net or contact the School Office on 01473 623790.

KESGRAVE LIBRARY NEWS

Happy New Year to all our customers. Thank you for all your support during 2019. We look forward to seeing you in 2020.

Sunday Crafts (10 – 12 noon) – The following craft activities will be taking place during January:

Sunday 5th – It's Jumpstart January in all the libraries this month. Create your own Wellbeing bird and draw on its feathers what makes you happy;

Sunday 12th – It's wintertime. Create a snowman picture to brighten up your room;

Sunday 19th – Yesterday was Winnie the Pooh day. Pop along and make your own Winnie the Pooh to celebrate;

Sunday 26th – Design a lion mask. How loud can you roar?

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

Free Wordplay Sessions – every Thursday.

Tot Rock - 9.45am – 10.15 am.

BabyBounce - 10.30am – 11.00am.

Free Story Time Sessions – every Friday 9.45 – 10.15 a.m. (term Time Only). This session combines stories and rhymes. All welcome. Why not pop along?

Other Library Events for January 2020

Every Tuesday afternoon (Term Time) 3.45-4.45pm. Lego Club. Parents must stay with under 8s. The themes this month are 07/01 – Monsters, 14/01 – Snowmen, 21/01 – Winnie the Pooh and Friends, 28/01 – What makes you happy? No need to book. Just pop along! This is a free activity.

Also, afternoon and evening book groups and knit and natter.

If you are interested in joining any of the groups, please ring or speak to a member of staff

Jump Start January – all through this month, the library will have a wellbeing and mindfulness display, a jigsaw to complete whilst in the library and colouring for customers to take part in.

Sutton Hoo Road Show – we are also hoping that Sutton Hoo will be coming along to the library during January. They will be bringing along some of their amazing artefacts for customers to view. Please look out for posters, as the date still needs to be confirmed.

Congratulations to Kesgrave Library

And the WINNERS are ...Kesgrave Library Community Group!

Congratulations to Kesgrave Library Community Group, KLCG, on winning the Volunteer Team Award 2019 presented by Suffolk libraries at a special 'People's Champions' award ceremony. The Award was given 'For the exceptional contribution to the range of services and activities provided by the library, making a significant impact on the local community.'

And the winner of 'The Innovation Award' is Gemma Southwood, a parent at the Library and member of the KLCG who as a busy Mum conceived of the idea of a Reading Challenge for Grown Ups to coincide with the Summer Reading Challenge 2019. Aims included making time for oneself as well as being a good role model for children. A clever, simple and successful idea.

Maggie Lusher

*Kesgrave Library Manager Tel: 01473 626103
www.suffolklibraries.co.uk*

Kesgrave Library, Kinsey House, Kays Close, Kesgrave will be open:

| | |
|-----------|--------------------------------|
| Monday | 9am to 12 noon |
| Tuesday | 9am to 12 noon & 2.30pm to 5pm |
| Wednesday | 2.30pm to 6pm |
| Thursday | 2.30pm to 8pm |
| Friday | 9am to 12 noon & 2.30pm to 6pm |
| Saturday | 10am to 5pm |
| Sunday | 10am to 3pm |



Fun Activity Sessions for Pre-school aged Children

10.30 am to 12.00 noon

2nd and 4th Mondays of each month during term times

St Michael's Church Centre
Martlesham Heath IP5 3PL

All youngsters of 0 to 5 years old are welcome to come along to Bright Stars with their parents, grandparents, friends, family and/or carers. These mornings are free and usually involve singing, games, making crafts to take home and telling stories from the Bible for the first half hour. We then have refreshments when the adults can chat and the children can play until approximately 12noon.

You are welcome to come along to any of our mornings, just turn up, no need to let us know in advance. We look forward to seeing you!

The Spring Term 2020 session dates are:

13th January,

27th January,

10th February,

HALF TERM

24th February,

9th March,

23rd March.

If you would like one of our Bright Stars leaflets with the session dates on it give us a ring on the number below and we will be happy to send it to you.

If you would like further information please contact:

Sonya & Maureen Burrows

Tel.01473 625196

GORSELAND PRIMARY SCHOOL

Is your child due to start Primary School in September 2020?

We would love to see you at our Open Morning on Tuesday 7th January at 0930

School applications should be made online by Wednesday 15th January, 2020, using Suffolk County Council's website.

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

Everyone in Martlesham Brass would like to wish you a Happy New Year!

A very big thank you to all who supported us over the Christmas season by donating towards our chosen charities, which were Colchester & Ipswich Hospitals Charity - The Cancer Centre Campaign, Evelina London Children's Healthcare - Guys & St Thomas' Charity & Footsteps Walking with you - Counselling for 11-25 year olds. In next month's article we will report back on the final amount raised.

Martlesham Brass main band are performing in a joint concert, 'Last Night of the Christmas Proms', with the Gippeswyk Singers on Sunday 5th January 2020 at 7.00pm at St Michael's Church Centre Martlesham Heath IP5 3SL.

Tickets are £5 and are available in advance from Michael Dawe Flocky Cottage Hacheston IP13 ODB (send SAE & cheque payable to Gippeswyk Singers) or on the door.

We would love to hear from new players, young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and have a go! If you would like to join us, or if you already play or have previously played a brass instrument and would like to come along and meet us, please email join@martleshambrass.co.uk or use the contact details below.

Liz Howard. (Publicity Officer)

e_m_howard@talk21.com

01473 625617.

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MARTLESHAM CONSERVATION GROUP

Many thanks to all those who came along to our AGM on Friday 22nd November. The Chairman reviewed the activities of the group over the last year and its aspirations for the forthcoming year. The treasurer reviewed the finances of the group, which are in a good position. The existing committee was re-elected for the forthcoming year. Subscriptions were held at the current level. After the formal business had taken place, some of the wildlife surveys that had been undertaken by the group were discussed in more detail, including butterflies, and birds. In 2019 the number of Silver Studded Blue butterflies that were recorded on the Martlesham Heath SSSI were the lowest ever recorded, and their situation has probably been made worse by the fire that swept across part of the heath in September. We can only hope that these butterflies have a good year this year. Our thanks go again to Martlesham Parish Council for continuing to support our work and to all those who have supported us over the year, particularly our band of enthusiastic volunteers.

It was noted at the AGM that we are really in need of additional volunteers particularly for our work parties. Your help would be greatly appreciated in conserving our own special wildlife and thus contributing to the Global initiative that is required to maintain biodiversity. Please consider coming out on our work parties or participating in the Megabashes. Please get in touch via the phone number below or via our e-mail martleshamconservationgrp84@gmail.com.

Our work parties usually take place on the first Sunday of each month. Our first work party of the New Year will take place on Sunday 5th January at 10 am on the heath SSSI. Please meet on the Martlesham Heath SSSI up near the northern end close to the previous bonfire site (more or less opposite where the path comes in from the gate near the windsock on Eagle Way). We will continue our heathland conservation by removing more saplings, small trees and encroaching gorse from areas of heather. Looking ahead a little further, we will have a work party on Sunday 2nd February at 10am. This year we have two Megabashes in Martlesham. The first will be on Saturday 25th Jan at 10am-3pm on Martlesham Common (area of land next to Tesco); the second will be on Saturday 15th February at 10am-3pm on the Martlesham Heath SSSI both with the Greenways project team. Anyone is welcome to join us on any of these events, all tools and guidance will be supplied at each event.

Phil Smith 01473 625630

PORTAL WOODLANDS CONSERVATION GROUP

Thanks to all those Volunteers who arrived for a very pleasant autumn morning of clearing the southern Bronze Age burial mound. We've made great progress but more work needs to be done (as I suspect there always will be!)

Now is the time to check your bird boxes, to make sure that they are in good repair and to clear out the old nests. Although the birds won't be nesting until the spring, the boxes will offer a cosy place for birds to shelter and roost on the cold winter days and nights.

We will be returning to the woods after celebrating 20 years of the Group. Why not celebrate with us by coming along and taking action in the community - if only for an hour it will be greatly appreciated by the users of the woodlands, human or otherwise.

It just remains for me to say Happy New Year and here's to the next 20 years!

Dates for the Diary

Volunteer Work Morning (all ages) Sat 18th January, 10:00am – Noon.

Meet at the Education Area. Tools, training and light refreshments provided.

All welcome - no need to book.

Nature Explorers (11-18 year olds) Sat 18th January, 9:00am – 11:00am. Please book a place via our email address below.

New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at

pwcg.martlesham@gmail.com, phone:

01473 612632 or visit our website:

pwcg.onesuffolk.net or join our

members' Facebook Group by

messaging Duncan Sweeting.

George Pennick, Nature Explorer and Young Volunteer



VOLUNTEERING DATES

Sunday 5 January 10am

Martlesham Conservation Group First work party of the year

Saturday 18 January 9am–11am

Portal Woodland Conservation Group Nature Explorers (11-18yrs)

Saturday 18th January 10am-noon

Portal Woodland Volunteer Work Morning

Saturday 25th January 10am-3pm

Megabash on Martlesham Common (meet in the carpark by the Community Hall/Richards Rooms)

Sunday 2nd February 10am

Martlesham Conservation Group Work Party

Saturday 15 February

Megabash on Martlesham Heath SSSI



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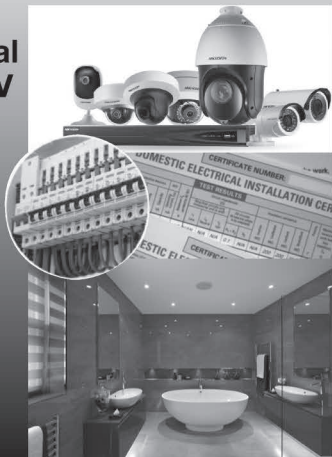


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MARTLESHAM HEATH AVIATION SOCIETY

Our meeting on Friday, 6th December featured the return of a friend who has entertained us before with his aviation knowledge and humorous presentations.

Ken Ellis is a former editor of Flypast" magazine. He is also an air show commentator and aviation author. He was accompanied by his wife, Pam and the subject was "The De-Havilland Story."

De Havilland was of course a legendary British aircraft manufacturer since the days before the Great War and only lost its name when the government of the day amalgamated aircraft companies under the umbrella of British Aerospace and the Hawker-Siddeley Group. Eventually, in the case of the Hawker-Siddeley Group it became BAE Systems.

Ken is a complete master of any aviation subject he speaks on and a great evening was enjoyed by all.

A vote of thanks was given by our chairman, Martyn Cook.

On behalf of our society I would like to thank all of you who attended our annual Remembrance Parade on the Barrack Square at Martlesham. We were blessed with lovely autumn sunshine, but the temperature dropped suddenly before the parade was over. We are considering starting at 2.30pm in future years.

Our meeting next month will be on 3rd January and will feature a most entertaining and humorous speaker. Tom Tyler will give an illustrated talk, "Great Days of Martlesham Heath Flying." This promises to be another "not to be missed" evening.

All meetings are held in the Community Hall, Felixstowe road, Martlesham, IP12 4PB and start at 7.30pm with a tea/coffee break. Non-members are welcome for a payment of just £4 at the door.

Alan Powell 01473 622458.

www.mhas.org.uk

ELECTRIC CARS AND BICYCLES

We are all good drivers, it's always the other persons fault, and I know I am a "Driver"! I drive one of those polluting types, but I am also a cyclist, so I am doing something to reduce pollution.

To those of you who are the proud owners and drive "Electric Cars" I thank you for doing more than me. However, have you ever thought about the need to change the way you think and act behind the wheel of an electric car? I ask this from the point of view of a cyclist, but a Walker might ask the same question. Let me step back and explain. As human beings we survive by using our senses, in particular we look and listen, to ensure our own safety. We are all used to motor vehicles, and the fact that they make more noise the faster they go. I would like to say "not a lot of people know that" but of course the opposite is true everybody know! This is the nub of the problem, people use sight and sound, and most importantly if they hear noise they don't trust vision. This brings me to the real point of writing this piece, and this is, "noise is an essential part of making decisions when using the highway network" particularly for cyclists and walkers, and it seems no one draws the absence of sound "issue" to the attention of new drivers of electric vehicles, or explains the consequences.

I don't profess to know all the answers, but I hope by sharing this with you it might raise awareness and improve safety for all road users. I am a member of Cycling UK, and I have suggested to them that perhaps an advice leaflet could be produced and a copy be given to purchasers of all electric vehicles at point of sale.

Maurie Parish Right to Ride and Public Relations officer CTC Suffolk group (A member group of Cycling UK)

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We are currently seeking new trustees to join our board as we transition from being a founder led charity.

If readers feel they have time and expertise could they contact email@unscenesuffolk.co.uk

With thanks Marianna Milford



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Friday 3rd January @ 7:30 p.m.
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Tom Tyler presents: GREAT DAYS OF
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The Suffolk Oxygen Therapy Centre was formed over 35 years ago as the Suffolk Multiple Sclerosis Therapy Centre to provide oxygen therapy and support to those living with the condition.

Since then, the charity has grown to support people living with many other conditions - and now undertakes more than 3,000 therapy sessions per year.

In the last year, the charity has made a number of alterations to its existing building which has allowed it to start developing a complementary therapy service and provided us with the room for power-assisted exercise chairs.

In February 2020, the centre is launching these new services and invites health professionals and the public to visit the centre during the open week: Monday 3rd February - Thursday 6th February

Monday 10:30-14:00 and 15:00-18:00

Tuesday - Thursday 10:30-14:30

Victoria Barber, Centre Manager, is keen for as many people as possible to come along and see for themselves the good work that the charity does: "We're always happy for people to pay us a visit, but this is a good chance for people to come along and enjoy a cuppa and have a chat, meet some of our members, volunteers, staff and trustees, and learn about oxygen therapy. It will also be an opportunity to try our power-assisted exercise chairs and learn more about the other therapies on offer.

Anyone looking for more information in advance is encouraged to contact Victoria at the centre on 01473 830359 or via email at victoria@suffolkoxxygentherapy.co.uk



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MARTLESHAM ART GROUP - in the Pavilion, Martlesham Heath

If you have ever thought you would like to take up painting or drawing as a hobby and just needed some encouragement, then we could be just what you are looking for. There's no formal tuition, but are happy to share our experiences, be it watercolours, oils, acrylics, pencils or pastels, we'll have a go at most things. Just a friendly group of like minded people who enjoy having a go at creating 'something' while having a chat and a cup of tea ! We can even lend you some stuff to get you going to see if its for you.

We meet on 3 Friday afternoons (usually the 1st, 2nd and 4th Friday in the month) 1.45pm to 3.45pm and would love to have your company. Just pop in, or contact June on 01473 625382 for more details.

Meeting Dates: January (2020) 10, 24 and 31 / February 7, 14 and 28

MARTLESHAM LADIES CLUB

A Happy and Healthy New Year to all our members.

Our first meeting of 2020 will be on 16th January when we are having a return visit from Eric Punaks. This promises to be another entertaining evening with more comic verse and songs.

On 30th January Helen Fairweather will talk about the work of 'Headway'. This is a Suffolk group which gives support to those suffering from head injuries or dementia.

Make a New Year Resolution to join us and enjoy interesting evenings in friendly company. Meetings are held on alternate Thursday evenings at 7.15 in the Richards Room.

To find out more ring Doreen Boar 01473 622768.

MARTLESHAM SURGERY - PRACTICE & PATIENT GROUP (PPG) NEWS

First we would like to wish all patients of the Martlesham surgery and their carers a very happy and healthy new year.

The PPG has been busy during 2019 working on patient communications. To this end, we are in the process of updating our PPG page on the website and creating some useful patient leaflets, which will be available in the waiting room and on the website.

The exercise and education programmes for patients at risk of falling is continuing and, at the time of writing, we have a few places left for the programme starting in February. Please contact Lynne Marsh at the surgery if you'd like a place. This is a PPG initiative and it may be possible to get further funding to continue the programme if there is sufficient demand.

There's a new social prescribing service called Connect for Health and our practice is one of those taking part. It is designed to provide support to adult patients who are facing a range of non-medical challenges which affect their wellbeing and to reduce social isolation. Patients can self-refer or be referred by a health or social care provider, such as their doctor. Referral forms are available at the surgery or you can call 07967 395985 or 07790 922228.

PPG Chair

INNER WHEEL CLUB OF WOODBRIDGE

The Memory Café goes from strength to strength. Our club provides the refreshments for this monthly event, run jointly by the two Rotary clubs in Woodbridge. The October meeting was the busiest yet, with 60 people attending.

They were entertained by Peter of the Woodbridge Museum who brought along some memorabilia from the Woodbridge Museum. And in November, we were all entertained by a ukulele band. They were singing along and even dancing. It's wonderful to see everyone having a good time.

If you are interested in the Memory Café for people with all forms of dementia (and their carers) we meet on the last Wednesday of every month at Woodbridge Town Football Club. For more information, please contact Martin on 01394 386933.

The next big thing on the horizon, is our annual charity quiz. This is being held on Friday, 28 February in the Woodbridge Community Hall. Proceeds will go to The Eve Appeal and Over the Rainbow. We will welcome teams of 4-6; the cost is £6 per person.

This will be our 18th quiz, and to date it has raised over £15,000 for local charities. To reserve your table, please contact Deirdre (or text) on 07711 103 610.

WOOLLY WONDERS

Happy New Year!

Looking forward to more skill sharing, chatting, enjoying the refreshments at The Runway Cafe, developing new talents and friendships, community fundraising, knitting and crocheting every Thursday throughout 2020.

HISTORY AND HAUNTINGS: A TASTE OF U3A'S JANUARY PROGRAMME

There's something to suit all tastes - history, hauntings, sports and science - in U3A East Suffolk's programme for the New Year.

U3A is aimed at older people who want to get as much as possible out of life. There are no entry qualifications, no barriers to joining and lots of activities to get involved in and contribute to. If you are interested, please come along and find out what U3A can offer.

Thursday 02 January 10.30 to 12.30

Salvation Army Hall, Felixstowe IP11 7EL

Televising the Olympics: how the Olympic organisation gets live TV and radio to 200 countries for three weeks continuously. Presented by David Burrowes

Thursday 09 January 2.00 to 4.00

Market Hall, 29 High Street, Saxmundham IP17 1AF

A Royal Progress: Elizabeth I's visit to East Anglia 1578: an account of the 11-week journey using a range of contemporary and secondary sources. Presented by Hexachordia

Monday 20 January 10.30 to 12.30

Woodbridge Football Club, 17 Fynn Road, Woodbridge IP12 4LS

Forensic Science and Firearms: in search of the smoking gun. Presented by Brian Heard

Monday 27 January 2.00 to 4.00

Kesgrave Community Centre, Twelve Acre Approach, Bell Lane, Kesgrave IP5 1JF

Suffolk Ghosts and Hauntings: a stimulating selection of ghost stories, haunted houses and frightening apparitions. Presented by Robert Halliday

U3A promises a warm welcome to existing and potential members. All details of membership are available on: www.a3aeastsuffolk.org.uk or call the membership secretary on 0300 123 3913.

NB: Occasionally U3A may have to make last minute changes so please see the website for up to date information.

MARTLESHAM HISTORY SOCIETY

Monday 10 February 2020

The Treasure of Ipswich -

John Field

Did you know that Ipswich that is full of architectural treasures of historical importance.

No, - then come along and find out about the town's Mediaeval Churches, Mansions and Halls, its important legacy of Victorian buildings, Nationally and Locally Listed Buildings and the many features and artefacts of local, national (and even some of International) importance.

Meetings are held in the Pavilion, Martlesham Heath, Ipswich IP5 and commence at 7.30 pm.

Admission fee is £2.50 and meetings are open to all.

DEBEN ROTARY CELEBRATES 30 YEARS SERVICE

On Saturday November 16th the Rotary Club of Woodbridge Deben marked 30 years of service to the community with a Charter Night dinner at Ufford Park Hotel. President Chris Walker welcomed 86 Rotarians and guests, including representatives of several local Rotary clubs and former members of Deben Rotary. The toast to the club was proposed by Assistant District Governor Lindsay Pearson, and the principal speaker was Bob Loughlin. Bob is the Yeoman Gaoler of the Tower of London and was recognizable to many from his appearances in Channel 5's Inside the Tower of London.

By the time this article appears we will have completed our rounds on Santa's sleigh and held our annual Candlelit Carol Concert, and once again we thank the people of Woodbridge and district for their support of these events. Money raised is used by the club to support a wide variety of local, national and international charities.

The Rotary Memory Cafe, which is run by the Rotary Clubs of Woodbridge and Woodbridge Deben, and Woodbridge Inner Wheel is held at Woodbridge Football Club on the last Wednesday of the month from 10.30 to 12.00. There will be no meeting in December and the Memory Cafe will resume on January 29th.

SPEAK EASY AT MARTLESHAM - 15TH ANNIVERSARY!

In December Speak Easy at Martlesham celebrated its 15th anniversary. The club was founded fifteen years ago by Teresa Dukes and Jeff Bartrop and it quickly attracted enough members to be chartered with Toastmasters' International (a global speakers' club organisation founded over 90 years ago). Several of those original members, including one of our founders, Teresa, are still members of the club today.

If you are 18 years or over and would like to improve your confidence, public speaking or leadership skills, both formally and informally why not come along to Speak Easy at Martlesham Speakers' Club yourself? Each meeting provides opportunities for members to take on roles and give short speeches, as well as be informed, challenged, entertained and inspired by the wide variety of subjects you will hear about in members' speeches - all within a friendly and supportive atmosphere.

Meetings are held on alternate Thursdays 7:00pm for a 7:15pm start and finishing at 9:30pm At The Richards Room, Martlesham Community Hall, Felixstowe Road, Martlesham, IP12 4PB (behind Tesco)

The next Speak Easy at Martlesham meetings in 2020 are: 9th January, 23rd January, 6th February, 20th February, 5th March, 19th March, subsequent dates continue fortnightly. Guests are always welcome to attend, we look forward to seeing you.

If you would like any further information please contact: Margaret Stanway (President), Tel. 07979 373934 president@speak-easy.org.uk or www.speak-easy.org.uk or find us on Facebook @SpeakEasyMartlesham

Duncans Butchers New for 2020 - Free Range Club

Hi all, with a growing interest in the welfare of our meat, we have decided to try and start a Free Range Club which will occur on the last weekend of each month.

To start off we will have Free Range pork and Sutton Hoo Chicken available, with the intention to offer other meat depending on interest.

If you have any questions or would like to show your interest don't hesitate to call us on 01473 626044 or email Duncan at duncanfoulger0@gmail.com

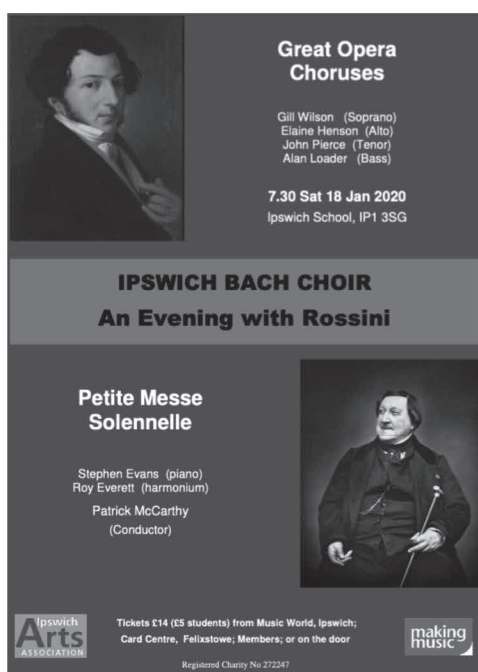
MARTLESHAM PARISH COUNCIL 'MONEY TO PLAY WITH' PROJECT UPDATE

We all know the problems for local communities associated with us living unhealthy and inactive lifestyles. We want to encourage our residents to experience outdoor activity, lead a healthier lifestyle and feel better in themselves, at the same time as enjoying and making the most of the fabulous outdoor spaces which we are so fortunate to have in our parish.

So, when some funding became available for use within Martlesham, and following an earlier consultation that a trim trail, a Multi-Use Games Area (MUGA), and a Bike Trails Pump Track were on our Parish wish list, we set about delivering the most popular project, the trim trail.

We are delighted to report that a Trim Trail around Martlesham Heath and Martlesham Common has been installed on a 5km suggested route. This is a joint venture between the Parish Council, Martlesham Heath Householders Ltd and East Suffolk Council. Altogether there are 10 pieces of equipment at 7 locations with a good trail run between the sites. The route is a recommended route only and laid out in a figure of eight pattern, with a short and long loop, so that you can run or walk as much or as little as you choose. We have a Trim Trail leaflet to download from our website or to collect from the office before you commence the trail, and a free leaflet was delivered to every household in the Parish in the November issue of this magazine.

Please take a look at our website <https://martlesham.onesuffolk.net/amenities/martlesham-trim-trail/> We would love to receive your photos of you using the equipment for potential publication on our facebook page or website. Enjoy!



Great Opera Choruses

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John Pierce (Tenor)
Alan Loader (Bass)

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Martlesham Heath Baby and Toddler Group
Meets every Wednesday and Friday
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at Martlesham Heath Pavilion

We have play time along with song time with instruments before providing snack and a drink for the children and tea or coffee for the parent/carers.

Fees are £1 for under ones,
£2.50 for children over one
(additional children are charged at £1)

Find us on Facebook
email MHBGTG@outlook.com
Or just turn up, we would be pleased to see you

For anyone hiring The Pavilion we also rent out our toys for a small fee. Please contact us for more details.

Martlesham History Society 2020 Programme

10th February

The Treasures of Ipswich – John Field

Did you know that Ipswich that is full of architectural treasures of historical importance. No, then come along and find out about the town's Mediaeval Churches, Mansions and Halls, its important legacy of Victorian buildings, Nationally and Locally Listed Buildings and the many features and artefacts of local, national (and even some of International) importance.

6th April

Life in a Founding Hospital, My Experience – Ruth Miller

From 1741 when the first babies were admitted, to 1954 when the last pupil was placed in foster care, the Founding Hospital cared for and educated around 25,000 children. Ruth Miller arrived at the Founding Hospital in April 1942, just a few weeks shy of her fifth birthday and she will tell us all about what it was like to be one of these children.

8th June

Burston School Strike – Bryan Thurlow

Did you know that the longest strike in history was not staged by miners but by minors – the children of a small village in Norfolk. On 1 April, 1914, pupils of the Burston village school, supported by their parents, took to the streets in protest at the dismissal of their teachers, Tom and Kitty Higdon. The strike lasted for over 25 years!

10th August

Over paid, over sexed and over here: The American Air Force in East Anglia 1942-1944 – Geoffrey Kay

In May 1942 the first aeroplanes of the Eighth US Army Air Force arrived in East Anglia. With them came air and ground crew of American GIs who, by 1944, outnumbered the local population, sometimes by fifty to one. How was this 'friendly invasion' received by local people in East Anglia? What was the experience of those young Americans who found themselves at war in our region.

12th October

Sisters in Adversity: The Womens Institutes and the 1953 East Coast Floods – Linda Sexton

Linda will tell us how the Women's Institute helped communities cope in the aftermath of the devastating 1953 East Coast Floods. Looking back now, its hard now to understand the scale of the disaster, but with 307 people killed, from drowning or exposure, in the four counties of Lincolnshire, Norfolk, Suffolk and Essex, and with more than 2,500 fatalities across Europe, mainly the Netherlands, the scale tragically becomes clear.

23rd November

The History of the Suffolk Fire Service – Chris Tuzland

An illustrated talk on the history of fire fighting in Suffolk from early beginnings, hand pumped "engines, horse-drawn "Steamers" and Fire Floats, to the formation of the national fire service during WW 2 and the immediate post-war history.

All meetings are held in
The Martlesham Heath Pavilion, Martlesham Heath at 7:30pm.
Admission fee is £2:50 and meetings are open to all.

Birchwood Primary School



At our last OFSTED inspection, the inspection team judged every area possible to be Outstanding. This follows over a decade of staff diligence and commitment in shaping and refining our curriculum offer:

"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.

- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

Valiant Road, Martlesham Heath, Ipswich, IP5 3SP

Telephone (01473) 610701

Email admin@birchwood.suffolk.sch.uk

Website www.birchwoodprimary.co.uk





GIPPESWYK SINGERS LAST NIGHT OF THE PROMS 2020

Gippeswyk Singers and Martlesham Brass are thrilled to be joining together once again to present a "Last Night of the Proms" concert to celebrate the New Year at St Michael's Church Centre in Martlesham on Sunday 5 January at 7pm.

The first half of the concert will feature several lovely choir pieces conducted by Geoff Lavery including Lauridsen's glorious "O Magnum Mysterium" and special brass band performances led by Adam Cable, including "Dambusters March", culminating in a delightful medley from Mary Poppins for both band and choir (the audience is invited to join in too!).

After the interval and refreshments, get ready for some patriotic flag waving and heartfelt singing as Martlesham Brass and Gippeswyk Singers lead the audience in the traditional Last Night of the Proms music – a truly joyful celebration of the New Year in the best way the British know how - don't forget to wear red, white & blue!!!

Tickets are £5 at the door or available from choir and band members.

Advance tickets from Michael Dawe, Flocky Cottage, Marlesford Road, Hacheston, IP13 ODP (send a SAE with cheque payable to "Gippeswyk Singers"). Tel: 01728 746441.

Gippeswyk Singers are supporting 2 local charities with their concerts this season: Inspire Counselling (Ipswich) and Suffolk Wildlife Trust.

For more information and future concerts please visit our website.

www.gippeswysingers.co.uk

SUFFOLK WILDLIFE TRUST

Our first meeting of the year will be on Thursday 16th January at 7.30pm in the Woodbridge Community Hall when Neil Lister will be talking to us about "Wildflowers and the work of the Suffolk Coast and Heaths AONB". Admission is £3.00.

Looking ahead into February we have a talk about "Badgers: The Eurasian Marmite Mammal" on Thursday 20th February at 7.30 pm in the Woodbridge Community Hall. Admission is £3.00.

All are welcome to any of our talks, you do not need to be a member.

Phil Smith 01473 625630

WOODBIDGE LIBRARY EVENTS

THE LIBRARY WILL CLOSE AT 5PM ON TUESDAY 31ST DECEMBER 2019 AND IS CLOSED ALL DAY ON WEDNESDAY 1ST JANUARY 2020.

Throughout January – Continuing our sale of donated books and DVDs All proceeds go to the Friends of Woodbridge Library.

Thursday 2nd January – Friday 31st January – ArtLib – Photo Canvasses by Richard Mitchell
Richard is a 62 year old amateur photographer whose influences are anything relating to beaches, boats and the sea.

Book Group (Meets the first Thursday of the month at 2pm) On 2nd January we will be discussing "The Doll Factory" written by Elizabeth Macneal. Please come along if you have read this book and would like to join in the discussion.

Wednesday 8th January, 10am-12 noon – Veterans' Coffee Morning

Open to veterans, serving personnel and families. Come along and meet like-minded people for tea,

coffee and a chat. Organised by The Matthew Project – Outside the Wire.

For more details contact: 01603 626123, otw@matthewproject.org, www.matthewproject.org

Thursdays 9th, 16th, 23rd, 30th January, 6th & 13th February, 9.30-1.30pm – Suffolk Babies - Story Adventurers, Moving Upwards, Moving Onwards, Explores Sensory Baby Yoga, Munchkins Baby Massage

Suffolk Babies is a not-for-profit Community Interest Company, providing high quality, affordable education, continuity and support from pregnancy to preschool. A 6 week term for each session costs £39.00. Book online at <https://suffolkbabies.co.uk/> phone 01473 612 972 or email info@suffolkbabies.co.uk.

Friday 10th January, Friday 17th January & Friday 31st January, 10.30am-12.30pm – Active Lives Singing Group

Feel your spirits lift and find a new confidence in singing. Learn some new songs and learn

harmonies to songs you know. Improve your breathing, your circulation and have some fun! Take some time out to relax and make music with others. £5 per session. For more information call Gina Silburn or Julie Stokes on 01473 345350 or visit the Active Lives website www.activelives.org.uk

Saturday 11th January, 10.15am-11.45am – Talk by Mia Philips (Well-being Coach & Three Principles Practitioner) Join our 'Community Conversations for Emotional Health and Well-being' at the library on the second Saturday of every month throughout the coming year. Suggested donation of £7 or pay what you can afford. Please visit www.facebook.com/ccEHWB for more information.

Tuesday 14th January, 10am-12 noon – Realise Futures Walk-In Advice & Guidance Session for People with a Learning Disability and/or Autism 07753 447607 info@realisefutures.org www.realisefutures.org

This is just a selection of events—call into Woodbridge Library for more details

THE MOTHERS UNION.

There is no meeting in January

On Feb 5th at 2.30pm The A G M followed by service of Holy Communion in St Michael's Church Centre.

All welcome.

OPERATION CHRISTMAS CHILD CHRISTMAS SHOEBOXES

Thank you so much to everyone who contributed to the shoebox collection this year.

Between the church and the community we collected a massive 136 shoeboxes which is a fantastic total, and has beaten our previous record of 117 by a margin. It just goes to prove what we can achieve when we all work together, and its lovely to see that generosity is still thriving in Martlesham even in the current climate.

The boxes have been shipped out to countries where they are desperately needed. I haven't been told yet where they went, but please be assured that somewhere another 136 children had a really Happy Christmas thanks to your generosity.

Christine Pinder

May you live in interesting times!

Currently I feel a little like Doctor Who's assistant and suffering from temporal dislocation. Back in November we got our first Christmas card on a day when I saw an advert for summer holidays. And it continues as I write a new year's message at the start of December, with an upcoming election and Christmas still to go. And, despite popular belief that the 'interesting times' phrase is a Chinese curse, it seems that this another example of fake news and more an example of Chinese whispers. However you look at it though, we are living in interesting times.

The world is changing. The experience of growing up for my children is very different to my childhood. I remember being amused looking at my Dad's school atlas because countries were different then. Now, if I had a school atlas to share, it would show different borders and names of countries to those we know today. And all this change can leave us unsettled. We look for a fixed point to hold on to as the world spins.

Turning to the bible for help we come across this statement in the book of Hebrews: Jesus Christ is the same yesterday and today, and forever (Hebrews 13:8). However our lives change, whatever this coming year may hold, Jesus is the same. He is the one who said he had come to seek and save the lost (Luke 19:10).

So whether you are lost in time like a missing Doctor Who episode, whether your times are interesting or not, I pray you have a great 2020 and that you know the stability and love of Jesus through it all.

Rev. Toby Tate.

toby@martleshamcofe.org.uk



Martlesham Benefice

HEADWAY SUFFOLK DEMENTIA GROUP - MARTLESHAM

Brain injury charity Headway Suffolk runs a monthly social support group for people living with dementia in Martlesham. It takes place every fourth Thursday of the month at St Michael's Church Centre, The Drift in Martlesham from 11.45am - 3.15pm. The person with dementia must be accompanied by a carer.

Headway also runs dementia groups at

St Augustines's in Ipswich and Castle Hill United reformed Church

The group partake in a variety of stimulating and engaging games and activities. It costs £6.50 per person, which includes a fish and chips lunch and refreshments.

The next date the group meet is on Thursday 23 January 2020.

Find out more at:

www.headwaysuffolk.org.uk/dementiamartlesham

Can you volunteer some time to help us?

The groups rely on the goodwill of volunteers to help in the kitchen, with preparations and tidying away, as well as engaging clients in discussion and with various activities, such as indoor games, cognitive exercises and singing.

If you would like to make a referral or want to volunteer contact Maureen Howes on 01473 712225 or email: maureenhowes@headwaysuffolk.org.uk.

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com

phone: 07732 199712

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back (please speak slowly and repeat the number)

Alternatively e-mail

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ASSOCIATE MINISTER: The Revd Margaret Rittman Woodlea, The Street, Martlesham 07914 771061 (working days: Sunday, Wednesday, Thursday)

CURATE: The Revd Christine Pinder 3 Mayfields, Martlesham Heath 07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Carolyn Smith 74 Heathfield, Martlesham Heath
Malcolm Rittman, Woodlea, The Street, Martlesham

ELDERS: Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (evening only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton Nr Debenham 01728 860627

| Services for the Month | Martlesham Heath St Michael's | Martlesham St Mary's | Brightwell St John's |
|----------------------------|---|--------------------------------------|-------------------------|
| Sunday 5th January | 9.45am All Age Service Holy Communion | 11am Holy Communion (Prayer Book) | 9.30am Holy Communion |
| Sunday 12th January | 9.45am Holy Communion with Junior Church | 11am God's Family@Church | 6.30pm Evensong |
| Sunday 19th January | 9am Breakfast@9 | 11am Holy Communion | 9.30am Holy Communion |
| Sunday 26 January | 9.45am Holy Communion with Junior Church | 11am Morning Prayer | |

Midweek Services

Holy Communion each Wednesday at 10am in St. Michael's.

A warm welcome awaits you at all our services

Prayer Diary Please include the following as an addition to your daily prayers

JANUARY

- 5 For those who are worshipping at St Mary's Church
- 6 For the leaders who run the Girl Guides group
- 7 Give thanks for the Community Responders
- 8 For the residents of Jackson Court
- 9 For Parish Councillors, working for the good of our village
- 10 For those who answer calls at the Samaritans
- 11 For the many people who struggle with disabilities
- 12 For those who praise and worship at St Michael's Church
- 13 The Royal Family and especially our Queen.
- 14 For sailors and workers on Deep Sea Oil Platforms
- 15 For residents in Laburnham Gardens
- 16 All who have to leave their countries and become refugees
- 17 Give thanks for our dedicated Nurses.
- 18 For all those recently bereaved
- 19 For the worshippers at Brightwell Church
- 20 Heath Road Hospital and all who are treated there

- 21 For protection for our Policemen
- 22 For those who live in Lancaster Drive
- 23 For the volunteers in FIND and their new premises
- 24 For people who struggle with the demands of Dementia
- 25 For Fire Service personnel who often work in dangerous situations
- 26 The witness of all churches in this area
- 27 That we all may contribute to the enhancement of our environment
- 28 That Doctors may be given wisdom in advising patients
- 29 Remember the residents living in Lark Rise
- 30 For the work of the R.N.I.B. organisation
- 31 For those involved in the service of R.N.L.I.

FEBRUARY

- 1 For the lonely people in our community
- 2 For our churches to be relevant to modern daily living
- 3 For those who care for the needy
- 4 For those who are persecuted for their faith

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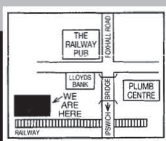
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