

martlesham monthly

OCTOBER 2020

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martlesham monthly

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THIS MONTH'S PHOTOGRAPH .

Shows a busy day in Old Martlesham by D Johnson. If you have a photograph from around the parish that you would like to see on the front of Martlesham Monthly, you can send a copy to martmonthly@btinternet.com for consideration.

October sees the return of Martlesham Monthly through letter boxes, following a summer break. If you missed our online editions, they are still available on the back issues page of our website at martleshammonthly.com. If anyone would like to volunteer to help deliver copies, then please contact our distribution manager, Rob, below, or e-mail us at martmonthly@btinternet.com

If your club or society is restarting , or you would like to reach out to members and new people, then contact us and we can include photographs and features to help your club onto its feet

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the groups please contact
Timandra Howell
martleshamscouts.thowell@yahoo.com.

Becoming a helper or hiring of the Scout HQ please contact Rachel Pennick
01473 610437

GIRLGUIDING MARTLESHAM

Currently we have

1 Rainbow Unit (ages 5-7), 3 Brownie Packs (ages 7-10), 2 Guide Companies (ages 10-14) & 1 Ranger Unit (ages 14-18) meeting around the Parish.

If you are interested in joining as a member or helping as a volunteer, please contact Jo at jo.d@btinternet.com (Martlesham) or www.girlguiding.org.uk/ interested (HQ).

Come join the fun & start your Guiding adventure today!

MOBILE LIBRARY TIMES

Tuesdays Angela close: 1.35–1.50pm
Redwold Close: 1.55–2.10pm
Falcon Mobile Home Park: 2.20–2.50pm
Douglas Bader: 3.00–4.30pm
27 October, 24 November, 22 December

Thursdays:

Douglas Bader: 10.15–11.45am
15 October, 12 November, 10 December

Joining

If you live in Suffolk or a neighbouring county complete the online joining form and we'll post your card to you.

Alternatively, visit any Suffolk Mobile library with proof of identification and we'll give you a card.

It's free. Children and young people up to the age of 16 need a guarantor.

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

POLICE

In case of emergencies please always call 999.

In non-emergency situations call the new number 101.

E-mail: the Safer Neighbourhood Team
Woodbridge.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact Johnny Dixon
01473 622160
(johnny.dixon@btinternet.com)

Editor: Gwynneth Johnson

Advertising:
martleshamadverts@gmail.com

Leaflets:
martleshamleaflets@talktalk.net

Collation and Assembly:
Ken Davies (01473 611109)

Distribution:
Rob Webb (01473 625786)

**Latest copy date is the
12th of the preceding
month.**

Please e-mail contributions to :
martmonthly@btinternet.com

Or deliver your copy to
19 Farriers Close IPSWICH
IP5 3SN, preferably word processed.

**MARTLESHAM MONTHLY ONLINE
www.martleshammonthly.com
And on Facebook**

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM PARISH COUNCIL

www.suffolk.police.uk/contact-us/report-something

Coronavirus Guidance

The rate of infection is increasing and government guidance is constantly changing and adapting to new situations. At the time of writing, on 10.09.20, Suffolk still has low rates compared to other parts of the country. We encourage you all to keep up the good work & follow guidance & regulations which can be found at <https://www.gov.uk/coronavirus>

Help control the virus

- To protect yourself and others, when you leave home you must:
- Wash hands – keep washing your hands regularly
- Cover your face – wear a face covering over your nose & mouth in enclosed spaces
- Make space – keep 2 metres away from people not in your household if possible, if not stay at least a metre away & take extra precautions, such as wearing a face covering and/or avoiding face to face contact
- If you are feeling unwell, get a test and do not leave home for at least 10 days.

Grants to local organisations in 2021

The Parish Council will be considering all applications for grants from local organisations in the autumn. If your group wishes to apply for a grant, please contact the Clerk for an application form, to be completed and returned to the Parish Council by **Monday 12 October 2020**. These grants are awarded for the financial year 2021/22 and, all being well, will be presented at the Annual Parish Meeting in April 2021.

Any group with a project requiring Parish Council support/funding should also submit their project details and business plan by 12 October 2020 at the latest.

Parish Council new appointments

We are very pleased to announce that a new councillor was co-opted at our September meeting. Paul Whitby has a particular interest in the climate emergency and has also joined our working group for that. He is a welcome addition to the team of councillors, now 13 of them but we are still looking for 2 more! We also welcome Dave Green as a member of our Development Plans Committee. For the first time we have

appointed a parishioner who is not a councillor; he will be able to participate but without voting rights. Dave has also joined the climate emergency team. We look forward to working with him.

Councillor vacancies

Two vacancies remain for parish councillors to be co-opted at a full Council meeting. If you are interested in what it means to be a parish councillor, take a look at our website and facebook page, join a Zoom council meeting or speak to the Clerk who can put you in touch with an existing councillor to hear all about it firsthand!

Ongoing services

A working group, along with the staff, has been looking at how we can take steps to increase the office presence and use our Parish Room following Covid-19 secure guidelines. For the foreseeable future there will be a mixture of home & office working. Alterations to our office layout & additional equipment are needed to make it possible for more than one member of staff to work there at a time. As the Parish Room is an extension of the staff's work space it has been agreed that for the time being it is not possible to allow committees of parish organisations to use the room for their meetings. Use will be restricted to the staff and occasional parish council working group meetings with limited numbers. Our working groups have already started meeting again either remotely or outdoors. Full Council and committee meetings will continue to be held virtually which enables the public to join them safely too.

Anti-social behaviour

Sadly, we have seen in recent months both an increase in disturbance from 'boy racers' and in litter. We know that this is causing a lot of upset.

The Police are aware of the problems with speeding and noise disturbance from young adults racing around our streets or congregating in car parks. Our representative on the Anti-Social Behaviour Tasking Group, made up of police, parish & district council representatives, is urging for more to be done. Please continue to report incidents with as much detail as possible, e.g. time, place, car registrations, via 101 or on-line: <https://www.suffolk.police.uk/contact-us/report-something>

East Suffolk Council is responsible for emptying litter bins and for dealing with fly tipping. People are encouraged to report overflowing or damaged litter bins, by calling 0333 016 2000 or emailing customerservices@eastssuffolk.gov.uk. If a bin is full, please look for another or take your rubbish home.

We are very grateful to all parishioners who regularly litter pick. A small working group is being formed – we hope to have more information on that for you in the future.

Diamond Jubilee Bike Trails – Alterations, ideas and help

Some of the jumps have recently been restored to their original design following dramatic alterations that made them difficult for some to use, raised Health & Safety concerns and insurance issues.

With the growing popularity of the bike trails the Parish Council is looking at ways agreed changes can be made in the future to improve the bike trails and it welcomes feedback from users on what improvements they would like to see.

Please send us your ideas and let us know if you would like to be part of a management team, helping to make changes in a safe and inclusive way, by emailing or sending us a facebook message – see below for details.

We look forward to hearing from you.

Sizewell C Pre-examination stage of planning application

We have registered our interest in the proposals with the Planning Inspectorate, outlining a number of reasons why we do not support the proposals. The reasons include: impact of construction traffic on congestion; lack of overarching energy strategy for the East Suffolk coastline, incorporating all renewable and nuclear projects, and assessing their cumulative impact on local communities; inadequate health and environmental safety assurances; lack of protection for the unique mix of habitat and protected species in our region; failure to generate any desirable long-term legacy for the region – economic, transport, housing or otherwise.

For full details on the progress of the planning application, please go to: <https://www.edfenergy.com/energy/nuclear-new-build-projects/sizewell-c>

**From your Conservative District
Councillor: Chris Blundell**



Parking Tariffs in East Suffolk District

Following a delay caused by the Covid 19 pandemic, East Suffolk Council (ESC) has now begun rolling out new parking tariffs throughout the district, including a simplified pricing structure and free half hour parking at some of the sites.

50 different price charges have been reduced to three or four main ticket types

Parish Council Report continued

Meetings

NEXT VIRTUAL FULL COUNCIL MEETINGS:

WEDNESDAY 07 OCTOBER, 7.30PM

WEDNESDAY 04 NOVEMBER, 7.30PM

MEMBERS OF THE PUBLIC ARE WELCOME TO OBSERVE AND PARTICIPATE IN THE PUBLIC FORUM.

To join any of these meetings, please contact the Clerk, see below, no later than 5pm the day before the meeting to receive an invitation or see our website or noticeboards for further details.

Contacting the Council

Clerk to Martlesham Parish Council,
Parish Room, Felixstowe Road,
Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail: clerk@martleshamcouncil.org.uk

website: <http://martlesham.onesuffolk.net>

Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

across the district. The new price structure will see prices reduced or frozen in over 70% of cases. Additionally, the council has introduced 30 minutes of free parking in a number of car parks to support people who have told us that they make regular short visits. This will also support local businesses who will benefit from making quick turnarounds in car parks.

The roll out which is being staggered started in Bungay on 24th August 2020 and will continue throughout the district over several weeks.

East Suffolk Council is also continuing to make the best use of technology to improve services by making them more efficient and has seen an increase of 129% in contactless payments in the car parks as visitors take advantage of the simple RingGo app to park with ease and confidence. If you are not familiar with RingGo app you can look this up on their Website for details. However, you will need a 'Smart-phone' in order to download their app.

Parking management moved from the police to East Suffolk Council in April 2020 with the objective to improve parking locally and tackle nuisance and unlawful parking, enabling the Council to address the parking problems that are affecting the communities the most. Alongside this, the Council also reviewed how it administered on-street parking permits, exemptions and dispensations. As a result, a new online parking portal has been put in place, enabling residents and others to apply for and manage permits online. This parking portal can be accessed through the East Suffolk Council's website.

This is a new system and people will need to register before using. The system will also recognise valid permits from the vehicle's registration number, which means that permit holders will no longer need to display their permit.

Planning Matters

You will probably have seen from the press and other places that the government intend to make the planning process easier and simpler to aid the delivery of new homes. Currently this is being consulted upon and then new legislation will be required. It has been estimated that it will be a few years before any significant change in the planning process is seen.

Locally, in and around Martlesham, there are a number of plans for new homes. Brightwell Lakes which has planning

permission for 2,000 home has yet to start. The land owners, Carlyle Land, are allowed to build up to 200 new homes before work is done to create a new junction on the A12.

Development work has begun on land at the end of Black Tiles Lane currently referred to 'Bloomfield's Farm'. The initial work, I understand, is focused on changes to the car park associated with the local primary school. The site has permission for 47 new homes of various kinds. I expect the work to start building the homes to get under way soon. The proposal by McCarthy & Stone to build a retirement home in the centre of Martlesham is still before the Planning Committee at East Suffolk Council as is also the plan to build 300 homes on the Police HQ site. Many problems were identified with this planning proposal so an Environment Impact Assessment (EIA) was requested by the East Suffolk Council's Planning Department. The applicant then chose to appeal against the EIA direct to the Secretary of State for MHLG. No response at the time of writing this has been received from the Secretary of state.

A new application has been made to ESC by the owners of the Martlesham Square to convert the former office of the accountants RDP into a café with both indoor and outdoor seating.

Community Partnership

This ongoing activity is currently allocating funds to improve the well being of towns and parishes throughout the district of East Suffolk. The Kesgrave, Rushmere St Andrew, Martlesham, Carlford & Fynn Valley and Villages Partnership is currently in the process of allocating £25,000 to enable the introduction of a number of 'Talking Benches' in strategic places, facilitating a number of places to meet and talk, to have persons trained to support persons living in loneliness and feelings of isolation. I will report on these and other matters in my next article.

I still have £2,200 left in my Community Enabling Budget which is available for new projects only. Unfortunately, it cannot be used for projects already completed or for revenue cost such as wages, rents and insurances.

If you would like further information on any of the foregoing topics or any other District Council Matter please contact me by email at chris.blundell@eastsoffolk.gov.uk or by Phone 01473622716



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Annual Maintenance Charge Reminder

By the time that you receive this magazine you may have received the Annual Maintenance Charge of £35 for the year 1 July 2020 to 30 June 2021. Please avoid the £10 surcharge which will be raised on 1 December 2020 for outstanding annual charges.

Collections at the Pavilion on 10 October 2020

Payment of the Annual Maintenance charge may be made at the Pavilion on Saturday 10th October 2020 between 9.00am and 1.00pm. Please note that this year only Contactless Card Payments will be accepted on this day due to the Covid-19 situation. Please note that face masks will be required to be worn in the Pavilion and social distancing rules will apply. Thank you for your cooperation. Should you have any concerns over payment, please contact us on 01473 612207 and leave a message or by email to <mailto:martleshamheathhouseholders@gmail.com>.

Leaving Food out for Seagulls

MHHL have received several complaints on residents leaving food out for seagulls which can be seen as a nuisance. Although this may be done with good intentions MHHL does not permit food to be left out on its land as this can cause various issues. Any such complaints should be reported to the Environmental Protection Team at East Suffolk Council.

Restrictive Covenants

A reminder that the restrictive covenants are enforced by Grainger's i.e. no caravans left on

driveways over forty-eight hours and no livestock such as chickens to be kept. Our contact point at Grainger's is Mr Phil Nelson, details are on our website along with a new dedicated page showing the covenants that are in place.

Wildflowers

We will soon be starting a project to introduce wildflowers onto a section of our land which will be between the two benches on Eagle Way near The Grove. The gorse will be cut away at this point and seeding will begin hopefully next month.

MARTLESHAM HEATH – A HISTORY

In 1942, when BPT bought the Heath as part of the Brightwell agricultural estate, it also acquired the freehold of Martlesham airfield, one of the oldest Royal Air Force stations. As the RAF held a long leasehold on the airfield land at a near peppercorn rent, the Brightwell purchase price discounted any possible future commercial use of the airfield land and the price of the farmland included a discount for the disturbance caused by being next to a wartime air base.

Twenty years later, when the Ministry of Defence decided to close the airfield, the terms of the lease granted by the previous owners of the Heath meant that the land reverted to the freeholder, now BPT. The company decided to let the hangars and other buildings for industrial use and to develop the airfield land for housing in the pattern of a traditional Suffolk village.

Plans for an Ipswich by-pass road through the Martlesham land could have killed the 1,000-home project at the outset but after more than a decade of planning battles, including a public inquiry, the company finally received

informal approval of its scheme in 1972. The Secretary of State for the Environment indicated that a revision of the initial plans taking account of the by-pass road would be acceptable and the Minister handed detailed planning negotiations over to the local authority.

This informal ministerial approval came just as the Post Office was completing a multi-million pound scientific and technological research complex on part of the Heath, a complex that would employ over 2,000 people and create significant additional demand for the housing in the area.

Detailed planning problems took a further three years to iron out with constant negotiations between the East Suffolk County Council and Christopher Parker, a partner of Bidwells, the Cambridge based chartered surveyors, who acted as BTP's project manager for the Martlesham development from the earliest days of the scheme. Mr Parker had to agree to integrate the village's road system into the specially diverted A1093 road. Planning approval was also given for the new factories and warehouses to re-house tenants affected by the road diversion and to give scope for an increase in the size of the industrial estate as the village developed.

Contact and further information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to <mailto:martleshamheathhouseholders@gmail.com> or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

YOUR LOCAL RAINBOWS & GUIDES NEED YOU!

Two of our Martlesham Units are looking for some special people to assist them, Rainbows, for girls aged 5-7 & Guides young women aged 10-14. Could you share your skills & knowledge, to make more Guiding adventures happen locally? Do you fulfil some of the girls leader criteria below?

“Someone fun” “enjoys games” “kind” “likes chocolate”

Adults (18+) & Young People (14+), male & female, can help our young members to start their Guiding journey. Being a Guiding volunteer can enhance your CV, & count toward the service element of the Duke of Edinburgh Award.

No previous experience of Guiding is necessary, training is provided & a DBS check & references are required for all those over 18.

If you can commit to 1-2 hours per week, we'd love to hear from you & you'd make a real difference in the lives of young women in our local community.

Thank you

Jo at jo.d@btinternet.com Or www.girlguiding.org.uk/interested

BRIGHT STARS

Bright Stars normally runs free fun Activity Sessions for Pre-school aged children with their parents, grandparents, friends, family and/or carers at St Michael's Church Centre, Martlesham Heath, on the 2nd and 4th Monday mornings of each month during term time. They usually involve singing, games, making crafts to take home and telling stories from the Bible.

However due to the coronavirus pandemic restrictions we are unfortunately not able to meet in person at present but we are keeping in touch remotely for the time being.

Best wishes from all at Bright Stars.

If you would like further information please contact:

Sonya & Maureen Burrows

Tel.01473 625196



GORSELAND PRIMARY SCHOOL

We were delighted to welcome all of the children and new

families back to school at the beginning of September. Whilst we have all had to change and adapt our days for new routines and procedures, everyone has taken this in their stride to keep our school as safe as we can – well done!

We've had an exciting return to-date with water-fired rockets and brass instrument tuition. We look forward to learning how to adapt our other activities and events to enable them to continue too.

Hedgehog Nursery is in full swing!

We have had a brilliant start to the new term with lots of new faces and making new friends.

The Hedgehog garden has been a firm favourite for all the children. The water area is usually full of children experimenting and exploring the properties of water using guttering, ramps, funnels, floating objects and sinking ones too! Our new scooters have been a hit, with everyone carefully navigating around the playground and so has the new astro-turf, no more muddy footprints inside!

We are fortunate that we now have a set of outdoor balance scales, so we can observe and understand what heavy things do and find out how to make objects balance!

Our weekly visits to the forest have been so magical. We are able to climb trees, make bird feeders, build dens, make mud sculptures and so much more. We all understand how to look after our environment and all of the creatures who live in it.

If you are 'curious' and have a three or four -year-old, please don't hesitate to get in touch with the School Office on 01473 623790 to arrange a visit. We warmly welcome families from our community to come and see us in practice.

RUNWAY CAFE

We are currently open on Thursdays between 9.00 and 12.00 and Saturdays between 9.30 and 12.00. We have carried out a full risk assessment, and implemented procedures to ensure that all our customers and volunteers are kept safe.

We are still serving the same delicious Fairtrade coffee, teas and hot chocolate, and our bakers are busy making their fantastic cakes and scones

PORTAL WOODLANDS CONSERVATION GROUP

As we write, Sam and I are two of the tens of thousands of students preparing to head off to university. So, sadly, this will be the last PWCG article either of us will write. There is, however, little to report again this month as the Volunteers continue to be 'tools down' due to Coronavirus restrictions, so we take the opportunity to look back at our time with the Group.

Our involvement with the Group began in the mid-2000s, at the age of 5 attending 'Nature Watch Club', learning about the woods and its inhabitants. As we grew up, and gained confidence, we were able to start making a more tangible impact as members of the 'Nature Explorers' and joining in with the main Volunteering work mornings. For the past 3.5 years we have served on the Committee representing young people's interests and sharing the role of Publicity Officer.

Thankfully for us the woods were not removed in 1999 for the Park& Ride. We have very much enjoyed our years with the Group and learning about nature and the environment. Perhaps as we leave the Group you might consider (when COVID-19 allows) coming along and taking just a few hours out of your month so that Portal Woodlands continues to be a place to learn about wildlife and to delight in being outdoors for the children of the future.

Dates for the Diary

Unfortunately, all upcoming events have been cancelled due to the Coronavirus. However, if you would like to sign up or get in touch, we are always pleased to welcome new faces.

New volunteers of all ages and abilities are always welcome. No experience needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone: 01473 612632 or visit our website:

pwcg.onesuffolk.net or join our members' Facebook Group by messaging Duncan Sweeting.

George Pennick and Sam Cork



Photo S Corley

SPEAK EASY AT MARTLESHAM

Speak Easy is currently offering public speaking opportunities on line – using Zoom – whilst access to its usual space in Martlesham is restricted.

Speak Easy is part of Toastmasters International, and our online format is proving really effective for members and guests. In fact – with the increasing use of video conferencing for business and recreation, the current format is helping develop even more useful skills!

How we can really help you develop is by providing a fun and supportive forum to speak, and to evaluate. As a member, you will also have opportunities to organise and run our regular meetings.

Guests are welcome to join us to see what we have to offer, and to take part if you would like. We hope you will choose to become a member, whether to overcome nerves about speaking in public, develop

your abilities, or to enter competitions at regional, national, and even international levels.

If you would like to attend one of our online meetings please contact Adam Green, who will send you an invite.

Speak Easy meetings are held on alternate Thursdays (September 17th and October 1st and 15th)

Join at 7:00pm for a 7:15pm start and finishing at 9:30pm

Speak Easy is proud to be an inclusive and diverse group.

Speak Easy is a community club, open to anyone 18 years or over.

If you would like any further information please contact:

Adam Green: adamdcgreen@gmail.com or www.speak-easy.org.uk or find us on Facebook: Speak Easy Martlesham



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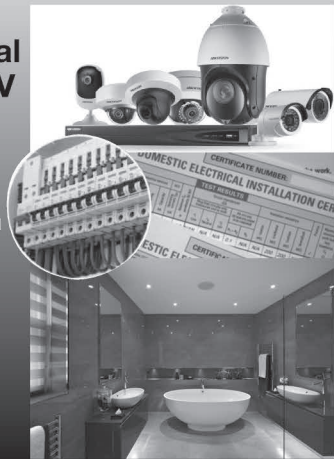


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#SUFFOLKGIRLS CAN – KEEP CALM & CARRY ON GUIDING



Do you know your “hashtag” from your “tag”? Have you had to “break out” during a Zoom meeting with up to 29 10-14-year-old young women, whilst remaining in your own living room?

For the past 3 months this is what, Rainbows, Brownies, Guides, Rangers & their volunteer Leaders, from across Suffolk have been learning to do, as Guiding has gone online.

Overnight from the 16th March, 100’s of Girlguiding Suffolk volunteers have adapted the way they hold & run their Unit meetings. In Martlesham we started running Facebook live broadcasts to our Guide & Ranger members (aged 10-18) & have been running virtual weekly meetings ever since.

1st Brightwell & 2nd Martlesham Heath Guides, have been enjoying zoom meetings, & recorded instruction videos, to complete official badges & also take part in quizzes, scavenger hunts, surfing, athletic challenges, even building a zip wire for a teddy, as well as

traditional activities like knotting, semaphore, blitz cooking & community action projects.

The Rangers have also been powering through badges, many of whom should have been taking GCSEs & A Levels this Summer. Hopefully for them, & the younger members too, keeping Guiding going has provided a safe & friendly space every week, a bit of normalcy in these strange times.



From Bushcraft to Blogging, Gardening to Geocaching, Girlguiding Suffolk is still connecting with its members, whether by letter, email, Facebook or Zoom.

Girlguiding Suffolk would like to say a big “THANK YOU” to all their volunteers, & everything they have done during the current situation, however small. The new IT skills you have developed, & the meeting adaptations you have made. In the words of our County song, rewritten for us by ABBA,

“We are Guides, we’re pioneering,
Sharing every adventure, The Way Old Friends Do”

The Way Old Friends Do
Ulvaeus/Andersson
Published by Universal Music Ltd

#STAYS SAFE EVERYONE



For more information about joining as a member or becoming a volunteer, please contact www.girlguiding.org.uk/interested.

<p>Chocolate Brownies</p> <p>No. Ingredients 5 Time to prepare 15mins Oven temp. 170°C Cooking time 20mins Difficulty 5/10</p>	<p>Vanilla Cupcakes</p> <p>No. Ingredients 8 Time to prepare 20mins Oven temp. 170°C Cooking time 17mins Difficulty 2/10</p>	<p>Christmas cake</p> <p>No. Ingredients 18 Time to prepare 40mins Oven temp. 150°C Cooking time 3 hours Difficulty 7/10</p>	<p>Chocolate chip muggins</p> <p>No. Ingredients 10 Time to prepare 15mins Oven temp. 200°C Cooking time 20 mins Difficulty 3/10</p>	<p>Ginger Star biscuits</p> <p>No. Ingredients 9 Time to prepare 25mins Oven temp. 190°C Cooking time 12mins Difficulty 4/10</p>
<p>Lemon cake</p> <p>No. Ingredients 7 Time to prepare 20mins Oven temp. 180°C Cooking time 30 mins Difficulty 3/10</p>	<p>Flapjacks</p> <p>No. Ingredients 4 Time to prepare 10mins Oven temp. 180°C Cooking time 15 mins Difficulty 2/10</p>	<p>Chocolate chip cookies</p> <p>No. Ingredients 6 Time to prepare 10mins Oven temp. 180°C Cooking time 10 mins Difficulty 2/10</p>	<p>Moist chocolate cake</p> <p>No. Ingredients 9 Time to prepare 10mins Oven temp. 160°C Cooking time 55mins Difficulty 1/10</p>	<p>Little meringues</p> <p>No. Ingredients 2 Time to prepare 20mins Oven temp. 110°C Cooking time 40mins Difficulty 6/10</p>

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MARTLESHAM AND THE DEVELOPMENT OF AIRLINERS

Martlesham was selected as a suitable site for an airfield in 1916 and opened 17th January 1917 as the "Aeroplane Experimental Unit". Later to become the Aeroplane And Armaments Experimental Establishment. In terms of the evaluation and testing of all aircraft, civil as well as military, Martlesham became second in importance only the Royal Aircraft Establishment at Farnborough.

Early in 1920 the Air Ministry announced that it was to sponsor a contest to be known as, "The Air Ministry Civil Aeroplane Competition. The venue to be at RAF Martlesham.

The competition was divided into three separate categories. Large Aircraft, small aircraft and seaplanes. The entries for the large aircraft category were the Handley Page W8, (G-EAGJ) and the Vickers Vimy Commercial, (G-EAUL).

Seaplanes were evaluated at the Marine Aircraft Establishment at Felixstowe, which was the marine evaluation centre for seaplanes. Felixstowe actually preceded Martlesham. It was opened in August 1913 and was originally known as "Seaplanes Felixstowe."

Because the purpose of the competition was to encourage the development of civil air transport no first prize was awarded to the aircraft in the large aircraft category because both these aircraft were derived from WW1 bomber designs. Therefore second place was awarded to the Handley Page W8 and third place to the Vickers Vimy Commercial. Handley Page received £8000 and Vickers £4000.

Several different early airliners were evaluated at Martlesham in the inter-war years. One of the most successful British airliners was the Handley Page HP42, which gained a Certificate of Airworthiness in 1931 at Martlesham after acceptance trials here. The HP42, of which only 10 were ever in service,



served without incident on the London to Paris route until the outbreak of war. A long haul version plied the London to Karachi, "Empire Air Route." 32 passengers on the London to Paris run and 28 passengers on the long haul route. The government of the day were very anxious to gain faster access to the then British Empire. Hence the establishment of the "Empire Air Routes".

However, the Handley Page HP42 was a biplane and constructed in much the same way as earlier aircraft. It would take six days to reach India. It was joked that it had its own built in head wind! Other countries, notably the United States, would soon be designing all metal aircraft. These were the future.

The famous Mildenhall to Melbourne air race in 1934 was won by a De Havilland Comet. Specially designed and built for that air race. Notably, and largely unnoticed, a Douglas DC2 - forerunner of the famous Douglas DC3 "Dakota," an all metal airliner, which actually carried passengers for part of the journey and turned back once to pick up a missing passenger. The DH88 Comet would only carry mail, but the DC2 was a true passenger airliner. For all that it arrived in Melbourne just a few hours after the DH88 Comet and was placed second. Incidentally the actual winning Comet still flies at the Shuttleworth collection of vintage aircraft.

Public interest in aviation between the wars was intense and Martlesham was of sufficient importance to host one of the famous Empire Air Days.

The accompanying photograph was taken at the last Empire Air Day at Martlesham in May 1939. It shows the latest British airliner, the Armstrong Whitworth "Ensign," which was here for evaluation. Spectators can be seen sheltering under the wings against the rain.

Alan Powell

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WHY EVERYONE IS TALKING ABOUT YOGA AND HOW YOU CAN JOIN IN!

I'm Izzy Ixer and I've been teaching yoga for over 40 years and practising it myself for longer than that! You may have heard me on the Georgy Jamieson show on a Saturday morning on BBC Radio Suffolk sharing simple yoga techniques you can actually do!

So what is it that draws us to yoga in the first place and, more importantly, keeps us returning to it time and again? Well, it's about achieving a sense of deep calm, a feeling of being in control of our body and breath and knowing how to capture our attention and quieten our thoughts. If you want to feel you are taking control of your body, breath and mind, maybe it's time to begin your gentle journey into yoga?

There is more information about yoga on the NHS website <https://www.nhs.uk/live-well/exercise/guide-to-yoga/> and all you need to get started is comfortable, loose or stretchy clothing (leggings or joggers and a T-shirt) and a yoga mat!

Where is it happening?

Yoga face to face group sessions are starting again with Izzy Ixer and Linda James

Tuesdays at the Burness rooms in Melton from 1.30pm to 3.00pm

Wednesdays at the Richards Rooms, Martlesham from 1.30pm to 3.00pm

Yoga – new online group sessions on Tuesdays from 9.30am – 11.00am

Yoga online individually planned one to one sessions are available on Thursday afternoons

See www.izzyyoga.co.uk email izzy.ixer@btopenworld.com or call 01473 625115 for more information

pre-booking is essential

Yoga face to face individually planned one to one sessions are available at the Woodbridge Complementary Health Centre in Sandy Lane, Martlesham on Monday and Wednesday afternoons and Wednesday evening – call 01394 388234 or for information or see www.wchc.info

Yoga helps to put you in touch with your body and helps you to feel more in control of your physical and mental wellbeing. Have a chat or book a trial session and see what a difference a simple yoga practice can make!

Izzy Ixer

British Wheel of Yoga Tutor and Chartered Management Institute Coach

FLU CLINICS AT MARTLESHAM HEATH SURGERY – PPG NEWS

Flu vaccination season has arrived and GP surgeries everywhere are planning their dates. This is the information we have for Martlesham Heath surgery at the time of writing. To check the latest dates and information, please read the poster displayed on the surgery window. A lot of detailed information is also available on the surgery website at www.MHdoctors.co.uk which will be updated.

CLINICS FOR PATIENTS AGED OVER 65 AT 31/3/21:

The first four dates have been announced as follows:

September 28th 8.30am – 1pm for surnames starting with Sm – Zag

September 29th 8.30am – 1pm for surnames starting with Payne – Sleil.

October 12TH & 16TH – times and surnames to be announced.

CLINICS FOR 18-64 YEAR OLDS IN AT RISK GROUPS ONLY:

The first two dates are:

October 5th 4.30 – 6.00pm for surnames Sea – Youn

October 20th 4.30 – 6.00pm for surnames Monk – Scott

All of the sessions above are split down further by surname. Further dates will be added as required. You will also receive information by text if your mobile phone number is registered with the surgery.

Please read the poster or the website to check which half hour or one hour slot your surname falls in. DO NOT ARRIVE BEFORE YOUR ALLOCATED TIME SLOT in order to keep queueing to a minimum and PLEASE WEAR A FACE MASK. The nurse administering the vaccination will be in a gazebo near the car park to the rear of the building. The waiting area will be on the grass nearby, or in your car for those with mobility difficulties.

CHILDREN:

Children are offered a flu vaccination by nasal spray, which will be free to children aged 2 or 3 at 31/08/20, all primary school children and those in year 7, plus children aged 2-17 with long-term health conditions. Parents will be contacted by the surgery with appointments for children not covered by the vaccinations delivered in schools. Children in high risk categories may also book an appointment at the surgery if they prefer.

PATIENTS AGED 50-64

Once all those who are most at risk have been vaccinated, those aged 50-64 may be offered vaccinations if there are sufficient supplies left. Our understanding is that the Government has not made any extra supplies available to GP practices to cover this wider age range, so further information on this is awaited.

If you are eligible for an NHS flu vaccination, but are unable to attend a flu clinic at your allotted time, please let the surgery know so you can be invited another time. Please help us support our local surgery by having your flu jab with them in preference to using a private supplier such as a pharmacy or supermarket.

PPG Chair

WOOLLY WONDERS

We've all been busy, as always, since the last publication in print. We've managed to keep in touch with each other by 'phone, email and regular weekly sessions using Zoom. Since Government guidelines have allowed, we've enjoyed meeting, socially distanced of course, on The Green on Thursday mornings as usual.

We were able to help out Ipswich Hospital staff with crocheted ear protectors for mask wearers, knitted rainbow badges and even mask wearing teddies for the children's wards.

Our own projects continue, but we have missed fundraising events, which have all been cancelled. As I write we hope to be able to raise some funds for MacMillan, even if only donating virtually.

We were delighted, on August 6th, when we were able to go back to meeting at The Runway Cafe. It's been wonderful to be able to enjoy their refreshments and friendly service again. We hope this will be able to continue. We continue to be grateful for all the generous donations of wool, needles and patterns. If, like Sally, (who joined us recently) you want to knit/ crochet in a sociable group with plenty of friendly banter, feel free to join us on Thursdays 10-12.

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Birchwood Primary School



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"Pupils are taught a highly stimulating curriculum which is both broad and balanced. They have many and varied opportunities to study and hone their skills. The learning environment in lessons enables pupils to thrive and develop into self assured, confident individuals. Pupils have exceptionally positive attitudes to learning. They take huge pride in their work and are keen to show their successes both inside and outside of school" (OFSTED October 2016).

- Outcomes for pupils are excellent. Pupils enter the school in Reception with broadly average achievement. As a result of the outstanding Quality of Education, pupils exit Birchwood with achievement above that of their peers nationally. Often, significantly above in terms of both progress and attainment. Impact is far greater than simply test results. Birchwood is one of only 2 school DEFRA approved egg production units in the UK! The children record daily egg production, label and market the eggs, produce weekly spreadsheets on profit v outgoings, order food and materials and care for the flock. This gives them first hand business 'life experience,' before transferring to Secondary school.

- We offer an extensive range of additional clubs, activities and support and extension programmes for children to participate in and our staff team constantly research and embrace new initiatives.

Our vision statement underpins all that we do.

"Passionate about learning."

If you would like to find out more about our school or arrange a visit, please contact the office

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Telephone (01473) 610701

Email admin@birchwood.suffolk.sch.uk

Website www.birchwoodprimary.co.uk



MARTLESHAM LADIES CLUB

As we have cancelled our meetings for the remainder of this year, I thought readers might be interested in the history of the club

In the mid 1960s a small group of ladies met in Martlesham Village Hall by the railway bridge and the club was born. Meetings were held in Beacon Hill School, Black Tiles Lane, there were speakers and other events and evenings always finished with tea and biscuits.

When numbers fell meetings continued in members' homes. As numbers grew again they moved back to Beacon Hill. Eventually the Club outgrew this Hall and it moved to the Old Village Hall. There are fond memories of stamping loudly on the floor before going down to the kitchen to frighten away the resident mice.

On 7th September 1993 the Club moved to the newly built Richards Room where they have remained ever since. We now have 34 members and an average of 25 attend each meeting

We are Martlesham Ladies, a Club of repute,
Do come and join us, no need for a suit.
Come in your jeans, a skirt or a dress,

We'll make you so welcome you'll never regress.

There are speakers most meetings, but sometimes there is

An informal club meet with a laugh and a quiz.

Tea is served with a biscuit, we all take a turn

To boil up the water in kettle and urn.

We have raffles with prizes, some are quite small,

No matter the size there is something for all.

Each October we have, in the hall where we meet,

A great Harvest Supper with plenty to eat.

We also have jumbles, dinners, coffee mornings and trips,

Nothing too fancy, you'll soon come to grips

As we help a good cause with our efforts each year,

When we raise extra cash by selling old gear.

As a club we are friendly, we all like to smile,

So come to our meetings and stay for a while.

Composed by Rita Smith (A member for 25 years)

KESGRAVE LIBRARY NEWS

Kesgrave Library is pleased to announce the exciting news that we have reopened for browsing. There are, however, some guidelines in place. Please see below: -

- Only 3 customers are allowed in the library at any one time. Queuing may be experienced at times of heavy demand.
- All returned items are to be placed through our letterbox, to enable us to quarantine them for 72 hours.
- Browsing limited to approximately 15min.
- There is a one-way system in place.
- Customers are required to anti-bac their hands before they begin browsing.
- It is mandatory for customers to wear a facemask that covers both their nose and mouth, unless they have an exemption.
- Customers are asked to complete a Track & Trace form which is kept securely and destroyed after 21 days, if no-one contacts us to say they have tested positive for COVID-19.

Select & Collect – during the last two months, the library has been running a Select & Collect service. This allows customers to phone up and ask staff to put up to 10 books together for them to collect at an arranged time. This has proved very popular and we are continuing this service for customers who wish to use the library but are not ready to come in and browse.

If you would like to have a selection of books put together, please ring on 01473 626103 during our opening times.

Computer usage – the library has one bookable computer available. If you would like to use this, please either ring (01473 626103) or email us on kesgrave.library@suffolklibraries.co.uk. Sessions are limited to 30 -minutes but can be extended to 50 minutes for the completion of online forms or job applications.

Printing, scanning and photocopying – these services are now all available. We ask customers to use contactless payment where possible. If this is not possible, please bring the correct money.

We look forward to welcoming you back to the library very soon. Thank you for all your support.

Monday	CLOSED
Tuesday	10.00–1.00pm. & 2–5.00pm
Wednesday	2.00 –5.00 p.m.
Thursday	2.00 –5.00 p.m.
Friday	10.00–1.00 pm. & 2.–5.00p.m.
Saturday	10.00 – 1.00 p.m.
Sunday	CLOSED

Woodbridge Library is open Tuesdays to Saturdays 10am-4pm and is closed on Mondays and Sundays.

Please phone the library on 01394 330855, email woodbridge.library@suffolklibraries.co.uk or go to the library's web page at <https://www.suffolklibraries.co.uk/visit/locations-and-times/woodbridge-library/> for current information. Out-of-hours book return available.

It is planned that Woodbridge Library will be open for browsing from 8th September. A limited number of customers will be allowed in the library at any one time so queuing may be necessary.

Reservations from the library catalogue are now available again and due to its popularity the select and collect service will remain available for the foreseeable future.

Libraries are offering access to computers for tasks such as Universal Credit applications and job seeking. Photocopying and printing have also been reintroduced. Customers will have to contact their library directly to make an appointment to use a computer and there will be cashless payment options for paying for printing and photocopying/scanning.

Suffolk Libraries aims to reintroduce normal library opening hours when and where possible over the coming months with the aim to get libraries back to their pre-lockdown opening hours by the end of the calendar year.

As with all these plans, everything is subject to changes in government advice and local COVID-19 infection rates.

It is now a legal requirement for all visitors to a library to wear a face covering. Once customers enter the library to use a printer or pc, they will also be invited to take part in the test and trace process by leaving their name and contact details. Their details will only be used for test and trace purposes and staff will dispose of the information after 21 days.

You can still download and stream free eBooks, eAudio, magazines, newspapers, films, documentaries and music. Suffolk Libraries is also running events online to enjoy from home at <https://www.suffolklibraries.co.uk/whats-on> and via Suffolk Libraries YouTube channel.

Customer service for Suffolk Libraries is available Mon-Fri 9-5pm, closed bank holidays. Leave a message out of these hours.
01473 351249 help@suffolklibraries.co.uk

MARTLESHAM BRASS

'Making Music Fun in East Anglia'

Over the past month, the band has been looking at whether it will be possible to resume rehearsals in the near future, but this all depends on the latest Government guidelines.

Do check out the Martlesham Brass Facebook page (<https://www.facebook.com/MartleshamBrass>) to view the videos that some band members have been recording and which have been edited by our Main Band conductor Adam Cable.

When band activities resume, we will be happy to hear from anyone who is interested in joining us, with or without experience.

Liz Howard. (Publicity Officer)
e_m_howard@talk21.com
01473 625617.

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FOOD POP UP SHOP

It has been great to welcome people back to St Michael's to make use of the Pop Up Shop. We opened again in August and are looking forward to continuing our monthly openings on the 2nd Sunday of each month.

The next one will be held at St Michael's, Martlesham Heath, next to the Green, on **Sunday 11 October** from 1-2pm.

Unfortunately we are, currently not allowed to serve refreshments and there will be a one-way system in operation. You will come in at the main door and leave via one of the fire doors onto the Green.

Please note, you must wear a facemask to make use of the Pop Up Shop.

If you see the banner on the front of the church, you know we'll be open on Sunday. We look forward to seeing you soon.

Rev Margaret Rittman.

OPERATION CHRISTMAS CHILD 2020

This year Operation Christmas Child will still be collecting shoeboxes full of gifts for children across the world who would otherwise not receive any gifts at Christmas. The Runway coffee shop will again be supporting Operation Christmas Child and is a drop off point for you to bring packed shoeboxes or gifts to contribute towards them. If you would like to join in, completed shoeboxes, and gifts such as stationery, hygiene items such as soap and toothbrushes, and small toys can be brought to St Michael's church next to the Green, or the Runway coffee shop, at the back of the church, on Thursday or Saturday mornings. Please note that food items, toothpaste and any lotions or liquids cannot be included.

If you would like to be involved but are still isolating at home you can pack a shoebox online. Please go to <https://shoeboxonline.samaritans-purse.org.uk/> and they will take you through the process. This is a really worthwhile project to support, and is needed more than ever this year.

Please note the last day for bringing gifts or shoeboxes will be Saturday November 14th.

Revd Christine Pinder

DEBEN ROTARY

I thought that many of the children, and their parents and grandparents would like an update on Santa's Sleigh. The body is off the chassis and is being repaired and rubbed down for repainting and the new decals added. Meanwhile the trailer has been repaired and repainted. So, all is well, and Santa will be able to tour around in December, in his brighter and more colourful sleigh. We have sent preliminary pictures to Santa to get his approval and he is more than happy. In October we will be publishing the routes, as we need to work out how we can do this safely. What out for the announcements shortly. Santa by giving up his time to us in December raises over £5,000 for charities.

We have had to postponed our major autumn quiz, and we are hopeful to get it up and running in March, but to keep everyone in practice we will be running a ZOOM quiz in November so watch out for the notices or contact us below.

We are still meeting fortnightly on ZOOM, recently we listened to an excellent talk from a Rotary group called "Kids day out" needless to say this is not happening this year, but another project they are supporting

is "The Rotary Christmas Toy Box Initiative" where it is arranged that every child who will be in a refuge over Christmas will get an individual parcel of toys, games etc. We all know it is the children, through no fault of their own, who suffer greatly from these family circumstances. More of this on our web page.

We welcome guests to our meeting; all you need to do is to load ZOOM onto your PC, Notebook or even a smart phone and send us your email details so we can send you a link. We love to meet folk in the flesh, but needs must and there is no travelling when we meet on ZOOM. We join at 6.45pm for a 7.00pm start and usually finish in just over an hour.

Our next meeting on Monday 5 October is a talk about how to run "A Soapbox Derby", now that should be interesting!

Deben is effectively two Clubs working closely together, a main Club and a Satellite Club. We work in and around Kesgrave, Martlesham, Melton and Woodbridge, if you are interested in knowing more about us or joining some of our ZOOM meetings you are more than welcome, just contact us through our web page www.debenrotary.org.uk

Rtn Richard Boother - President

MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

martlesham.org.uk/pavilion

Alternatively, please contact the booking secretary:

email: bookingsecmhp@gmail.com
phone: 07732 199712

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back (please speak slowly and repeat the number)

Alternatively e-mail

martcomhall@btinternet.com

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PARISH MINISTER: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath Church phone 01473 612659 (rest day Friday)

ASSOCIATE MINISTER: The Revd Margaret Rittman Woodlea, The Street, Martlesham 07914 771061 (working days: Sunday, Wednesday, Thursday)

CURATE: The Revd Christine Pinder 3 Mayfields, Martlesham Heath 07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Carolyn Smith 74 Heathfield, Martlesham Heath
Malcolm Rittman, Woodlea, The Street, Martlesham

ELDERS: Margaret Rollins 9 Angela Close, Martlesham 01473 623868
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (evening only)
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709
Lynn Wilder Kenton Nr Debenham 01728 860627

ONLINE on Facebook and YouTube. Search for 'Martlesham Benefice'

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Online
Sunday 4th October		6.30pm Evening Prayer	10am All Age Service Holy Communion
Sunday 11th October	6.30pm Evening Worship		10am All Age Service Holy Communion
Sunday 18th October	10am All Age Service Holy Communion	6.30pm Evening Prayer	2pm All Age Service Holy Communion
Sunday 25th October	6.30pm Evening Worship		10am All Age Service Holy Communion

A warm welcome awaits you at all our services at St Mary's and St Michael's.

It would be helpful if you could contact Toby by the Saturday before if you are planning to come.

In the event of further Covid-19 restrictions find up-to-date service information on our Facebook page.

Midweek Services Morning Prayer each Wednesday at 10am on Facebook and YouTube

Prayer Diary Please include the following as an addition to your daily prayers

October

- | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> 5 The delivery drivers who have been very busy 6 Those living with the possibility of redundancy 7 The residents of The Oaks 8 Those anxiously waiting for surgery or treatment 9 All the unwanted pets and those who try to find new homes for them 10 Charities struggling to cope with reduced incomes 11 Give thanks for those leading church services getting to grips with new technology 12 That permanent accommodation can be found for those sleeping on the streets. 13 Public transport workers trying to keep people safe 14 The residents of The Grove 15 All those who have kept the shop shelves restocked 16 Give thanks for all the work done by the NHS 17 Give praise for the beauty that surrounds us 18 St. Luke's Day, give thanks for his development of the early church 19 Those finding relationships are strained at the moment | <ul style="list-style-type: none"> 20 Help us to count our blessings 21 The residents of The Paddocks 22 The police trying to carefully cope with new regulations 23 Give thanks for the blessings of our homes 24 Those who are experiencing worries about their income 25 Lord, give us eyes to see those in need and the words to give encouragement 26 Parents, teachers and children at the start of the half term break 27 All those who give care at home 28 The residents of The Square 29 Those with addictions 30 Pray for tolerance and compassion 31 Remember all Christian Saints and Martyrs |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

November

- 1 Give thanks we can worship the Lord in many different ways
- 2 Give thanks for the lives of all those who have died
- 3 Give praise and thanks for the gift of music
- 4 The residents of The Stirrups



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