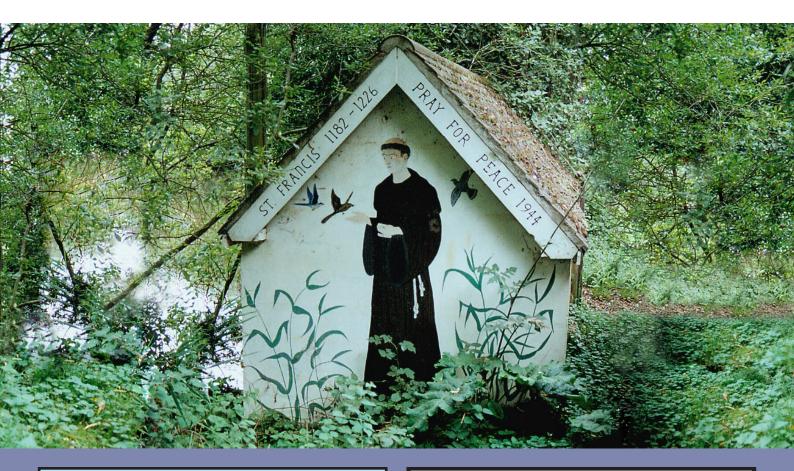
# Martlesham Monthly

NOVEMBER 2025 · Produced and Distributed by Volunteers

www.martleshammonthly.com







Your Independent Supplier of Quality Meat, and Handcrafted Pelicious Bread. Cakes and Sandwiches.

> Opening Hours: Mon-Fri 8.00 - 5.00 Sat 8.00 - 2.00 Closed Bank Holidays

See our Range of Ready to Cook dishes, Tasty Burgers and Sausages.

16-18 The Square

Tel: Bakery 626828 Butchers 626044

#### PAULS TREE SERVICES LTD.

LAZY ACRES, LOWER ROAD, FALKENHAM, SUFFOLK 01394 277776 07979 226497

- All Waste Chipped and Removed from SiteAll Aspects of Tree Surgery and Felling
- Professional Work at a Fair Price Emergency Services Available
- Free Quotes on Request
- Pruning and Reshaping
  - Hedge Trimming
  - Stump Grinding
- Fully Insured



EMAIL: paulstreeservicesItd@hotmail.com VISIT: www.paulstreeservices.co.uk

#### P.A. LAST

**HOME & GARDEN** MAINTENANCE

PATIOS, FENCING, PATHS, GARDEN CLEARANCE, SHED BASES, TURF LAID, **RE-POINTING, PAINTING** 

**IPSWICH 287542** MOBILE 07742015384 PAUL40LAST@GMAIL.COM

FREE ESTIMATES

#### Your Local Paint & Accident Repair Specialists

- All Major & Minor Accident Repairs (all vehicles)
- Body Skirts, Paint Chips, Scuffs & Dents
- Alloy Wheel Refurbishment
- Volkswagen, Audi, Mercedes & Porsche Trained
- Quality Workmanship at Competitive Prices
- Insurance Recognised
- Courtesy Cars (subject to availability)
- Rear Parking Sensors Supply & Fit

#### Call in today for a free estimate ...

Unit 19, Martlesham Creek Industrial Estate, Sandy Lane, Martlesham, Woodbridge, Suffolk, IP12 4SD Telephone: 01394 388799 · www.mbrc.uk · info@mbrc.uk

#### **MARTLESHAM HEATH PAVILION**

#### Village Hall for hire

Free wi-fi Accessible facilities Air-conditioning Projector and Screen Small kitchen Sports changing room Ideal for children's parties, meetings, clubs & societies

Check availability & book online at www.martlesham.org.uk/pavilion email: bookingsecmhp@gmail.com

Phone: 07873 557999

# GIBBINS LASER ENGRAV NG ENGRAV NG MBRO DERY PRINT www.gibbinsprint.co.uk 34 Anson Road, Martlesham Heath,

**Ipswich IP5 3RG** 

01473 620 754



www.ensors.co.uk



All trades to complete your luxury bathroom. We can supply and fit, or fit only.

01473 613218 07751 806101 jackamang@aol.com

Free Advice and Quote:



Your local pest control experts for home & business

- Free advice, fast response
- Highly accredited (NPTA)
- Fully qualified & insured
- Discreet unmarked vans

T: 01473 328092

info@eandspestsolutions.co.uk



#### Yoga with Izzy Ixer

British Wheel of Yoga Teacher and Personal Coach





Yoga is for everyone!
Improve your balance, strength, flexibility
and mental wellbeing

Weekly groups in Martlesham Heath and Melton Private yoga sessions in Martlesham Heath, Woodbridge and online Beginners – Returners – Advanced









#### Gas Service & Central Heating Repairs

#### **Chris Westaway**

British Gas Trained ♦ Gas Safe Registered



#### COMPASS HEATING

4 York Road, Martlesham Heath, Ipswich, IP5 3TL

Boiler Replacement ◆ Power Flushing

Central Heating ♦ Boilers ♦ Fires ♦ Water Heaters ♦ Radiators & System Controls

Landlords Certificates ♦ Gas Safety Inspections

Email: compass.heating@btinternet.com Mobile: 07730 580875

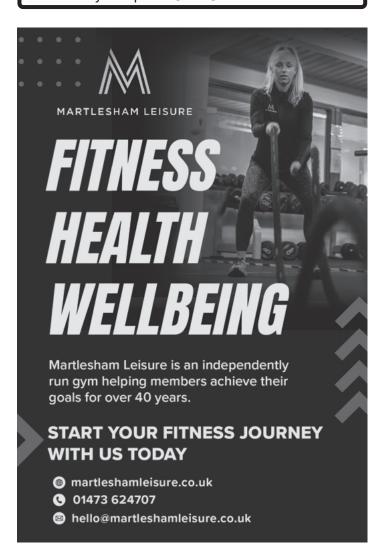
# MARTLESHAM SERVICE CENTRE LTD

Servicing and repairs to all makes and models of motor vehicle.
Competitive rates on tyres, clutches, brakes etc.

**★** MOT TESTING STATION

**MONDAY-FRIDAY 8AM-5.30PM** 

UNIT 20 BETTS AVENUE
MARTLESHAM HEATH • 01473 631111



# Martlesham Monthly

#### Produced and Distributed by Volunteers

#### FRONT COVER

This month's photo is supplied by Martlesham Heath Aviation Society. (See inside for further information and contact details.)

OK it is out of the Martlesham Parish - but it relates to an American airman based at the joint American and British (at that time) Martlesham Heath airfield.

If you go down the path towards the Sinks pit (which is opposite the Catholic Church) on the A1214 you will pass on the left a large house, known at the time as Bracken Hall - this was used as a sort of convalescent facility for wounded or ill American servicemen.

#### Online:

www.martleshammonthly.com And on Facebook

#### **Advertising**

martleshamadverts@gmail.com

#### **Collation and Assembly**

Ken Davies (01473611109)

#### Distribution

Rob Webb webbrn@btinternet.com

#### **Editor**

Gwynneth Johnson

Please email contributions to martmonthly@btinternet.com

The copy deadline for issues is the 12th of the previous month.

Contributors are requested to limit their articles to approximately 250.

their articles to approximately 250 words.

#### **DISCLAIMER**

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team. One of the patients was an airman - who had previously been a signwriter or a gifted artist from New York. The thought is that he painted two pictures on the Pump House gable ends as he seems to have had enough of the War - and basically wanted to go home. The only one that is now safely accessible is the one shown

We are now looking for someone who has been a signwriter - or has plenty of artistic skill, who would be willing to volunteer to freshen up the Painting, as it continues to suffer from weathering and does not look anywhere as good as the image which was a photo taken some years ago.

The Martlesham Heath Aviation Society has recently completed the refreshing and tidying up (repainting the 72 names) on the American War Memorial on Barrack Square - which was put up and initially unveiled in 1947.

It was the first memorial erected in Great Britain to remember the deaths of servicemen of the United States. In this case it was to those serving at Martlesham Heath.

The money for the memorial came donations from ordinary people in the Martlesham area.

The Martlesham Heath Remembrance Service (organised by The Martlesham Heath Aviation Society) takes place on Sunday 9th November, in Barrack Square at 2.30pm

Martlesham Brass will be playing, Kesgrave Paras will be marching in. The event will be attended by local Scouts and Guides who have been invited to march behind the Kesgrave Paras.

Prayers will be led by the Rev. Rob Allinson.

Everyone welcome.

#### **GIRLGUIDING**

Currently we have 1 Rainbow Unit (ages 4 – 7), 1 Brownie Unit (ages 7-10) & 1 Guide Unit (ages 10-14) meeting on the Heath.

If you are interested in joining as a young member, or helping as a volunteer, please contact

www.girlguidingsuffolk.org.uk & select the "join" or "volunteer" buttons on the home page.

Come & join the fun & start your guiding adventure today!"

#### 1st MARTLESHAM SCOUTS

We have Beavers (6-8) who meet each Tuesday, Cubs (8-10.5) each Monday, Scouts (10.5-14) each Thursday and Explorers (14-18) who meet the first Monday of each month For all enquiries regarding joining the groups please contact membership@martleshamscouts.org.uk For becoming a helper or hiring the Scout HQ, please contact Lindsay lindsayfw@msn.com

#### POLICE

In case of emergencies pleas always call 999. In non-emergency situations call the new number 101 Email the Safer Neighbourhood Team woodbridge.snt@suffolk.police.uk

#### **MOBILE LIBRARY TIMES**

#### Tuesdays (Route 10)

Angela Close: 1.30-1.45pm Bridge Farm Day Nursery 1.50-2.20pm Falcon Mobile Home Park: 2.30-2.55pm

Douglas Bader: 3.00-4.15pm

November 18, 2025 December 16, 2025

#### Thursdays (Route 3)

Play2Day Nursery Gloster Road 10.10 - 10.40, Douglas Bader: 10.50 - 11.50 November 6, 2025

December 4, 2025

https://www.suffolklibraries.co.uk/mobileshome/using-the mobile-library-service/

#### **COMMUNITY RESPONDERS**

johnny.dixon@btinternet.com

Martlesham Community Responders are a group of volunteers funded entirely by donations who are trained to provided first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance. For further details contact

## Martlesham Council

## Neighbourhood Watch (Scheme Number – 000182752)

We are delighted to welcome new members to our group, which has been set up to connect our community together, to feel safer, reduce opportunities for crime to happen, and be supported and engaged with one another. Being a member of our group means that you will receive local information, be invited to be part of our activities, and HELP MAKE THIS A BETTER PLACE TO LIVE. TOGETHER.

An application has been made to highways for use of their posts to display the Neighbourhood Watch Scheme signs. Initially, we are applying for 12 signs which will once permission has been granted, will be displayed around Martlesham and Martlesham Heath. On researching the chosen sites, we did notice several signs already being displayed. If you would like a sign to be placed on your road, please contact the Parish Council Offices.

## Nature for Us All Project – Next Steps

The seating and pathway are now in situ at Kronji's Piece, creating a lovely place to sit in the sun (when it's shining) and soak up the changing colours of the seasons.

The next stage will include creating dead hedges that will provide excellent habitat for all manner of wildlife, together with some insect houses. Charlie Zakss from Suffolk Wildlife Trust will be leading sessions with Suffolk Sight Youth Group and the Open Space Wellbeing Group to create these habitats.

Martlesham in Bloom will be sponsoring and implementing planting which will include native shrubs, and climbers along with bulbs and plug plants. The Parish Council will be planting a wild pear tree and native holly plants.

We are also going to start considering sensory tactile pieces which highlight the plants and wildlife found on the site. If you would like to help and be involved in projects on Kronji's Piece and the Recreation Ground, please let us know.

Repurposing of the Pétanque Piste, Recreation Ground, The Street

We are pleased to announce that we have plans to repurpose the pétanque piste at the recreation ground in Old Martlesham. The proposal is to turn this into a purposebuilt ball play MUGA. We have received confirmation that this can be carried out under permitted development and are now in the process of obtaining quotes and sourcing additional funding for the supply and fit of the equipment.

If you have any ideas for additional projects throughout Martlesham and Martlesham Heath that you feel the Parish Council could help with, please do not hesitate to contact us.

#### **Farewell**

It is with heavy hearts that we have to say farewell to Jane Hall who has been a valued member of the Parish Council for several years. Jane has worked meticulously on all aspects of Parish Council Work. In particular planning, Chairing the Development, Environment & Transport Planning Committee. Jane's

knowledge of biodiversity has set us in good stead to progress with our Biodiversity Action Plan. Jane has confirmed that she will continue to support the Parish Council in her role as Tree Warden. We wish Jane all the best and thank her support over the years.

## Forthcoming Parish Council Meetings

The next full Parish Council meeting will take place on the Wednesday 5th November. Subsequent meetings are: -

Recreation and Amenities Committee, Wednesday 12th November.

All Council meetings start at 19:30 and are open to the public, who are welcome to ask questions or make comments to the Council during a public forum.

#### Contacting the Council

Councillors and staff can be contacted at the Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4BP.

Telephone 01473 612632. Please leave a message if no reply and we will get back to you as necessary. The office is open to the public between 9:00 until 15:00 (Monday – Friday, excluding public holidays)

#### Email:

enquires@martleshamcouncil.org.uk or clerk@martleshamcouncil.org.uk.

#### Website: -

www.martleshamparishcouncil.org.uk Please also follow us on social media (Facebook, Instagram and LinkedIn).

#### SCOUT CHRISTMAS POST 2025 – Delivering Christmas Cheer and Supporting Local Scouting.

The much-loved Scout Post is back for 2025, offering an affordable and community-spirited way to send Christmas cards locally while supporting Scouting across the region.

Running from 25th November to 9th December, the service ensures deliveries by Christmas Eve – helping to spread festive joy across Ipswich and surrounding areas.

For just 40p per card, you can post your cards at one of the many Scout Post collection boxes located across the

region. A full list of box locations is available on the official website: https://scoutspostipswich.org.uk.

In the Martlesham area the boxes are at: Duncans Butchers/Bakery The Runway Cafe, St Michael's Church

Black Tiles Post Office Stores The Scout Building.

We deliver to the following places only: Ipswich (postcodes IP1 – IP5)

Kesgrave, Rushmere, Martlesham, Martlesham Heath Pinewood, Claydon, Bramford Sproughton, Gt Blakenham, Barham, Henley, Westerfield, Witnesham, Tuddenham Grundisburgh, The Bealings, Culpho, Playford

Felixstowe, Walton, Trimley St Mary, Trimley St Martin, Kirton, Falkenham

We CANNOT deliver to anywhere else.

Please enclose payment in a bag attached with your cards along with a contact name/address/telephone number so that we may contact you if there is a problem with delivery.

All funds raised go directly to local Scouting, supporting activities, equipment, and opportunities for young people in the community.

Residents are encouraged to post early as it gets very busy later on.

#### MARTLESHAM HEATH HOUSEHOLDERS LTD

#### **Ongoing Monitoring**

One of the striking features of Martlesham Heath is the amount of open space & the variety of flora, fauna & trees. Many of these trees are maturing, having been planted by the developers fifty years ago & our changing weather patterns have put some of them under considerable strain. Most will recover with rain although some may unexpectedly loose boughs & branches and this has occurred a few times this summer. MHHL will have the key areas inspected again by a professional independent company this winter which will identify trees requiring remedial action. We are grateful to fellow residents who have reported various trees of concern, and we would encourage everyone to report any of concern preferably using the "what three words" app in photo mode.

#### Overgrown Hedges and Bushes

At this time of the year a lot of plants, hedges and bushes have grown substantially. The problem is that where they are next to paths, or an alley joining different areas on the heath, the overgrown vegetation becomes a problem for people making use of these walkways. If your property is next to a path or alley it would be appreciated if you could ensure that any overgrown bushes or hedges are cut back to ensure easy passage.

#### The Annual Maintenance Charge

November means that you will have received the MHHL annual maintenance charge. The £45 charge is the same as last year and covers the year, 1 July 2025 to 30 June 2026. Remember that a surcharge of £10 will be charged on 1 December 2025 if no payment has been made. Please make your payment BEFORE 1 December 2025 to AVOID THE SURCHARGE.

#### Collections at the Pavilion

Payment of the 2025/2026 Annual Maintenance Charge was made at the Pavilion on the Green on Saturday 11th October 2025 between 9.00am and 12.30pm. As per last year, only Contactless Card Payments were accepted on the day.

#### Fire Breaks

Now is the time to cut and maintain your three-meter firebreak as we are now out of bird nesting season. Please ensure you or your contractors dispose of the waste responsibly. Recently there has been an increase in fly tipping of green waste around the village.

#### Please use the MHHL Website

You will find information about the MHHL policies including car parking, GDPR, Building Work, Fire Breaks, Trees, Drones & CCTVs etc. Additionally, you can find an interactive map of Martlesham Heath and much more information. Please refer to www.mhhl.co.uk

#### Volunteers

This is a call to any residents who would like to volunteer a bit of time. It is important that a good base of volunteers is maintained. For anyone interested it is a good opportunity to see what goes on behind the scenes and have your say on a variety of issues that arise from time to time. Should you be interested please leave a voicemail on 01473 612207 or send an email to martleshamheathhouseholders@gmail.com

#### Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to martleshamheathhouseholders@gmail.com or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

#### **Bus update**

The 800 Bus Service now runs between Rendlesham, Woodbridge, Martlesham P&R, Ipswich and the London Road P&R, Ipswich and back. This service is available Monday to Friday (except public holidays with stops at Martlesham Park & Ride, Martlesham Heath, BT and Martlesham Black Tiles. On Saturdays the service stops at Martlesham Black Tiles and the Park & Ride.

The 64 Bus Service runs between Ipswich and Aldeburgh, Monday to Friday and can be accessed from the following stops in Martlesham/Martlesham Heath:- Martlesham Police Headquarters, Black Tiles, Crown Point, Water Bridge, Martlesham Nursery.

Timetables are available on line at www.suffolkonboard.com. If you do not have access to the internet, we will be happy to assist you in the Parish Council Office.

#### Martlesham in Bloom



## Colour and texture now and in Spring.

This is the perfect month to plant tulips. They come in a wide colour range and size and can be planted in containers and borders ready to flower next spring.

November is also the time many people think of bonfires. If you are in an area which allows and plan to have one remember to check piles of wood, prunings and brash for animals living in them, such as hedgehogs which may be hibernating there, before lighting them. Ideally build your bonfire pile at the last minute so that moving the wood allows animals to escape and you to check.

Late autumn and winter are the perfect seasons to stop and notice the intricate patterns and feel the textures of tree bark. Every species is different. Have you noticed the ridges twisting round the trunk on sweet chestnuts or the smoother, grey, tessellating shapes on the bark of Lonon plane?

Here in Martlesham, we can enjoy the stunning white bark of Silver Birch year round, especially around Martlesham Heath, but it is in winter, when their branches are bare that we can appreciate the bark the most.

If you would like to add a tree to your garden, late autumn and winter is perfect, so why not add one with beautiful bark? Trees also add an extra dimension to your garden for wildlife. Here are some examples:

There are a variety of different birch to choose from including our native *Betula pendula* and the Himalayan birch, *Betula utilis*.

Acer griseum, the Paperbark maple, has dark brown bark that peels with age.

Many trees in the Prunus, ie. Cherry, genus have beautiful bark, often smooth bands of rich, shiny reddish-brown bark.

If you would like something smaller there are the colourful stems of many shrubby *Cornus*, or dogwoods. They ideally prefer soil that does not dry out completely. Annual pruning to about 5cm from ground level (coppicing) at the end of early spring encourages the best coloured stems for next year.

Interesting branch shapes such as that of the Corkscrew Hazel, *Corylus avellana* 'Contorta', are also a fascinating addition to the garden. It can be grown in a container for many years.

Enjoy the colour and texture of the season.

For further information about Martlesham in Bloom please contact:

martleshaminbloom@gmail.com or J Maureen Burrows (Secretary) on Tel. 01473 625196.



## Bright Stars Activities sheets for preschool aged children.

#### Would you like to receive them?

At the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

The activity sheets usually include a story, song and a craft or game about a theme or a story from the Bible.

The activity sheets usually include a story, song and a craft or game about a theme or a story from the Bible. One of our themes recently was harvest, when we looked at one of the stories Jesus told about wheat seeds growing into a crop to harvest. If you have or look after a child/children of pre-school age, or slightly older and would like to receive our activity sheets, please give us a call on the telephone number below; we look forward to hearing from

If you would like further information, please contact: Sonya & Maureen Burrows
Tel.01473 625196



EYFS Tour Dates for New Reception Parents 2026

Please contact the school office to arrange a visit

Telephone - 01473 624409

Email - office@martleshamacademy.org

Tuesday 4th November at 9:30am

Monday 17th November at 9:30am

Thursday 4th December at 1:45pm

We look forward to meeting you

#### **WOODBRIDGE LIBRARY**

## NHS Drop-in Tuesday 4th November 12.30pm-2.30pm

Join us for this free drop-in advice and support session at Woodbridge Library and learn what the NHS app offers and how to use it. Our drop-in session offers friendly, hands-on support to help you navigate and use the NHS App with confidence. Come along with any questions you may have.

No booking required - just turn up!

#### MARTLESHAM PRESCHOOL

We finished off last term with a graduation party for our children who are now at school. We celebrated with lots of dancing and ice cream!

As a new term starts, we are settling in our existing children and lots of new starters. We began the term learning all about our new children, and what makes us unique.

Reverend Toby led our Harvest Festival celebration at the church, which the children thoroughly enjoyed.

We are currently accepting applications for new starters as of September 2026. It is advised to secure your child's place as soon as possible, as spaces are filling up quickly. Please contact us to arrange a visit.

Contact us on 01473 625986 or via email Martleshampreschool@outlook.com

#### **KESGRAVE LIBRARY NEWS**

Sunday Crafts 10.00 – 12.00pm. – during November, we will be making the following crafts:

Sunday 2nd – The 5th of November is Bonfire Night. Create a tissue bonfire and firework collage.

Sunday 9th – For Remembrance Sunday, which is today, we are designing poppy pictures.

Sunday 16th – Pop along to make a gingerbread person – how will you decorate yours?

Sunday 23rd – To celebrate American Thanksgiving, we are making turkey pictures this week.

Sunday 30th – Design a concertina fish how may fins and scales will you add?

Activities are free. Parents must stay with under eights.

Word Play Sessions – Every Thursday Morning. Trained staff run these free sessions.

Tot Rock – 9.45 – 10.15am. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.15am. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Friday Fun Time – Every Friday 9.45 – 10.15am. Fun stories, rhymes, songs and toys – this is a free activity. We hope to see you soon.

Lego Club – Every Tuesday 3.30 – 4.30pm. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Stay and Play Every Tuesday 10.00 – 11.00am. Bring your little ones to our Stay & Play group for a relaxed and informal opportunity to meet other parents and carers, share experiences and chat. This session will be stopping over the summer whilst the Reading Quest is running. Our Stay & Play groups are a chance for parents to socialise and give their babies and young children a fun, interactive play session that engages their senses and helps their development. These sessions are suitable for under 5s.

This event is part of our Me Myself and Baby perinatal support service. The aim of the project is to help reduce isolation and improve emotional wellbeing for new parent.

Morning Book Group – Tuesday 4th November 10.00 a.m. at the library. The group are discussing Hello Beautiful by Ann Napolitano.

Afternoon Book Group – Thursday 6th

November 2.45 p.m. The group is currently reading The Calamity of Souls by David Baldacci.

Evening Book Group – Thursday 27th November 7.00 – 8.00 p.m. The group are currently reading The Giver of Stars by Jojo Moyes.

New Tuesday Book Group beginning Tuesday 11th 10.00am. This group are currently reading The Clockmaker's Daughter by Kate Morton If you are interested in joining any of the above book groups, please contact library staff on 01473 851374. The library supplies copies of the titles being read.

Scout Post Box – this will be in the library from Tuesday 25th November - Tuesday 9th December. Each card costs 40p to post. Please place the cards and money in a sealed bag before posting.

Somersham Ward Christmas Cards – CASH ONLY. This year, Kesgrave Library Community Group are selling Somersham Ward Christmas cards to fundraise. All cards sold, will benefit the cancer wards at Ipswich hospital and the library.

New Baby Weighing Station – this facility will be available during our Word Play sessions every Thursday only:

IT Help Thursday 27th November 2.30–4.00pm. Are you having IT issues or need some help with your phone or setting up an email address? Every fourth Thursday of the month, our IT volunteer will be on site to help and advice. Why not pop along?

Book Donations – We are still looking for good quality book donations, mainly fiction, adult or children, to fundraise for Kesgrave Library Community Group. This group raises additional funding for the library. Please speak to staff if you are interested in donating some items to us.

Opening Hours -

Monday 9.00-12.00 noon

Tuesday 9.00-12.00 noon/2.30-5.00 pm

Wednesday 2.30 – 6.00 pm

Thursday 2.30 – 8.00 pm

Friday 9.00–12.00 noon/2.30–6.00 pm

Saturday 10.00-5.00 pm Sunday 10.00-3.00 pm



#### **Update from Martlesham Wilds**

The coastal path is open. Waders are returning. The Autumnal leaves are out in glory, creating stunning views as you walk, it really is a delight to visit. Even an osprey has been visiting Martlesham Wilds to check out all the changes going on.

If you would like to find out more, please do come along on Wednesday 12th November, 10am-12pm to a volunteer led walk, which will talk you through where the new coast path runs - creating access to a totally new part of the reserve – never seen before. You will also be able to see some of the new ponds and features that have been created. You can book this at www.suffolkwildlifetrust.org/events/2025-11-12-discover-changes-martlesham-wilds.

Alternatively, if you are keen to discover why Suffolk Wildlife Trust are so keen to create new habitats for our wading birds, and learn why these birds are so incredibly special, why don't you join Volunteers for

'An introduction to Wading Birds at Martlesham Wilds' on Saturday 29 November, 11am-1pm at Martlesham Wilds. This event is bookable at www.suffolkwildlifetrust.org/events/2025-11-29-introduction-wading-birds-martlesham-wilds

These events require no prior knowledge, will enjoy a gentle stroll and some guidance on what you see around you, that you may have missed or always wondered about. You will also be able to chat to us about what you can do to help wildlife every day at home.

We look forward to seeing you soon!

For more information visit: www.suffolkwildlifetrust.org/martleshamwilds.

#### Martlesham Conservation Group

The group organises work parties and surveys throughout the year aimed at supporting and enhancing the wildlife on our locally important sites such as the Martlesham Heath site of special scientific interest, an area of now rare lowland heath. We are a volunteer group and welcome additional help so please contact us if you may be interested.

Over the last year we managed to complete a number of surveys and managed to cover birds in the woodland and heath, and butterflies on the heath. The Silver Studded Blue butterflies had a poor year here but at least were slightly higher than the previous year. Hopefully our efforts to restore habitat in conjunction with the work undertaken by Greenways will bear fruit in future years. After a couple of brief visits to Martlesham Common (the area next to Community hall and Tesco) in the summer we did not manage to spot any Silver Studded Blues there. Please let me know if you were more fortunate and spotted any Silver Studded Blue butterflies on the common this summer.

We will discuss the results of our surveys in more detail as well as other aspects of our local wildlife at our AGM, which we intend to hold online via Zoom in mid November. Please contact me for details if you would like to

attend.

The proposed development of land by Bloor Homes to the south of Martlesham Heath village and to the south of the SSSI is clearly of great concern. The addition of at least 1300 dwellings with all the associated people pressure on the SSSI is likely to have a big impact on the wildlife and especially so in that the land is already well used by many people for various activities The Bloor Homes development is a proposal at present and will require planning consent. It is important that we should make our concerns known to to the planning authorities and point out the special nature of the SSSI and the associated wildlife and what it means to local residents.. A further concern is that Bloor Homes also own land to the west of Dobbs Lane and to the north of Foxhall Road so we could see further plans in future years. There is going to be a lot pressure on the land from the continued development of Brightwell Lakes as well as on local infrastructure.

If you are interested in the activities of the group or have any interesting wildlife observations please contact us. Our next work party is on Sunday 2nd November at 10am on the Martlesham Heath SSSI. Please meet at the south end of the site near the sign board between Heathfield and The Oaks for a session involving gorse, bramble and scrub clearance.

## Portal Woodlands Conservation Group

In September, our Volunteers were back in action after a break in August, busy clearing fallen trees from paths brought down by the stormy weather. A reminder that if you are planning a bonfire for Guy Fawkes Night, please check carefully that there are no hedgehogs hiding in it.

Our next work morning is Saturday, 15th November, from 10:00 to noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome; no experience is needed. For further information, please contact us at pwcg.martlesham@gmail.com, phone 01473 612632, visit our website:

www.martleshamparishcouncil.org.uk/what-we-do/portal-woodlands-working-group, or join our members' Facebook Group by messaging Duncan Sweeting.

Stephen Corley, Chairman



#### **Pop Up Shop**

St Michael & All Angels Church The Green, Martlesham Heath

Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the month 11.30am- 12pm

Finding food bills a challenge?

Come and fill one of our

carrier bags for £2

Nov 9 & 23

Dec 7 & 21

(please note change to dates to 1st and 3rd Sunday of the month, for December only)

Jan 11 & 25 2026

All are welcome to join us for our church service at 10am and/or tea and coffee at 11am





#### **DOYLE ELECTRICAL** SERVICES LTD.









#### **Domestic and Commercial Electrical** Contractors, Solar PV and Renewable **Energy Specialists**

NIC EIC Approved Contractors, established for over 25 years. New Commercial and Domestic Electrical Installations, LED Lighting, Electrical Safety Testing, Electric Vehicle (EV) Charge Points, Structured Cabling, CCTV, Fire Alarm, Solar PV.

01473 622674

Email: sales@doyleelectrical.co.uk Website: www.doyleelectrical.co.uk

Unit Q Bristol Court, Martlesham Business Park, Martlesham, Suffolk IP5 3RY



#### **DRS KITCHENS & BATHROOMS**

Quality fitted Kitchens & Bathrooms

- -REPLACEMENT KITCHEN DOORS.
- -TILING.
- -FLOORING.
- ELECTRICAL.
- -PLUMBING .
- -PLASTERING.
- -DECORATING.

Contact: 07809723186 darren.dsdesign@icloud.com

## ChipsAway Ipswich Express Car Body Shop

- Bumper scuffs
- Paintwork scratches
- Minor dents
- Small accidental damage
- Alloy wheels
- Repairs fully guaranteed
- Same day service
- Convenient local bus service available and park and ride
- Courtesy car available (Subject to availability)
- Open Monday to Friday 9-5pm Saturday 9-1.30pm









Please call Paul Geary 01473 613352 or visit www.chipsawayipswich.co.uk

Unit 16, Anson Road, Martlesham Business Park, Martlesham Heath IP5 3RG

#### Providing the best quality flooring to Ipswich and Woodbridge



As a family business with over thirty years of experience, Deben Carpets & Flooring are experts in supplying and fitting the finest quality flooring and carpets across Ipswich and the local region.

Visit our showroom in Martlesham and view our large range of carpets and floor coverings, or alternatively, we can bring flooring samples directly to your house where we can also offer a home measuring service.

Our range of floor coverings Include:

■ Stainfree Carpets ■ Wool Carpets Karndean Flooring Cushion Vinyl

#### We also offer: Free estimates

- Specialist rental carpet packages

Tel: 01473 626097 www.debencarpetsandflooring.co.uk

Unit N Bristol Court, Betts Avenue, Martlesham Heath Business Park, Ipswich, Suffolk IP5 3RY





T&CS APPLY



MOT and **Service Centre** 

Dave Chapman Formerly Of Autofit

MOTs

Tvres

- Air Conditioning
- Servicing
- Diagnostics
- Cambelts

**DAVE CHAPMAN** 

- Brakes Batteries
- Exhausts

8 Betts Avenue Martlesham Heath Ipswich Suffolk IP5 3RH Tel: 01473 927927 | www.davechapmanltd.co.uk



FACEBOOK.COM/PMMARTINDECORATING

OR EMAIL: paul.martin66@mail.com



T: 07934 384 501 ■ E: ginkgotreesurgery@hotmail.co.uk \_ www.ginkgotreesurgery.co.uk







#### **ALL ASPECTS OF** TREE SURGERY

Crown reductions, fruit tree pruning, crown thinning, crown lifting, dead wood removal, hazard tree removal, coppicing, pollarding, hedge cutting, re-planting, site clearance, wood chipper & operator hire, stump grinding or eco plugging, timber milling, fire wood processing, fire wood, wood chip supplied on request.

> Fully qualified and insured £5 million public liability insurance All waste removed from site 24 hour emergency call out

Please call us for professional advice and a free quote.



## **Martlesham Fencing** & Gardening Services

New fencing & repairs

All types of fencing supplied & fitted

Gardening projects & maintenance

Call Kevin on 07943853860 martleshamfencing@gmail.com www.martleshamfencing.co.uk

#### WE DO LOTS MORE THAN JUST WINDOWS

**Chimney Sweeping** 

Paul is a NACS (National Association of Chimney Sweeps) qualified chimney sweep.

Working on open fires, wood burner and multi fuel stoves. Bird nest removal, CCTV inspections. Every sweeps comes with a NACS certificate.

Please see our website: paulyoungschimneysweeping.co.uk

**Gutter emptying** 

Using gutter vacuum systems.

Empty gutters of debris Unblocking down pipes.

**Carpet cleaning** Pro Chem certified with over 10 years experience.

Bring your carpets and rugs back to life with a full extraction clean.

Window cleaning Using reach and wash or squeegee.

External, Internal Domestic, Commercial Regular monthly maintenance cleans One off occasional cleans Green and summer houses

Exterior **UPVC** cleaning Bring your UPVC back to life.

Fascia, soffit and gutter cleans Conservatory roofs Solar panels.

Pressure washing Using high powered pressure washers.

> Patios Driveways Decking.

Garden **Maintenance** Grass cutting

Pruning Hedge trimming General garden tidying.



Call on 07899 895947

enquires@paulyoungswindowcleaning.co.uk paulyoungswindowcleaning.co.uk

#### The Martlesham Heath Remembrance Service

(organised by The Martlesham Heath Aviation Society) takes place on

Sunday 9th November,

Barrack Square, Martlesham Heath IP5 3RF.

starting promptly at 2:30p.m.

#### Everyone is welcome

Unless you have a Disabled Sticker please do not park on the Square. Other car park spaces are nearby, including the BT Adastral Park Visitors Car Park - next to their entrance.

www.mhas.org.uk telephone 01473 274300 before the day.



#### **AGM**

**Martlesham Heath Pavilion** Committee

> 8pm, Tuesday 2nd December 2025

In the Pavilion

All welcomed - come and have your

#### MARTLESHAM HEATH **AVIATION SOCIETY**

On 3rd October our monthly meeting Speaker was presented by Richard Folkes OBE, who following an impressive career in the Army, worked with Westland-Augusta Helicopters.

This is where he became involved with two major projects - one was when the Company, via Richard, was approached by the makers of the James Bond Film "Skyfall", which involved the use of a (then protype) AW101 Helicopter. After his and the Westland/Augusta team's fascinating work with the film makers, he was approached by Danny Boyle, Director of the Opening Ceremony of the 2012 Olympics, who had a very tight schedule to create the spectacular arrival of "The Queen" parachuting into the Arena! Her Majesty was up for the illusion right from the

Richard and his team had to satisfy many authorities (particularly the Civil Aviation Authority) that everything could be done safely, not just for the Queen stunt but also for the masses in the Stadium. Several dry runs took place, under extremely tight security - with Newspaper's sniffing around suspecting a story, which were carefully put off the scent.

One of the major problems to parachuting into the Stadium were the masses of cables suspended across the rim of the Stadium with lights and remote Cameras on them. Despite the issues it all went well on the night. Even the dropping of 1 Billion pieces of confetti. A fascinating evening with a talented Speaker.

The Next Society Talk is on Friday 7th November 2025 at 7:30 p.m.

We eagerly await the FRED YULE Memorial Lecture: The Future of Aircraft Propulsion and the Journey to Net Zero. Presented by Stuart Yule MSc CEngFRAeS who is a Business technologist with Rolls Royce, brings The Fred Yule Memorial Lecture in which Stuart outlines the future of aircraft engine technology - looking to answer the challenging question - How do we Liz Howard. (Publicity Officer) make aviation more sustainable.

The submitter of this article wonders; what is the way forward? Will they go for stored electricity,

or something like liquid hydrogen?

Come along to the talk and find out what companies like Rolls Royce are considering.

Stuart will explain for the layman how jet propulsion started, and the various designs (some rather unusual) for future aircraft and the technologies that are being worked on.

Martlesham Heath Community Centre, Felixstowe Road, Martlesham Heath, Suffolk IP12 4PB

The Meeting starts at 7:30pm, finishes at 10:00. Entry £3 for members, £5 non-members, pay at the door.

No need to book in advance; just turn up in good time.

www.mhas.org.uk

#### MARTLESHAM BRASS

#### 'Making Music Fun in East Anglia'

Our bands will be paying their respects at Remembrance Sunday services in both Martlesham & Woodbridge this month.

Looking forward into next month, the ever popular 'Coffee & Carols', featuring our intermediate band, is on Saturday 6th December 2025 at 10.00am in St Michael's Church Centre, Martlesham Heath

Entrance is free and there will be refreshments available together with a hamper raffle. There will be more details next month of all our other Christmas activities.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email join@martleshambrass.co.uk (please note that we are currently operating a waiting list for our beginners' band)

If you wish to hire the band to perform at an event, please contact our booking secretary by emailing booking@martleshambrass.co.uk

publicity@martleshambrass.co.uk 07544 962205

Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk



### alina homecare

Care at Home

When everyday task become too much, we help you stay independent in your own home.

Our award winning care makes life easier.

Delivered by our highly trained, compassionate and always respectful carers.

Choose from regular visits or Live-in care.

01480 702722 alinahomecare.com



Top 20 UK Home Care Group Awar 2021 - 2025

Air & Ground Source Heat Pumps MVHR | Air Conditioning | Solar PV



Design | Installation Technical Services | Servicing Repairs and Maintenance

> HEAT SMART.GO GREEN CHOOSE CLIMA-TECH



Unit G, Bristol Court, Martlesham, IP5 3RY 01473 798 321|www.clima-techservices.co.uk info@clima-techservices.co.uk

#### Martlesham Climate Action

#### Are you a climate sceptic?

If you're sceptical about climate change, you clearly aren't alone.

While our Labour government is pressing ahead with the steps needed to achieve Net Zero by 2050, taking our country's emissions back to levels they passed in 1990, with the Liberal and Green parties supporting them, voices from the Conservative party and Reform are increasingly echoing President Trump's view that climate change is an expensive hoax despite all the scientific evidence to the contrary.

Why do some people promote this view despite all the scientific evidence? We suspect they may have a particular interest in one or more of the incumbent technologies that are the main drivers behind climate change namely fossil fuel burning related industries. Look back and you'll find voices of dissent are common whenever new technologies that promise better ways of doing things come along.

over a century ago. To quote Google's Al summary, "pressure against the change from gas to electric lighting was influenced by the substantial infrastructure investment warming and they're still better solutions. in gas networks, established gas lighting systems and industries that resisted replacement, and cultural attachment to gas light's 'warm' ambiance, even amidst its known drawbacks. Early electric lights were also initially unstable or harsh, and the cost and disruption of installing new electrical infrastructure in urban and rural areas presented significant barriers."

Electric lighting won out, of course. It was safer and more efficient, delivered brighter light and was more reliable.

Much the same reaction greeted the invention of digital cameras. Those invested in making old-style cameras, processing film and so on resisted. But digital cameras offered big benefits and eventually won out.

Fast forward to today.

Renewables like wind and solar are now the major source of power supplying the National Grid. The commercial imperative always wins out eventually over incumbent power generation sources like coal and gas (i.e. renewables are now cheaper per unit of electricity produced). Electric cars are quieter, more energy-efficient and less polluting than petrol or diesel equivalents. Drivers say they are more relaxing to drive, thanks to reductions in noise and vibrations. And while the change they bring isn't that apparent in the UK today, it is in Norway, where fossil-fuel powered vehicles are an increasing rarity. In Oslo, you can sit at a pavement café beside a busy junction and not be bothered by the noise of traffic ... until a gas-guzzler trundles by. There might be resistance now, but electric vehicles are improving rapidly and look certain to win out.

Take the switch from gas to electric lighting Much the same applies in the case of heat pumps and other 'green' alternatives to established ways of doing things. Set aside the benefits they offer regarding global After a while, even nay-sayers will come

> Colin Maunder/Dave Green Martlesham Repair and Climate Advice

#### **Trianon Community Concert**

Saturday 15th November 2025

St Michael's Church Martlesham Heath

2.30pm to 4.00pm

Featuring Trianon Singers

In aid of Amnesty International TMG.org.uk

#### The Deben Rotary Club of Woodbridge will be bringing Santa on his sleigh again this year

Listed below the routes that he will be coming round. Note that , as last year, some of the routes will be starting where they ended before and ending where they started.

We hope to have a tracker device so you can see where we are.

All money collected is for the Charity Trust fund of the Club from which we support Local, District, National and International Charities. Charity No. 1151275. For more information regarding the Rotary one million plus members in the world, please, Contact Rotarian Ian O'Brien Baker on 01394 382419, or 07747 610 894, or ianmeadhome@btconnect.com.

All the Rotary movement hope you have a very happy Christmas and marvellous New Year.

The sleigh runs are dependent on weather being suitable. All runs start 5.45pm. All runs end approx. 8pm.

#### THE ROTARY CLUB OF WOODBRIDGE DEBEN **RUNS FOR DECEMBER 2025**

Thursday Evening November 27th. 6pm. on. outside the Old HSBC Bank. (Cornish Bakery

Saturday Morning 13th. December from 9.30am. to (approx.) 4.00pm. outside the Old HSBC Bank. (Cornish Bakery)

#### 9th. December 2025 RUN 1

Warren Lane, Westlands, Harvesters Way, The Oaks, Holly End, Pine Bank, Heath Field, and Mews, Heather and Digby Close, C

#### 11th. December 2025 RUN 2

Mayfield and Lane, York Road, Lancaster Drive, Coopers Road, Swan Close, Avocet Lane, Hunters Ride, The Chase.

#### 17th. December 2025 RUN 3

Farriers Close, Out Eastgate, De Brink on the Green, Valient Way, (Possibly Bader Court,) Saddlers Place, Carlford Close.

#### 19th. December 2025 Run 4

Broomfield, Whinfield, and Mewises off, Parkers Place, The Grove, Manor Road, Black Tiles Lane, (Stop at crossroads, Angela Close / Carol Avenue, then. New road down Black Tiles Lane, Bramble Close







## U3A EAST SUFFOLK: Brightening the dull days for older people

East Suffolk's u3a members know how to brighten these dull days. The older members of the community – anyone retired or semi-retired with time on their hands – can join this vibrant organisation and enjoy a wide range of activities.

For some u3a provides the opportunity to find new interests, face new challenges or make new friends.

For others it is all about lifelong learning in the company of other with similar goals.

Members enjoy walks, quizzes, dining out, visiting gardens or churches, discussing architecture, the arts, current affairs and much more

Alongside approximately 150 different local activities, there is a varied programme of talks held at different venues in East Suffolk.

The November schedule includes talks about SERV: the "bloodrunners" who transport supplies to NHS hospitals, hospices and vulnerable patients. Then there's Rob Spray talking about The Sea, Mike Wabe exploring the way that Father Christmas is seen in different countries and Andy Relf talking about the development of medical instruments.

Meetings are held monthly in Kesgrave, Felixstowe, Woodbridge and Saxmundham. Full up to date information is available on the u3a website: www.u3aeastsuffolk.org.uk.

New members are welcome in East Suffolk u3a, with the expectation that they will contribute to the success of the group. Membership is on an annual basis and gives members access to all the u3a's many activities, subject to availability.

For more information about u3a please see the website or call the secretary on 0300 123 3913.

#### THE ORWELL SINGERS -COME AND SING CHRISTMAS WORKSHOP

For sopranos and altos, please come and join us for a fun afternoon of Christmas songs from classical to modern.

The workshop is going to be held at

St Michael and All Angels Church, Martlesham Heath, IP5 3PL,

Saturday 8th November, doors open 1.00 pm for 1.30 to 4.30 pm

Admission £10 including light refreshments.

For further details please contact d.sharman@btinternet.com.

www.theorwellsingers.co.uk

#### LADIES ON THE GREEN

Following our recent group visit to the Seckford theatre, our Film and Theatre group are looking forward to seeing 'Downton Abbey the Finale' at the Riverside Cinema.in October. The Walk and Lunch group have had a very pleasant stroll in warm autumnal sunshine, followed by a very chatty lunch at the Douglas Bader. Also in October our Coffee Morning bunch met in the 21 Young Hearts Community Cafe on the Square at Martlesham, because someone has to eat all that cake! At our October meeting we discovered the origin and traditions of the Pearly Kings and Queens of London and in November we welcome Sandra Gold-Wood who will tell us the stories behind 'The Canary Girls' who worked in munitions during the war.

Our Xmas meeting will be a week earlier than usual on 12th December as its a busy time for all and we hope to be entertained and 'shivering our timbers' with the Orwellermen Shanty Crew. The competition, if you feel like entering, is for an unusual Xmas Bauble.

Apologies, but at this time we have reached our limit of members and have a waiting list, but you are still welcome to come to one of our meetings free of charge to see if you would be interested to join in the future. So give us a call. We meet usually on the third Friday of the month, in the Martlesham Heath Pavilion, The Drift, Martlesham Heath, IP5 3PL 1.45pm to 4.15 Contact: Rosemary on 07512 776232 or June on 07594 189100 for more information.

#### **BADMINTON IN KESGRAVE**

Woodbridge Badminton Club has now returned to Kesgrave High School for the winter season (September-April). Adult club nights are on Wednesday evenings at 7:30pm, league matches are on Thursday evenings for those feeling competitive, and Junior club is on Monday nights. The good news for the club, but not-so-good-news for prospective joiners is that at the time of writing the Junior club is already full and the Adult club is also getting very busy. So, if you are interested in joining it is important to contact us via email jim.cavanagh955@gmail.com or ring Jim Cavanagh on 0780 323 2892 before you come along. You may be able to come any try us out for a £6 guest fee, refundable against the annual membership if you join for the season. We welcome a range of abilities but unfortunately not adult beginners. For latest details check out our website at https://www.woodbridgebadminton.co.uk.

#### MARTLESHAM HEATH SURGERY Patient and Practice Group (PPG) News

Building Improvement Works - Update

We are delighted to share that the first phase of our building improvement works is nearing completion. Two new clinical rooms have been created, making use of the space where the reception storage cupboards were previously located. In the coming months, further improvements will take place throughout the surgery—both in patient-facing areas and behind the scenes—to enhance the care and services we provide.

A significant investment is being made to ensure our surgery continues to meet the needs of our current patients, as well as those who will join us from the growing local community. These developments strengthen the long-term future of the surgery, and we remain committed to minimising any disruption while the works are carried out. The surgery will remain open as usual throughout. This project has been developed over several years, with valuable input from our Patient Participation Group (PPG). It is exciting to see these plans becoming a reality.

If you would like to find out more about the PPG, or are interested in joining, please contact us at MartPPG@gmx.com, or leave your name and contact details at reception in an envelope marked for the PPG.

Thank you for your continued support.

Tony Willmott Chair, Martlesham Heath Surgery PPG

#### INNER WHEEL OF WOODBRIDGE

After enjoying a good catch up with friends over a delicious meal, members listened to Hannah Walker, from the charity Brave Futures. It is so reassuring to know that there is some help and support available and we very quickly realised an incredibly deserving charity for this Inner Wheel year had been chosen. The main fundraising event will be the ever popular quiz night which will take place on Friday 13th March 2026 in Woodbridge Community Hall.

Members were informed that a number of hats, made by members, had recently been delivered to Romania as well as to the seafarers and that blanket squares had also been collected in ready to be used locally to provide comfort to those in need. The knitting needles will, once again, be busy at Notcutts at the knit and natter 12th November 2.00 pm.

Keep your eyes peeled for some 'orange' walkers doing a short 'orange' walk in Woodbridge which will precede nibbles and a natter at Notcutts on 2nd December when members will be getting involved with the United Nations, 'Orange the World' campaign. Member, Deirdre Rothwell announced that her 24th Macmillan Coffee morning raised an amazing £1050 whilst June Kenyon reported that the cakes members had baked for the Memory café had been much appreciated. Woodbridge IW members meet at Ufford Park Hotel at 6.30 pm on the first Thursday of each month. Find out more about the club and its aims and objectives at District 8 https://innerwheel.co.uk or email district8innerwheel@gmail.com for further information.

#### Thought for the month.

Remember, remember, the Fifth of November. But it isn't just Guy Fawkes and fireworks this month. There's much more remembering to do in this conveniently rhyming month! In the church, it begins with All Saints, celebrated on the first of the month or the nearest Sunday. All Saints, meaning all Christians who've made a difference, not just those with a church dedicated to them. On the second, All Souls commemorates all those who've made a difference to us: those we've loved, and still love, but see no more in this life.

Once the fireworks have finished (we hope!) we move to Armistice Day, the 11th November, and Remembrance Sunday, the nearest Sunday. That's when we remember especially those who made a difference by losing their lives that we might enjoy the freedom and justice that God wants for all of us.

But what does remembering mean? Bringing to mind things that happened in the past? Perhaps that's not enough unless we learn from them. Our first job? Our first car? Our first kiss? They may have made a difference in our lives! Maybe that job just wasn't for you, and you changed direction in your career. Maybe that car wasn't too reliable. And the kiss? Well, enough said.

Jesus made a difference, and we can learn from that. His sacrifice showed how much God loves all of us. Whatever may be happening in our lives, or in the world, let's remember that God is always with us. To help us make a difference too.

Revd Heather Cooke

Martlesham with Brightwell

#### **Operation Christmas Child 2025**

This year The Runway coffee shop is again collecting shoeboxes full of gifts for children across the world who would otherwise not receive a gift at Christmas.

If you would like to take part, simply pack a wrapped shoebox with gifts such as stationery, hygiene items such as soap and toothbrushes, or hats, scarves and gloves. We are also encouraged to include small toys and items that children will especially love, such as cuddly toys, deflated footballs with a pump, or a small doll, in your shoebox. Shoeboxes, or gifts towards a shoebox can be brought to St Michael's church next to the Green, or the Runway coffee shop, which is at the back of the church. Please note that food items, toothpaste and any lotions or liquids cannot be included.

You can also pack a shoebox online. Please go to https://shoeboxonline.samaritans-purse.org.uk/ Please note the last day for bringing gifts or shoeboxes will be Saturday 15th November in the Runway or Sunday 17th November in church. The Runway is open every morning, from Tuesday to Saturday from 9.00 am to 12.00 midday.

## MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at our website - mchall.org.uk

You can check hire rates, if they're available and make on online booking request

Alternatively you can call our Booking Secretary on 01473 623 203. (Monday to Saturday 08:00 - 20:00).

If leaving a message, please speak slowly and repeat your telephone number.

#### **Gippeswyk Singers**

Gippeswyk Singers rehearse and perform at St Michael's Church, Martlesham Heath. We are a friendly chamber choir who enjoy singing in a variety of choral music genres under the direction of Janette Ruocco, accompanied by Sabine Sutton. Our wide repertoire includes items from the standard classical canon, madrigals, carols, folksongs and spirituals.

Our next concert is on Saturday 6th December at 4pm at our regular concert venue, St. Michael's Church, Martlesham Heath.

We will be singing two works by Vivaldi - his Gloria and a short Credo - accompanied by The Dargason Ensemble. Local soloists on this occasion will be Sara Viney, Michelle Hazell and Elizabeth Elliott.

Tickets, £15 on the door, or £12 in advance are available from

ticketsource.co.uk/gippeswyk-singers or by phoning 07510 612672.

#### THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location for children's parties at the weekend.

You can check availability and book the Pavilion online at:

#### martlesham.org.uk/pavilion

Alternatively please contact the booking secretary:

#### Email: bookingsecmhp@gmail.com

Phone:07873 557999



#### Charity Concert Live Music - Fun for all the family

Woodbridge Town Football Club Saturday 22nd November 2025 from 7:00pm

Classic Rock, pop, blues and country spanning the decades

Tickets £10 each or £15 with basket supper Sausage, veggie sausage, scampi or chicken strips, all served with chips

Available from: 07955 898151 / info@footstepswwy.org.uk

Footsteps Walking with You is based at Woodbridge Quay Church but covers the whole of Suffolk in providing professional counselling for 8-25 year olds, in a safe and confidential space, enabling them to feel validated and heard.

Since the Pandemic, 24% of young people say they have self-harmed, 17% of these say they did this with suicidal intent. One in five children in every classroom suffer mental health problems. These are shocking statistics.

Our service is as accessible as possible. We ensure money is never a barrier to children and young people receiving the help they need. Booking a session with a counsellor is easy, anyone can refer including the young people themselves.

As part of our fundraising, we are hosting a Charity Concert on 22nd November at Woodbridge Town Football Club.

Counselling Contact:
fb.me/footstepswalkingwithyou
info@footstepswwy.org.uk
07955898151
www.footstepswwy.org.uk
Appointments by arrangement

## MARTLESHAM VILLAGE HALL TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available.

The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655



#### THE CHURCH IN MARTLESHAM & BRIGHTWELL

**RECTOR**: The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath

Church phone 01473 612659 (rest day Friday)

**CURATE**: The Revd Rob Allinson rob@martleshamcofe.org.uk 07359 463312 (rest day Wednesday)

**ASSOCIATE MINISTER**: The Revd Christine Pinder 3 Mayfields, Martlesham Heath 07555 748345 (working days: Sunday, Wednesday, Thursday)

READERS: Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 07837 587340

Carolyn Smith 74 Heathfield, Martlesham Heath

CHILDREN & FAMILIES MINISTER: Emma Allinson emma@martleshamcofe.org.uk

07359 339452

ELDERS: Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)

Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709

Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month		Martiesham Heath St Michaei's Martiesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
Sunday 2nd November	St Michael's 9.30am Coffee and pastries		
		10am Breakfast Church	
	St Mary's	11am Holy Communion	
Sunday 9th November	St Michael's 10am Holy Communion		10am Haly Communion
Remembrance Sunday	St Mary's	10.50am Remembrance Service	10am Holy Communion
	St John's	6.30pm BCP Evening Prayer	
Sunday 16th November	St John's	9am Holy Communion	
	St Michael's 10am Morning Worship		10am Morning Worship
	St Mary's	11am Holy Communion	7pm <b>Zoom</b> Reflecting with God
Sunday 23rd November	St Michael's 10am Holy Communion		10am Holy Communion
	St John's	3pm BCP Evening Prayer	
Sunday 30th November	St Michael's 10.30am Benefice Service		10.30am Benefice Service

A warm welcome awaits you at all our services in our church buildings and online. It would be helpful if you could contact Toby by the Saturday before for Zoom codes.

**Midweek Services** Every Monday: 8.30am Morning Prayer at St Mary's

Wednesday 12th and 26th November: 10am Holy Communion at St Michael's

**Prayer Diary** Please include the following as an addition to your daily prayers:

#### November

- 5 the residents of Church Lane
- 6 for wisdom for all serving in Parliament
- 7 give thanks for the light of Christ in the world
- 8 for our outreach to our neighbours
- 9 Remembrance Sunday: for all victims of war
- 10 for those preparing for Lunch Club this week
- 11 for world peace
- 12 the residents of Clayton Court
- 13 for good relationships between nations
- 14 for those living with diabetes
- 15 for our local shopkeepers and assistants
- 16 that we may live for God this week
- 17 for peacekeepers and those who negotiate peace
- 18 for members of the Benefice Prayer Chain
- 19 the residents of Coopers Road
- 20 for all without clean water to drink

- 21 for those waiting for medical test results
- 22 for a successful work morning at St Michael's
- 23 give thanks and praise to Christ our King
- 24 for all at Women Together this evening
- 25 for all visiting the Broom Tree café today
- 26 the residents of Copse Close
- 27 for those campaigning for the environment
- 28 for all worried about budgeting for Christmas
- 29 for a successful work morning at St Mary's
- 30 Advent Sunday: Come, Lord Jesus!

#### December

- 1 for those without shelter, warmth, and safety
- 2 for our Benefice Day of Prayer and Fasting
- 3 the residents of Crane Close
- 4 give thanks for the joy of peace-filled moments

## ONE STOP MOT & SERVICE CENTRE

#### FREE COLLECTION & DELIVERY

- Servicing & Repairs
- Brakes & Clutches
- Tyres & Exhausts
- Motorhome Repair Specialist
- Shock Absorbers Welding Work
  - Wheel Alignment & Balancing
    - Full Diagnostic Service
  - Class 4 & Class 7 MoT Testing
- Online Booking Service Available
  - Car Air Conditioning

## Kesgrave Tyre & Exhaust Centre



223 Foxhall Road, Ipswich www.kesgravetyres.co.uk



IPSWICH 01473 710720



## Fraser-Hann Financial Services Ltd.

Need pension or investment advice?

We have been offering friendly, local, professional and independent financial planning advice for over 30 years.

Fraser-Hann Financial Services Limited 12 Holly End, Martlesham Heath, Ipswich IP5 3UW

Authorised and Regulated by the Financial Conduct Authority

Tel: 01473 620530

E-mail: chris@fraser-hann.co.uk
Web: www.fraser-hann.co.uk



## Specialist Tree Services

FREE QUOTE!

- Tree Surgery
- Section Dismantling
- Tree Felling
- Hedge & Shrub Pruning
- Tree Planting
- Stump Grinding
- Firewood

FRIENDLY PROFESSIONAL ADVICE & FULLY INSURED

The Tree GP
THE TREE SPECIALIST



email: bednchri2@yahoo.com N.P.T.C. Qualified



Family Run Business Celebrating 50 years





Johs Undertaken. Tarmac, Resin, Tar & Shingle

Driveways - Footpaths Car Parks - Sport Surfaces



Tel: 01473 811757 Email: office@boothtarmacadam.co.uk www.boothtarmacadam.co.uk



## Hairdressing





Professional hair-care at competitive prices in the comfort of your own home.

Tel: (01473) 287542 - Mob: 07710 432813



## J. T. WILDING LTD.

YOUR LOCAL HEATING, GAS, OIL, ELECTRIC & PLUMBING **FNGINFFRS** 

Boiler Replacement and Installation Modifications, Maintenance and Servicing 24 hour Emergency Service (for regular customers) Fixed Price Gas and Oil Servicing







01473 611 744

itwilding.co.uk

28 Anson Road, Martlesham Heath IP5 3RG





Aerial, Satellite And CCTV Specialist Covering Ipswich And The Surrounding Area



- · Digital TV aerial installation
- Freesat installation
- · Poor signal problems aerial & satellite
- CCTV installations
- Freesat & SKY service calls
- · Multiroom viewing aerial & satellite
- · FM & DAB aerial installations
- TV wall mounting
- · Domestic and commercial installation
- Free quotations

Call Digital Dimensions on 01473 716976 or 07860 156421



FARTHING

FUNERAL SERVICE · Celebrating 180 Years ·

Proudly serving your local community since 1840

**Ipswich** 

**Felixstowe** 

01473 272 711

01394 671 671

Montreal House, IP11 9AL Woodbridge

Debenham 01728 860 269

01394 331 337

Call us for immediate support, advice or to arrange a home visit. We are here to help 24 hours a day.

farthingfunerals.co.uk

**Thinking** about a **Funeral** Plan?

We'd be happy to help.

For more information, visit farthingfunerals.co.uk /choice





choice" 500 🙉



## **BARKER** SOLICITORS

LIFE | LAND | BUSINESS

CONTACT US ON 01473 611211 barkergotelee.co.uk

41BARRACK SQUARE, MARTLESHAMHEATH, IPSWICH IP5 3RF.

#### We all need legal services from time to time

- Dispute resolutionElderly client services

## J.W. MILLER

PAINTING & DECORATING

YOUR LOCAL DECORATOR FOR MARTLESHAM HEATH

TELEPHONE: 01473 626728

MOBILE: 07888 699306



Printed by Seale Print & Direct Mail • Telephone: 01473 554781 • Email: emma@sealeprint.co.uk